

# A TIME FOR US

Composers: Takao & Setsuko Ito

4-2-43 Honcho Odawarashi Kanagawaken 250-0012 Japan

Record : "A Time For Us" Available from choreographer on Special CD

Rhythm : Waltz(ph +2) Speed : As on CD Date : April 2006 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)

Sequence : Intro - A - B - A - B - Amod - Ending



## Meas

### INTRO

#### 1 ~ 8 OP-FC/COH Wait 2Meas;; (OP)Apt Cross Pt; Roll Across(LOP); Thru Twinkle; Thru Sd Bhind; Spin Cl; Sd Canter(CP/Wall);

- 1- 2 OP-Fc fc coh trail hand joined lead foot free for both wait 2 meas;;  
 1-- 3 (Apt Pt) Commence LF trn Sd L twd wall(W sd R twd coh) OP/RLOD, cross pt R front  
       of L,-;  
 4 (Roll Across) Sd & fwd L commence RF roll twd coh, cont RF roll sd R, cont roll  
       sd L LOP/RLOD;  
 5 (Thru Twinkle) Fwd L commence LF trn, cont LF trn sd R, cl L to R op fc LOD;  
 6 (Thru Sd XRB) Thru R commence RF trn, cont RF trn sd L, XRB of L;  
 12 7 (Spin Cl) Sd L spin LF full trn, cl R fc partner and wall,-;  
 1-3 8 (Sd Canter) Sd L, draw R to L, cl R CP/Wall;

## Meas

### PART A

#### 1 ~ 12 Whisk; Thru Chasse Bjo; Fwd Fwd/Lk Fwd; Manuv; Op Impetus; Wing to Scar; Op Telemark; Hover Fallaway; Slip Pivot Bjo; Manuv; Spin Turn; Box Finish;

- 1 (Whisk) Fwd L, sd R, XLIB of R SCP/LOD;  
 12&3 2 (Thru Chasse Bjo) Thru R commence LF trn, sd L/cl R, sd & fwd L to contra Bjo/DW;  
 12&3 3 (Fwd Fwd/Lk Fwd) Fwd R, fwd L/XRB of L, fwd L;  
 4 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RLOD;  
 5 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/DC fwd L(W fwd  
       R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);  
 1-- 6 (Wing) Fwd R, draw L to R, tch L to R(W across front of M fwd L commence LF trn,  
       cont LF trn fwd R, cont LF trn fwd L)SCAR/DC;  
 (123) 7 (OP Telemark) Fwd L commence LF trn, sd R cont LF trn, sd & slightly fwd L to  
       end SCP/DW(W bk R commence LF trn bring L beside R with no weight, cont LF trn  
       on R heel and change weight to L, sd & fwd R);  
 8 (Hover Fallaway) Fwd R, fwd L, rec R;  
 9 (Slip Pivot Bjo) Bk L, bk R, rec fwd L(W bk R, swivl LF on R fwd L, rec bk R) bjo  
       fc DW;  
 10 (Manuv) Fwd R(W bk L)commence RF trn, cont RF trn sd L, cl R CP/RLOD;  
 11 (Spin Trn) Bk L pivot 1/2 RF, fwd R between woman's feet heel to toe cont RF trn  
       fc DW, sd & bk L(W fwd R between man's feet heel to toe pivot 1/2 RF, bk L cont  
       RF trn brush R to L, sd & fwd R);  
 12 (Box Finish) Blend cp bk R commence LF trn, cont LF trn sd L, cl R fc DC;

## Meas

### PART B

#### 1 ~ 8 Diamond Turn;;; Turn L & R Chasse Bjo; Bk Bk/Lk Bk; Op Impetus; Thru Fc Cl; Sd Canter;

- 1- 4 (Diamond Trn) Fwd L commence LF trn, sd R cont LF trn, bk L to Bjo/RDC; Bk R cont  
       LF trn, sd L cont LF trn, fwd R to Bjo/RDW;  
       Fwd L cont LF trn, sd R cont LF trn, bk L to Bjo/DW; Bk R cont LF trn, sd L cont  
       LF trn, fwd R to Bjo/DC;  
 12&3 5 (Trn L & R Chsse) Fwd L LF trn fc COH, sd R/cl L, sd R LF trn fc RLOD;  
 12&3 6 (Bk Bk/Lk Bk) Bk L, bk R/XLIF of R, bk R;

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- 7 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/LOD fwd L(W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);  
8 (Thru Fc Cl) Thru R, sd L fc partner and wall, cl R to L;  
9 (Sd Canter) Sd L, draw R to L, Cl R;

**Meas**

**PART A mod**

- 1 ~ 12 Whisk; Thru Chasse Bjo; Fwd Fwd/Lk Fwd; Manuv; Op Impetus; Wing to Scar; Op Telemark; Hover Fallaway; Slip Pivot Bjo; Manuv; Op Impetus; Thru Fc Cl;**

1-10 Repeat meas. 1-10 part A;;;;;;;

11 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), SCP/LOD fwd L(W fwd R heel to toe pivot 1/2 RF, sd & fwd L cont RF trn around man brush R to L, fwd R);

12 (Thru Fc Cl) Thru R, sd L fc partner and wall, cl R to L;

**Meas**

**ENDING**

- 1 ~ 2+ Sd Canter; Dip Bk & Twist;**

- 12     1 (Sd Canter) Sd L, draw R to L, Cl R;  
      2 (Dip Bk) Bk L relax L knee, -, -;  
      + (Twist) Body trn slightly LF