Capone

CHOREO: Paula & Warwick Armstrong, 18 Curlew Court, Tamborine, QLD 4270, Australia, e-mail: splash_in@bigpond.com

MUSIC: “Capone” BY Ian Lumley - CD “Ballroom Nights 2” - Track # 12 (length 02.22)

FOOTWORK: Opposite, unless noted (woman’s footwork in parentheses)

TIMING: SGQ except where noted [Note: Timing indicates weight changes only]

SEQUENCE: Intro A, Interlude, B, Interlude, B(1-13), End Difficulty Level: Average June 2014 Version 1.1

INTRO

1-5

(CP/DLC) WAIT : DIAMOND TRN 1/2;; QUICK DIAMOND 4;

CHECK BK & RECOVER:

1 [Wait 1 meas in CP/DLC lead ft free];
2  [Diamond Trn 1/2] Fwd L comm LF trn, -, sd & bk R, bk L CBJO DRC;
3  Bk R trng LF, -, sd & fwd L, fwd R CBJO DRW;
(QQQ) 4  [Qk Diamond 4] Fwd L trng LF, sd & bk R, bk L, bk R CP LOD;
(S S ) 5  [Check Bk & Rec] Chk Sd & bk L, -, Rec R, -;

6-9

CONTRA CHECK & SLIP to CP/LOD ; NATURAL WEAVE;; CHG OF DIRECTION:

6  [Contra Chk & Slip] Chk fwd L strong If body rotation, -, rec bk R, rfn trn slip bk L to CP/LOD;
7  [Natural Weave] Comm RF trn fwd R, -, cont trn sd L (W heel trn) sd & bk R;
(QQQ) 8  Bk L, bk R trn LF blend to CP, sd & fwd L, fwd R outsd ptr DLW;
(S S ) 9  [Chg of Dir] Fwd L blend CP start LF trn, -, cont trn sd & fwd R, draw L to R CP/DLC

PART A

1-4

(CP/DLC) TELEMARK BJO: CURVED FEATHER CKG;

BACK BOUNCE 4; WEAVE 4 ENDING:

1  [Telemark BJO] (CP/DLC) M fwd L, -, fwd and sd R arnd W trng LF, step fwd and sd L to end

BJO/ DLW (W bk R comm LF heel trn, -, cont heel trn close L to R, bk and sd R to BJO) ;
2  [Curved Feather ckg] Fwd R comm to trn RF, -, sd & fwd L cont RF trn, cont RF trn fwd R

ckng outsd W DRW (W fwd L, -, sd & bk R, bk L);
(S&S&S) 3  [Bk Bounce 4]bk L in bjo rise, -, sml stp R & lwr, bk L in bjo rise, -, sml stp R & lwr BJO/RLOD;
4  [Weave 4 ending] Bk L in bjo, bk R to cp trn LF, -, cont trn sd & fwd L, draw L to R CP/DLC

5-8

(BJO/DLW) WHISK: WING to SCAR; QT FRONT VINE 4 to SCAR;

DOUBLE REVERSE to DLW;

5  [Whisk] (BJO/DLW) Fwd L, -, sd & fwd R, XLib (W XRib) SCP;
6  [Wing to Scar] Fwd R, -, draw L fwd R w/LF body trn, tch L to R cont body trn to DLW

(W fwd L, -, fwd R arnd M trn LF, fwd L arnd M cont trn to SCAR);
(QQQ) 7  [Qk front vine 4 Scar] XLIB, sd R trng LF, XLIB, sd R trng RF to SCAR (W XRIB, sd L, XRIF, sd L);
(S S ) 8  [Db1 Rev] Fwd L, -, fwd trn LF fc RLOD bring L to R no weight, spin on R fc DLW

(W bk R, -, dwr L past R take weight & trn if on L heel, fwd R past M on toe trn LF/XLIF);

9-12

(CP/DLC) THREE STEP; NATURAL TRN 1/2; CLOSED IMPEKTUS;

FEATHER FINISH DLC;

9  [Threestep] Fwd L towards DW, -, fwd R btwn partner’s feet slight rt sd lead heel lead &
then rising to toe, fwd L;
10  [Nat trn 1/2] Fwd R rising comm RF trn, -, sd & armd partner L (W: heel turn), Bk R in CP/RLOD ;
11  [Closed Impektus] Bk L comm RF trn, -, cl R to L heel trn then rise to toes of R, sd & bk L
(W: Fwd R btwn partner’s feet comm RF trn, -, sd & armd partner L rising & brush R to L, cont RF trn sd
& fwd R bttwn partner’s feets);
12  [Feather finish] Bk R, -, sd & fwd L trng LF, fwd R CBJO/DLC (W fwd L, -, trng LF sd & bk R, bk L);

13-16

(BJO/DLC) REVERSE TRN 1/2; BK & CHASSE TO SCP;

RUNNING OPEN NATURAL; RISING LOCK;

13  [Rev trn 1/2] Fwd L comm LF body trn, -, sd R cont trn, bk L CP fchg RLOD (W Bk R comm.

