21st. PALMOUST ROUND-UP

AMOR AMOR

By EDDIE & AUDREY PALMOUST, El Toro, Ca.
RUMBA, PHASE VI
SUGGESTED TEMPO: 40

INTRODUCTION

1-6 OP FCG LOD WAIT 1 meas. NO HAND CONTACT WT ON M's L & W's R; SPOT TRN; NATL TOP TO RUDOLPH RONDE; HOLD FACE CLOSE PT (W behind/side, face, pt- ) OP FCG WALL; FAN;

1. OP fcg LOD arms at sides wt on M's L & W's R as music starts bring L arm up across body R arm back (W opposite);
2. (Spot Turn) Step R twd COH trn LF, Fwd L twd Wall trn LF, Side R twd wall join lead hds extend free arm to side;
QQS (Natl Top to Rudolph Ronde) Fwd L, Recov R blend CP, Side & Bk L; Trng RF XRIB of L, cont trn Side & Fwd L to face DRC CP, Fwd R between W's feet relax knee trn body to rt causing W to Ronde L leg CW- (W CP trn RF side L, XRIB of L, Side L Ronde R leg well off floor, -);
QQS Hold trn LF on R to face wall, close L nr R Point R RLOD- (W moving behind M XRIB of L releasing M's R W's L hds; Side L to M's Lt side, Fwd R twd Wall, swivel RF on R to face M QQS& Point L side RLOD- ) M's & W's R hds joined throughout;
6. (Fan) Bk R, Recov L, Side & Fwd R (W Fwd L DLC; Fwd R LOD Sharp LF trn, Bk L LOD, -) QQS

PART A

1-8 SLING SHOT; HALF CURL; W SPOT TRN START PIVOT; SYNC PIVOT TO 3/4 CURL TO WRAP; SWIVEL TO SPIRAL TO CHECKED ROPE SPIN TO WRAP FACE POINT; SPIRAL WRAP; FAN TO FACE (M face Wall Shake Hds)

1. (Sling Shot) Fan Pos M face Wall W RLOD Fwd L, Recov R (W close R to L, Fwd L, Strong step Fwd R sharp LF trn 3/4 with spiral action under M's L & W's R hds settle into R straight L leg points LOD, - ) M Small side L relax knee lunge line catch W on Lt shoulder blade with R hand lead hds joined at waist level M face Wall shape & look at pttnr, -;
2. (Half Curl) Back R, Recov L, Close R to 3/4 rt hand on W's diaphragm, -(W Fwd L, Fwd R sharp trn LF 3/4 (spiral action) - ) M stops W with R hand on her diaphragm, -;
QQS 3-4 (W Spot Turn to Sync Pivots) Small side L trn LF, XRIIF trn LF, slight dip bk on L DLW start RF Pivot (W Fwd R trn LF 3/8, Fwd L, Fwd R between M's feet start RF Pivot, -) cont RF spot pivot 3/4 to face DRW Fwd R/Bk L, Fwd R, Bk L slightly away from W HALF CURL W LF on her R (spiral action) to wrapped position both face DRW, - joined hands at W's L hip;
5-6 (Swivel to Spiral Checked Rope Spin to Swivel Face Point)Wrapped Pos DRW Fwd R, Hold QS (W Fwd L swivel 3/4 LF on L M's L & W's R hds joined at Waist level, Fwd R, Fwd L to M's rt side spiral RF full trn under joined hds; (Checked Rope Spin) Side L LOD small step, Recov R, Side LOD strong swivel LF 3/4 to face COH Point R twd LOD, - (W move behind M Fwd R, R LOD swivel RF on R Pt L LOD face pttnr, - ) NOTE: As W walks behind M joined hds pass over M's head & down to waist level for swivel point free arms extended twd LOD;
QQS 7 (Spiral Wrap) XRIIF of L take able hand hold, small side & Fwd L trn LF on L to face DRW, - (W XRIIF of R, Fwd R, SPIRAL LF on R to wrapped pos face DRW look at M, -);
8 (Fan to Face) Bk R, Recov L trn LF face Wall, changing to Rt to Rt handhold Side & Fwd R twd Wall, -(W Fwd L, Fwd R sharp trn LF 3/4 on R, Bk L twd Wall, -) OP facg M face Wall Rt hds joined;

PART B

1-8 BASIC TO FULL CURL; BK BASIC TO SIT LINE RECOVER TO ATTITUDE LINE; QUICK SIT LINE TO SWIVEL; LEFT ALEMANA TO HALF OPEN LOD; IN & OUT RUNS; SPOT TURN M FACE WALL;

