**AFRO CUBANO**

Choreography: Ron & Mary Noble, 14767 East 53rd Drive Yuma, AZ 85367 (928) 345-0760 (503) 623-3782

Record: Casa Musica CD “Afro Cubano”, track 14 “African Tango” by Adiemus (Music shortened to 3:25 minutes) Rdancer@aol.com

Phase: Rumba V + 2 (Advanced Sliding Door, Same Foot Lunge) www.RMNOBLE.com

Footwork: Opposite, directions for man (woman as noted)

Timing: QQS, except where noted. Timing reflects actual weight changes.

Sequence: Intro, A, A, B, B (1-6), C, A(1-7), D, Ending Revised July 2006

- INTRO -

1 - 4  **CUDDLE POSITION FACING RLOD** lead ft free WAIT 1; CUCARACHA: CUCARACHA (LADY SPOT TRN); LUNGE (LADY SIT & REC to SHADOW):

- WAIT 1 Cuddle Position facing RLOD lead ft free WAIT 1;
- [CUCARACHA] Side L, rec R, cl L, -;
- [CUCARACHA] (LADY SPOT TURN) Side R, rec L, cl R, -; (W cross LIFR, swvl rt fc ¾ fwd R trng 1/4 to fc, sd L, -);
- [LUNG (LADY SIT & REC to SHADOW] Lunge side L, hold, rec R, cl L; (W sits back on R, -; rec L trng rt to SHADOW RLOD, -;)

5 - 8  **RT FT CUCARACHA (twice); (CUCARACHA CROSS LUNGE) MEN SD LUNGE; (SWIVEL CLOSE) MEN REC & CLOSE;**

- [RT FT CUCARACHA (twice)] Identical foot work sd R, rec L, cl R, -; sd L, rec R, cl L, -;

- QQ -  8 [(SWIVEL CLOSE) MEN REC & CLOSE] Swvl lf to fc WALL, rec L, cl R, -; (W trns head to look at M, slow swvls rt fc to fc M & cl L, -;)

- A -

1 - 4  **HALF BASIC; LADIES SPOT TURN w/SHOULDER WRAP to FACE RLOD; SYNCOP UNWRAP to FACE; THRU, CLOSE, SIDE:**

- [HALF BASIC] Fwd L, rec R, sd L to fc WALL, -;
- [LADIES SPOT TURN w/SHLDR WRAP to RLOD] Rk bk R to fc RLOD trng W rf wrap W into M’s lf arm, rec L, fnd R, -; (W XLIFR trng rf to fc RLOD, fnd R, fnd L, -;)

- QQ&S  4 [THRU, CLOSE, SIDE] Thru L opening to fc RLOD, trng to fc cl R, sd L, -;

5 - 7  **AIDA; BACK to BACK HIP ROCKS; CROSS UNWIND to FACE (LADY to PRESS);**

- [AIDA] Thru R, trng rf sd L, trng rf bk R to an AIDA LINE releasing hands, -;
- [BACK to BACK HIP ROCKS] In bk to bk pos rk sd L, rec R, rec L, -;
- [CROSS UNWIND to FACE (LADY to PRESS)] Cross RIFL trng to fc, -; -; (W cross LIFR trng to fc with R press rt hand on Man’s chest, -; -;)

8 – 11  **CROSS BODY to COH;; CROSS BODY to WALL;;**


- [CROSS BODY to WALL] Repeat meas. 8-9 of PART A to fc WALL

Note: The Cross Bodies in meas. 8-11 may be danced syncop (QQS S&S).
12 – 14 ALEMANA;; NAT’L OPENING OUT, HOLD, REC to FC;


SS 14 [NAT’L OPENING OUT, HOLD, REC to FACE] Fwd L trng ¼ rf, -; trng Rf rec R, -; (W trng rf 1/2 bk R, -, rec L trng If to FC partner, -;)

Repeat Part A

- B -

1 – 4 HALF BASIC to a; NAT’L TOP in 3 to FC DLW: (LADY INSIDE TURN) MEN SLIDE ACROSS; LADY ROLLS to SHADOW WALL;

1 [HALF BASIC to a] Fwd L, rec R, trng rf sd L to fc RLOD, -; (W bk R, rec L, trng rf 1/4 fwb R, -;)

2 [NAT’L TOP in 3] Trng rf XLIBR, sd L, XLIBR to fc DLW, -; (W sd L, trng rf XRIFL, sd L, -;)

3 [(LADY INSIDE TURN) MEN SLIDE ACROSS] Sd L leading W to an inside trn, sd R bringing rt arm straight up & bk down joining rt hands, bk L to LEFT SHADOW WALL, -; (W fwb R trng If 1/2, sd L crossing behind M, fwb R to M’s If side, -;)

