**AFRO CUBANO**

Choreography: Ron & Mary Noble, 14767 East 53rd Drive Yuma, AZ 85367 (928) 345-0760 (503) 623-3782

Record: Casa Musica CD “Afro Cubano”, track 14 “African Tango” by Adiemus
(Music shortened to 3:25 minutes) Rdancer@aol.com

Phase: Rumba V + 2 (Advanced Sliding Door, Same Foot Lunge) www.RMNOBLE.com

Footwork: Opposite, directions for man (woman as noted)

Timing: QQS, except where noted. Timing reflects actual weight changes.

Sequence: Intro, A, A, B, B (1-6), C, A(1-7), D, Ending Revised July 2006

--- INTRO ---

1 - 4 Cuddle Position facing RLOD lead ft free WAIT 1: CUCARACHA: CUCARACHA (LADY SPOT TRN); LUNGE (LADY SIT & REC to SHADOW):

1 [WAIT 1] Cuddle Position facing RLOD lead ft free WAIT 1;
2 [CUCARACHA] Side L, rec R, cl L, -;
3 [CUCARACHA (LADY SPOT TURN) Side R, rec L, cl R, -; (W cross LIFR, swvl rt fc ¾ fwd R trng 1/4 to fc, sd L, -)

SOQ 4 [LUNGE (LADY SIT & REC to SHADOW] Lunge side L, hold, rec R, cl L; (W sits back on R, -; rec L trng rf to SHADOW RLOD, -)

5 - 8 RT FT CUCARACHA (twice); (CUCARACHA CROSS LUNGE) MEN SD LUNGE; (SWIVEL CLOSE) MEN REC & CLOSE;

5-6 [RT FT CUCARACHA (twice)] Identical foot work sd R, rec L, cl R, -; sd L, rec R, cl L, -)

7 [(CUCARACHA CROSS LUNGE) MEN SIDE LUNGE] Sd R, cl L, lunge sd R, -; (W sd R, rec L, lunge R crossing front, -)

- QQ - 8 [(SWIVEL CLOSE) MEN REC & CLOSE] Swvl lf to fc WALL, rec L, cl R, -; (W trns head to look at M, slow swvl to fc M & cl L, -;)

--- A ---

1 - 4 HALF BASIC; LADIES SPOT TURN w/SHOULDER WRAP to FACE RLOD; SYNCOP UNWRAP to FACE; THRU, CLOSE, SIDE;

1 [HALF BASIC] Fwd L, rec R, sd L to fc WALL, -;
2 [LADIES SPOT TURN w/SHLDR WRAP to RLOD] Rk bk R to fc RLOD trng W rf wrap W into M’s lf arm, rec L, fwd R, -; (W XLIIFR trng rf to fc RLOD, fwd R, fwd L, -)

QQ&S 3 [SYNCOP UNWRAP to FACE] Fwd L, trng to fc sd R/cl L, sd R, -; (W fwd R, fwd L/trng if cl R, sd L, -)

4 [THRU, CLOSE, SIDE] Thru L opening to fc RLOD, trng to fc cl R, sd L, -;

5 - 7 AIDA; BACK to BACK HIP ROCKS; CROSS UNWIND to FACE (LADY to PRESS);

5 [AIDA] Thru R, trng rf sd L, trng rf bk R to an AIDA LINE releasing hands, -;

6 [BACK to BACK HIP ROCKS] In bk to bk pos rk sd L, rec R, rec L, -;

S 7 [CROSS UNWIND to FACE (LADY to PRESS)] Cross RIFL trng to fc, -; (W cross LIFR trng to fc with R press rt hand on Man’s chest, -;)

8 – 11 CROSS BODY to COH;; CROSS BODY to WALL;;


10-11 [CROSS BODY to WALL] Repeat meas. 8-9 of PART A to fc WALL Note: The Cross Bodies in meas. 8-11 may be danced syncop (QQS&S).
12 – 14 **ALEMANA**: NAT'L OPENING OUT, HOLD, REC to FC;

12-13 **[ALEMANA]** Fwd L, rec R, cl L, -; bk R, rec L, sd R, -; (W bk R, fwd L, fwd R outside M, -; fwd L trng rf, fwd R trng rf to FC partner, sd L, -);

14 **[NAT'L OPENING OUT, HOLD, REC to FACE]** Fwd L trng ¼ rf, -, trng lf rec R, -; (W trng rf 1/2 bk R, -, rec L trng lf to FC partner, -)

**Repeat Part A**

- B -

1 – 4 **HALF BASIC** to a; NAT'L TOP in 3 to FC DLW; (LADY INSIDE TURN) MEN SLIDE ACROSS; LADY ROLLS to SHADOW WALL;

1 **[HALF BASIC to a]** Fwd L, rec R, trng rf sd L to fc RLOD, -; (W bk R, rec L, trng rf 1/4 fwd R, -);

2 **[NAT'L TOP in 3]** Trng rf XRIBL, sd L, XRIBL to fc DLW, -; (W sd L, trng rf XRIFL, sd L, -)

3 **[LADY INSIDE TURN] MEN SLIDE ACROSS** Sd L leading W to an inside trn, sd R bringing rt arm straight up & bk down joining rt hands, bk L to LEFT SHADOW WALL, -;

(W fwd R trng if 1/2, sd L crossing behind M, fwd R to M's lf side, -)

4 **[LADY ROLLS to SHADOW WALL]** Bk R, sd L, fwd R to fc WALL if hnds joined rt hnd on W's back, -; (W rolls rf to M's rt side to SHADOW WALL L, R, L, -)

5 – 8 **ADVANCED SLIDING DOOR**;; **START ADV SLIDING DOOR**; MEN LUNGE (LADY SIT), HOLD, REC to FACE;

