

371 AFTER SWEET MEMORIES

Music : Jack Jersey – Cd.: Good for Gold – track # 15 – Time 2:44

Available by Choreographer

Rhythm : Rumba

Phase : IV + 1 + U (Sweetheart + Full Moon+ XBody to Tummy Check)

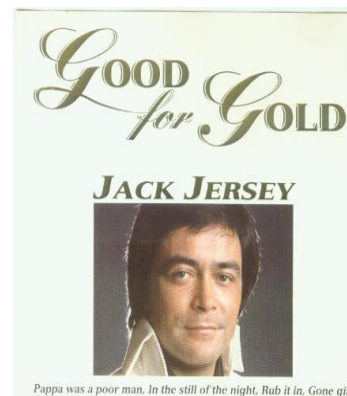
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Footwork: Opposite, except where noted.

Release Date : Sept.2011

SEQUENCE : INTRO AB BRIDGE AB END



INTRO

01-04 : WAIT 2 MEAS. BFLY WALL , LEAD FEET FREE ; ; FULL BASIC ; ; & HNDSHK

01-04 : Wait 2 Meas in BFLY Wall , Lead feet free ; ; [Basic & hndshk] Fwd L, rec R, sd L, - ; Bk R, rec L, sd R, - ; R-handshake

PART A

01-04 : TRADE PLACES x 2 ; ; TRADE PLACES/W INSIDE UNDER ARM TURN ; W TURN OUT to FC ;

01-04 : [Trade Places x 2] With R hnds jnd rk apt L, rec R trng ¼ RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L twd WALL (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R twd COH) joining L hnds,-; [With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R twd COH (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & WALL stepping sd & bk L twd WALL) joining R hnds,-; [Trade Places / W ins.UA Turn] Rk apt L, rec R comm to pass R shldr while trng ¼ RF and keeping R hnds jnd, cont to trn RF stepping sd L twd WALL (W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LFundr jnd R hnds to end almost fcd COH), - ; [W Out to Fc] Trng bdy RF to fc COH stp fwd twd COH R,L,R, (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L, -) - to BFLY COH ;

05-08 : NEW YORKER ; THRU SERPIENTE ; ; FENCE LINE ;

05-08 : [New Yorker] Thru L to OP LOD, rec R FC/PTR, sd L, - ; [Thru Serpiente] Thru R, sd L, XRIBL, Flair CCW ; XLIBR, sd R, XLIFR, flair CCW ; [Fence Line] Lun thru RLOD R, rec L, sd R, - ;

09-12 : START X-BODY to TUMMY CHECK and BACK ; ; ; FINISH X-BODY ;

09-12 : [Start Xbody to] Fwd L, rec R trng ¼ LF to RLOD, sd L, - (W Bk,R, rec L, fwd R, -) ; [Tummy Chk & Bk] (Stop the W w/ lead hand) Lunge sd R, rec L, cl R to L, - (W Both arms fwd fwd L, rec R, cl L, -) ; Lunge sd L, rec R, cl L to R, - (W Bk R, rec L, cl R, -) ; [Finish Xbody] Bk R, rec L trng ¼ LF to Fc prtn, sd R, - (W fwd L comm LF trn, fwd & sd R cont LF trn to COH, sd & bk L, -) to BFLY WALL ;

13-16 : AIDA to REV.; ROCK 2 & SWIVEL to FC ; SPOT TURN ; CUCARACHA/W TURN to VARS WALL ;

13-16 : [Aida to Rev.] Thru L RLOD, sd R trng LF (W RF), bk L end in V pos BK-TO-BK LOD, - ; [Rock 2 & Swvl to Fc] Rck R, rec & rck L, rec R swiveling RF to fc Prtn, - ; [Spot Trn] XLIFR trng ½ RF, rec R cont trng RF to fc ptr, sd R, - ; [Cucaracha/W Trn to Vars wall] Sd R, rec L, cl R (W Sd L, rec R Trng RF, cl L,-), - to VARS WALL ;

PART B

01-04 : FULL MOON SPECIES ; ; ; ;