4 [LADY ROLLS to SHADOW WALL] Bk R, sd L, fwb R to fc WALL If hnds joined rt hnd on W’s back, -; (W rolls rf to M’s rt side to SHADOW WALL L, R, -;)

5 – 8 ADVANCED SLIDING DOOR;; START ADV SLIDING DOOR; MEN LUNGE (LADY SIT), HOLD, REC to FACE;


7 [START ADV SLIDING DOOR] Fwd L trng rf, rec R trng lf, XLIBR, -; (W swvl rf bk R, rec L, XRIFL, -;)

SQQ 8 [MEN LUNGE (LADY SIT), HOLD, REC to FACE] Lunge sd R trng If trng W under joined If hnds, -, rec L, cl R to fc WALL; (W lunge sd L trng rf under joined If hnds to a sit line, -, rec R trng rf to fc partner, sd L;)

- B (1-6) -

- C -

1 - 2 START ADV SLIDING DOOR (LADY SPIRAL to FAN);;

1-2 [START ADV SLIDING DOOR (LADY SPIRAL to a FAN)] Fwd L trng rf, rec R trng lf, XLIBR, -; Chk thru R, rec L, sd R to fc WALL, -; (W swvl rf bk R, rec L, XRIFL spiraling If, -; fwb L to LOD, fwb R, trng If ½ bk L to a FAN, -;

3 – 6 ALEMANA to a;; ROPESPIN;;

3-4 [ALEMANA to a] Fwd L, rec R, cl L leading W to trn rf 1/4, -; bk R, rec L, cl R shaping rf to partner, -; (W cl R, fwb L, fwb R trng rf 1/4, -; cont rf trn fwb L, fwb R, fwb L to M’s rt side spiraling rf, -;)


7 – 8 FENCeline in 4: LUNGE THRU, REC/SIDE, CLOSE;

QQQQ 7 [FENCeline in 4] BFLY thru L with soft knee, rec R, sd L, rec R;

S&QQ 8 [LUNGE THRU, REC/SIDE, CLOSE] Lunge thru L, -, rec R/sd L, cl R;
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- A (1-7) -

- D -

1 – 5  SLOW OPEN CONTRA CHECK & REC HALF OPEN; SYNCOP OPEN IN & OUT RUNS;; SYNCOP FRONT VINE (LADY FWD SWVL to a SAME FOOT LUNGE LINE);

SS  1  [SLOW OPEN CONTRA CHECK & REC HALF OPEN] Fwd L with a Contra Chk action, -, rec R trng lf to HALF OPEN LOD, -; (W bk R with a Contra Chk action, -, rec L trng rf to HALF OPEN, -)

S&QQ  2-3  [SYNCOP OPEN IN & OUT RUNS] To LOD fwd L, -, fwd R trng rf/sd L cont trn, sd & fwd R; fwd L, -, fwd R to HALF OPEN, -; (W fwd R, -, fwd L/fwd R, fwd L; fwd & sd R trng rf, -, sd & fwd L trng to HALF OPEN, -)

S&QQ  4-5  [SYNCOP FRONT VINE (LADY FWD SWIVEL to a SAME FOOT LUNGE LINE)] Fwd L, -, XRIFL/sd L, XLIBR; in place L trng W under joined lead hands, -, close R point L to LOD, -; (W fwd R, -, XLIFR/sd R, XLIBR to FC DRC; fwd R swivelng lf under joined lead hands to fc LOD, -, lower on R pointing L LOD, -)

6 – 8  TELESPIN ENDING to a SLOW WHIPLASH & HOLD;; SYNCOP REV TWIRL;

S&QQ  6-7  [TELESPIN ENDING to a SLOW WHIPLASH & HOLD] Rotating lf to fc LOD, -, fwd L trng lf/sd R trng lf, fwd L to SCP DLW; thru R, -, swivel lf to BJO DLW, -; (W fwd L trng lf, -, bk R/cl L trng lf, fwd R to SCP DLW; thru L, -, swivel ½ lf to BJO, -)

9 – 13  SLOW CONTRA CHECK & REC HALF OPEN; SYNCOP OPEN IN & OUT RUNS;; SYNCOP VINE (LADY SWVL to a SAME FOOT LUNGE LINE);

9-13  Repeat meas. 1-5 of Part D note: Contra Check is executed in Closed Position.

14 – 17  TELESPIN ENDING to a SLOW WHIPLASH & HOLD;; SYNCOP REV TWIRL; SLOW CONTRA CHK & REC to SHADOW WALL MEN CLOSE;

14-16  Repeat meas. 6-8 of Part D

SSQ  17  [SLOW CONTRA CHK & REC to SHADOW WALL) MEN CLOSE] Slow fwd L in a Contra Check, -, rec R, cl L to fc WALL; (W slow bk R in a Contra Check, -, rec L trng 1/2 lf to SHADOW fc WALL, touch R)