5-6 **[ADVANCED SLIDING DOOR]** Fwd L trng rf, rec R trng lf, XLIBR, -; sd R, rec L, fwd R, -; (W swvl rf bk R, rec L, XRIFL, -; sd L, rec R, XLIBR, -)

7 **[START ADV SLIDING DOOR]** Fwd L trng rf, rec R trng lf, XLIBR, -; (W swvl rf bk R, rec L, XRIFL, -)

8 **[MEN LUNGE (LADY SIT), HOLD, REC to FACE]** Lunge sd R trng lf trng W under joined lf hnds, -, rec L, cl R to fc WALL; (W lunge sd Ltrng rf under joined lf hnds, -; rec R trng rf to fc partner, sd L;)

- B (1-6) -

- C -

1 - 2 **START ADV SLIDING DOOR (LADY SPIRAL to FAN)**;

1-2 **[START ADV SLIDING DOOR (LADY SPIRAL to a FAN)]** Fwd L trng rf, rec R trng lf, XLIBR, -; Chk thru R, rec L, sd R to fc WALL, -; (W swvl rf bk R, rec L, XRIFL spiraling if, -; fwd L to LOD, fwd R, trng lf ½ bk L to a FAN, -)

3 – 6 **ALEMANA** to a;; ROESPIN;

3-4 **[ALEMANA to a]** Fwd L, rec R, cl L leading W to trn rf 1/4, -; bk R, rec L, cl R shaping rf to partner, -; (W cl R, fwd L, fwd R trng rf 1/4, -; cont rt trn fwd L, fwd R, fwd L to M's rt side spiraling rf, -)


7 – 8 **FENCELINE in 4**; **LUNGE THRU, REC/SIDE, CLOSE**;

7 **[FENCELINE in 4]** BFLY thru L with soft knee, rec R, sd L, rec R;

8 **[LUNGE THRU, REC/SIDE, CLOSE]** Lunge thru L, -, rec R/sd L, cl R;

- A (1-7) -
- D -  

1 – 5  SLOW OPEN CONTRA CHECK & REC HALF OPEN; SYNCOP OPEN IN & OUT RUNS;  
SYNCOP FRONT VINE (LADY FWD SWVL to a SAME FOOT LUNGE LINE);  

SS  [SLOW OPEN CONTRA CHECK & REC HALF OPEN] Fwd L with a Contra Chk action, -, rec R trng lf to HALF OPEN LOD, -; (W bk R with a Contra Chk action, -, rec L trng rf to HALF OPEN, -)  
S&QQ 2-3 [SYNCOP OPEN IN & OUT RUNS] To LOD fwd L, -, fwd R trng rf/sd L cont trn, sd & fwd R;  
SS  fwd L, -, fwd R to HALF OPEN, -; (W fwd R, -, f wd L/fwd R, f wd L; f wd & R trng rf, -, sd & fwd L trng to HALF OPEN, -)  
S&QQ 4-5 [SYNCOP FRONT VINE (LADY FWD SWIVEL to a SAME FOOT LUNGE LINE)] Fwd L, -, XRIFL/sd L, XRIBL; in place L trng W under joined lead hands, -, close R point L to LOD, -;  
W fwd R, -, XLIFR/sd R, XLIBR to FC DRC; f wd R swiveling If under joined lead hands to fc LOD, -, lower on R pointing L LOD, -)  

6 – 8 TELESPIN ENDING to a SLOW WHIPLASH & HOLD; SYNCOP REV TWIRL;  

S&QQ 6-7 [TELESPIN ENDING to a SLOW WHIPLASH & HOLD] Rotating lf to fc LOD, -, fwd L trng If/sd R trng lf, f wd L to SCP DLW; thru R, -, swivel lf to BJO DLW, -; (W f wd L trng lf, -, bk R/cl L trng lf, thru L, -, swivel ½ lf to BJO, -)  
S&QQ 8 [SYNCOP REV TWIRL] Bk L, -, sd R/cl L, sd R; (W fwd R, -, f wd L trng lf/R, sd L;)  

9 – 13 SLOW CONTRA CHECK & REC HALF OPEN; SYNCOP OPEN IN & OUT RUNS;  
SYNCOP VINE (LADY SWVL to a SAME FOOT LUNGE LINE);  

9-13 Repeat meas. 1-5 of Part D note: Contra Check is executed in Closed Position.  
14 – 17 TELESPIN ENDING to a SLOW WHIPLASH & HOLD; SYNCOP REV TWIRL; SLOW CONTRA CHK & REC to SHADOW WALL MEN CLOSE;  

14-16 Repeat meas. 6-8 of Part D  
SQQ 17 [SLOW CONTRA CHK & REC to SHADOW WALL) MEN CLOSE] Slow fwd L in a Contra Check, -, rec R, cl L to fc WALL; (W slow bk R in a Contra Check, -, rec L trng 1/2 lf to SHADOW fc WALL, touch R;)  

- ENDING -  

1 – 4 RT FT CUCARACHA (twice); (CUCARACHA CROSS LUNGE) MEN SIDE LUNGE;  
LADIES SWIVEL & POINT;  

1-2 [CUCARACHA (twice)] Identical footwork sd R, rec L, cl R, -; sd L, rec R, cl L, -;  
3 [(CUCARACHA CROSS LUNGE) MEN SIDE LUNGE] Sd R, rec L, lunge sd R joining M’s lf & Ws r hnds, -; (W sd R, rec L, lunge R crossing in front, -)  
4 [LADY SWIVEL & POINT] Men hold pointing L toward partner (W swivel rf to fc partner & point L toward partner taking If arm up beside head & extend, -, -, -)