CHOREOGRAPHERS: Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: rounds-by-russ@comcast.net
MUSIC: MP3 Download Amazon.com “Almost Jamaica” Artist: TheBellamy Bros.
FOOTWORK: Opposite For Woman Except Where Noted
NOTE: May use [Option for/dlck/or – or – bk/lck/bk] where applicable
RHYTHM: CHA, CHA
DANCE LEVEL: Phase IV+2 (Opn Hip Twist & Dbl Cubans)
SPEED: 45 RPM
RELEASED: APRIL 2012
SEQUENCE: INTRO – A – B – C – B – INT #1 – A – B – INT #1 – C – B – INT #2 – B (MOD) - END

INTRO

1 – 4
IN OPN FCNG LOD WAIT LEAD NOTES & (2) MEAS;; CUCARACHA – BTFY; BK ½ BASIC – HND SHK;
(Cucaracha – Btty) Sd L, trng ¼ rt fc rcrv L, in plc L/R,L to BTFY/WALL;  (Bk ½ Basic – Hnd Shk) Bk R, rcrv L,
fwd R/clo L, fwd R to HND SHK/WALL;

PART A

1 – 8
OPN HIP TWST;  FAN;  ALEMANA FRM FAN;;  SHLDR TO SHLDR;  SPT TRN;  HND TO HND – TWICE;;
(Open Hip Twst) Fwd L, rcrv R, bk L/clo R, bk L;  (Woman trng ¾ rt fc bk R, trng ½ lft fc rcrv L, f wd R/clo L, fwd-swiv R ¼ rt fc to fc LOD)  (Fan) Bk R, rcrv L, in plc R/L,R to FAN POSITION;  (Woman fwd L, chng to lead hnds jn’d trng ½ lft fc sd & bk R, bk L/clo R, bk L);  (Alemana Frm Fan) Fwd L, rcrv R, in plc L/R,L;  rsng trail hnds crss B cross hnd, rcrv L, sd R/clo L, sd R to BTFY/WALL;  (Woman clo R to L, f wd L, f wd R/clo L, f wd R trng ¼ rt fc to fc Man; trng ½ rt fc undr lead hnds crss L in fnt, trng ½ rt fc rcrv R, sd L/clo R, sd L)  (Shldr To Shldr – Twice) Staying in BTFY/WALL cross L in fnt (Woman cross r hnds), rcrv R, sd L/clo R, sd L;  (Spt Trn) Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcrv L to BTFY/WALL, sd R/clo L, sd R;
(Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ lft fc bk L, trng ½ rt fc rcrv R to BTFY, sd L/clo R, sd L;  rsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcrv L to BTFY, sd R/clo L, sd R;

PART B

1 – 7
OPN BRK;  AIDA;  BK ½ BASIC;  CUCARACHA – BTFY;  OPN BRK;  UNDRARM TRN;  FNCLINE;
(Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcrv R to BTFY, sd L/clo R, sd L;  (Aida) Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rsng trail hnds & trng 5/8 rt fc bk L to “V” bk to bk position to fc RLOD, bk R/clo L, bk R;
(Bk ½ Basic) Bk L, rcrv R, fwd L/clo R, fwd L to LOPN/RLOD;  (Cucaracha – Btty) Sd R, trng ¼ lft fc rcrv L, in plc R/L,R to BTFY/WALL;  (Open Brk) Rlsng trail hnds bk L shooting rt arm up, rcrv R to BTFY, sd L/clo R, sd L;
(Undrarm Trn) Rlsng trail hnds crss R bnd, rcrv L to BTFY, sd R/clo L, sd R;  (Woman pvtng ½ lft fc on R undr lead hnds crss L in fnt, pvtng ½ rt fc rcrv R to BTFY, sd L/clo R, sd L;)  (Fncline) Staying in BTFY/WALL thru-lunge L, rcrv R, sd L/clo R, sd L;

8
SPT TRN – HND SHK;
(Spt Trn) Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcrv L to BTFY/WALL, sd R/clo L, sd R to HND SHK/WALL;

