ADIOS AMOR

Rhythm/Phase: Rumba, Phase IV+2 [Open Hip Twist, Stop & Go Hockey Stick]
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Release Date: Feb. 23, 2013
Music: "Adios Amor (Ya Lo Se Que Te Vas) " by Mayela Estrada
Album: Sensazioni Nella Danza, Vol. 7 Download individual track: casa-musica.de

INTRODUCTION

1-4 WAIT PICKUP NOTES AND 1 MEASURE: THRU TO AIDA: SWITCH ROCK: SPOT TURN;
1 {Wait} In BFL Y pos., M fc wall, opposite ft free, wait thru pickup notes and 1 measure ;
   Note: First measure begins on the downbeat just prior to the first drumbeats.
2 {Aida } Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
3 {Switch Rock} Tng LF to fc prtnr sd L checking bringing joined hands thru, rec R, sd L to LOD, - ;
4 {Spot Turn} XRIF comm ½ LF turn, rec L completing LF turn to fc prtnr, sd R joining Rt hands, - ;

PART A.

1-4 OPEN HIP TWIST: FAN; ALEMANA;;
1-2 {Op Hip Twist to Fan} Check fwd L, rec R, cl L leading W to hip twist, -
   (Bk R, Rec L, Fwd R tjd M with tension in right arm causing W to swivel hips 1/4 RF on R to fc LOD, - ) ;
   Bk R, rec L leading W to fan, sd R joining Ld hands, - (To LOD Fwd L, Fwd R making 1/2 LF turn, -
   bk L leaving rt foot extd fwd with no wt, - ) ;
3-4 {Alemana } Fwd L, rec R, cl L leading W to comm turn RF, -
   (Cl R, fwd L, fwd R with RF swivel to fc prtnr, - ) ;
   Bk R, rec L, sd R, - (cont RF turn under joined lead hands Fwd L, cont RF turn Fwd R, sd L to ROD, - )
   ending in BFLY-Wall ;

5-8 SHOULDER TO SHOULDER: SPOT TURN; FENCE LINE REC POINT; FENC LINE TO OPEN;
5 {Shldr to Shldr} Fwd L to BFLY SCAR pos DRW, rec R, sd L to BFLY-wall, - ;
7 {Spot Turn} XRIF comm ½ LF turn, rec L completing LF turn to fc prtnr, sd R, - ;
QQ - -
6 {Fenceline Rec Point} Cross lunge thru L with bent knee, rec R to fc prtnr, point L ft toward LOD, - ;
8 {Fence Line-OP} Cross lunge thru L with bent knee, rec R to fc prtnr,
comm LF turn sd L ending in OP LOD, - ;

9-12 PROG WALKS: SLIDING DOOR 2X;; CUCARACHA TO FACE;
9 {Prog Walks} In OP LOD fwd R, fwd L, fwd R, - ;
10-11 {Sliding Doors} Rk apart L, rec R releasing hands, XLIF changing sides to LOP-LOD as
   W crosses in front of man, - ;
   Rk apart R, rec L releasing hands, XRIF changing sides to OP LOD as W crosses in front of man, - ;
12 {Cucaracha} sd L with partial wt, rec R trng RF to fc prtnr, cl L ending in BFLY-wall, - ;

13-14 FENCE LINE (LOD); FENCE LINE REC POINT;
13 {Fence Line} Cross lunge thru R tjd LOD with bent knee, rec L to fc prtnr, sd R, - ;
QQ - -
14 {Fenceline Rec Point} Cross lunge thru L with bent knee, rec R to fc prtnr, point L ft toward LOD, - ;
PART B.

1-4 OPEN BREAK; SPOT TURN; NEW YORKER; CRAB WALK;
1 {Op Brk} Rk apart L to LOP-fc pos with R arm ext to sd palm down, rec R lowering R arm, sd L, - ;
2 {Spot Turn} XRIF comm ½ LF turn, rec L completing LF turn to fc prtnr, s d R, - ;
3 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L ending in BFLY-wall, - ;
4 {Crab Walk} Toward LOD XRIF, Sd L, XRIF, - ;

5-8 TWIRL VINE; FENCE LINE; FWD BASIC; FAN;
5 {Twirl Vine} Sd L leading W to turn RF under joined lead hands, XRIB, sd L ending in BFLY-wall, - ;
   (Sd & fwd R trng 1/2 RF under joined lead hands, sd & bk L trng 1/2 RF, sd R, - ending in BFLY-wall) ;
6 {Fence Line} Cross lunge thru R twd LOD with bent knee, rec L trng to fc prtnr, sd R, - ;
7-8 {Fwd Bas to Fan} Check fwd L, rec R, bk L lowering hands to waist level, - ;
   Bk R, rec L leading W to fan, sd & fwd R rel tr hands, - (Fwd L, sd & bk R making 1/4 LF turn,
   bk L rel tr hands leaving rt foot extd fwd with no wt and fc RLOD, - ) ;

