

A HARD DAY'S NIGHT

Doug and Cheryel Byrd

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MUSIC: "A Hard Day's Night", The Beatles, mp3 album "A Hard Day's Night," track #1, EMI Records Ltd; download available at www.iTunes.com
FOOTWORK: Opposite except where indicated Time: 2:33 @ Original Speed
RHYTHM: Two Step RAL Phase III Degree of Difficulty: Diff
SEQUENCE: INTRO – A – A (MOD) – B – A (1-11) – BRG – C – INTLD – B – A (1-11) – BRG – ENDING

MEAS:

INTRODUCTION

1 BACK TO BACK POS w/TRAIL FT HOOKED IFO LEAD FT WAIT 2 SECONDS UNWIND TO CP WALL;

1 BK-BK M fcg COH bth w/trl ft hkd ifo ld ft wt 2 seconds leaving ft in place rotate bdy CCW (W CW) to uncross legs & xfer wgt to trl ft ending CP WALL ;

PART A

1-4 TRAVELING BOX;;;;

1-2 Sd L, cl R, fwd L raising ld hnd, - ; trng to RLOD wlk fwd R, - , fwd L, - (W trn LF undr jnd ld hnds fwd L, - , fwd R blending to CP, -);

3-4 Blending to CP sd R, cl L, bk R, - ; blend to SCP wlk fwd L, - , fwd R, - ;

5-8 SCOOT 4; WALK 2 [OPTION: SHOUT ON 2nd STEP]; SIDE TWO STEP APART & TOGETHER;;

5-6 Fwd L, cl R, fwd L, cl R ; fwd L, - , fwd R, - ;

7-8 Sd apt L, cl R, sd L, - ; sd R, cl L, sd R to BFLY WALL, - ;

9-12 SUSIE Q;; HITCH APART; CHANGE SIDES TO FACE;

9-10 XL (W XR) thru to L heel swvlg on R toe, sd R swvlg on L heel, XL (W XR) thru to left heel swvlg on R toe, flr R CCW (W flr L CW) to fc ptr ; XR (W XL) thru to R heel swvlg on L toe, sd L swvlg on R heel, XR (W XL) thru to R heel swvlg on L toe, - ;

11-12 Bk L, cl R, fwd L, - ; raise jnd trl hnds to ld W undr & trav in a RF curve arnd W fwd R, cl L, fwd R to CP COH, - ;

PART A (MOD)

1-4 TRAVELING BOX;;;;

5-8 SCOOT 4; WALK 2 [OPTION: SHOUT ON 2nd STEP]; SIDE TWO STEP APART & TOGETHER;;

9-12 SUSIE Q;; HITCH APART; CHANGE SIDES TO SCP LOD;

Beginning CP COH repeat Part A ending in SCP LOD

PART B

1-4 POINT STEP 2X; HITCH 4; SLOW VINE 4;;

1-2 Pt fwd L w/outsd edge of ft in contact w/floor, sm fwd L, pt fwd R w/outsd edge of ft in contact w/floor, sm fwd R ; fwd L, cl R, bk L, cl R blending to CP WALL ;

3-4 Sd L, - , XRib (W XLib), - ; sd L, - , XRib (W XLib) blending to SCP LOD, - ;

5-8 POINT STEP 2X; HITCH 4; WALK MANEUVER; PIVOT 2;

5-6 Repeat meas 1-2 Part B

7-8 Fwd L, - , fwd R comm RF upper bdy trn & comp RF trn to CP RLOD, - (W fwd R, - , sm stp fwd L, -) ; w/soft or flexed knees thruout comm RF upper bdy trn bk L toe trng on ball of ft approx ½ RF, - , fwd R between W's feet heel to toe cont RF trn to end in CP WALL, - (W comm RF upper bdy trn fwd R between M's feet heel to toe trng approx ½ RF, - , bk L toe trng on ball of foot cont RF trn, -) ;

PART A (1-11)

1-4 TRAVELING BOX;;;;

5-8 SCOOT 4; WALK 2 [OPTION: SHOUT ON 2nd STEP]; SIDE TWO STEP APART & TOGETHER;;

9-11 SUSIE Q;; HITCH APART;

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BRIDGE

- 1** **SPOT SPIN TO BFLY;**
1 Comm RF (W LF) spn by swvlg before taking wgt on R near L, swvl on R before taking wgt on L near R, swvl on L before taking wgt on R near L to BFLY WALL, - ;

