SHAKE IT FOR ME

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Record: “Country Girl (Shake It For Me)” by Luke Bryan CD/“Tailgates & Tanlines” Capitol ASIN: B0052V0NQ8 Legally downloadable from www.amazon.com and others

Footwork: Opposite throughout except as noted (woman in parentheses and italics) 100%/45 rpm

Phase: Cha Cha Roundalab Phase IV+2 (Single Cuban Break, Double Cuban Breaks) Released April 5, 2014

Sequence: Intro A B A B C A B C 1-7 End Modified April 25, 2014

INTRO

(FCNG WALL 6 FT APT) WAIT 2 MEAS; ; HOLD (W SLOW TURNING HIP BUMP 4X); ;

1-2 FCNG WALL 6 FT APT wait; wait;
3 Hold (W fwd R toe push/trn 1/4 LF to RLOD lifting R hip, drop R hip flexing L knee,
   fwd R toe push/trn 1/4 LF to WALL lifting R hip, drop R hip flexing L knee);
4 Hold (W fwd R toe push/trn 1/4 LF to LOD lifting R hip, drop R hip flexing L knee,
   fwd R toe push/trn 1/4 LF to COH lifting R hip, drop R hip flexing L knee);

(FCNG WALL 6 FT APT) CHASE; (W CATCH UP TO M); ; (BFLY WALL)

5 Fwd L trng 1/2 RF (W rk bk R), rec fwd R to face COH, fwd L/cl R, fwd L taking short steps to allow W to join him;
6 Fwd R trng 1/2 LF (W fwd L trng 1/2 RF), rec L to fc COH, fwd R/cl L, fwd R;
7-8 Rk fwd L (W fwd R trng 1/2 LF), rec R, bk L/cl R/bk L; rk bk R, rec L, fwd R/cl L, fwd R;

PART A

(BFLY WALL) TRAVELING DOOR; TWICE TO OP; (OP LOD) CIRCLE CHA; ; (BFLY WALL)

1-2 Rk sd L, rec R, XLIF/sd R, XLIF; rk sd R, rec L, XRIF/sd L, XRIF blending to OP LOD;
3-4 Circle LF (W RF) L, R, L/cl L, R; continue circle LF R, L, R/cl L, R;

(BFLY WALL) HALF BASIC; WHIP; (BFLY COH) FENCE LINE; WHIP; (BFLY WALL)

5 Rk fwd L, rec R, sd L/cl R, sd L;
6 Bk R trng 1/4 LF, fwd L cont trng 1/4 to fc COH, sd R/cl L, sd R
   (W fwd L outside M on his left side, fwd R trng 1/2 LF to fc M, sd L/cl R, sd L) ;
7 XLIF; rec R, sd L/cl R, sd L;
8 Bk R trng 1/4 LF, fwd L cont trng 1/4 to fc WALL, sd R/cl L, sd R
   (W fwd L outside M on his left side, fwd R trng 1/2 LF to fc M, sd L/cl R, sd L) ;

(BFLY WALL) HAND TO HAND; CRAB WALKS; ; UNDERARM TURN; (BFLY WALL)

9-10 XLIF to trng to OP LOD, rec R to BFLY WALL, sd L/cl R, sd L; XRIF, sd L, XRIF/sd L, XRIF;
11-12 Sd L, XRIF, sd L/cl R, sd L; XRIF (W XLIF trng 1/2 RF), rec L (W rec R complete 1/2 RF trn to BFLY), sd R/cl L, sd R;

(BFLY WALL) NEW YORKER; SHOULDERS TO SHOULDER; TWICE; SPOT TURN; (BFLY WALL)

13-14 XLIF trng to LOP, rec R trng to BFLY WALL, sd L/cl R, sd L; XRIF to BFLY BJO (W XLIB), rec L to fc, sd R/cl L, sd R;
15 XLIF BFLY to SCAR/RLOD (W XRLIB), rec R to fc, sd L/cl R, sd L;
16 XRIF trng 1/2 LF on crossing ft (W trn RF), rec L cont trng to fc ptr, sd R/cl L, sd R;
PART B

(BFLY WALL) MODIFIED PEEKABOO CHASE DOUBLE; ; ; DOUBLE CUBANS; ; FINISH THE CHASE; ;

