SEDALIA

Rhythm/Phase: Rumba, Phase 4 + 2 + 1 [Stop & Go Hockey Stick, Natural Top + Chase Full Turn (U)]
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Release Date: July 16, 2014
Music: "Sedalia" by Tol and Tol    CD: Hollands Glorie: Tol and Tol, Track 5
Download: iTunes
Time/Speed: Downloaded file: 3:26   Play at 43 in DM (about 95.5% : 27-28 MPM) or to suit
Footwork: Opposite throughout (Lady as noted in parentheses).
Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average
Sequence: Intro, A, B, C, B, C, A(1-10), Ending

INTRODUCTION

1-4  WAIT 3X;;  NEW YORKER IN 4:
   1-3  {Wait}  In low BFLY pos. with M fc Wall lead ft. free wait 3 measures ;;
   QQQQ  4  {New Yorker 4}  Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, rk sd L, rec R;

PART A.

1-4  NEW YORKER:  CRABWALKS (LOD);;  SPOT TURN:
   1  {New Yorker}  Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L ending in BFLY-wall, - ;
   2-3  {Crabwalks}  Toward LOD in BFLY XRIF, Sd L, XRIF, - ;  Sd L, XRIF, sd L, - ;
   4  {Spot Turn}  Swiveling 1/4 LF on left ft Fwd R twd LOD trng 1/2 LF, rec L trn 1/4 to fc prtnr, sd R, - ;

5-8  OPEN BREAK:  AIDA:  SWITCH ROCK:  SPOT TURN:
   5  {Op Break}  Rk apart L to LOP-fc pos with rt arm ext to sd, rec R lowering rt arm, sd L, - ;
   6  {Aida}  Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
   7  {Switch-Rock}  Trng LF to fc prtnr sd L checking & bringing joined lead hands thru, rec R, sd L to end fc Wall, - ;
   8  {Spot Turn}  Repeat Part A, meas. 4 ;

9-11  ALEMANA:;;  NEW YORKER IN 4:
9-10  {Alemana}  Fwd L, rec R, cl L leading W to comm turn RF raising left hand high and palm-to-palm, -
    (Bk R, rec L, sd R with sl RF swivel to fc prtnr's left side and rt hand high palm-to-palm, - ) ;
    Bk R, rec L, sd R, -  (cont RF turn under raised lead hands Fwd L, cont RF turn fwd R, sd L twd RLOD, - )
    ending with lead hands joined M fc-Wall ;
   QQQQ  11  {New Yorker 4}  Repeat Intro, meas. 4 ;

PART B.

1-4  NEW YORKER:  FENCELINE:  FWD BASIC TO FAN:;
   1  {New Yorker}  Repeat Part A, meas. 1 ;
   2  {Fenceline}  Cross lunge thru R twd LOD with bent knee looking toward LOD, rec L to fc prtnr, sd R, - ;
   3-4  {Fwd Basic to Fan}  Check fwd L, rec R, bk L lowering hands to waist level, - ;
    Bk R, rec L comm leading W to Fan pos, sd & fwr R tr hands, - (Fwd L, sd & bk R making 1/4 LF turn,
      bk L rel tr hands leaving rt foot extd fwr with no wt and fc RLOD, - ) ;
PART B., CONT.

5-8 STOP & GO HOCKEY STICK:: HOCKEY STICK::
5-6 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn, shaping to prtnr cl L, -
   (Cl R, fwd L, fwd R trng 1/2 LF ending fc LOD on M's rt sd, -);
   Check thru R toward LOD placing R hand on W shldr blade checking her mvt,
   rec L comm leading W to RF turn, cl R ending fc Wall, - (Chk bk L, rec R, fwd L trng 1/2 RF to Fan pos, -);
7-8 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs,-
   (Cl R, fwd L, fwd R, -);
   Bk R, rec L leading prtnr to turn LF, fwd R toward DRW following prtnr out, -
   (Fwd L twd RLOD, fwd R trng LF to fc prtnr and DLC, bk L, -);

9-11 HALF BASIC TO: NATURAL TOP 3 (TO FC WALL):: LUNGE SIDE (WITH ARMS) & REC;
9-10 {Bas-Nat Top 3} Check fwd L, rec R comm RF turn, cont RF trn sd & fwd L blending to CP fc COH, -;
   XRIB cont RF turn, cont turn sd L, finish turn to fc Wall cl R in CP, -
   (cont RF turn Sd L, cont turn XRIF, finish turn in CP sd L, -);
SS 11 {Lunge-Rec} Sd L twd LOD with lunge action sweeping left arm up and out, -, rec R no hands joined, -;

PART C.