01-04 : **[Fwd Basic W swivel for a Xbody to Varsou]** Fwd L, rec R Release Left Hands, sd & bk L trng LF ¼ to LOD (W Fwd R, rec L Release Left Hands, cl R swiveling RF to COH, -) ; **Bk R** trng LF, rec L cont LF trn to COH, fwd R (W fwd L, fwd R w/ spiral 7/8 LF, fwd L, -) to VARS/COH ; **Repeat** Meas 1 Part B to Man RLOD/W WALL ; **Repeat** meas 2 Part B to VARS/WALL ;

05-08 : FWD BASIC/ W HIP TWIST to a FAN ; ; HOKEY STICK ; ; HNDSHK

05-08 : **[Fwd Bas/W HipTwist to a Fan]** Fwd L, rec R, cl L, - (W Fwd R, rec L, cl R trng ¾ RF to LOD, -) ; **Bk R**, rec L, sd R (W fwd L to LOD, fwd R trng ½ LF to RLOD, bk L, -), - ; **[Hokey Stick & Hndshk]** Fwd L, rec R, cl L (W cl R, fwd L, fwd R, -), - ; **Bk R**, rec L, fwd R following W (W Fwd L, fwd R turning LF to fc partner, sd & bk L, -), - ; R-Hndshk

09-12 : FLIRT ; ; SWEETHEART/W to FC w/STACKED HNDS ; UNDER ARM TURN w/ HEADLOOPS ;

09-12 : **[Flirt]** R-Hndshk WALL fwd L, rec R, sd L leading W to trn LF, - (W bk R, fwd L, fwd R trng ½ LF) to VARS WALL ; **Bk R**, rec L, sd R leading W to slide in front, - (W bk L, rec R, sd L) end in L-VARS WALL ; **[Sweetheart/W to Fc w/Stackd hnds]** Releasing hands SHDW WALL XLIFR shaping twd ptr, rec R, join R-R hnds sd L (W XRIBL shaping twd ptr, rec L, sd & fwd R swiveling RF ½ to fc ptr, -), - Raising jnd R-R hands X & join L hnds low ; **[UndArm Turn w/Headloops]** Rec R bring R hnds down L hnds up, bringing L hnds over M's head rck sd L raising jnd R-R hnds over W's head, rck sd R, - (W fwd L trng RF under jnd R-R hnds, fwd R cont RF trn, fwd L cont RF trn under jnd R-R hnds, -) ;

13-16 : BREAK BACK TO ½ OP ; OP IN & OUT RUNS ; ; SPOT TURN OVERTRND to L HAND STAR ;

13-16 : **[Break Bk to ½ OP]** Releasing all hands but leaving M's R & W's L arm on ptr's shdr cont LF (W RF) trn to fc LOD bk L, lowering arms to ptr's bk rec R, fwd L, - to ½-OP ; **[OP In & Out Runs]** Fwd R comm RF trn to fc ptr, cont RF trn fwd L to fc LOD, fwd R, - (W fwd L, R, L, -) to L-1/2 OP ; **Fwd L**, R, L, - (W fwd R comm RF trn to fc ptr, trng RF fwd L to fc LOD, fwd R, -) to ½ OP LOD ; **[Spot Turn overtrnd to L.Hand Star]** XRIFL trng ½ LF, rec L cont trng LF to RLOD, sd & fwd R, - end L-HAND STAR ;

BRIDGE

01-04 : UMBRELLA TURN ; ; ; ; R-HNDSHK

01-04 : **[Umbrella Turn & hndshk]** Rk fwd L rld, rec R, bk L, - (W LH star rk bk R, rec L, fwd R trn ½ LF rld) ; Rk bk R, rec L, fwd R, - fc rld (W rk bk L, rec R, fwd L trn ½ RF to LOD) ; Repeat Meas 1 Part BRIDGE ; Rk bk R, Rec L w/ LF trn to Fc, sd R (W rk bk L, rec R fwd L w/ RF trn to fc, sd L, -), - to WALL ; R-handshk

ENDING

01-04 : UMBRELLA TURN ; ; ; - END to a R-LUNGE ;

01-04 : **[Umbrella Turn]** Repeat Meas 1,2,3 Part BRIDGE ; ; ; **[End to a R-Lunge]** Bk R, rec L trng LF to fc prtn, (W bk L, fwd R trng RF to Fc Prtn, sd L) flexing L knee sd & fwd R keeping L side in toward ptr flexing R knee making slight body turn to look at ptr, - ;