

YOUNG WOMAN

Music: Richard Clayderman

Cd: The Best from the World Instrumental - 44

https://mega.nz/file/YQdRFtqL#VRL7oV31usgay7gWzqRRQ2De2EYCBB_he07mq2XnAsk

Time 2:34 Slow down w/ -5% to Time 2:44

Available from choreographer

Rhythm: Hesitation & Canter Waltz Phase:VI

Footwork: Opposite except where (Noted)

Release Date: Mars 26

Choreo: Jos Dierickx Beverlosestwg 14b2 3853 Paal Belgium

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Sequence: INTRO A BB A A(1-15) END



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT TWO MEASURES ; ; ; ;

{Wait} CP DLC ld ft free wt 2 meas ; ; {Fwd Pnt x 2} [1-&;1-&] Fwd L Dlc, - swiv LF pnt R to Lod, -; Fwd R to Lod, -, pnt L swiv RF to Dlw, -;

04-08 CHECKED REVERSE & SLIP ; CURVED FEATHER ; OUTSIDE SPIN ; RUDOLPH RONDE & SLIP ;

{Ckd Reverse & Slip} Fwd L, -, fwd R trng LF around W rising strongly & chkg (*W heel trn*), trng RF slip L bk sml step to end CP DLW ;
{Curved Feather} Staying in BJO thru out fwd R stg to trn RF, contg RF trn sd & fwd L, contg upper bdy trn fwd R (*W bk L stg to trn RF, bk R bhd L contg to trn RF w/ strong R sd ld, bk L*) ckg to BJO RLOD ; {Outsd Spin} Bk L trn RF, fwd R arnd W, sd & bk L ; {Rudolph Ronde & Slip} Fwd R bet W ft with RF body trn startg W ronde, bk L well under body, bk R with rise trn LF CP DLC ;

PART A

01-04 DBL REVERSE SPIN ; SPLIT RONDE ; TURNING WHISK ; CROSS HESITATION ;

{Dbl Reverse Spin} [12-/12&3] Fwd L comm LF trn, cont trn sd R, spin LF on ball of R bring L ft under body beside R no weight fc DLC (*W bk R comm LF trn, cl L to R heel trn cont LF trn heel to toe/sd & slightly bk R cont trn, cont body trn XLif*) ; {Split Ronde} [-23/W 123&] Lower on R ronde lft leg CCW comm LF trn, cont LF trn XLib, cont trn slip bk R (*W sd R lower on R ronde lft leg CCW comm LF trn, cont trn XLib, cont trn sd R/ slip fwd L*) end CP DRW ; {Trng Whisk} Fwd L ¼ LF trn, sd R, XLib to SCP DLW ; {Cross Hesitation} [1,-,-/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (*W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ;

05-08 BACK TIPPLE CHASSE PIVOT ; OUTSIDE SPIN & TWIST ; ; OP FINISH ;

{Bk Tipple Chasse Pivot} [12&3] Comm upper body trn RF bk L, cont trn sd R with lft sd stretch/cl L, cont trn sd & fwd R pivot ½ RF to fc RLOD ; {Outsd Spin & Twist} Repeat meas 7 Intro ; [1,-,3/W 1,2,3] M hook Rib w/partial wgt, unwind RF chng wgt to R, cont unwind stp sd & bk L (*W fwd L/R around M, fwd L trng RF, fwd R btwn M's ft*) to CP DLW ; {OP Finish} Bk R comm LF trn, bk & sd L cont trng LF, fwd R to BJO DLC ;

09-12 REVERSE FALLAWAY ; BK & CHASSE BJO (DLW) ; OP NATURAL ; IMPETUS to ½ OP LOD ;

{Reverse Fallaway} Fwd L trng LF, cont trng LF sd R, XLib step taken well under the body (*W bk R trng LF, sd L, XLib*) to SCP DRW ; {Bk Chasse to BJO} [12&3] Bk R twds DLC comm LF trn, cont LF trn sd & fwd L twds DLW/cl R, sd & fwd L to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ rt sd ld (*W bk L trng RF, fwd R btwn M's ft, fwd L*) to BJO DRC ; {Impetus to ½ OP LOD} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to ½ OP LOD ;

