After The Ball Is Over

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Music:
Artist: Nat "King" Cole
CD: Those Lazy Hazy Crazy Days Of Summer Track #8, or
WRD The Ultimate Ballroom Album 4 CD2 WR2CD-5027 Track #19

Suggested speed: Slow speed from 59MPM to 54MPM  Time: 2:13
Footwork: Opposite, directions for man (lady as noted)  [Note: Timing indicates weight changes only]

Basic Rhythm: 123 except where noted
Rhythm & Phase: Viennese Waltz Not phase rated (approx V+)
Sequence: Intro A B C C A B End

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Meas

INTRO

1-4   WAIT:: LUNGE APT; PICK UP TO CP;
1-2   Wait 2 Meas in Low BFLY/DLW, lead ft free;;
1--   3   {Lunge Apt} Trng LF on R sd L twd DRC, flexing L-knee swing free lead hnd up & away looking
      at ptr, - end OP/DLC;
1--   4   {Pick up to CP} Rec R leading W roll LF, tch L to R, - (W rec L trng LF to fc M, tch R to L, -)
      end CP/DLC;

PART A

1-8   LF TRNG BAL FWD & BK;;; TELEMARK TO SCP; CHAIR; REC W SWIVEL TO BJO;
CLOSED WING:
1--   1   {LF Trng Bal Fwd & Bk} Fwd L trng LF 1/4 to fc DRC, tch R to L, - end CP/DRC;
1--   2   Bk R trng LF 1/4 to fc DRW, tch L to R, - end CP/DRW
1--   3   Fwd L trng LF 1/4 to fc DLW, tch R to L, - end CP/DLW;
1--   4   Bk R trng LF 1/4 to fc DLC, tch L to R, - end CP/DLC
      5   {Telemark to SCP} CP/DLC fwd L comm trng LF, cont trng LF sd & fwd R around W, cont trng
      LF sd & fwd L (W bk R comm trng LF, cont trng LF on R-heel cl L, cont trng LF sd & fwd R) end
      SCP/DLW;
1--   6   {Chair} Thru R flexing knee, -, -;
1--   7   {Rec W Swivel to Bjo} Rec L, slightly rotate body LF to lead W swivel LF leaving R fwd, - (W
      rec R, swivel LF on R pt L fwd twd DRC, -) end BJO/DLW;
1--   8   {Closed Wing} Fwd R outside ptr, comm swivel LF on R, cont swivel LF (W bk L, sd R crossing
      (W 123) IF of M, swiveling LF on R fwd L outside ptr) end SCAR/DLC;

9-16   OPEN REV TRN; BK TO CANTER TUMBLE TRN;;; BK TO CANTER HINGE;; W REC PIVOT 2;
       SD DRAW:
       9   {Open Rev Trn} SCAR/DLC fwd L outside ptr comm trng LF, cont trng LF sd & bk R, bk L ptr
       outside (W bk R ptr outside comm DRC, cont trng LF sd & fwd L, fwd R outside ptr) end
       BJO/RLOD;
       1-3  10-12   {Bk to Canter Tumble Trn} Bk R trng LF to fc WALL, -, sd L (W fwd L trng LF, -, sd R) end
       momentary CP/WALL; Trng LF fwd R outside ptr, -, - (W trng LF bk L ptr outside, -, -) end
       1--   momentary BJO/LOD; Swiveling LF on toe of R fwd L flexing knee, -, - (W swiveling LF on toe of
       L bk R flexing knee, -, -) end CP/DRC;
       1-3 ---  13-14   {Bk to Canter Hinge} Bk R trng LF to fc WALL, -, sd L (W fwd L trng LF, -, sd R) end
       (W 1-3 1--) momentary CP/WALL; Flexing knee rotating upper body LF leading W trn LF, -, - (W cont trng
       LF on R bk L under body extending R fwd twd RLOD, -, -) end HINGE Line M fcg WALL;
       -23  15   {W Rec Pivot 2} Swivel RF on L picking up W, fwd R btwn W’s ft pivoting RF, cont pivoting RF
       sd & bk L (W rec R trng RF to fc M, sd & bk L pivoting RF, cont pivoting RF fwd R btwn M’s ft)
       end CP/DLC;
       1--   16   {Sd Draw} Sd R twd DLW, draw L to R, - end CP/DLC;
PART B

