A Celtic Melody

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Music: “Stage & Screen” CD or Record STAR # 234  flip: “Axel Samba” Available from Palomino Records

Rhythm: Waltz  RAL Phase: V+1[outsd spin & twist]  Speed: slow for comfort

Footwork: Opposite, except where noted for woman in parentheses  Timing: 1,2,3 or as noted in left margin


INTRODUCTION

1-4  WAIT ; OFFER LEAD HAND; JOIN LD HNDS, STEP TOG, TCH; SD HOVER SCP;
1  fcf WALL ld ft free no hnds jnd, wait 1meas;
2  {offer your hnd} offer your lead hnd to ptr, -, -;
3  {take hnd, tog, tch} accept ptr’s hnd (W join ld hnds), fwd L, tch R; CP/WALL
4  {sd hover scp} sd R, rise slightly trng to scp w/hovering action, sd & fwd L; SCP/DLC

PART A

1-4  WEAVE to SCP;; THRU SD CLOSE ; WHISK ;
1  {weave} Fwd R, comm. LF trn fwd L to CP, cont trn sd & bk R to DLC;
2  bk L to CBMP, trng LF bk R to CP/DLW, trng to scp sd & fwd L; SCP/DLW
3  {thru sd cl} thru R, sd L, cl R; CP/WALL
4  {whisk} fwd L, sd R, XL in bk of R; (W bk R, sd L, XRIB of L trn slightly RF; SCP/LOD

5-8  SYNCO WHISK; CURVED FEATHER; OUTSD CHG to SCP; WHIPLASH to BJO;
1&2 5  {synco whisk} thru R/cl L to R in CP, sd R, XL in bk of R; SCP/LOD
3  {curved feather} fwd R in CBMP comm. RF trn, cont trn sd & fwd L outsdt ptr, fwd R; CBMP/DRW
(W fwd L comm. RF trn, sd & bk R cont trn, bk L;)
7  {outsd chg scp} bk L, comm. LF trn bk R, cont trn sd & fwd L; SCP/LOD
8  {whiplash} thru R, trng RF (W LF) start drawing L toe in an arc to pt to LOD, cont trng; CBMP/DLW

9-12  QK OUTSD CHK; BK HOVER SCP; THRU SCP CHASSE; CHAIR & SLIP;
1&23 9  {qk outsdt chk} bk L/bk R w/slight LF trn, sd L, fwd R outsdt ptr; CBMP/DLC
10  {bk hover scp} bk L, hovering to CP bk R, trn to scp sd & fwd L; SCP/LOD;
12&3 11  {thru scp chasse} thru R, sd & fwd L/cl R, sd & fwd L; SCP/LOD
12  {chair & slip} chk thru R w/lunge action, rec L w/no rise, slip R beh L w/LF trn; CP/DLC
(W chk thru L, rec R w/no rise, swivel LF on R & fwd L to CP;)

13-16  OP TELEMARK; IN & OUT RUNS; SLOW SD LOCK;
13  {op telemark} Fwd L comm. LF trn, cont trn sd R arnd ptr, sd & fwd L; SCP/DLW
(W bk R comm. LF trn bring L besd R no wgt, cont trn on R heel rise & chg wgt to L, sd & fwd R;)
14  {in & out runs} Fwd R comm. RF trn, sd & bk L to CP/RLOD, bk R w/rt sd lead to CBMP; fc DRC
(fwd L, fwd R betw M’s ft, fwd L in CBMP;
15  Bk L trng RF, cont trn sd & fwd R betw W’s ft, fwd L; SCP/LOD
(W comm, RF trn fwd R, cont trn fwd & sd L arnd ptr, fwd R);
16  {slo sd lk} Thu R , let W fold in frt fwd & sd L to CP, XR in bk of L trn slightly LF; CP/DLC
(W thru L comm. LF trn, cont trng bk & sd R to CP, XLIF of R; )
PART B

1-4 DIAMOND TRN:::;
   1 {diam trn} fwd L comm. LF trn, cont trn sd R, bk L; CBJO/DRC
   2 bk R comm. LF trn, cont trn sd L, fwd R; CBJO/DRW
   3 fwd L comm. LF trn, cont trn sd R, bk L; CBJO/DLW
   4 bk R comm. LF trn, cont trn sd L, fwd R; CBJO/DLC