1. (Full Curl) OP face Wall Rt hds joined Fwd L, Recov R bring joined hds straight up in front of face, Close L to R leading W to CURL 1 full trn LF on her R under joined R hds M places his L hd on W's Rt shoulder blade;
2-3 (BK BASIC TO SIT LINE & ATTITUDE LINE) M lifting joined hds over his head places W's Rt hand on his Lt sit shoulder. Step Bk R(with lt hand lead W Fwd L), Recov L place rt hand on W's diaphragm,Fwd R move W away with pressure from rt hand(W's rt hand slides down M's it arm to his L hand).-; Keeping most wt on R Fwd L partial wt straight leg with Lt arm move W Bk to SIT LINE on her R,Recov all wt to R, place both hds on W's hips small step bk L stand tall support W,(W Bk L in SIT LINE relax knee keep back straight L pt Fwd with straight leg,Recov Fwd L,Fwd R rising high onto ball of R foot place both hands on M's shoulders swing L thigh bk lower part of leg parallel to floor toe pointing down in ATTITUDE LINE,;-)

4. (Q Sit Line to swivel) Fwd R relax knee rise & hold,-(W Q BK L/Bk R to SIT LINE,Recov L, sharp swivel RF on L to face DLW,;-) M face Wall W's R arm in front of waist M's L W's R joined at W's left hip,W's free arm curved in front of body;

5. (Left Alemana) Side L LOD, Recov R, Side L to Half Open LOD,-(W Fwd R trn LF, brush L past QSS R,Fwd L trn LF,Fwd R to Half-Open face LOD,-)


8. (Spot Turn) Fwd R trn LF, Fwd L trn to face Wall & Ptnr, Side R to OP facing lead hds joined M face Wall,(-W opposite)

PART C

I-8 (Overturn Alemana M NATI TOP FACE RLOD; ADV HIP TWIST; W ROLLS OUT LF TO FENCING LINE RECOV POINT; W ROLLS IN LF TO FACE PNTN CARESS TO THROWAWAY OVERSWAY; OUT TO FAN)

1-2 (Overturn Alemana M Natl Top) OP Fcg lead hds joined M face Wall Fwd L,Recov R, Side L raise Lt hand palm to palm start W body trn to rt,-(W Bk R, Recov L, Side L & Fwd R shape body to rt,-) XRB of L trn RF, Side & Fwd L trn RF, Fwd R RLOD,-(W Fwd under joined QSS hds L,R trn RF, Side L twd COL to face LOD CP slightly to M's rt Side,-)

3-6QQ(Adv.Hip Twist) Fwd L RLOD trn body RF 1/8, Recov R, XLIB rt heel,-(W swivel on L trn RF, SS BK R LOD, Recov L trn LF, Fwd R Contra Bjo sharp RF trn on R to SCP RLOD,-)

4-5 (W Rolls to FENCING LINE Recov Point) M start W Fwd as he delays stepping Bk R small step releasing joined hds, recov L, join M's Rt hd to W's Lt step side & Fwd R RLOD body (QSS face DRW,-; Fwd L cross thighs in FENCING LINE,-; Recov R Pt L bk twd LOD,-) (W Roll LF RLOD L/R, L/side & Fwd R extend Lt arm bk to join M's Rt hand,-; Fwd L cross thighs ext rt arm fwd (Fencing Line),;-; Recov R Point L Bk twd LOD,;-

6-7 (W rolls to face) M slight pull on joined hds causing W to free roll LF twd him M remain on R(1QQ), take small side L as W comes to face commencing LF trn to THROWAWAY OVERSWAY,- (No hds W rolls LF L/R, L/Side R(S) to face ptnr bringing arms out, up & down side of M's face in a caressing action,-;)

7. (Throwaway Oversway) M trn LF on L putting W into Throwaway Oversway with rt arm loosely around W Lt arm up & slightly Fwd M face LOD R leg extended RLOD sway to rt,-; (W extends R arm over M's L forearm L arm off to side swivel LF on R extending L bk down LOD head it sway it in THROWAWAY OVERSWAY,;-)

8. (Out to Fan) M hold on L as he moves W Bk L,R, as W steps Bk L M close R to L Pt L now in QSS PAN POSITION W facing RLOD M facing DLW,-;

REPEAT: A,B,C,A,B,

TAG ENDING

OP FCG LEAD HDS JOINED M FACE WALL-OVERTRN ALEMANA TO IN LINE SAME FOOT LUNGE

1. Fwd L, Recov R, Clo p L to R,-; Bk R, Recov L, Clo p R near L change hds to R to R,-; Relax R

QSS knee in SAME FOOT LUNGE LINE body upright L arm up & out look at ptnr, - ; (W Bk R, QSS Recov L, Fwd R,; Trn RF under joined hds Fwd L R/R, Side & Fwd L RLOD/swivel RF on L to fac SS DLC change to R-hand hold,-; Bk R RLOD relax R knee L leg extended Fwd L arm up & out look at ptnr in SAME FOOT LUNGE LINE, ; - ;)

Eddie & Audrey Palmquist,
24271 Ursula Circle,
El Toro, Ca. 92630
(714) 586-1519