SABOR A MI

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Music: “Sabor a Mi” Angel Parra Casa Musica Latin Mega Hits Volume  First 13 meas deleted
Rhythm: International Rhumba, Phase VI
Sequence: Intro, A, B, A, B, ENDING Speed: Slow for comfort
Women’s part opposite man’s except where noted

INTRO

OP FCG POS WALL - LEAD HNDS JOINED AT WAIST LEVEL - WEIGHT ON M’S L WITH R POINTED BACK & W’S ON R WITH L POINTED FWD

WAIT TWO MEASURES;; -,-, STEP FWD R TO WALL ON 3RD BEAT OF THIRD MEAS,-,-;

PART A

1 – 4 PASSING CURL; BK VINE 3 L ROPE SPIN 3; FWD LADY SWIVEL & POINT HOOK UNWIND; HOLD, -, FWD R ON 3, -;
1  Passing Curl: Fwd L WALL M’s & W’s R hnds jnd, rec R/fwd L raise R hnd comm curl (W fwd R DCR), swivel RF on L ½ (W spiral LF on R to fc Ptr) look at ptr, -;
2  Bk to Rope Spin: {R hnds still jnd} trng RF XRIB of L (W Fwd L DW), Cont RF trn sd L COH (W fwd R WALL), Cont RF trn fwd R LOD (W fwd L DRW, spiral RF on L under jnd hands), -;
3  Fwd Swivel Lady to Hook & Unwind: Fwd & sd L LOD bring jnd hnds down (W fwd R RLOD & swivel RF on R pointing L close to R foot), Pt R, hldg pt bring jnd R hnds up by lifting R elbow trng W LF, (W fwd L LOD, trng LF Sd R fc M, hook LIB of R unwind full trn LF to fc man w weight on R foot let go of joined hands at end of unwind;
4  Hold, settling into supporting leg, fwd R (bk L), join both hands,-;

5 – 8 FWD TO SYCHOPATED CHANGE SIDES; SEND LADY BK WITH A CURL; CHASE W MAN SYNCOPATED FULL TURN; BK 2 CLOSE LADY SYNCOPATED RUN TO MAN;
5 & 6 Fwd to Syncopated Change Sides: Fcg Wall with both hand joined at waist level fwd L, rec R/ fwd L changing sides with W while trng ½ RF to fc ptr COH, bk R, bk L, -; Send lady bk with a curl: Fwd R, trng RF ½ cl L to fc ptr WALL while trn W LF under jnd lead hnds like a curl, fwd R to wall, -; (W: With both hnds jnd Bk R, rec L to COH starting to pass man on his right sd, fwd R trn ½ RF to fc M & wall, bk L settling into leg; Fwd R to wall, swivel {curl} on R ½ LF fc under jnd lead hands to fc M & COH, bk L,-;
7 & 8 Chase M full trn: Fwd L dropping jnd hands trng RF 1/2, fwd R to COH/cont RF trn to fcg wall & ptr bk L COH, bk R, -: Bk 3 lady run: Bk L, bk R, bk L raising lf hnd in preparation for 3 alemanas, -: (W: Bk R, rec L, fwd R, -: Fwd L, run two steps L/R with knee bent softly, fwd L to man w L arm out to side and R arm up ready for 3 alemanas, -:)

9-11 THREE ALEMANAS TO THE SOLO SLIDING DOORS::;
9 Three Alemanas: Bk R, rec L, cl R (W fwd L trng RF under joined lead hands brushing R to L, fwd R toward DRW trn RF to fc M, fwd L to M’s R sd trng further RF to end almost backing COH), -;
10 Sd L, rec R, cl L (fwd & across R towards LOD and spiral LF to fc DRW, cont LF trn fwd L towards approx wall trng ½ LF under joined lead hands, fwd R to M), -;
11 Bk R, sd L, fwd R to end side by side no hnd joined, -: (Fwd L trng RF under joined lead hands brushing R to L, fwd R toward wall trn RF to fc M letting go of jnd hands, fwd L to Rt sd of M), trn ½ RF on L to fc wall;)