1-4 CHASE FULL TURN (TO HANDSHAKE):: TRADE PLACES 2X::
1-2 {Chase Full Turn} Fwd L trng 1/2 RF, rec fwd R trng 1/2 RF, bk L, -;
   Bk R, rec L, fwd R to rt handshake, -;
   (Bk R, rec L, fwd R, -; Fwd L trng 1/2 RF, rec fwd R trng 1/2 RF, bk L to rt handshake, -);
3-4 {Trade Places} In rt-handshake pos Rk apt L, rec R trng RF 1/4 to fc RLOD beh W & rel rt hands,
   cont trng RF to fc prtnr & COH sd & bk L joining left hands, -;
   In left-handshake pos Rk apt R, rec L trng LF 1/4 to fc RLOD beh W & rel left hands,
   cont to trn LF to fc prtnr & Wall sd & bk R joining rt hands, -;
   (Rk apt R, rec L trng LF 1/4 to fc RLOD in front of M & rel rt hands,
   cont trng LF to fc prtnr & Wall sd & bk R joining left hands, -);
   (Rk apt L, rec R trng RF to fc RLOD in front of M & rel left hands,
   cont RF turn to fc prtnr & COH sd & bk L joining rt hands, -);

5-8 OPEN BREAK (and Join Lead Hands): UNDER ARM TURN: CROSS BODY (TO HANDSHAKE)::
5  {Op Break} In rt-handshake pos Rk apart L with left arm extended to sd,
   rec R keeping left arm extended (W lower left arm), sd L comm joining lead hands, -;
6  {UA Turn} With lead hands joined Chk bk R, rec L, sd R, -; blending to loose CP
   (Swiveling 1/4 RF on rt ft Fwd L trng 1/2 RF under joined lead hands, rec R trng 1/4 RF to fc prtnr, sd L, -);
7-8 {Cross Body} Chk fwd L, rec R trng LF to fc LOD leading W to "L" pos, sd L twd COH;
   Chk bk R, rec L trng LF to fc COH, sd & fwd R ending in rt-handshake fc COH, -;
   (Chk bk R, rec L, fwd R blending to "L" pos; Fwd L, fwd R trng 1/2 LF to fc Wall, bk & sd L to fc prtnr, -);

9-12 START A FLIRT; TO FAN; HOCKEY STICK::
9-10 {Flirt to Fan} M fchg COH Fwd L, rec R, sd L to Varsouviennne pos-COH, -;
   Bk R, rec L, sd L to Fan pos, -;
   (Bk R, fwd L twd LF turn, fwd R cont turning LF to Varsouvienne position, -;
   Bk L, rec R, sd L moving in front of the man turning 1/4 RF to end in Fan position fc LOD, -);
11-12 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
   (Cl R, fwd L, fwd R, -);
   Bk R, rec L leading prtnr to turn LF, fwd R toward DLC following prtnr out, -
   (Fwd L twd LOD, fwd R trng LF to fc prtnr and DRW, bk L, -);

13-16 SHOULDER TO SHOULDER; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL)::
13  {Shoulder to Shoulder} Fwd L to BFLY SCAR pos DLC, rec R, sd L to BFLY-COH, -;
14  {UA Turn} Repeat Part C, meas. 6 blending to low BFLY fc COH;
15-16 {Chase-UA Pass} Fwd L comm 1/2 RF turn keeping lead hands joined low, rec fwd R, chk fwd L, -;
   Bk R, rec L raising joined Id hands leading W to turn LF, sd R ending with Id hands joined fc prtn & Wall, -;
   (Bk R keeping lead hands joined low, rec L, fwd R twd man's left sd, -;
   Fwd L, fwd R trng 1/2 LF under joined lead hands to fc prtnr, sd L, -);
REPEAT PART B.

1-11 NEW YORKER; FENCELINE; FWD BASIC TO FAN;; STOP & GO HOCKEY STICK;; HOCKEY STICK;; HALF BASIC TO; NATURAL TOP 3 (TO FC WALL); LUNGE SIDE (WITH ARMS) & REC;

REPEAT PART C.

1-16 CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;; OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE); START A FLIRT; TO FAN; HOCKEY STICK;; SHOULDER TO SHOULDER;; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;

REPEAT PART C.

1-16 CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;; OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE); START A FLIRT; TO FAN; HOCKEY STICK;; SHOULDER TO SHOULDER;; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;

REPEAT PART A, MEAS. 1-10.

1-10 NEW YORKER; CRABWALKS (LOD);; SPOT TURN; OPEN BREAK; AIDA; SWITCH ROCK; SPOT TURN; ALEMANA;;

ENDING

1 LUNGE APART;
S 1 {Lunge Apart} Keeping tr hands joined lunge L twd COH shaping to prtnr, ext lead arms up & out , - , - ;