LOVING YOU

Composers: Takao & Setsuko Ito  E-mail: sp7n43y9@dune.ocn.ne.jp
4-2-43 Honcho Odawara-shi Kanagawa-ken 250-0012 Japan

Record: "Loving You"  CD Ballroom Glamour/Casa Musica Track #16
Rhythm: Foxtrot (ph-VI)  Speed: As on CD time 2:48
Date: December 26, 1999

Footwork: Opposite. directions for man (lady as noted)
Sequence: Intro - A - B - C - Ending

Meas  INTRO
1~8 (Wrapped/Wall) Right foot free for both Wait 1 meas; W Caress;
Unwrap to Lunge: Both Roll Across to Lunge; W Roll Bk to Shadow;
Shadow X Ck Rec Sd: Front Vine 4; XIF Unwind(CP/Wall);

1) Wrapped position fo Wall right foot free for both pt sd wait 1 meas:
--
2) (W Caress) M hold release lead hands (W body shape caress M's left cheek with right hand
3) (Unwrap to Lunge) Stp sd R lead N unwrap, - sd L flex knee (W sd & fwd R commence
   RF trn, cont RF trn sd L, cont trn sd R flex knee)OP/Wall, - ;
4) (Roll Across to Lunge) Rec R commence RF roll behind woman, sd L cont RF roll, fc Wai
   sd R flex knee (W rec L commence LF roll, sd R twd LOD cont LF roll, fc Wall sd L flex
   knee), - ;
5) (W Roll Bk to Shadow) Rec L lead W RF roll, - small stp sd R (W rec R commence RF roll
   cont RF trn sd L, cont trn sd R) Shadow/Wall, - ;
6) (Shadow X Ck Rec Sd) Same footwork ck XIF of R, - , rec R, sd L;
7) (Front Vine 4) XRF of L, sd L, XRIF of L, sd L;
Q---
8) (XIF Unwind) XRIF of L, LF unwind 1 full trn (W 1/2 trn), - , blend CP/Wall weight on tra.
(Q-0) foot;

Meas  PART A
1~8 Hover: Feather: Telefeather:(Bjo/DW): Hover Telemark;
Curved Feather: Bk Zig Zag 4; Outsd Spin(CP/RDW):

1) (Hover) Fwd L, - , sd & fwd R, Rec L to SCP/DC;
2) (Feather) Thru R, - , fwd R.W thru L LF trn, sd & bk R to Bjo, bk L
3) (Telefeather) Fwd L commence LF trn, - , fwd & sd R cont LF trn, sd & fwd L with
   partial step: Spin L taking weight to L/cont spin, sd R cont LF trn, sd & fwd L
   fwd R (W bk R commence LF turn bring L beside R with no weight, - , cont LF trn on R heel
   and change weight to L, fwd R cont LF trn to spin on R. cl L
   cont LF trn sd & bk R, bk L) Bjo/DW;
4) (Hover Telemark) Fwd L, - , fwd R lead W RF trn, sd & fwd L to SCP/DC;
5) (Curved Feather) Fwd R commence RF trn, - , left sd strech cont RF trn sd & fwd L cont
   trn fwd R fc RDW;
6) (Bk Zig Zag) Bk L commence RF trn, cont RF trn sd R Scar, fwd L commence LF trn cont
   LF trn sd R Bjo/RDC;
7) (Outsd Spin) Prepare to lead W outsd partner commence body trn to right with right ft
   lead bk L small stp 3/8 RF trn, - , fwd R heel to toe cont 3/8 RF trn, sd & bk L a
   commence body trn to right with left sd lead fwd R outsd partner heel to toe - ;
   L to R on toe 5/8 RF trn between stp 1 and 2, cont 1/8 RF trn fwd R between M's feet;
   end CP/RDW;
8) (Rev Wave) Fwd L commence LF trn, - , sd R cont LF trn fc RDC. bk L twd DW & tv R
   commence LF trn, - , cl L to R heel trn, fwd R);
    Bk R, - , bk L, bk R curving LF to end fc RLD;

9~16 Ck & Weave; Rev Wave; Spin & Twist(SCP/DC); Feather:
Double Rev Spin(CP/RDC);

9~10 (Ck & Weave) Slip bk R slight contra ck action, - , rec L. sd R Bjo/RDW;
11~12 (Rev Wave) Fwd L commence LF trn, - , sd R cont LF trn fc RDC. bk L twd DW & tv R
   commence LF trn, - , cl L to R heel trn, fwd R);
    Bk R, - , bk L, bk R curving LF to end fc RLD;
LOVING YOU 2 of 3

