RAINBOWS ARE BACK IN STYLE
Choreo: Wayne & Barbara Blackford, 8178 Galaxie Dr. Jacksonville, FL 32244 904/771-2761
(10/15) 4860 E.Main St. D-72, Mesa, Az 85205 480/633-6429 cell: 904/307-5362
e-mail wayneandbarbara@theblackfords.us web site: www.theblackfords.us
Music: Reprise CD Universe # 6360 or #6338 (Contact Choreographer)
Phase & Rhythm: Phase 5 + 2 Foxtrot (left feather; int extended cont hvr x)
Difficulty Level: - Above Average
Footwork: Opposite, Unless noted (W's footwork & timing in parentheses)  (Version 1.1 Released 03/14)

MEAS.

1-5
SHAD POSITON FC DLW BOTH WITH RT FT FREE WAIT: 1 MEAS; X PTS TWICE:
FRONT VINE 4; FEATHER W/PU IN 4 CP/DLW:

1  Shad pos facing DLW both with RT ft free wait 1 meas;
2  [x pts] XRIF, pt sld L , XLIIF, pt sld R;
3  [ft vn 4] XRIF, sld L, XRIIF, fwd L lod;

INTRO

1-6
(CP/DLW) 3 STEP; INTERRUPTED EXTENDED CONT HVR X...; LEFT FEAT...;

sqq
1  [3 step] Blend to CP/DLW fwl L, - , fwd R, fwl L with slight curving RF to fc DLW;
sqq
2  [int Extended Cont Hvr X] Fwd R comm RF trn, - , cont trn RF sld L, strong RF trn on L sld &
   fwd R (W bk L comm RF trn, - , cl R to L heel trn, cont RF trn sld & bk L) SCAR/DLC;
sqq
3  Rk fwl L, rec R, slightly XLIIF of R, trn body RF cl R to L (W bk bk R, rec L, slightly XRIIF of
   L, trn RF step sld L) CP/LOD;

4  Bk L with right side lead, bk R, bk L, bk R trn to CP (W fwd R Outs ptr with left side lead,
   fwl L, fwl R, fwl L trn body slightly LF);
5  Sd & fwl L with left side lead, fwd R Outs ptr (W sld & bk R with right side lead, bk L
   outside ptr to BJO/DLC [left feat] Fwd L blend to CP/DLCS...;

6  fwl R with right side lead, fwl L Outs ptr to SCAR/DLC,
   fwl R trn LF cont trn LF, bk L (W fwl R Outs ptr) to CP/ROLD;

BK WING SCAR/CHK; REV WING BJO/DRW; BK & CHASSE SCP/DLC;

sqq
7  [bk wing chk] Bk R, - , slight upper body trn LF bk L, chk bk R Outs ptr (W fwl L, fwl R,
   chk fwl L Outs ptr) SCAR/DRW;
sqq
8  [rev wing] Fwd L, - , with slight RF body trn cl R, bk L Outs ptr (W bk R, - , sld L across ptr, fwl R
   Outs ptr) BJO/DRW;

9  [bk chasse scp] Bk R trn LF, - , sld L/cl R, sld & fwl L (W fwl L trn LF, - , sld R/cl L, sld & fwl R);

10-12
PROM WEAVE BJO...; CHG OF DIR CP/DLC;
sqq sqqq
10-11  [prom weave] Thru R, - , fwl L comm LF trn, cont LF trn sld & bk R; Bk L, bk R comm LF
   trn, cont trn sld & fwl L Outs ptr, Fwd R (W thru L, - , comm LF trn sld & bk R, cont LF trn sld;
   cont trn LF fwl R Outs ptr, cont trn fwl L, cont trn on L sld & bk R, bk L) end BJO/DRW;

12  [chg of dir] Fwd L blend CP start LF trn, - , cont trn sld & fwl R, draw L to R (W bk R, sld & bk L,
   draw R to L) CP/DLC;

(CP/DLC) REV WAVE...; BK FEAT; SYNCO BK 3 STEP TO HINGE...;

   CP/ROLD;

15  [bk feat] Bk L slight body trn RF, - , bk R in BJO, bk L;

16  [syncro bk 3 step] Bk R, - , bk L/bk R, bk L CP/ROLD;

17  [hinge] Bk R, - , trn LF sld & fwl L with slight body rise, lower in L knee (W fwd L, - , fwl R trn LF,
   bk L well under body in a hinge);
Rainbows Are Back In Style

PART B

1-4

W KICK/SWVL TO SM FT LUNGE LINE: DBL REV EXIT: HVR: FEATHER;
-s (w ss -

1 [w kick/swvl to sm ft lng tn] Rise in L leg tm body to wall (W fwd on R, kick L ft fvd/swvl RF pt L thru lower) into sm ft lunge line;

2 [dbl rev exit] On & ct tm the body LF to put the W on her L ft fvd L, fwd & sd R arnd W, spin on R to fc DW; (W fwd L picking up/bk R tm LF, cl L to R heel tm, fwd R arnd M, XLIF of R);

3 [hvr] Fwd L to CP, -, fwd & sd R rising to ball of ft, rec L to SCP/DLC;

4 [fe] Fwd R, -, fwd L, fwd R (W fwd L, -, fwd & sd R tm LF, bk L)BJO/DLC;

5-8

3 STEP; NATURAL WEAVE: CHG OF DIRECTION CP/DLC;

sqq 5-6 [3 step] Fwd L, -, fwd R on heel slight R sd lead, fwd L CP/DLC; [nat weave] Trn Rm Rwd R, -, sd & fwd L tm RF (W heel tm), cont RF trn sd & bk R to BJO, -;

qqqq 7-8 [finish nat weave] Bk L in BJO, bk R blend to CP trn LF, sd & fwd L DLW fwd R to BJO/DLC;

ss [chg of dir] Blend to CP fvd L comm LF tm flex knees, -, cont trn LF to fc DLC sd R, -, end CP/DLC;