LF trn, -, cont trn cl L to R (heel trn), fwd R to CP);
(S Q&Q) 14  [Bk & Chasse SCP] Bk R trng LF, -, sd L/Cl R, sd L in SCP;
(S Q&Q) 15  [Running Op Nat] thru R comm to trn RF, -, sd & bk L with slight if sd stretch 3/8 rt face trn

between steps 1 & 2 / bk R with rt sd lead prep to lead W outsd partner in CBMP, with slight rt sd stretch

completing 1/8 trn Bk L in BJO (W thru L comm upper body RF trn, -, staying well into man’s right arm
Fwd R/ Fwd L prep to step outsd partner, Fwd R in BJO) ;

16  [Rising Lk] Bk R comm LF trn, -, sd & fwd L, cross R in bk of L as body completes trn to DLW ;
INTERLUDE

1-4

(CP/DLW) FWD, - , RIGHT LUNGE, - ; Slow ROLL, - , RECOVER, SLIP to CP/LOD;
SIDE PROMENADE SWAY & CHG SWAY; SLOW RISE, - , & CLOSE to CP/LOD;

[Slow Fwd & Right Lunge] Slow fwd L, - ,Sd & fwd R with flexed knee, - (W bk R, - ,Sd & bk L on flexed knee, - );

[Slow Roll, Rec, Slip] Slow rolling RF, - , to rec bk L rising, with LF upper body trn slip R
bk beh L cont trn to bring W to CP with her L outside his R ( W rec R, fwd L ) to CP/LOD;

[Prom Sway & Change Sway] Sd & slight fwd L to DLC stretching body upward to look
over jnd ld hnd, - , relax knee to lower and chg sway to R sway over next 2 beats of meas heads move
towards DRW through sway chg - , ;

[Slow Rise & Close] Slow Rise on L to trn head and body to CP, - , Cl R to L, - ;

PART B

1-4

(CP/LOD) THREE FALLAWAYS to a SLIP & CHASSE SCP/DLW; ; ;
FEATHER to DLC;

[Three Fallaways ] Fwd L start LF trng, fwd R trng LF fc COH, bk L well under body SCP/ RLOD,
bk R slip W to CP cont LF trng (W Bk R trng LF, Sd L, Bk R well under body to SCP, Fwd L trng LF);

[continue three fallaways] Sd & fwd L, XRIB well under body RSCP, fwd L CP LOD, cont trng L fwd R
trng to fc COH (W LF trng Sd & bk R, Bk L well under body to RSCP, Bk R trng LF, Bk & sd L ) ;

[finish three fallaways, to a ] Bk L to SCP fc RLOD (W Bk R well under body to SCP ),

[SLIP & CHASSE SCP] bk R slip W to CP trng LF DRW, sd L / cl R , sd L to SCP/DLW

[Feather to BJ/O/DLW] Thru R, - , fwd L leading W tm LF, fwd R outside ptr w/ L-shoulder
lead (W thru L, - , comm trng LF sd R, cont trng LF bk l ) end BJ/O M fcg DLC; ;

5-8

(BJO/DLC) REVERSE WAVE;; ; TIPPLE CHASSE to CP/LOD; THREESTEP;

[Rev Wave] Fwd L, - , fwd R trng LF fc DRC, bk L (W bk R, - draw L heel past R trng LF cl R, fwd R);

[Bk R slight trn LF, - , bk L, bk R (W fwd L, - , fwd R, fwd L);]

[Tipple Chasse ] comm RF upper body trn Bk L trng RF, - , Sd R with slight If sd stretch
trn 1/4 RF between steps 1 & 2 / Cl L, Sd & slightly fwd R 1/8 RF trn between steps 3 & 4 ;

[Threestep] Fwd L , fwd R between partner’s feet heel lead & then rising to toe, fwd L;

9-12

(CP/LOD) NATURAL HOVER CROSS;; ; OP REVERSE TRN; HOVER CORTE;

[Nat Hover Cross] Fwd R trn RF , - , fwd L cont trng RF, fwd R LOD (W bk L, - ,draw R to L
trn RF on R heel, bk L);

[Ck L in SCAR, rec R, sd & fwd L, fwd R CBJO /DLC (W ck bk R, rec L, sd & bk R , bk L);

(W b R comm trng LF, - , cont trng LF sd & fwd L, fwd R outside ptr) BJO/RLOD;

[Hover Cortez] Bk R comm trng LF, - , sd & fwd L rising cont body trn LF, rec R
(W fwd L trng LF, - , sd & fwd R rising, trng LF on R rec L) end BJO M fcg DLC;

13-16

(BJO/DLW) slow OUTSIDE SWIVEL & PK-UP *DLC (*Note last time thru to CP/LOD);
REVERSE WAVE 1/2 to a ; CHECK & WEAVE ;;

[Outside Sweivei & Pk-Up ] Bk L in CBJO no rise,- allow W to swivel RF to SCP facing LOD,
trn R picking up to CP/ DLC, - ;

[ Rev Wave 1/2] Fwd L leading W to CP commence LF trn, - , sd R cont LF trn, bk L fcg
DRC (W bk R trng LF, - , cl L heel trn, fwd R);

[Chk & Weave ] Slip R bk under body w/slight contra check action, - , fwd L commence LF
trn, sd & slightly bk R slight LF trn w/R sd lead (W slip L fwd w/slight contra ck action, - , bk R
commence LF trn, sd L w/L sd lead);

[Bk L to BJO cont slight LF trn, Bk R to CP cont LF trn, sd & fwd L w/L sd stretch, fwd R
( W fwd R in BJO, fwd L to CP cont LF trn, sd & bk R w/R sd stretch, bk L ) to BJO/DLW;

INTERLUDE Starting from (BJO/DLW) Repeat Interlude

REPEAT PART B(1-13*) with Meas 13* Pk-up to CP/LOD

ENDING

1-3

(CP/LOD) THREE STEPS ; NATURAL PREPARATION; SAME FOOT LUNGE, - ;

[Three step] Fwd L , fwd R between partner’s feet heel lead & then rising to toe, fwd L;

[Nat Prep ] fwd R start RF trn, lead W for heel trn RF, sd L cont turn, tch R(W bk L, heel trn, cl R,
cont trn &bk L keeping head left); CP/COH

[Same Ft Lunge] lowering fwd&sd R o/s W’s L side(W xRib) to samefoot lunge W’s head to left, - , - ;