Sweet and Gentle

INTRO

1-4 (LOP fc ptnter/WALL) WAIT : WAIT: NEW YORKER: UNDERARM TRN to a:
1-2 LOP Ftng partner/Wall (lead hands joined) lead ft free Wait 2 meas.;
3 [New Yorker] Stp thru L w/straight leg to fc RLOD, rec R, BFLY sd L/R, sd L;
4 [Underarm turn] xRib, rec L, sd R/L, sd R leading W to M's right side
(W xLif trng under lead hands, rec fwd R trng fc ptrn, sd L/cL R, fwd L to M's right side);

5-8 LARIAT TO BFY/WALL ;; 2 QK CUCHARACHAS; SD, CL, PT, - - - :
5 [start Lariat] with lead hnds joined lead W to Lariat Sd L, Rec R, in pl L/R, L
(W walk around M CW Fwd R, Fwd L, Fwd R/lk Lib , Fwd R);
6 [cont Lariat to Bfy/Wall] Sd R, Rec L, in pl R/L, R to BFY/WALL
(W around cont M Fwd L, Fwd R, Fwd L/ Lk Rib, Fwd L to fce ptr Bfy/WALL);
7 [2 Qk Cucharachas] Rk sd L/ rec R, cl L, rk sd R/ rec L, cl R ;
8 [Sd, Cl,Point Sd & Hold] sd L, cl R, point L sd to LOD, & Hold ;

PART A

1-4 BASIC;; FENCINGLE T was;
1 [Basic] (BFY/Wall) fwd L, rec R, sd L/cL R, sd L;
2 bk R, rec L, sd R/cL L, sd R;
3 [Fenceline twice] x lunge thru L with soft knee , rec R to fc ptr, sd L/ cl R, sd L;
4 X lunge thru R with soft knee, rec L, sd R/cL L, sdR;

5-8 1/2 BASIC: ; FAN: ALEMANA TO BFY/WALL ;
5 [1/2 Basic] (BFY/Wall) fwd L, rec R, sd L/cL R, sd L;
6 [Fan] Bk R, rec L leading W trn LF, releasing R-hnd hold sd R/L, R to fc WALL
(W fwd L, rec R trng LF to fc RLOD, bk L/xRif, L fng RLOD in FAN position) ;
7 [Alemana] fwd L, rec R, sd L/cL R, in pl L raising joined M's L & W's R hnds to
indicate RF trn for W (W cl R, fwd L, fwd R/xLib, fwd R swivel RF to fc M) ;
8 xRib, rec L, sd R/cL L, sd R (W xLif of R comm RF trn, fwd R cont trn, sd & rwd L/cL R, cl R, to BFY/Wall;

9-12 BREAK BK to TRIPLE CHAS FWD;; RK FWD REC to TRIPLE CHAS BK to fc;;
9 [Break bk to Triple Chas Fwd] Rk bk L to fc LOD, rec R to OP/LOD, fwd L/ik R, fwd L;
10 wdr L/xRif, L fwd R, fwd L/ik R, fwd L;
11 [Rk Fwd, Rec to Triple Chas Bk] Rk fwd R, rec L, bk R/ik L, bk R;
12 bk L/ik R, bk L, bk R/ik L, bk R to face partner/Wall;

13-16 1CUCARACHA WITH ARMS TO BFY/WALL; CUCARACHA;
13 [Cucharacha with arms] circling lead arms out & up, armd & bk to Bfy
rk sd L, rec R, step in pl R/L, L;
14 [Cucharacha] rk sd R, rec L, step in pl R/L, R;
15 [Spot trn in 4] XLif of R trng ½ RF, rec R trng RF to fc ptr, sd L , rec sd R to BFY/WALL;
16 [Sd, Cl,Point Sd & Hold] sd L, cl R, point L sd to LOD, & Hold ;

PART B

1-4 1/2 BASIC; ; FAN; HOCKEYSTICK to BFY/DRW;;
1 [1/2 Basic] (BFY/Wall) fwd L, rec R, sd L/cL R, sd L;
2 [Fan] Bk R, rec L leading W trn LF, releasing R-hnd hold sd R/L, R to fc WALL
(W fwd L, rec R trng LF to fc RLOD, bk L/xRif, L fng RLOD in FAN position) ;
3 [Hockeystick] Fwd L, rec R, in place L/R, L (W cl R, fwd L, fwd R/ik L, fwd R) ;
4 sm bk R, rec L trng 1/8 RF, fwd R/ik L, fwd R (W fwd L, fwd R trng 5/8 LF undr jnd Ld hnds, bk L/ik R, bk L); to end BFLY/DRW ;
PART B cont'd