9-12

CL TELF BJO: FWD CHK WIDE/OPE; SL OUTS SD SWVL; M RK W QK SWVL S;

sqq 9-10 [cl tel] Fwd L comm LF tm, -, sd & bk R, cont LF tm sd & fwd L (W bk R, -, comm LF tm bring L to R no wgt tm LF on R (heel tm) chg wgt to L, sd & bk R ) BJO/DLC; [develop] Ck fwd R, -(W bk L, bring R ft up L leg, -, extend R ft fwd);

ss 11-12 [outsd swvl] Rec L comm RF upper body tm, -, pt R ft bk, (W rec fwd R, -, swvl RF on R) SCP; [qk swvlis] Fwd R, -, rec L comm RF upper body tm, leave R XIF of L (W thu L swvl LF, -, thru R swvl RF, -) SCP;

13-16

SCP OPEN IN & OUT RUNS; CHAIR REC SLIP DLC: DBL REV SPIN;

sqq 13-14 [op in & out runs] SCP Fwd R comm RF tm, -, sd & bk L, cont tm fwd R in left 1/2 OP; Fwd L, -, fwd R betw ptrs feet, fwd L to 1/2 OP;

15-16 [chair rec slip] Thru R relax R knee fvd pos, -, rec bk L, slip R bk with LF upper body tm (W thu L relax L knee, -, rec bk R leave L leg extended, swvl LF on R slip L fvd) CP/DLC;

[dbl rev] Fwd L tm LF, fwd & sd R tm LF, spin LF on R to DLC (W BK R, tm LF on R heel transfer weight to L/fwd & sd R tm LF, tm LF XIFR) end CP/DLC;

REPEAT PART A

PART C

1-4

HOVER EXIT M TRANS SCP; M CHASSE SHAD W IN 3 (BOTH HAVE RT FT FREE); STEP KICK 3 TIMES & PJU CL W TCH;:

1-2 [hvr exit m trans scp] Rotate upper body RF leading W fwd, -, sd R rising on toe slightly tm LF brushing L to R, blend SCP sd & fwd L (W fwd R, -, comm trn RF sd L rising on toe brush R to L, cont trn RF blend SCP sd & fwd R end SCP/DLC; SCP/DLC; [chasse W in 3 shad] Thru R, -, sd L cl R, sd & fwd L, (W thu L, -, sd & fwd R, cl L) SHAD POS/LOD both have R ft free;


5-8

CURVING 3; BACK 3 STEP: BACK FEATHER; BK TO PROM OVERSWAY;

sqq 5-6 [curv 3] Fwd L DLC, -, curve LF fvd R, strong curve LF fvd L DRC; [bk 3 step] Bk R, -, bk L, bk R CP/RLOD;

qqq 7-8 [bk feather] Bk L slight body trn RF, -, bk R in BJO, bk L; [prom oversway] Bk R tm LF, sd & fwd L to slight prom sway LOD, change to oversway, -;

9-12

FALLAWAY RONDE & SLIP; REV TURN; HVR TELEMARK;

qqqq 9-10 [fallaway ronde slip] Trn upper body RF rec bk R ronde L CCW, -, bk L, trn LF bk R slip pvt (W trn RF sd & bk L ronde R CW, -, bk R in fallaway, leave L fvd no wgt rise tm LF fvd L) CP/DLC; [rev trn] Fwd L tm LF, -, fwd & sd R tm LF (W heel tm) bk R;
11-12  [fin rev trn] bk R tm LF, sd & fwd DLW, fwd R outside ptr to BJO/DLW;
[hrv tele] Fwd L, - sd & fwd R hvr action with slight RF body trn, fwd L (W
bk R, - sd & bk L, trn 1/8 RF, fwd R) SCP/DLW;

13-16  WHIPLASH BJO; WEAVE END DLC; DBL REV TWICE:

13-14  [whiplash] Thru R lowering, - , ronde L CW to pt inside edge of L toe LOD still down, (W thru L, - ,
ronde R CCW trmg LF on L keedping head to R to end BJO wth R pt bk LOD, -);

15-16  [dble rev] Fwd L trn LF, fwd & sd R trn LF, spin LF on R to DLC (W Bk R, trn LF on R heel
transfer weight to L/fwd & sd R trn LF, trn LF XLIFR); Repeat Meas 15;

REPEAT PART A

END

1-4  W KICK/SWVL TO SM FT LUNGE LINE; DBL REV EXIT; HVR; FEATHER OT;
1-4  Repeat meas 1-4 Part B; ; ; ;

5-8  DBL TOP SPIN;; CHG OF DIR; CONTRA CHECK EXTEND;

1-2  [dble top spn] Spinning LF on R bk L twd DRW, trn LF sd & bk R in CP, sd & fwd L twd DRC w/L
shoulder lead, fwd R outside ptr w/checking motion end BJO/DRC; Spinning LF on R bk L twd
DLC, trmg LF sd & bk R in CP, & fwd L twd DLW, fwd R outsd ptr end BJO/DLW;

3-4  [chg of dir] Blend to CP fwd L comm LF trn flex knees, - , cont trn LF to fc DLC sd R, - , end
CP/DLC; [contra chk] Lower keeping hips up to ptr fwd L in contra body movement w/R sd
leading and continue bringing R sd thru to extend over meas looking twd W (W look at M);

1-5  END