**AFTER ALL THESE YEARS**

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**MUSIC:** After All These Years, *After All These Years*, Foster and Allen, 3:13 available as download from Amazon (speed 2%, or as desired)

**RHYTHM:** Slow Two Step

**PHASE:** PH IV+1 (triple traveler) +1 (the square) above average difficulty

**FOOTWORK:** Opposite, unless otherwise noted (W’s footwork in parentheses)

**SEQUENCE:** INTRO A B INTERLUDE A B ENDING

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**INTRODUCTION**

1-4  **CUDDLE POSITION WALL WAIT;; OPEN BASICS TO ½ OPEN;;**

1-2  [wait] Cuddle position wait;

3-4  [open basics] Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos; Sd R, -, trning to ½ OP brk bk L, rec R preparing to fold across lady;

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**PART A**

1-4  **SWITCHES TO BFLY;; LUNGE BASIC;; BASIC ENDING TO PICKUP;;**

1  [M switch] Sd & Bk crossing IF of W, -, cont trn sd & fwd L to left ½ op, fwd R (W fwd R betw M’s feet, -, fwd L, fwd R preparing to XIF of M);

2  [W switch] Fwd betw W’s feet, -, fwd L, fwd R (W trng RF IF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd R);

3  [lunge basic] Sd L to fc WALL, -, rec R, XLIB (XRIF);

4  [basic end] Sd R, -, XLIB, rec R leading W to comm P/UP;

5-8  **LEFT TURN/ INSIDE ROLL;; BASIC ENDING;; LADY SWITCH TO BFLY WALL;;**

5  [left trn inside roll] Fwd L trng LF to fc WALL, -, sd R, XLIB (bk R trng LF ½ -, sd L trng LF und lead arms, sd R cont trng LF to fc ptr);

6  [basic ending] Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);

7  [op basic] Blending to left ½ OP sd L, -, brk bk R, rec L preparing to fold lady;

8  [W switch] Fwd R betw W’s feet, -, fwd L, fwd R blending to BFLY (W trng RFIF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd L to fc M BFLY);

9-12  **LUNGE BASIC;; ROCK TURN/LADY LARIAT TO ½ OPEN LOD;; OUTSIDE ROLL;; BASIC ENDING;;**

9  [lunge basic] Sd L to fc WALL, -, rec R, XLIB (XRIF);

10  [rk trn/lady lariat] Sd R shaping to lady & leading her to lariat, -, rec L, rec R trning LF to fc LOD (W sd L to M’s R sd, -, fwd R crossing beh M, fwd L);

11  [outside roll] Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);

12  [basic end] Sd R, -, XLIB, rec R (W sd L, -, XRIB, rec L);

13-16  **OPEN BASIC;; LADY SWITCH TO A PICKUP;; TO LO BFLY TRAVELING CROSS CHASSES;;**

13  [op basic] Blending to left ½ OP sd L, -, brk bk R, rec L preparing to fold lady;

14  [W switch] Fwd R betw W’s feet, -, fwd L, fwd R leading lady to P/UP (W trng RF IF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd L to P/UP);

15-16  [traveling X chasses] Blending to LO BFLY fwd L DLC w/ R sh ld, -, sd R & fwd DLW, XLIB; fFwd R DLW w/ L sh ld, -, sd L DLC, - XRIF;

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**PART B**

1-4  **TRIPLE TRAVELER LOD;; BASIC ENDING;;**

1-3  [triple traveler] Fwd L trng LF to fc COH, -, sd R, XLIB (W bk R trng LF ½ -, sd L trng LF und lead hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fwd L, R (W trn fc LOD fwd L, -, fwd R, fwd L); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);

4  [basic end] Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);
PART B (CONT)

5-8 UNDERARM TURN; OPEN BREAK; CHANGE SIDES UNDERARM; REVERSE UNDARM TURN/
LADY IN 2 TO SHADOW LEFT FOOT FREE;
5  (undarm trn) Sd L, -, XRIB of L, rec L (Sd R comm to trn RF under lead arms, -, XLIF trng to fc LOD, fwd R to fc M);
6  (op brk) Sd R, -, apt L, rec R;
7  (chg sds) Fwd L leading W to trn LF under joined hnds, -, sd R to fc WALL, XLIF (W fwd R trng LF and joined hnds to momentarily fc LOD, -, sd L to fc ptr & COH , XRIF);
8  (rev undarm trn/lady in 2 to shad) Sd R, -, XLIF, rec R (W sd L, -, XRIF trng ½ to fc DLW, -);

9-12 FORWARD RUN 2; 2 SHADOW RIGHT TURNS:: FORWARD RUN 2 BOTH FACE WALL;
9  (fwd run 2) Same ft work in shad fwd L, -, fwd R, fwd L;
10-11  (2 shad R trns) Fwd R trng RF, -, cont trn sd L, bk R to fc RLOD w/ R shoulder lead; Bk L trng RF, cont trn sd R, fwd L to fc DLW w/ L sh ld; to fc LOD;
12  (fwd run 2 to fc wall) Fwd R, -, fwd L, fwd R to fc WALL;

13-16 LUNGE BASIC; LUNGE BASIC/LADY FACE IN 2/MAN CLOSE TO CP; SIDE BASIC;
OPEN BASIC;
13  (lunge basic) Sd L extending both arms, -, rec R, XLIF;
14  (lunge basic/lady in 2 M cl) Sd R, -, rec L, cl R to loose CP (W sd R, -, rec L trng LF to fc M, -);
15  (side basic) Loose CP sd L, -, XRib, rec L;
16  (open basic) Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold;

INTERLUDE

1-4 THE SQUARE::;
1-4  (the square) Like a switch M XIF of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLIF of R (W fwd R, -, sd L twd COH, XRIF of L starting to XIF of M): Fwd R, -, sd L twd RLOD, XRIF of L starting to XIF of W (W like a switch XIF of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLIF of R); Like a switch M XIF of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLIF of R (W fwd R, -, sd L twd WALL, XRIF of L starting to XIF of M): Fwd R, -, sd L twd LOD, XRIF of L (W like a switch XIF of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLIF of R to BFLY);

REPEAT A
REPEAT B

ENDING

1-4 SWITCHES:: LUNGE BASIC TO A WRAP/M IN 2; LOWER LOOK & HOLD;
1-2  Repeat meas. 1-2, Part A
3  (lunge basic to wrap) Sd L raising L hnd, -, rec R wrap W to fc WALL, - (W sd R, -, rec L to fc RLOD, cl R completing trn to fc WALL in wrapped pos);
4  (lower & hold) Soften into R knee, -, hold, - (W trn slightly LF to look at M, -);

(1-- can be cued as tunnel exit)

**Another dance dedicated to Ed for 55 YEARS of LOVE, PATIENCE, and SUPPORT!