5-8

SHOULDER TO SHOULDER TWICE;; NEW YORKER to OP/LOD;
WALK 2 & CHA;

5 [Sh to Sh Twice] Fwd L to BFLY SCAR, rec R to fc, sd L/clR, sdL;
6 Fwd R to BFLY BJO, rec L to fc, sd R/clL, sdR;
7 [New Yorker to Op/LOD ] XLif, rec R, sdL/clR, sdL trng to Op/LOD ;
8 [Wlk 2 & cha] Fwd LOD R, L , fwd R/ lk Lib of R, fwd R ;

9-12

SLIDING DOORS TWICE;; CIRCLE AWAY 2 & CHA ;
TOG 2 & CHA /LADY IN 4 TO VARSOUVienne/LOD;

9 [Sliding Door twice] Rk apt L, rec R, release jnd hnds slide beh W Lif /sd R, xLif of R
(W rk apt R, rec L, slide in front of M xRif /sd L, xRif ) to LOP LOD ;
10 [Circle away 2 & cha] Circ LF awy twd COH (W circ RF awy twd WALL)
fwd L, R, fwd L/Rib of L, fwd L;
(W cont RF circ in 4 fwd L, R, R) to Varsouvienne /LOD ;

BOTH M & W NOW HAVE L FEET FREE

13-16

PARALLEL CHASE ;; LF LARIAT /with L trans in 4 to BFY/WALL;;

13 [ (LF FT) PARALLEL CHASE] Note: Identical footwork for bth thru meas 13-14
Rk fwd L LOD trng RF, rec R cont RF trn to L VARS RLOD, fwd RLOD L/lk Rib, fwd L;
14 Rk fwd R RLOD trng LF, rec L cont LF trn to VARS LOD, fwd RLOD R/lk Rib of R, fwd R;
( W walk around M CCW Fwd L, Fwd R, Fwd L/lk Rib , Fwd L);
16 [ cont Lariat /Lady trans in 4] Sd R, Rec L trn RF ¼ to Wall in pl R/L, R chg hnds to BFY
(Lady cont around M Fwd R, Fwd L, Fwd R, Fwd L to fce ptr Bfy/WALL);

INTERLUDE

1-4

CHASE WITH UNDERARM PASS to COH;; FENCeline: CUCARACHA;

1 [Chase with Underarm Pass to Bfy/COH] Fwd L trng ½ RF to COH
keep lead hands joined, fwd R COH, fwd L/XRIB, fwd L
(W rk bk R, rec L, fwd L/XRIB, fwd L ) ;
2 Rk bk R lead W to pass by, & turn under lead hands rec L, sd R/cl L, sd R
(W fwd L, fwd R to pass by M under lead hands trng LF fc M, sd L/cl R/ sd L) to Bfy/COH;
3 [Fenceline] X lunge thru L with soft knee, rec R to fc ptr, sd L/ cl R, sd L;
4 [Cucaracha] Sd R, rec L, step in pl R/L, R;

5-8

CHASE WITH UNDERARM PASS to WALL;; 2 QK CUCHARACHAs;
SD,CL, PT, - ;

5 [Chase with Underarm Pass to Bfy/WALL] Fwd L trng ½ RF to WALL
keep lead hands joined, fwd R WALL, fwd L/XRIB, fwd L
(W rk bk R, rec L, fwd L/XRIB, fwd L ) ;
6 Rk bk R lead W to pass by, & turn under lead hands rec L, sd R/cl L, sd R
(W fwd L, fwd R to pass by M under lead hands trng LF fc M, sd L/cl R/ sd L) to Bfy/WALL;
7 [Quick Cucaracha] repeat meas 7 of INTRO;
8 [Sd, Cl,Point Sd & Hold] repeat meas 8 of INTRO;

REPEAT PART B

ENDING

1-4

CUCARACHA TWICE :: RUMBA SPot TRN: RUMBA AIDA ;

1-2 [Cucaracha twice] MAINTAINING BFY/WALL(no arm work) Repeat measures 13 &14 Part A
3 [Rumba Spot Trn] Thru L RLOD with straight leg , rec R to fc, sd L- to BFY;
(1,2,3,-) 4 [Rumba Aida] thru R trng RF, sd L cont RF turn, bk R to V bk to bk pos, -;