

AL'S WALTZ

Choreo: Allemande Al & Martha Wolff, 1553 So. Carpenter Road, Brunswick, Ohio 44212-3887 (330) 225-2553
Record: Grenn 14074 Alabama Waltz (flip D'Lovely) Speed: 45 RPM or slower
Footwork: Opposite, except as directed (women's directions in parenthesis)
Rhythm: Ph II+2 WZ (Hover, Spin Turn) with Diamond Turns, Ph III+1 Sequence: Intro- A-A-A(1-31)-End

- Intro: 1-4:** **[BFLY/WALL ; ; Vin/Twirl 3 ; Thru Fc Clo [BFLY/WALL] ;**
1-4: wait ; wait ; Sd L, XRIBL ,sd L (W RF trn twrl LOD R,L,R) Thru R, Sd L, Cl R [BFLY/Wall] ;
- A: 1-4:** **Wz Awy ; Wrp ; Wz Fwd ; PU [CP/LOD] ;**
1-4: Sd L twd LOD & awy from ptrnr , Sd R, Cl L; short stps fwd R,L,R (W roll L,R,L to wrp pos) ; Fwd L,R,L; Fwd short stps R,L,R (W lg stp fwd L trng to fc ptrnr & RLOD, sd R,clo L) ;
- 5-8:** **2 L Trns [CP/WALL] ; ; Hover ; PU [SCAR/LOD] ;**
5-8: Fwd L comm trng LF 1/2 , Sd R contg LF trn to 3/8 , Cl L ; Bk R comm LF trn 1/2 , Sd L contg LF trn to 3/8 , Cl R ; [CP/Wall] ; Fwd L twds Wall, Sd R rising on toe, rec L [SCP/LOD] ; Fwd R trng to fc LOD, Sd L, Cl R (W lg stp fwd L trng to fc ptrnr & RLOD, Sd R, Cl L) [SCAR/LOD] ;
- 9-12:** **3 Prog Twkl ; ; ; Twkl to fc [CP/Wall] ;**
9-12: XLIFR/ DLW (W XRIBL) , Sd R twstg to BJO , Cl L ; XRIFL (W XLIBR) , Sd L twstg to SCAR , Cl R ; Repeat meas 9 Part A ; Thru R, Sd L & fc ptrnr, Cl R ;
- 13-16:** **Twsty Vin 3 ; Manuv ; 2 1/4 R Trns [CP/LOD] ; ;**
13-16: Sd L, XRIBL, Sd L (W Sd R, XLIFR, Sd R) ; Fwd R bet ptrnr's feet & trng to fc ptrnr & RLOD , Sd L, Cl R ; ; Bk L comm RF trn , Sd R cmpltg 1/4 RF trn, Cl L ; Fwd R comm RF trn, Sd L cmpltg 1/4 RF trn , Cl R ;
- 17-20:** **Diamond Trn {or L Trng Box} [CP/LOD] ; ; ; ;**
17-20: Fwd L trng 1/4 LF, Sd R, Bk L diag XIBR; Bk R trng 1/4 LF, Sd L, Fwd R diag XIFL ; Repeat meas 17-18 Part A ; ;
OPTIONAL L Trng Box =Fwd L trng 1/4 , Sd R, Cl L; Bk R trng 1/4, Sd L, Cl R; repeat ; ;
- 21-24:** **1 L Trn to fc RLOD ; Bkup Wz ; 2 R Trns [CP/Wall] ;**
21-24: Fwd L, trng 1/2 LF, Sd R, Cl L; Bk R, Bk L, Bk R ; Repeat meas 5-6 Part A ; ;
- 25-28:** **Dp Cent ; Manuv ; Spn Trn; 1/2 Bk Box ;**
25-28: Bk L, ext R leg & hold, - ; Repeat meas 14 Part A ; Bk L pivoting 1/2 to fc LOD; Fwd R bet ptrnr's feet, rec Bk L; Bk R ,Sd L, Cl R;
- 29-32:** **2 L Trns (BFLY) ; ; Vin /Twirl 3 ; {Thru fc Clo} {Drift Apt} ;**
29-32 Repeat meas 5-6 Part A ; ; Repeat meas 3-4 Intro ; ;
- End:** **3 time thru, substitute Drift apart for meas 32**
32: Bk L, extending lead hnd hold & ptg R twds ptrnr , - ;