COMPOSERS: George & Judie McFarlane
2265 Ralston Road, Sacramento, CA 95821
(916) 929-6617

RECORD: RCA Gold Standard, 447-0628, (Elvis Presley)

FOOTWORK: Opposite unless otherwise noted

SEQUENCE: Intro, A, B, A, B, A, B, A, END

ROUNDA LAB Phase IV+2
(Sailor Shuffle, She Go He He Go)

INTRO

1-4 SAILOR SHUFFLE TWICE;; PROGRESSIVE ROCK 4; CHASSE L & R;
1-2 Wait 2 pkup notes in bfly - xLib/sd R, sd L, xRib/sd L, sd R; xLib/sd R, sd L, xRib/sd L, sd R;
3-4 rk apt L, rec xRif, rk apt L, rec xRif to cpw; sd L/cl R, sd L, cl R/cl L, sd R;

PART A

1-6 CHG PLACES R TO L (LOD) SHLDR SHOVE;; LINK RK JIVE WALKS TO OP;;;
1-3 rk bk L to scp, rec R, sd L/cl R, sd L (W fwd R trmg rf under jnd lead hnds to fc ptr);
sd R/cl L, sd R to lop lod, rk apt L, rec R trmg rf (W trmg lf); sd L/cl R, sd L twd ptr bringing
shoulders tog and trmg to fc ptr, bk R/cl L, bk L (W sd L/cl R, sd L);
4-6 rk apt L, rec R, fwd L/cl R, fwd L (W fwd R/L, R trmg rf) to scp lod; sd R/cl L, sd R to cpw;
rk bk L to scp, rec R; fwd L/cl R, fwd L, fwd R/cl L, fwd R to cpw;

7-12 STP KICK CHASSE ROLL (RLOAD) STP KICK;; THROWAWAY;
CHICKEN WALKS (2S - 2Q) LINK RK;;;
7-9 fwd L, kick R fwd, sd R lod trmg to fc ptr/cl L, fwd R trmg rf (W tm lf); cont tm sd L/cl R,
sd L to lop fcng ptr, fwd R lod, kick L fwd; sd L/cl R, fwd L (W sd R/cl L, bk R) trmg lf to cp
lod, sd R/cl L, sd R (W bk L/cl R, bk L) to lop fcng ptr & lod;
10-12 bk L (W fwd R with swling action & L hnd on hip), bk R (W fwd L with swling action),-
bk L, R, rk apt L, rec R; fwd L (W fwd R)/cl R, fwd L, sd R/cl L, sd R trmg to cpw;

PART B

1-4 SHE GO HE GO CHG HANDS BEH BK (SCP);;; STP KICK TWICE;
1-3 rk apt L, rec R, fwd L/cl R, fwd L trmg 1/4 rf (W tm lf under jnd lead hnds); fwd R/cl L, fwd R
trmg 3/4 if under jnd lead hnds (W tm 1/4 if) to fc ptr, rk apt L, rec R; fwd L/cl R, fwd L trmg
1/4 if & chg W’s R hnd to M’s R hnd (W fwd trmg rf beh ptr), sd R/cl L, sd R cont if tm &
chg W’s R hnd to M’s L hnd beh M’s back to scp lod;
4 stp in place L, kick fwd R, stp in place R, kick fwd L to scp;

5-8 RK THE BOAT TWICE; PRETZEL TURN;;;
5 fwd L with straight knee, cl R relaxing knee and bending slightly backward, fwd L with
straight knee, cl R relaxing knee and bending slightly backward;
6-8 rk bk L, rec R, sd L/cl R, bk L trmg rf (W tm lf) and keep lead hnds jnd; cont tm sd R/cl L,
fwd R (end sd by sd with M's L and W's R hands jnd beh their backs) rk fwd L, rec R;
begin if tm (W rf tm) sd L/cl R, fwd L, sd R/cl L, sd R to cpw;

END

1-4 SAILOR SHUFFLE TWICE;; PROGRESSIVE ROCK 4; CHASSE L & R;
1-4 Repeat measures 1-4 of Intro.

5-8 THROWAWAY; CHICKEN WALKS (2S - 2Q) LINK/PT SD;;;
5-6 sd L/cl R, sd L (W pkup R/cl L, sd R), sd R/cl L, sd R (W bk L/cl R, bk L) to lop fcng ptr & lod;
bk L (W fwd R with swling action & L hnd on hip),- bk R (W fwd L with swling action),-
7-8 bk L, R, rk apt L, rec R; fwd L (W fwd R)/cl R, fwd L, - point R sd to wall;