SQ 13-14 (Spin & Twist) Bk L commence RF trn., fwd R cont RF trn., cont trn sd L twd Wall (W fwd R commence RF trn., cont RF trn sd & bk L, cont trn cl R to L):
&S&O XRB with only partial weight/unwind RF chng weight to R, cont RF trn, cont trn SCP/DG, sd & fwd L(W fwd L/fwd R around man, cont trn L swivel RF on L SCP/DG, sd & fwd R):
15 (Feather) Thru R, cont trn L swivel RF on L SCP/DG, sd & fwd R:
(SQ&O) 16 (Double Rev Spin) Fwd L blend CP commence LF trn., cont trn sd R, spin LF on ball of R bring L foot under body beside R no weight fc DW(W bk R commence LF trn., cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R):

Meas

PART B

1~8 Three Step; Nat Trn; Cl Impetus; Feather Fin; Rev Fallaway Slip; Telemark to Throwaway Oversway; Fallaway Ronde & Slip:

1 (Three Step) Fwd L, fwd R, fwd:
2 (Nat Trn) Fwd R commence RF trn, cont trn sd L fc RLOD, bk R(W bk L commence RF trn, cl R cont RF trn, fwd L):
3 (Closed Impetus) Bk L commence RF trn, cl R cont trn, sd & bk L CP/DW(W fwd R between W's feet commence RF trn, cont trn sd L brush R to L, fwd R between W's feet):
4 (Feather Finish) Bk R commence LF trn, cont L contra Bjo fc DG, fwd R:
5 (Rev Fallaway & Slip) Fwd L commence LF trn, sd R cont LF trn, XLIF with right sd lead fallaway position cont LF trn, cont trn slip R past L toeing in with small stp bk on R left foot stays fwd(W bk R commence LF trn, sd & bk L cont LF trn, XRB with left sd lead fallaway position cont LF trn, cont trn slip L past R fwd L)CP/LOC:
6~7 (Telemark to Throwaway Oversway) Fwd L commence LF trn, cont trn slip R cont LF trn, sd & bk L(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel & chg weight to L, fwd R cont LF trn):
---- Swivel LF on R relax knee and body trn left fc DW keeping right sd and point R bk hold,(W swivel LF on R to bring L leg bk under body and extend bk twd DW extend and hold),--:
8 (Fallaway Ronde & Slip) Sd R roonde L CON(W CW),-- XLIF and rise commence LF trn, slip R bk cont LF trn on ball of R end to CP/DG:

9~16 Mini Telespin(CP/RDC); Contra Ck & Switch; Curved Feather; Bk Feather; Bk Three Step; OP Impetus; Feather(Bjo/DC):

SQSS 9~10 (Mini Telespin) Fwd L commence LF trn, fwd & sd R cont LF trn, sd & bk L with partial weight; Spin L taking weight to L, cl R(W bk R commence LF trn bring L beside R with no weight, cont LF trn on R heel & chg weight to L, fwd R cont LF trn, fwd L LF trn/fwd R to CP LF spin, cl L) to CP/RDC,--:
11 (Contra Ck & Switch) Commence upper body LF trn flexing knees with strong R side lead ck fwd L,-- rec R commence RF trn leave L almost in place, cont RF trn bk L soft knees R foot extend between W's legs in CP/DW:
12 (Curved Feather) Fwd R commence RF trn, left sd stretch cont RF trn sd & fwd L cont trn R commence RF trn fc RWD:
13 (Bk Feather) Bk L,-- bk R with right shoulder leading, bk L:
14 (Bk Three Step) Bk R blending CP,-- bk L, bk R:
15 (OP Impetus) Bk L commence RF trn, cl R cont RF trn(heel trn), fwd L(W fwd R feet heel to toe pivot 1/2 RF,-- sd & fwd L cont RF trn around man brush R to L, fwd R) to end SCP/DG:
16 (Feather) Thru R,-- fwd L, fwd R(W thru L LF trn, sd & bk R to Bjo, bk L):

Meas

PART C

1~8 Double Rev Spin; Split Ronde(CP/DW); Contra Ck & Rec; Traveling Contra Ck(SCP/DW); Nat Hover Cross; Telemark to Bjo; Fwd Swivel to Same Foot Lunge Line:

SQ 1 (Double Rev Spin) Fwd L blend CP commence LF trn, cont trn sd R, spin LF on ball of R bring L foot under body beside R no weight fc DW(W bk R commence LF trn, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLIF of R):
LOVING YOU 3 of 3

-QQ (SOQQ) 2 (Split Ronde) Lower on R ronde left leg CCW commence LF trn,-- cont LF trn XLIB of R, cont trn slip bk R(W sd R lower on R ronde left leg CCW commence LF trn,-- cont trn XLIB of R, cont trn sd R/slip fwd L) end CP/DW;

SS 3 (Contra GK & Rec) Commence upper body LF trn flexing knees with strong R side lead ok fwd L,-- rec R,--

4 (Traveling Contra Gk) Fwd L with contra body . and upper body LF trn,-- cl R rising on R slightly body RF trn, SCP sd & fwd L fc DW;

