ADMIRATION WALTZ

Choreographers: Gus & Lynn DeFore, 2206 Briarfield St., Camarillo, CA 93010  (805) 482-0882
E-mail/Website: defore.rdancer@verizon.net  Website: www.gusdefore.com
CD: Hugo Montenegro: Country And Western Lounge  Track1 – Mom and Dad’s Waltz (time 2:21)
Artist/Source: Hugo Montenegro  Download: itunes.com or Amazon.com
Release/Speed: Released: August 30 2013  Speed Increased +18% – MP3 time at +18% = 2:00
Footwork/Difficulty: Opposite unless noted  Degree Of Difficulty - Above Average
Rhythm/Level: Waltz  Phase II+ (Hvr – Impetus to Semi)

Sequence:
INTRO A B A B  BRI A(1-7) END

INTRO

[LOP FCG WALL] WAIT 2 MEAS ;; TWL VN 3 ; PKUP SD CLS ; [CP LOD]
1-4  LOP FCG WALL  wait 2 meas;; [TWL VN 3] Sd L, Xriba, sd L (W trng RF under lead hnds one full trn R , L , R) end feg ptr;
[PKUP SD CLS] blending to SCP Fwd R pick W up to CP LOD, sd L, cls R;

PART A

[CP LOD] PROGRESSIVE BOX ;; 1 LEFT TRN TO FC RLOD ; BKWRD WALTZ ; IMPETUS TO SEMI ; [SCP LOD]

[IMPETUS TO SEMI] In CP RLOD comm upper body RF trn bk L , cls R heel trn cont RF trn , (W comm RF upper body trn fwd R between M’s feet pvt ½ RF, sd & fwd L cont RF trn around M brush rt to left, complete trn fwd R) complete trn fwd L in SCP LOD;

[SCP LOD] THRU FC CLS ; HVR ; PKUP SD CLS ;
[THRU FC CLS] In SCP LOD XRIF, sd L, cls R to CP WALL;
[HVR] In CP WALL Fwd L , fhd & sd R rising on ball of ft , rec L to SCP LOD;
[PKUP SD CLS] In SCP LOD Fwd R pick W up to CP LOD, sd L, cls R;

NOTE: 2nd & 3rd time thru PART A substitute [PKUP SD CLS TO SCAR]
In SCP Fwd R pick W up blend to SCP LOD, sd L, cls R;

PART B

[SCAR LOD] 3 PROGRESSIVE TWINCKLES ; ; MANUVR SD CLS ; 2 RT TRNS ; TWL VN 3 ; PKUP SD CLS ;

1-8  [3 PROG TWINCKLES] In SCAR LOD XLIF blending to SCAR DLW (W Xriba), sd R , cls L ;
XRIF blending to BJO DLC (W Xlib), sd L , cls R ; XLIF blending to SCAR DLW (W Xriba), sd R , cls L ;
[MANUVR SD CLS] In SCAR DLW fwd R trng RF ½ , sd L , cls R (W Bk L , Bk R , cls L) end in CP RLOD;
[2 RT TRNS] CP RLOD Bk L trng RF , cont RF trn sd R , cls L ; Cont RF trn fwd R , sd L , cls R end in CP WALL ;
[TWL VN 3] Blend to LOP Sd L, Xriba, sd L (W trng RF under lead hnds one full trn R , L , R) end feg ptr;
[PKUP SD CLS] Blending to SCP Fwd R pick W up to CP LOD, sd L, cls R;

NOTE: 2nd & 3rd time thru PART B substitute [THRU FC CLS] XRIF, sd L , cls R to BFLY WALL;

BRIDGE

[BFLY WALL] TWL VN 3 ; PKUP SD CLS ; [CP LOD]

1-2  [TWL VN 3] Sd L, Xriba, sd L (W trng RF under lead hnds one full trn R , L , R) end feg ptr;
[PKUP SD CLS] Blending to SCP Fwd R pick W up to CP LOD, sd L, cls R;

ENDING

[SCP LOD] THRU TWINKLE TWICE ;; THRU FC CLS ; TWL VN 3 ; POINT RT & HOLD ;

1-5  [THRU TWINKLE TWICE] In SCP XRIF, fhd L , cls R trng 1/8 RF to CP WALL ; Trn to RSCP XLIF, fwd R , cls L trng 1/8 LF to CP WALL ;
[THRU FC CLS] Blending to SCP XRIF, sd L , cls R to BFLY WALL ;
[TWL VN 3] Sd L, Xriba, sd L (W trng RF under lead hnds one full trn R , L , R) end feg ptr;
[POINT RT & HOLD] Chng hnds to OP FCG Pt R , & HOLD.;