

YOU'RE A LOVING LADY 3

Music: **Erich Bachmann**
www.casa-musica-shop.de/album.aspx?id=10464

Track#13 Time 4:01
Shortened from 3:22,9 to the end to Time 3:23
Available from choreographer

Rhythm: **Foxtrot Phase: III**
Footwork: **Opposite except where (Noted)**

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Sequence: **INTRO AB A C B* C(1-15) END**



INTRO

CP WALL LEAD FOOT FREE START AFTER A FUE INTRO NOTES

PART A

01-04 HOVER ; HOVER FALLAWAY ; BACK HOVER to SCP ; PICK UP & RUN 2 ;

{Hover} Fwd L, -, fwd & sd R rise to ball of ft, fwd L to SCP DLC ; {Hover Fallaway} Fwd R, -, fwd L risg & ckg, rec R to SCP DLW ; {Bk Hover to SCP} Bk L, -, bk R risg sltly, rec L (W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP DLC ; {Pick Up & Run 2} Sm fwd R to CP LOD (W fwd L trng LF to CP), -, fwd L, fwd R ;

05-08 PROGRESSIVE BOX ; ; 2 LEFT TURNS ; ;

{Progressive Box} Fwd L, -, fwd & sd R, cl L ; Fwd R, -, fwd & sd L, cl R ; {2 Left Turns} Fwd L com LF trn, -, sd R cont trn, cl L to CP RLOD ; Bk R com LF trn, -, sd L cont trn, cl R to CP WALL ;

09-12 WHISK ; THRU VINE 4 ; THRU SIDE BEHIND ; ROLL 3 to SCP ;

{Whisk} Fwd L, -, sd & fwd R, XLib (W XRib) to SCP LOD ; {Thru Vine 4} [QQQQ] XRif (W XLif), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ; {Thru Sd Behind} Thru R, -, sd L to fc ptr, XRib (W XLib) ; {Roll 3 to SCP} Start LF trn (W RF) sd & fwd L, -, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ;

13-16 MANEUVER ; BACK BACK/LOCK BACK ; PIVOT 3 to SCP ; PICK UP & RUN 2 ;

{Maneuver} Trng RF fwd R ifo W, -, sd L cont trn, cl R (W fwd L, -, R, L) to CP RLOD ; {Bk Bk/lk Bk} [SQ&Q] Bk L, -, bk R/lk L, bk R ; {Pivot 3 to SCP} Bk L pivot ½ RF, -, fwd R heel lead btwn W's feet cont RF trn rise & stretch R sd, sd & fwd L to SCP LOD ; {Pick Up & Run 2} Repeat meas 4 Part A ;

PART B

01-04 ONE LEFT TURN ; BACK & RUN 2 ; IMPETUS to SCP ; PICK UP to SCAR DLW ;

{One Left Turn} Fwd L com LF trn, -, sd R cont trn, cl L to CP RLOD ; {Bk & Run 2} Bk L, -, bk R, bk L ; {Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ; {Pick Up to SCAR} Sm fwd R Idg W to fold in frt (W trng LF fwd L foldg ifo M), -, sd L, cl R to SCAR DLW ;

05-08 CROSS HOVERS BJO & SCAR ; ; CROSS HOVER to SCP ; THRU FACE CLOSE ;

{Cross Hover to BJO} XLif (W XRib), -, sd R rise trn LF, rec L to BJO DLC ; {Cross Hover to SCAR} XRif, -, sd L w/ rise comm RF trn, rec R to SCAR ; {Cross Hover to SCP} XLif, -, sd R hvrg, rec L (W XRib, -, sd & bk L w/ strong RF trn, fwd R) to SCP LOD ; {Thru Fc Cl} Thru R, -, sd L trng to fc ptr, cl R to CP WALL ;

09-12 HOVER ; THRU CHASSE to BJO ; MANEUVER ; PIVOT 3 to 1/2 OP ;

{Hover} Repeat meas 1 Part A ; {Thru Chasse to BJO} [SQ&Q] Thru R, -, sd to fc ptr L/cl R, sd & fwd L (W trng LF, -, sd R/cl L, sd & bk R) to BJO LOD ; {Maneuver} Repeat meas 13 Part A ; {Pivot 3 to ½ OP} Repeat meas 15 Part A to ½ OP LOD ;

13-16 M ROLL ACROSS ; W ROLL ACROSS ; THRU VINE 4 ; THRU FACE CLOSE [2^{de} TIME: PICK UP SIDE CLOSE] ;

{M Roll Across} Fwd R comm RF trn, -, sd & fwd L ifo W contg trn, sd & fwd R (W fwd L, -, R, L) to ½ LOP LOD w/ trl-arms out to sd ; {W Roll Across} Fwd L, -, R, L (W fwd R comm RF trn, -, sd & fwd L ifo M contg trn, fwd & sd R) to ½ OP DLC w/ ld-arms out to sd ; {Thru Vine 4} Repeat meas 10 Part A ; {Thru Fc Cl} Repeat meas 8 Part B ;

*2^{de} Time : {Pick Up & Run 2} Repeat meas 4 Part A ;

PART C

01-04 TURN LEFT & R-CHASSE to BJO ; IMPETUS to SCP ; THRU CHASSE to BJO ; FWD FWD/LOCK FWD ;

{Turn Left & R-Chasse to BJO} [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; **{Impetus to SCP}** Repeat meas 3 Part B ; **{Thru Chasse to BJO}** [SQ&Q] Thru R, -, sd to fc prt L/cl R, sd & fwd L (*W thru L, -, sd R/cl L, sd & bk R*) to BJO LOD ; **{Fwd Fwd/Lock Fwd}** [SQ&Q] Fwd R, -, fwd L/lk Rib, fwd L ;

05-08 MANEUVER ; BACK BACK/LOCK BACK ; OVER SPIN TURN ; ½ BACK BOX to WALL ;

{Maneuver} Repeat meas 13 Part A ; **{Bk Bk/lk Bk}** Repeat meas 14 Part A ; **{Over Spin Turn}** Trng upper bdy RF bk L pvtg ½ RF & leavg R in frt, -, fwd R heel to toe btw W's ft contg RF trn, rec sd & bk L compg ¾ RF trn (*W trng upper bdy RF fwd R btw M's ft pvtg ½ RF, -, bk L contg trn & brush R to L, contg RF trn sd & fwd R*) to CP DRW ; **{1/2 Bk Box}** Bk R, -, sd L trng LF, cl R to CP WALL ;

09-12 LEFT TURNING BOX HALF ; ; SOLO TURN 6 to RLOD ; ;

{Left Turng Box 1/2} Fwd L trn ¼ LF, -, sd R, cl L to LOD ; Bk R trn ¼ LF, -, sd L, cl R to COH ; **{Solo Turn 6 to RLOD}** Twd RLOD fwd L trn away from ptr, -, sd R cont LF trn, cl L to SD-BY-SD LOD ; Bk R cont LF trn, -, sd L, cl R to BFLY COH ;

13-16 LEFT TURNING BOX HALF ; ; HOVER ; PICK UP & RUN 2 ;

{Left Turng Box 1/2} Blend to CP & Repeat meas 9,10 Part C ; ; **{Hover}** Repeat meas 1 Part A ; **{Pick Up & Run 2}** Repeat meas 4 Part A ;

ENDING

01 CHAIR & HOLD ;

{Chair & Hold} [Q] Lun fwd R with bent knee & upper bdy erect as if sitting in chair ;