SQQ 5-6 (Nat Hover Cross) Fwd R commence RF trn,-- sd L cont RF trn, cont trn sd R fc DC(W fwd L,-- Fwd R commencement RF trn with right sd stretch, cont RF trn sd L)Scare/DC;

QQQO XLIB of R outsld partner, rec R, sd & fwd L, fwd R outsld partner Bjo/DW;

SQQ 7 (Telemark to Bjo) Fwd L commencement LF trn,-- sd R cont LF trn, cont trn sd & fwd L (W bk R commence LF trn bring L beside R with no weight,-- cont LF trn on R heel and change to L, sd & bk R) Bjo/DW;

S S-- 8 (Same Foot Lunge Line) Fwd R swivel RF on R fc Wall,-- flex knee with right sd stretch looking R, extend (W bk L swivel RF on L,-- cl R,-- flex R knee left foot thru pt and looking well to L, extend):

9~16 & Telespin Ending(SCP/DW); OP Nat; Q Heel Pull, Rumba Cross:, & Hairpin; OP Impetus; Running OP Nat; Rising Lk(CP/DC);

Split Ronde(SCP/DC):

SQQ 9 (Telespin Ending SCP) Rec L spin LF,-- sd R cont LF trn, sd & fwd L(W rec L/ fwd R commence LF trn,-- cont trn cl L, sd & fwd R) end SCP/DW;

10 (OP Nat) Fwd R commence RF trn,-- cont RF trn sd L fc RDC, bk R;

QQ 11-12 (Q Heel Pull) Bk L commence RF trn, cont trn on L pull right heel twd L and change weight to R(W R commence RF trn, cont trn sd L)CP/LOD;

S&QQ (Rumba Cross) Fwd L with left shoulder lead,--XLIB of L trning RF on toe, Cont RF trn bk L, cont trn sd and fwd R between W's foot (W bk R,--/XLIB of R trning RF on toe: cont RF trn R between M's feet pivot cont RF trn sd and bk L)CP/LOD;

QQ (Hairpin) Fwd L strong curve to right with left sd stretch, fwd R outsld partner checking on toe in Contra Bjo with left sd stretch (W bk R curving RF, bk L strong right curve high on toes in Contra Bjo) sf RDC;

13 (OP Impetus) Bk L commence RF trn,-- cl R cont RF trn(heel trn), fwd L (W fwd R feet heel to toe pivot 1/2 RF,-- sd & fwd L cont RF trn around man brush R to L, fwd R) to end SCP/DC;

S&QQ 14 (Running OP Nat) Thru R commence RF trn,-- cont RF trn sd and bk L/right sd lead bk R lead W outsld partner, right sd stretch bk L(W thru L,-- fwd R/left sd lead fwd L, left sd stretch fwd R outsld partner)Bjo fc RDC;

15 (Rising Lk) Bk R commence LF trn,-- cont LF trn sd & fwd L, cont body trn XLIB of L to CP/DW(W fwd L commencement LF trn,-- cont LF trn sd & bk R, cont body trn XLIB of R);

QQ 16 (Split Ronde) Lower on R ronde left leg CCW commence LF trn,-- cont LF trn XLIB of R, cont trn slip bk R(W sd R lower on R ronde left leg CCW commencement LF trn,-- cont trn XLIB of R, cont trn sd R/slip fwd L) end CP/DW;

Meas

ENDING

1~8 Rev Trn(Bjo/DW); Three Step; Nat Trn; Cl Impetus; Feather Finish; Slow Telemark to Prom Sway; Drop:

1-2 (Rev Trn) Fwd L commence LF trn,-- sd R cont LF trn fc RLOD, bk L(W bk R commence LF trn,-- cl L to R heel trn, fwd R): Bk R cont LF trn,-- sd L cont LF trn, fwd R(W fwd L cont LF trn,-- sd R cont LF trn, bk L)to Bjo/DW;

3 (Three Step) Fwd L blending OP,-- fwd R, fwd L:

4 (Nat Trn) Fwd R commence RF trn,-- cont trn sd L fc RLOD, bk R(W bk L commence RF trn,-- cl R cont RF trn, fwd L);

5 (Closed Impetus) Bk L commence RF trn,-- cl R cont trn, sd & bk L CP/DW(W fwd R between M's feet commence RF trn,-- cont trn sd L brush R to L, fwd R between M's feet):

6 (Feather Finish) Bk R commence LF trn,-- sd L contra Bjo fc DC, fwd R;

SSS 7-8 (Slow Telemark to Prom Sway) Fwd L blend OP commence LF trn,-- sd R cont LF trn(W bk R commence LF trn bring L beside R with no weight,-- cont LF trn on R heel and change weight to L,-- sd & slightly fwd L stretch left sd look over joined lead hands,-- (Drop) Sharply LF trn stretch L sd of body cont sway & look W(W look L,--):