ON AND ON III

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Record: STAR 206 “ON AND ON” Flip of “THIS CAN’T BE LOVE”  Speed: 45 RPM
Rhythm: RUMBA  Phase - III  Footwork: Opposite directions for M.

INTRO

1--4  WAIT 2 MEAS;; CUCA TWICE;;
1-4 in BFY WALL wait 2 meas;; Sd L, rec R, cl L,-; Sd R, rec L, cl R,-;

PART A

1--4  BAS;; NY TWICE;;
1-4 in BFY WALL fwd L, rec R, sd L,-; Bk R, rec L, sd R,-; XLIF to sd by sd, rec R to fc, sd L,- to BFY WALL; XRIF to sd by sd, rec L to fc, sd R,-;

5--8  BRK BK to OP; PROG WK 3; CIRC AWY&TOG to BFY WALL;
5-8 XLIF to OP LOD, rec R, fwd L,-; Fwd R, fwd L, fwd R,-; Circ awy fwd L, R, L,-; Circ tog fwd R, L, R,- to BFY WALL;

9-12  1/2 BAS; UNDREM TRN to TAMARA; WHEEL 1/2; WRAP;
9-12 Fwd L, rec R, sd L,-; Bk R, rec L, cl sd R,- (W under jnd lead hnds XLIF trng 1/2 RF; rec R contg trng RF, fwd R) to TAMARA WALL; Maintng pos both wheel fwd L, R, L,- M fc COH; Contg fwd wheel fwd L, R, R (W wrapped LF L, R, L,-) to WRAPPED WALL;

13-16  WHEEL 1/2; UNWRAP to BFY/WALL; 1/2 BAS; FNC LINE;
13-16 Cong fwd wheel in wrapped pos. L, R, L fc COH,-; Cont fwd wheel R, L, R (W unwrap RF L, R, L keeping both hnds jnd),- to low BFY WALL;  Fwd L, rec R, sd L,-; XRIF rec L, sd R,-;

PART B

1--4  CHASE;;;
1-4 in BFY WALL fwd L trng 1/2 RF both fc COH (W no trn), rec R, fwd L,-; Fwd R trng 1/2 LF (W trng 1/2 RF) both fc WALL, rec L, fwd R,-; Fwd L (W fwd R trng 1/2 LF), rec R, fwd L,-; Bk R, rec L, fwd R,- to BFY WALL;

5--8  TWISTY VIN 3; SHLDR TO SHLDR; CRAB WK;;
5-8 Sd L, XRIB (W XLIF), sd L,-; Rk fwd R (W rk bk L) to BFY BJ, rec L to fc, sd R,-; XLIF sd R, XLIF,-; Sd R, XLIF, sd R,-;

9-13  REV UNDRM TRN; UNDRM TRN; BAS;; SD CL SD CL;
9-13 XLIF, rec R, sd L (W LF XRIF, rec trn L, sd R),-; XRIB, rec L, sd R,- (W under jnd lead hnds XLIF trng 1/2 RF; rec R contg trng RF, sd R),- to BFY WALL; Repeat meas 1-2 of PART A;; Sd L, cl R, sd L, cl R;

END

1  X LUNGE w/ARM CIRC & HOLD
1 Contg jnd lead hnds XRIF twd LOD & trail arm circ CCW (W CW), lunge sd & contg arm circ, look RLOD & extend trail hnds twd RLOD, hold;