9-12 STOP & GO HOCKEY STICK;; HOCKEY STICK (LADY OVERTURN) ;;
9-10 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn, 
   trng LF shaping to prtnr cl L, - (Cl R, fwd L, fwd R trng 1/2 LF ending fc LOD on M's rt sd, - ) ;
   Check fwd R toward LOD placing r hand on W shldr blade checking her mvt,
   rec L comm leading W to RF turn, cl R ending fc Wall, - (Chk bk L, Rec R, Fwd L trng 1/2 RF to fan pos, - ) ;
11-12 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
   (Cl R, Fwd L, Fwd R, - ) ;
   Bk R, rec L leading prtnr to turn LF, sd R facing wall preparing to turn RF into next figure, -
   (Fwd L twd RLOD, fwd R trng LF to fc prtnr and COH, sd L to RLOD preparing to turn LF into next figure, - ) ;

13-16 NEW YORKER; THRU TO AIDA; SWITCH ROCK; FENCE LINE (LOD);
13 {New Yorker} Turning toward RLOD thru L with straight leg to LOP pos fc RLOD,
   rec R to fc prtnr, sd L ending in BFLY-wall, - ;
14 {Aida} Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
15 {Switch Rock} Trng LF to fc prtnr sd L checking bringing joined hands thru, rec R, sd L to LOD, - ;
16 {Fenceline} Cross lunge thru R twd LOD with bent knee, rec L to fc prtnr, sd R, - ;


1-15 OPEN BREAK; SPOT TURN; NEW YORKER; CRAB WALK; TWIRL VINE; FENCE LINE;
   FWD BASIC; FAN; STOP & GO HOCKEY STICK;; HOCKEY STICK (LADY OVERTURN) ;;
   NEW YORKER; THRU TO AIDA; SWITCH ROCK;
16 CRAB WALK;
   16 {Crabwalk} Toward LOD XRIF, Sd L, XRIF, - ;

ENDING

1-3 TWIRL VINE; CRAB WALK; SIDE DRAW CLOSE;
1 {Twirl Vine} Sd L leading W to turn RF under joined lead hands, XRIB, sd L ending in BFLY-wall, - ;
   (Sd & fwd R trng 1/2 RF under joined lead hands, sd & bk L trng 1/2 RF, sd R, - ending in BFLY-wall) ;
2 {Crab Walk} Toward LOD XRIF, Sd L, XRIF, - ;
SS 3 {Sd-Dr-CI} Sd L, draw R ft to L, cl R in BFLY-wall, - ;

4-7 BASIC;; NEW YORKER; THRU TO AIDA (& Hold);
4-5 {Basic} Check fwd L, rec R, sd L, - ; Check bk R, Rec L, sd R, - ;
6 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L endg in BFLY-wall, - ;
7 {Aida} Thru R trng RF, sd L cont RF turn, bk R endg in slight back to back V pos, - ;
   and hold the aida line as the music fades into the final drumbeats.

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QUICK CUES

Rumba - Phase 4+2 (Op. Hip Twist, Stop & Go Hockey Stick)  
Sequence: Intro-AB-B(mod)-Ending  
Speed: Original Speed

INTRO:  WAIT-PICKUP NOTES & 1X (B'FLY-WALL - TRAILING FOOT FREE);  
THRU TO AN AIDA;  SWITCH-ROCK;  (TO LOD) SPOT TURN (HANDSHAKE);

PART A:  OPEN HIP TWIST TO FAN;;  ALEMANA (B'FLY);;  SHOULDER TO SHOULDER;  
SPOT TURN;  FENCeline-REC-POINT LOD;  FENCeline (GO TO OPEN);  PROG WALK 3;  
SLIDING DOOR 2X;;  CUCARACHA TO FACE;  FENCeline (LOD);  
FENCeline-REC-POINT LOD;

PART B:  OPEN BREAK;  SPOT TURN;  NY;  CRABWALK 3;  TWIRL VINE 3;  
TO A FENCeline;  FWD BASIC TO FAN;;  STOP & GO HOCKEY STICK;;  
HOCKEY STICK;;  TO A NY;  THRU TO AN AIDA;  SWITCH-ROCK;  FENCeline (LOD);

PART B (MOD):  OPEN BREAK;  SPOT TURN;  NY;  CRABWALK 3;  TWIRL VINE 3;  
TO A FENCeline;  FWD BASIC TO FAN;;  STOP & GO HOCKEY STICK;;  
HOCKEY STICK;;  TO A NY;  THRU TO AN AIDA;  SWITCH-ROCK;  CRABWALK 3 (LOD);

ENDING:  TWIRL VINE 3;  CRABWALK 3;  SIDE-DRAW-CLOSE;  FULL BASIC;;  NY;  
THRU TO AN AIDA - AND HOLD;