1-8 REV TRNS;;; REV FLECKERLS;;;

1-2 {Rev Trns} CP/DLC fwd L comm trng LF, sd & bk R cont trng LF, XLIF cont trng LF to fc RLOD (W bk R comm trng LF, sd & fwd L cont trng LF, cl R cont trng LF to fc LOD) end CP/RLOD; Bk R comm trng LF, sd & fwd L cont trng LF, cl R cont trng LF to fc LOD (W fwd L comm trng LF, sd & bk R cont trng LF, XLIF cont trng LF) end CP/LOD;

3-4 Repeat Meas 1-2 of PART B end CP/LOD;;

5-6 {Rev Fleckerls} Fwd L btwn W's ft comm trng LF, trng LF on L sd R part wgt, swivel LF on both ft ending L IF of R shifting wgt to L (W sd & fwd R around M, pivoting on R XLIB of R, swivel LF on both ft shifting wgt to R) end CP/WALL; Pivoting LF on L sd & fwd R around W, pivoting LF XLIB of R, swivel LF on both ft shifting wgt to R (W pivoting on R fwd L btwn M's ft comm trng LF, trng LF on L sd R part wgt, swivel LF on both ft ending L IF of R shifting wgt to L) end CP/RLOD;

7-8 Repeat Meas 5-6 of PART B starting from CP/RLOD & end CP/LOD;;

9-16 CONTRA CHECK REC SLIP;;; NAT FLECKERLS;;; NAT TRN; HESITATION CHG;

1-- 9-10 {Contra Check Rec Slip} CP/LOD flexing R-knee fwd L across body w/ R-shoulder lead looking at W, -, - (W flexing L-knee bk R across body w/ L-shoulder lead looking well L, -, -); Rec R, -, sd & bk L slightly trng RF (W rec L, -, sd & fwd slightly trng RF) end CP/DLW;

11-12 {Nat Fleckerls} Fwd R btwn W's ft comm trng RF, trng RF on R sd L part wgt, swivel RF on both ft ending R IF of L shifting wgt to R (W sd & fwd L around M, pivoting on L XLIB of L, swivel RF on bothft shifting wgt to L) end CP/DLC; Pivoting RF on R sd & fwd L around W, pivoting RF XLIB of L, swivel RF on both ft shifting wgt to L (W pivoting on L fwd R btwn M's ft comm trng RF, trng RF on R on L sd R part wgt, swivel on both ft ending R IF of L wgt to R) end CP/DRC;

13-14 Repeat Meas 11-12 of Part B starting from CP/DRC & end CP/DLW;

15 {Nat Trn} Fwd R comm trng RF, sd & bk L cont trng RF, cl R cont trng RF to fc RLOD;

16 {Hesitation Chg} Bk L comm trng RF, cont trng RF sd R twd DLW, draw L to R end CP/DLC;

PART C

1-8 CANTER TELEMARK TO BJO;; CROSS SWIVEL TWICE TO BJO;; CHECK REC SD TO SCAR; CROSS CHECK W DEOLVEO; REC W INSIDE UNDERARM TRN; BK TO OP RONDE;

1-3 1-2 {Canter Telemark to Bjo} CP/DLC fwd L comm trng LF, -, cont trng LF sd & fwd R around W (W bk R comm trng LF, -, cont trng LF on R-heel cl L); Cont trng LF sd & fwd L, -, -(W cont trng LF sd & bk R, -, -) end BJO/DLW;

1-- 3-4 {Cross Swivel Twice to Bjo} Fwd R outside ptr, swiveling RF on R point L sd twd DLW, - (W bk L ptr outside, swiveling RF on L point R sd twd DLW, -) end SCAR/DRW; Fwd L outside ptr, swiveling LF on L point R sd twd DRW, - (W bk R ptr outside, swiveling LF on R point L twd DRW, -) end BJO/DLW;

5 {Check Rec Sd to Scar} Fwd R outside ptr checking, rec L trng RF, sd R end SCAR/DRW;