12-16 SOLO SLIDING DOOR;FINISH SLIDING DOORS TO SLOW SPIRAL;;LADY ROLL OUT TO FAN;
12 Solo Sliding Doors: Fwd L to wall extending L hnd, rec R, XRIB of L, -: (Bk R to COH stretching R arm up above head, rec L bring hand down, fwd R w slight LF trn still looking at wall no in front of man {or optional press-line w delayed weight change}, -:)
13 Sd R exploding R hnd & arm in a clockwise circular motion up and out, rec L, XRIF of L, -: (Cucaracha L, rec R, bk L, -:)
14 Fwd L to wall extending L hnd, rec R offer L hnd to partner, cl L, -: (Bk R stretch arm up, recover L, fwd R DW to meet M’s hand preparing for slow spiral, -:)
15 Slow Spiral: With wght on both feet lead spiral by stretch L sd and then R sd over full measure, -, -,-, take wght on to R; (Slowly spiral LF on R using full measure to complete to fc wall looking LOD, -,-, -)
16 L Roll Out to Fan: Sd lunge L leaving arms with partner, rec R leading partner fwd then release jnd hands to fan pos, -, -jng M’s L & W’s R hands; (Hold first beat -, roll out LF to fan fwd L/fwd R trn ½ to fc M, step bk L right under body jng M’s L & W’s R hands, -:)

PART B

1 – 4 CIRCULAR CRAB WALKS (L tch);;BK 3 (ROLL LADY IN TO SKATERS);RK, REC, FWD, -; 
1 & 2 Circular Crab Walks*: Fwd L, rec R, sd & fwd L swiveling LF to fc DW looking at W with M’s R & W’s R hndds jnd, -: Swiveling to fc partner fwd R across L, sd & fwd L, fwd R fcng LOD, -: (Cl R to L, fwd L, fwd R to right hands joined, -: Swivel on R to step sd L looking at M, XRIF of L, tch L to R settling into leg with slight RF wind up, -:) [*The circular crab walks are in a circle using the joined hands as a center point.]

5 – 8 CRAB WALKS;;SYNC HIP RKS;FENCE LINE; 
5 & 6 Crab Walks: Still in skaters both same foot swivel to fc wall sd L LOD, thru R, sd L, -: XRIF of L, sd L, XRIF of L, -: 
7 Sync Hip Rocks: Sd L wght between both feet, roll hip R/L, R taking wght onto R, -;
8 Fence Line: Softening on R XLIF DRW, extend line, rec R, lunge sd L (W pt L);
9-12 **ROLL L (Solo) LOD to FC; FCG HOCKEY STICK; SLOW CURL; W OUT TO FC:**

9  **Roll L LOD:** Rec R leading W across, fc LOD fwd L, fwd R, -; (W roll LOD small L/R, Fwd L LOD/fwd R trn LF to fc M, step tiny bk, join M’s L & W’s R hnds;

10 **Facing Hockey Stick:** Fwd L, rec R, cl L look at women through “window” & shape for curl, -; (W: Bk R, rec L, fwd R with R elbow fwd looking at M through window and left arm out to sd, -;)

11  **Slow Curl:** Wght on L lead slow curl stretching left sd and stretching R arm out & up to match W’s line , -, -; (W: Taking full measure to slowly curl LF on R to fc M but looking up DRW, -, stretching left side lifting L arm up from elbow, -;)

12  **W Out to Fc:** M’s L & W’s R hnds still jnd Fwd R DRW to lunge leading W out, -, -, -; (W: Fwd L DRW, fwd R trn RF to fc man & pt L ft -;)

13-16 **LADY IN FOR LEG CRAWL; BEND BK & UP; TWIST LF, -, UNWIND & L RONDE; LADY UNDER TO FC WALL TO A HANDSHAKE:**

13  **Lady in for Leg Crawl:** Rec L keep R ptn to DRW lead W in for leg crawl, -, -; (W Fwd L to M, fwd R/crawl up M’s R leg with W’s L leg and arms around M’s neck, -, -;)

14  **Bend Back & Up:** Wght on L in CP arms under W supporting on shlders soften L knee allow W to stretch bk, -, bring W back up, -;

15  **Twist LF:** Twist LF by softening L knee and put partial wght on R, -, unwind taking wght bk on L, sd & fwd R leading W to Ronde; (W: Twist LF by softening R knee looking over L shoulder with left arm out, -, untwist & put L foot down, & ronde R foot (allow R hand to release from M’s shoulder) reaching with R foot to across and behind left foot with just partial weight:)

16  **Lady under to fc wall:** -, jng M’s L & W’s R hnds pivot RF to FC wall on R cls L, fwd R [* 2nd time thru step is taken on the guitar strum during the word Mi] M & W R hnds jnd, -; (Complete weight change onto R, small step L to wall , fwd R trn LF under jnd M’s L& W’s jnd hands to fc M, bk R to wall fcg M & COH;)

**ENDING**

1-4 **PASSING CURL; BK TO ROPE SPIN; FWD LADY SWIVEL & POINT; HOOK UNWIND; M LOWER IN SLOW LUNGE WHILE MUSIC FADES**

5  Hold final position but place hands on W’s waist while softening on L knee with R leg out looking up at W, -; (Look at M)