13-16 OP IN & OUT RUNS ; ; THRU RIPPLE CHASSE ; SLOW SIDE LOCK ;

{OP In & Out Runs} Fwd R begin RF trn, sd & fwd L xg ifo W cont trn, sd & fwd R to ½ LOP LOD [w/ free arms out to sd] (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L xg ifo M cont trn, fwd & sd R*) to ½ OP LOD [w/ free arms out to sd] ; {Thru Ripple Chasse} [12&3] Thru R trn head to rt, change to rt sway sd L/cl R holdg sway, lose sway sd L to SCP DLW ; {Slow Sd Lk} Thru R, fwd & sd L risg trng LF, cl R (*W thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

PART B

01-04 TELESPIN SCP ; ; NATURAL HOVER CROSS & SYNCOPATE the ENDING ; ;

{Telespin to SCP} [12&/W123&] Fwd on L trng LF, sd R cont LF trn, pnt L bk partial weight cont body trng (*W bk R pull L past R trng LF on R heel, cl L to R, fwd R SCP DLW/fwd L*) ; Cont LF trn fwd L LOD, cont trng sd R CP RLOD, cont trng fwd L SCP DW (*W trng LF fwd & sd R, cont trn cl L to R, fwd R*) SCP DLW ; {Nat Hover Cross & Sync the Endg} Thru R comm RF trn, sd L cont trng, sd & fwd R CP LOD (*W thru L, fwd R btwn M's ft trng RF, sd & bk L*) ; [12&3] Cont slight RF trn chk fwd L outsd W in SCAR, rec R trng LF/fwd & sd L DC, fwd R (*W chk bk R, rec L trng LF/bk & sd R, bk L*) to BJO DLC ;

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05-08 TELEMARK to SCP ; WEAVE 3 to BJO ; OUTSIDE SPIN Into RIGHT TURNING LOCK to SCP ; ;

{**Telemark to SCP**} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {**Weave 3 to BJO**} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L*) to BJO DRC ; {**Outsd Spin**} Repeat meas 6 Part A ; {**Right Trng Lock to SCP**} [1&23] Bk R rt sd lead comm RF trn/ XLif to fc COH, slight lft sd lead cont RF trn sd & fwd R btwn W's ft, cont RF trn fwd L (*W fwd L comm RF trn/XRib, fwd & sd L cont RF trn, fwd R*) to SCP DLC ;

09-12 WEAVE 6 to BJO ; ; FWD FWD/LOCK FWD ; FWD FACE CLOSE ;

{**Weave 6 to BJO**} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; {**Fwd Fwd/Lk Fwd**} [12&3] Fwd R, fwd L/lk Rib, fwd L ; {**Fwd Fc Cl**} Fwd R, sd & fwd L trng RF to fc ptr, cl R CP DLW ;

13-16 SLOW FWD & RIGHT LUNGE ; SLOW ROLL & SLIP ; CONTRA CHECK RECOVER to SCP DLW ; CHAIR & SLIP ;

{**Slow Fwd & Right lunge**} [12-] Fwd L, flexg L-knee sd & fwd R twd Drw sway R lookg at W (*W look well lft*), - ; {**Slow Roll & Slip**} [1-2] Rec L rotatg body RF, -, swiv LF on L slip R bk undr body end CP DLW ; {**Contra Check Rec to SCP DLW**} Lower on R fwd L in contra body mvt rt sd lead, rec R, sd & fwd L (*W bk R lookg well to lft, rec L, sd & fwd R*) to SCP DLW ; {**Chair & Slip**} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

ENDING

01 THRU to CHAIR & HOLD ;

{**Thru to Chair**} [1] Strong fwd R in lunge action bendg knee, -, - ;