5-8 OP TELEMARK; CROSS PIVOT to SCAR; CL TELEMARK to BJO; FWD TIPPLE CHASSE;
   5 repeat meas 13 PART A;
   6 {x pivot to scar} fwd R comm. RF trn, cont trn sd L, cont trn fwd R; SCAR/DLC
   (W fwd L comm. RF, fwd R betw ptr’s ft pivoting ½ RF, sd & bk L;)
   7 {cl telemark} fwd L comm. LF trn, cont trn sd R armd ptr, cont trn sd & fwd L; BJO/DLW
   (W bk R comm.. LF trn bring L besd R no wgt, cont trn on R heel rise & chg wgt to L, sd & bk R;)
   12&3 8 {fwd tipple chasse} comm. RF trn fwd R, cont trn sd L/cl R, cont trn sd & bk L; CP/DRW
   (W comm. RF trn bk L, cont trn sd R/cl L, cont trn sd & fwd R;)

9-12 BK RIPPLE CHASSE to SCP/LC ; WEAVE to SCP;; FWD PU DLC :
   12&3 9 {bk ripple chasse scp} bk R comm. trng LF, cont trn sd L/cl R w/lt sd stretch, lose sway sd & fwd L;
   (W fwd L comm. trng LF, cont trn sd R/cl L w/rt sd stretch, straighten body sd & fwd R;) SCP/DLC
   10-11 repeat meas 1-2 PART A;;
   12 {fwd pu} thru R, trng LF sm sd & fwd L bringing ptr to CP, cl R; CP/DLC
   (W thru L comm. LF trn bk & sd R folding in frnt of ptr, cl L;)

13-16 CONTRA CHK & SWITCH; CURVED FEATHER; BK PASSING CHG; BK CHASSE BJO;
   13 {contra chk, switch} comm.upper body LF trn on flexed R knee chk fwd L w/rt sd lead, rec R trng RF,
   cont trn bk L; CP/RLOD
   (W lower on flexed L knee bk R w/lt sd lead, rec L trng RF, cont trn bk R;)
   14 repeat meas 6 PART A; CBMP/RLOD (W bk L comm. RF trn, sd & bk R cont trn, bk L;)
   15 {bk passing chg} bk L, bk R , bk L; CBJO/RLOD
   12&3 16 {bk chasse bjo} bk R comm. trng LF, cont trn sd L/cl R, sd & fwd L; CBJO/DLW

PART C

1-4 MANUV: OVER/SPIN TRN; BK CHASSE SCP; OP NAT’L;
   1 {manuv} fwd R comm. RF trn, cont trn w/lt sd stretch sd L, cl R; CP/RLOD
   2 {o/spin trn} comm. RF upper body trn bk L toeing in pivoting ½ RF, cont trn fwd R betw ptr’s ft
   trng RF, rec sd & bk L; CP/DRW
   (W comm. RF upper body trn fwd R betw ptr’s ft pivoting ½ RF, cont trn bk L toe, sd & fwd R;)
   12&3 3 {bk chasse scp} bk L comm. trng LF, cont trn sd R/cl L, trn to scp sd & fwd R; SCP/DLW
   4 {op nat’l} comm. RF trn fwd R, cont trn w/lt sd stretch sd L across LOD, cont trn bk R; CBMP/DRC
   (W fwd L, sd & fwd R, fwd L outsd ptr in CBMP;)

5-8 BK TRNG WHISK; WING; OP TELEMARK; THRU CHASSE BJO;
   4 {bk trng whisk} bk L comm.RF trn, sd R cont strong upper body RF trn, XL in bk of R; SCP/DLC
   (W fwd R comm. RF trn armd ptr, sd L cont trn w/lt sd stretch, XR in bk of L;)
   5 {wing} thru R, comm. LF upper body trn no wgt chg, cont trn draw L toe to tch besd R; CP/DLC
   (W thru L, comm. LF trn fwd R armd in fnt of ptr, cont trn fwd L w/head trnd well to left to scar pos;)
   7 {op telemark} repeat meas 13 PART A; SCP/DLW
   12&3 8 {thru chasse bjo} thru R, sd L/cl R, fwd L; BJO/DLW
A Celtic Melody