6 {Cross Check W Develope} Fwd L outside ptr checking flexing knee, extending L-knee lead W develope slightly sway L, -(W bk R ptr outside, lift L-toe along R-leg, extend L fwd looking well R);

7 {Rec W Inside Underarm Trn} Rec R, releasing trail hnds lead W trn LF under jnd lead hnds stepping almost in pl L, R (W fwd L comm trng LF under jnd lead hnds, cont trng LF sd R, step almost in pl cont trng LF to fc WALL) end LOP/WALL;

8 {Bk to OP Ronde} Bk L small step swinging R fwd & comm ronde R CW (W CCW), cont ronde R, -;
PART C (cont'd)

9-16  VINE ACROSS; LUNGE AWAY; CANTER ROLL ACROSS TO LOP;; TOG & AWAY;;
THRU TWINKLE TO OP; THRU FC CL;
9  {Vine Across} LOP/WALL XRIB, sd L sliding across bhnd W, XRIF joining trailing hnd end OP/WALL;
1-- 10 {Lunge Away} Sd L twd LOD slightly flexing knee swinging free lead hnd down & up away, -,-;
1-3 11-12 {Canter Roll Across to LOP} Sd R comm rolling RF (W LF), -, releasing trailing hnds sd & bk L
1-- passing bhnd W; Cont rolling RF to fc WALL sd R joining lead hnds swing free trailing hnd down & up away, -,-, end OP/WALL;
1-- 13-14 {Tog & Away} Rec L trng LF (W RF) to fc ptr touching trailing hnds looking each other, -,-; Sd R trng RF (W LF) to fc WALL swinging trailing hnds away, -,-, end LOP/WALL;
15  {Thru Twinkle to OP} Thru L, trng LF sd R twd WALL, cont trng LF on R cl L joining trailing hnds end OP/WALL;
16  {Thru Fc Cl} Thru R, trng RF sd L twd COH, cl R assuming CP end CP/DLC;

END

1-10  REV TRN TO FC DLW;; APT CROSS PT TO OP; W ROLL IN TRANS TO SHADOW;
SHADOW OPEN REV TRN TO FC WALL;; SHADOW WHISK; CROSS CHASSE;
CROSS CHECK REC SD; CROSS CHECK & EXTEND;
1-2  {Rev Trn to Fc DLW} CP/DLC fwd L comm trng LF, sd & bk R cont trng LF, XLIF cont trng LF to fc RLOD (W bk R comm trng LF, sd & fwd L cont trng LF, cl R cont trng LF to fc LOD) end CP/RLOD; Bk R comm trng LF, sd & fwd L cont trng LF, cl R to fc DLW (W fwd L comm trng LF, sd & bk R cont trng LF, XLIF) end CP/DLC;
1-- 3  {Apt Cross Pt to OP} Releasing lead hnds & trng LF on R sd L twd DRC (W twd DLW), pt fwd across body, -,-, end OP/DLC;
1-- 4  {W Roll In Trans to Shadow} Sd R leading W roll LF, draw L to R, - (W sd L comm rolling LF, sd & bk R to M's R-sd & slightly fwd cont rolling LF to fc DLC, tch L to R) end SHADOW/DLC lead hnds jnd & extended sd M's R-hnd on W's R-shoulder blade W's R-hnd extended sd; (now same footwork)
5-6  {Shadow Open Rev Trn to Fc DLW} [from here music retards] Fwd L comm trng LF, cont trng LF sd & bk R, bk L end SHADOW/RLOD; Bk R comm trng LF, cont trng LF to fc WALL sd L, fwd R end SHADOW/DLC;
7  {Shadow Whisk} Fwd L, sd & fwd R, XRIB end SHADOW-WHISK Pos looking LOD;
12&3 8  {Cross Chasse} XRIF, sd L/cl R, sd & fwd L;
9  {Cross Check Rec Sd} XRIF checking, rec L trng RF, sd R end SHADOW/WALL;
1-- 10 {Cross Check & Extend} Slightly trng body LF on R XLIF twd DRW, hold extending upper body twd DRW looking R, -;