A NEW DAY

Music: Ernesto Cortazar
Amazone.com Cd Faces of Nature
Track # 10 time 3:41 Intro edited by jos Slow down w/ 10 % Available from choreographer

Rhythm: Slow Two Step Phase: V+U (Horse Shoe Turn + The Square Trav.R Turn w/ Outsd Roll + Ronde Lariat)

Footwork: Opposite, except where (Noted)
Release Date: Jan 2014
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Sequence: INTRO AB ABC ABC(1-14) END

INTRO

01-04 LOOSE CP WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ;
{Wait} Loose CP WALL ld ft free wait 4 meas ; ; ;

PART A

01-02 FULL BASIC to PU in LOW BFLY ; ;
{Full Basic to PU} Sd L, -, XRib (W XLib), rec L ; Sd R, -, XLib (W XRib), rec R (W sd L, -, XRib, rec L starting to fold in frt of M) to picking-up in Low Bfly ;

03-06 TRAVELING CROSS CHASSE 4 TIMES ; ; - END FCG WALL ;
{Trav X-Chasse x 4 end to BFLY} Joining both hands low Fwd L trng LF, -, with rt side leading sd R, XLib (W bk R trng lt, -, with if side leading sd L, XRib) to DLC ; Fwd R trng RF, -, with if side leading sd L, XRib (W bk L trng rt, -, with rt side leading sd R, XRib) to DLW ; Repeat meas 3,4 Part A end to BFLY WALL ; ;

07-08 LUNGE BASIC TWICE ; ;
{Lunge Basic x 2} Sd L, -, rec R, XLib (W XRib) ; Sd R, -, rec L, XRib to BFLY WALL ;

09-12 DBL HNDHOLD UNDERARM TURN to STACKED HANDS ; OPEN BREAK ; CHANGE SIDES / W UNDRM TURN ; BASIC END to PU ;
{Db1 Handhold Undrm Trn} [With both hands joined above lady's head ] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L Stacked Lft over rt hands (W fwd R, -, fwd L rf trng under dbl hd hold, fwd R stacked hands L over R ) fcg ptr to WALL ;
{Stacked Hnds Open Break} With stacked hnds Sd R, -, rk apt L, rec R ; {Change Sides / W Underarm} Fwd L to COH chg sds CW lead W trn under stacked hds, -, sd R, XLib (W fwd R to WALL TF trn under stacked hds chg sds, -, sd L, XRib) to Loose CP COH ; {Basic Ending to PU} Sd R, -, XLib (W XRib), rec R (W starting to fold in frt of M to picking-up)

13-16 TRIPLE TRAVELER to RLOD ; ; ; BASIC ENDING to MANUVER ;
{Triple Traveler to RLOD} Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLib (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOD ; Fwd R spiral LF undr jnd hnds, - sfwd L, fwwd R (W fwwd L, -, fwwd R, fwwd L) ; Fwd L bring jnd hnds dwon & bk in cont circ motion to ld W into RF trn, -, fwwd & sd R to fc ptr, XLib (W fwwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwwd R comp Roll to fc ptr) ; {Basic Ending to Manuever} Sd R, -, XLib (XRib), rec R starting to fold in frt of W

PART B

01-04 TRAVELING RIGHT TURN w/ OUTSIDE ROLL to BFLY WALL ; ; UNDERARM TURN to a RONDE LARIAT ; ;
{Traveling Right Turn w/ Outsd Roll} Cont trn RF crossing IF of W sd & bk L to fc RLOD, -, XRib, twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (W fwwd R btwn M's ft, -, fwwd L, R around M RF) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRib (W Sd & bk L comm trn RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L) end in BFLY WALL ; {Undrm Trn} Sd L, -, bk R, rec L (W sd R, -, fwwd & across L trng RF under joined R hands, fwwd R cont RF trn to fc M) to Loose CP ; {Ronde Lariat} Release trail hnds fwwd & sd R between W's feet trng upper body RF to lead W to ronde CW, -, swivel LF on R under raised jnd lead hnds to OP LOD, hold (W sd L, ronde R CW, -, XRib, sd & fwwd L to fc LOD) ;
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05-08 OUTSIDE ROLL to BFLY COH ; HORSE SHOE TURN ; BASIC ENDING to Loose CP WALL;