PART C [cont’d]

9-12 MANUV; OVER/SPIN TRN; BK CHASSE SCP; OP NAT’L;

9-12 repeat meas 1-4;;;

13-16 BK TRNG WHISK; WING; OP TELEMARK; THRU CHASSE BFLY;

13-15 repeat meas 5-7;;;
12&3 16 {thru chasse bfly} thru R, sd L/cR, sd L; BFLY/WALL
{NOTE: the 2nd time thru PART C, chg meas 16 to THRU CHASSE to BJO/ DLW}

PART D

1-4 THRU CHASSE Lady REV UNDRARM; in BJO FWD CHK & SHAPE ; Lady
DEVELOPE; REC SD HOVER SCP;

12&3 1 {thru chasse w rev trn} thru R, raise ld hnds to ld W to trn LF sd L/cR, sd L; BFLY/BJO/DLW
(W release trl hnds thru L comm. 1 full LF twirl undr jnd ld hnds fwd R/fwd L, bk R;)
2 {fwd & shape} fwd R outsd ptr, no wgt chg rotate upper body RF, cont rotation w/lt sd stretch;
3 {w develope} no wgt chg comm. upper body LF rotation, cont trn w/ rt sd stretch, cont trn;
(W comm. drawing R up to L knee, cont drwg, extd R leg fwd parallel to floor;)
4 {rec sd hover to scp} rec L, sd R rising & trng to scp, sd & fwd L; SCP/DLW

5-8 IN & OUT RUNS;; CHAIR REC TCH; RIGHT LUNGE ROLL & SLIP;

5-6 repeat meas 14-15 PART A;; SCP/LOD
7 {chair rec tch} thru R w/lunge action, rec L trng to CP, tch R besd L; CP/WALL
8 {rlunge & slip} sd & fwd R on flexed L knee, rolling upper body from rt to left rec L, sm bk R
slipping past L trng LF; CP/DLC

9-12 OP TELEMARK; OP NAT’L; OUTSD SPIN & TWIST to SCP/LC;;

9 Repeat meas 13 PART A;; SCP/DLW
10 Repeat meas 4 PART C;
11 {outsd spin & twist} comm. RF upper body trn bk L toeing in pivot RF, cont trn fwd R, sd L;CP/DRW
(W comm. RF trn fwd R outsd ptr pivot, cont trn bk L, cl R to L;)
&123 12 XR in bk of L w/partial wgt/unwind RF, cont trn chg wgt to R, cont trn sd & fwd L; SCP/DLC
(W fwd L/R armd man, cont RF trn fwd L, sd & fwd R;)

13-16 QK OP REV; BK CHASSE SCP; THRU HOVER BJO; ROYAL SPIN;

12&3 13 {qk op rev} thru R, comm. LF trn fwd L/cont trn sd & bk R, bk L w/rt sd stretch; BJO/DLW
12&3 14 repeat meas 9 PART B; SCP/LOD
15 {thru hover bjo} thru R, sd & fwd L rising & trng to CBMP, rec bk R; BJO/DLW
16 {royal spin} comm. RF body trn bk L toeing in, cont trn fwd R outsd ptr, cont trn fwd L; BJO/DLW
(W trng RF fwd R in CBMP, cont trn on ball of R raise L knee w/onride, lower L toe to tch besd R;)

REPEAT PART C

ENDING

1-4 MANUV; OVER/SPIN TRN; BK CHASSE SCP; CHAIR REC TRN to REV;

1-3 repeat meas 1-3, PART C;;;
4 {chair rec trn to rev} thru R w/lunge action, rec L to loose CP, sd R trng to fc RLOD; SCP/RLOD

5-8 CHAIR REC TRN to BOLERO; SYNCO WHEEL; WHEEL to CP/LOD; APT & PT;

3 {chair rec trn to bol} thru L w/lunge action, rec R to loose CP, sd L trng to BOLERO pos; fc RLOD
1&23 6 {synco wheel} trng RF fwd R/L, R, L; BOLERO/DRW
7 {wheel} cont trng RF fwd R, L, R; CP/LOD
8 {apt pt} sd L twd coh (W swvl RF on L sd R twd wall) w/trl arm sweep, pt R & look at ptr, -;OP/LOD