PART C*

- 1-4** **LIMP; FRONT LIMP; SOLO ROLL 4; SIDE TWO STEP [CK];**
1-2 Sd L, XLib (W XLib), sd L, XLib (W XLib) ; sd L, XRif (W XLif), sd L, XRif (W XLif) ;
3-4 Sd L trn ¼ LF (W RF), fwd R trn ¼ LF, bk L trn ¼ LF, bk R trn ¼ LF ; sd L, cl R, sd L ckg motion, - ;
- 5-8** **LIMP; FRONT LIMP; SOLO ROLL 4; SIDE TWO STEP;**
5-6 Sd R, XLib (W XLib), sd R, XLib (W XLib) ; sd R, XLif (W XRif), sd R, XLif (W XRif) ;
7-8 Sd R trn ¼ RF (W LF), fwd L trn ¼ RF, bk R trn ¼ RF, bk L trn ¼ RF ; sd R, cl L, sd R to BFLY WALL, - ;
*[OPTION: During LIMP & FRNT LIMP, snap fingers on stps 2 & 4]

INTERLUDE

- 1-3** **SUSIE Q;; HITCH APART;**
Repeat meas 9-11 Part A
- 4** **SCISSORS THROUGH TO SCP;**
4 Sd R, cl L, XRif (W XLif) of L to SCP LOD, - ;

PART B

- 1-4** **POINT STEP 2X; HITCH 4; SLOW VINE 4;;**
5-8 **POINT STEP 2X; HITCH 4; WALK MANEUVER; PIVOT 2;**

PART A (1-11)

- 1-4** **TRAVELING BOX;;;**
5-8 **SCOOT 4; WALK 2 [OPTION: SHOUT ON 2nd STEP]; SIDE TWO STEP APART & TOGETHER;;**
9-11 **SUSIE Q;; HITCH APART;**

BRIDGE

- 1** **SPOT SPIN TO BFLY;**

ENDING

- 1-3** **FACE TO FACE & BACK TO BACK TO OP;; WALK FACE;**
1-2 Sd L, cl R, sd L trng ½ LF (W RF) to BK-BK POS, - ; sd R, cl L, sd R trng ¼ RF (W LF) to OP LOD, - ;
3 Fwd L, - , fwd R blend to BFLY WALL, - ;
- 4-7** **SLOW VINE 4 TO SCP;; SLOW LUNGE; TWIST;**
4-5 Sd L, - , XLib (W XLib), - ; sd L, - , XRif (W XLif) to SCP LOD, - ;
6-7 Slo swd L, - , bending knee & ckg motion, - ; trn upper bdy to fc RLOD w/out chgg wgt, - , - , - ;

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HD Cues

SEQ: INTRO – A – A (MOD) – B – A (1-11) – BRG – C – INTLD – B – A (1-11) – BRG – ENDING

INTRO: BK-BK POS w/TRL FT HKD IFO LD FT WT 2 SECONDS UNWIND CP;

PART A: TRAV BOX;;;;
SCOOT 4; WLK 2; SD TS APT & TOG;;
SUSIE Q;; HTCH APT; CHG SD FC;

PART A: TRAV BOX;;;;
(MOD) SCOOT 4; WLK 2; SD TS APT & TOG;;
SUSIE Q;; HTCH APT; CHG SD SCP;

PART B: PT STP 2X; HTCH 4; SLO VIN 4;;
PT STP 2X; HTCH 4; WLK MANUV; PVT 2;

PART A: TRAV BOX;;;;
(1-11) SCOOT 4; WLK 2; SD TS APT & TOG;;
SUSIE Q;; HTCH APT;

BRG: SPN TO BFLY;

PART C: LIMP; FRNT LIMP; SOLO ROLL 4; SD TS [CK];
LIMP; FRNT LIMP; SOLO ROLL 4; SD TS;

INTLD: SUSIE Q;; HTCH APT; SCIS THRU SCP;

PART B: PT STP 2X; HTCH 4; SLO VIN 4;;
PT STP 2X; HTCH 4; WLK MANUV; PVT 2;

PART A: TRAV BOX;;;;
(1-11) SCOOT 4; WLK 2; SD TS APT & TOG;;
SUSIE Q;; HTCH APT;

BRG: SPN TO BFLY;

ENDING: FC-FC & BK-BK OP;; WLK FC;
SLO VIN 4 SCP;; SLO LUN; TWST;