PART C

1 – 8
OPN HIP TWST;  FAN;  HCKYSTIK;;  RVS CRABWLK – TWICE;;  HND TO HND – TWICE;;
(Hnd To Hnd - Twice) Rlsng lead hnds trng ¼ rt fc bk L, trng ¼ rt fc rcrv R to BTFY, sd L/clo R, sd L;  rsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcrv L to BTFY, sd R/clo L, sd R;

REPEAT PART “B”

Continued On Page 2
ALMOST JAMAICA

INT #1

1–4
Shad. N-Yrkr – Twice; Cir Away -2 & Cha; Bk Tog -2 & Cha – Hnd Shk;

(Shad. N-Yrkr – Twice) Staying in HND SHK trng ¼ rt fc thru L touch hnd to Woman’s shldr, trng ¼ lt fc rcvr R, sd L/clo R, sd L; trng ¼ lt fc thru R Woman tch hnd to Man’s shldr, trng ¼ rt fc rcvr L to BTfy, sd R/clo L, sd R;

(Cir Away -2 & Cha) In OPN/LOD rlsng hnds trng 3/8 ft fc thru L touch lft hnd to Woman’s shldr, trng ¼ lt fc rcvr R, sd L/clo R, sd L;

(Bk Tog -2 & Cha - Btfy) Trng 3/8 ft fc fwd R, fwd L, fwd R/clo L, fwd R to HND SHK/WALL;

REPEAT PARTS “A” - “B” - “INT #1” - “C”

INT #2

1–4
Db1 Cubans; Fncline – Twice;

(Db1 Cubans) Staying in BTfy cross L in fnt/rcvr R, sd L/rcvr R, cross L in fnt/rcvr R, sd L; cross R in fnt/rcvr L, sd R/rcvr L, cross R in fnt/rcvr L, sd R;

(Fncline – Twice) Staying in BTfy/Wall thru-lunge L, rcvr R, sd L/clo R, sd L; thru-lunge R, rcvr L, sd R/clo L, sd R;

PART B (MOD)

1–8
Opn Brk; Aida; Bk ½ Basic; Cucaracha – Btfy; Opn Brk; Undrarm Trn; Fncline – Twice;

(Opn Brk) Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTfy, sd L/clo R, sd L;

(Aida) Cross trail hnds ovr lead hnds trng ¼ lt fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to “V” bk to bk position to fc R LOD, bk R/clo L, bk R;

(Bk ½ Basic) Bk L, rcvr R, fwd L/clo R, fwd L to LOPN/RLOD;

(Cucaracha – Btfy) Sd R, trng ¼ lt fc rcvr L, in plc R/L, R to BTfy/WALL;

(Open Brk) Rlsng tail hnds bk L shooting rt arm up, rcvr R to BTfy, sd L/clo R, sd L;

(Undrarm Trn) Rlsng trail hnds cross R bhnd, rcvr L to BTfy, sd R/clo L, sd R; (Woman pvtng ½ rt fc on R undr lead hnds cross L in fnt, pvtng ½ rt fc rcvr R to BTfy, sd L/clo R, sd L;)

(Fncline – Twice) Staying in BTfy/Wall thru-lunge L, rcvr R, sd L/clo R, sd L; thru-lunge R, rcvr L, sd R/clo L, sd R;

END

1–6
Chase Peek-A-Boo;;;; To Rvs Rumba Aida & Hold;;

(Chase Peek-A-Boo) Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L/clo R, fwd L; sd R look ovr rt shldr at Woman, rcvr L, in plc R/L, R; sd L look ovr rt shldr at Woman, rcvr R, in plc L/R, L; trng ½ rt fc sd R, rcvr L to BTfy/Wall, fwd R/clo L, fwd R;


(TO Rvs Rumba Aida & Hold) Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng lead hnds & trng 5/8 ft fc bk R to “V” bk to bk position, bk L to fc LOD; Hold;