{Outsid Roll} Comm trn LF bk L, sd R, XRIf cont trn (W fwd R comm roll RF under jnd lead hnds, - , bk L cont roll, fwd R comp Roll to fc ptr) to BFLY COH ; {Horse Shoe Trn} Relg trn hnds Sd & fwd R to L-OP LOD, - , cont trn thru L to V position LOD, rec R to V pos & raise ld hnds ; LF ½ circ fwd L, - , R, L (W RF ½ circ undr jnd hnds fwd R, - , L, R) to Loose CP WALL ; {Basic Ending to Loose CP WALL} Sd R, - , XLIf (W XRIf), rec R to Loose CP WALL ;

PART C

01-04 SOLO TURN to BACK to BACK & FACE to FACE ; OPEN BASICS ;

{Solo Turn to Bk to Bk & Fc to Fc} Release both hnds & Every pass to LOD Sd & fwd L start LF trn, - , sd R cont LF trn to fcg COH, XLIf (W sd R & fwd start RF trn, - , cont RF to fcg WALL, XRIf) to Bk to Bk Pos ; Sd & bk R cont LF trn, - , sd L cont LF trn to WALL, XRIf (W sd & bk L cont RF trn, - , sd R cont RF trn to COH, XRIf) to Fc to Fc Pos WALL ; {Open Basics} Sd L trng to ½ LOP RLOD, - , XRIf (W XLIf), rec L trng to Fc ; Sd R trng to ½ OP LOD, - , XLIf (W XRIf), rec R starting to fold in frt of W ;

05-08 M SWITCH ; BOTH SPIRAL IN & RUN 2 ; FORWARD & RUN 2 ; LADY SWITCH to BFLY ;

{M Switch} Sd L Xg in frt of W to ½ LOP, - , fwd R, fwd L (W fwd R, - , fwd L, fwd R) ; {Both Spiral IN & Run 2} Release folded ld arms fwd R spiral 1 full trn, - , fwd L,R ; {Fwd & Run 2} Blend to ½ OP LOD fwd L, - , R,L (W manuv in frt of M) ; {Lady Switch to BFLY} Fwd R, - , fwd L to ½ OP LOD, fwd R (W sd L Xg in frt of M, fwd R to ½ OP, fwd L) trn to BFLY WALL ;

09-12 SOLO TURN to BACK to BACK & FACE to FACE ; OPEN BASICS ;

{Solo Turn to Bk to Bk & Fc to Fc} Repeat meas 1,2 Part C ; ; {Op Basics} Repeat meas 3,4 Part C ; ;

13-16 THE SQUARE ; OPEN BASICS ;

{The Square} [Like a switch] M Xf of W sd L, - , trng RF to step sd R twd COH in L ½ OP, XLIf (W fwd R, - , sd L twd COH, XRIf starting to Xf of M) ; Fwd R, - , sd L twd RLOD, XRIf starting to Xf of W (W [like a switch] Xf of M sd L, - , trng RF to step sd R twd RLOD in ½ OP, XLIf) ; [Like a switch] M Xf of W sd L, - , trng RF to step sd R twd WALL in L ½ OP, XLIf (W fwd R, - , sd L twd WALL, XRIf starting to Xf of M) ; Fwd R, - , sd L twd LOD, XRIf (W [like a switch] Xf of M sd L, - , trng RF to step sd R twd LOD in ½ OP, XLIf to loose CP WALL) ;

ENDING

01-04 FORWARD to FCG PTR & HOLD ; BASIC ENDING to PU ; LEFT TURN to BFLY ;

{Fwd to fcg Ptr & Hold} Fwd L trng to fc ptr, - , point R, - , hold ; {Basic Ending to PU} Repeat meas 16 Part A (W sd L, - , XRIf, rec L starting to fold in frt of M to picking-up) ; {Left Turn to BFLY} Fwd L comm LF trn, - , sd R compg ¼ LF trn, XLIf (W bk R comm LF trn, - , sd L trng LF, contg LF trn sd R) to BFLY COH ; {Reverse Underarm trn & Wrap to LOD} Sd R, - , XLIf leading bring leading hnds over W’s head to wrap pos, rec R trn LF (W sd L, - , XRIf trng LF undr jnd lead hnds to wrap pos, rec L cont LF trn) to WRAP POS LOD ;

05-08 SWEETHEART RUN ; UNWRAP the LADY ; LUNGE BASIC ; REVERSE UNDERARM to WRAP LOD & HOLD ;

{Sweeheart Run} Fwd L, - , fwd R,L ; {Unwrap the Lady} Fwd R, - , fwd L leading W to unwrap LF w/jnd lead hnds, XLIf (W fwd L, - , fwd & sd R trng ¼ LF w/jnd ld hnds, XLIf) to BFLY WALL ; {Lunge Basic} Repeat meas 7 Part A ; {Reverse Underarm trn & Wrap to LOD} Repeat meas 4 Ending & Hold ;