1-2  Fwd L trng 1/2 RF (W rk bk R), rec fwd R, fwd L/cls R, fwd L; rk sd R look over L shoulder, rec L, in plc R/L, R;

3-4  Rk sd L look over R shoulder, rec R, in plc L/R, L; fwd R trng 1/2 LF (W fwd L trng 1/2 RF), rec L, fwd R/cl L, fwd R;

5-6  XLIF/rec R, rk sd L/rec R, XLIF/rec R, sd L; XRIF/rec L, rk sd R/rec L, XRIF/rec L, sd R;

7-8  Fwd L (W fwd R trng 1/2 LF), rec R, bk L/cls R, bk L; rk bk R, rec L, fwd R/cl L, fwd R;

PART C

(BFLY WALL) ALEMANA; ; to a LARIAT; ; (BFLY WALL)

1  Fwd L, rec R, bk L/cls R, small bk L leading W to commence RF turn;

2  Bk R, rec L, sd R/cls L, sd R

   (bk R, rec L, fwd R/cls L, fwd R comm RF trn; cont RF trn under joined lead hnds fwd L, cont RF trn fwd R, sd L/cls R, sd L);

3  Sd L, rec R, in place L/R, L (W circ clockwise around M fwd R, fwd L, fwd R/cls L, fwd R);

4  Sd R, rec L, in place R/L, R (W cont circ fwd L, fwd R. fwd L/cl R, sd L to fc ptr)

(BFLY WALL) BREAK BK TO OP & TRIPLE CHA FWD; ; NEW YORKER; SINGLE CUBAN BRK; (BFLY WALL)

5-6  XLIB to OP LOD, rec fwd R, fwd L/cls R, fwd L; fwd R/cls R, fwd R, fwd L/cls R, fwd L;

7-8  Fwd R, rec L trng to BFLY WALL, sd R/cl L, sd R; XLIF/rec R, sd L, XRIF/rec L, sd R;

END

(BFLY WALL) DOUBLE CUBAN BREAKS; ; SINGLE CUBAN BREAK; STAMP, STAMP, - , - ;

1-2  XLIF/rec R, rk sd L/rec R, XLIF/rec R, sd L; XRIF/rec L, rk sd R/rec L, XRIF/rec L, sd R;

3-4  XLIF/rec R, sd L, XRIF/rec L, sd R; stamp L, stamp R, - , - ;
Shake It For Me
Phase 4+2 Cha
Choreographer: Erin & Scot Byars
Music: Luke Bryan “Country Girl (Shake It For Me)”
Released: April 5, 2014  Modified: April 25, 2014

Intro   A     B     A     B     C     A     B     C 1–7   End

Intro   FACING 6 FT APART
Wait 2 meas; ; woman slow turning hip bumps 4X; ;
Chase; (woman catch up to man); ; to BFLY;

Part A   Traveling doors; to OP LOD; circle cha; ; half basic; whip; fence line; whip;
Hand to hand; crab walks; ; underarm turn;
New Yorker; shoulder to shoulder; twice; spot turn; to BFLY

Part B   Peek-a-boo chase double MODIFIED; ; ;
Double cubans; ; finish the chase; ;

Part A   Traveling doors; to OP LOD; circle cha; ; half basic; whip; fence line; whip;
Hand to hand; crab walks; ; underarm turn;
New Yorker; shoulder to shoulder; twice; spot turn; to BFLY

Part B   Peek-a-boo chase double MODIFIED; ; ;
Double cubans; ; finish the chase; ;

Part C   Alemana; ; to a lariat; ; break back to forward triple chas; ;
New Yorker; single cubans;

Part A   Traveling doors; to OP LOD; circle cha; ; half basic; whip; fence line; whip;
Hand to hand; crab walks; ; underarm turn;
New Yorker; shoulder to shoulder; twice; spot turn; to BFLY

Part B   Peek-a-boo chase double MODIFIED; ; ;
Double cubans; ; finish the chase; ;

Part C 1–7   Alemana; ; to a lariat; ; break back to forward triple chas; ;
New Yorker;

End   Double cubans; ; single cubans; stamp, stamp;