

YOU MAKE ME FEEL SO YOUNG

Music: Andy Ross
Cd: Come Dancing
<https://www.amazon.com/Come-Dancing-ANDY-ROSS/dp/B0000277JY>
Track # 1 Time 2:26 Available from choreographer

Rhythm: Foxtrot **Phase:** IV+1 (Back Lilt)

Footwork: Opposite except where (Noted)

Release Date: Mars 26

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AB A(9-16) C B C B(1-7) END



INTRO

01-04 BJO DRW LEAD FOOT FREE WAIT 2 MEASURES ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Wait} BJO DRW ld ft free wt 2 meas ; ; {Qk Diamond 4} [SQ&Q] Fwd L stg to trn LF, sd R contg LF trn/bk L compg ¼ LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [SS] Bk L w/ flexed knee, -, rec R swiv LF to BJO DLC, -;

PART A

01-04 TELEMARK to SCP ; START IN & OUT RUNS INTERRUPT with DOUBLE BACK LILT ; ; FINISH IN & OUT RUNS ;

{Telemark to SCP} Fwd L com LF trn, -, sd R contg LF trn, sd & fwd L (W bk R to heel stg LF trn bringing L ft beside R w/ no wgt, -, cont LF trn on R heel & chg wgt to L risg to ball, sd & sltly fwd R) to SCP DLW ; {Start In & Out Runs} Trng RF fwd R, -, sd & bk L, bk R (W fwd L, -, fwd R btwn M's ft, fwd L) to BJO RLOD ; {Interrupt w/ Dbl Bk Lilt} [QQQQ] In BJO bk L, cl R to L risg onto toes and keepg knees bent, bk L, cl R ; {Finish In & Out Run} Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R) to SCP DLC ;

05-08 SLOW SIDE LOCK ; REVERSE WAVE ; ; HESITATION CHANGE ;

{Slow Sd Lock} Thru R, -, fwd & sd L risg trng LF, cl R (W thru L trng LF, -, sd R trng LF, XLif) to CP DLC ; {Reverse Wave} Fwd L comm LF trn, sd R twd LOD trng LF (W heel trn), bk L to BJO DRC ; Bk R, bk L, bk R in CP fcg RLOD ; {Hesitation Chng} [SS-] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

09-12 OP REVERSE TURN ; HOVER CORTE ; BACK TWISTY VINE 4 ; BACK HOVER to SCP ;

{OP Reverse Trn} Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr) to BJO RLOD ; {Hover Corte} Bk R stg ½ LF trn, -, cont trn sd & fwd L risg & compg trn, rec R to BJO LOD ; {Bk Twisty Vine 4} (QQQQ) Bk L in BJO, sd R trng to SCAR, fwd L in SCAR, sd & bk R trng to BJO DLW ; {Bk Hover to SCP} Bk L, -, bk R risg sltly, rec L (W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP DLW ;

13-16 PROMENADE WEAVE ; ; HOVER TELE ; CHAIR & SLIP ;

{Promenade Weave} [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO LOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (W fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L) to BJO DLW ; {Hover Tele} Fwd L, -, fwd & sd R risg & trng 1/8 RF, sd & fwd L to SCP LOD ; {Chair & Slip} Ck thru R, -, rec L, trng LF bk R (W ck thru L, -, rec R, swiv LF on R fwd L) to CP DLC ;

PART B

01-04 CLOSED TELEMARK ; UNDERTURNED MANUEVER ; BACK CROSS HOVERS to SCAR & BJO ; ;

{Closed Telemark} Fwd L, fwd & sd R cont LF trn, sd & fwd L (W bk R, trng LF on R cl L [heel trn], bk & sd R) to BJO DLW ; {Undertnd Manuever} Trng RF fwd R ifo W, -, sd L cont trn to DRW, cl R (W fwd L, -, R, L) to CP DRW ; {Bk Cross Hovers to SCAR & BJO} XLib (W XRif), -, sd & bk R rise, bk L to SCAR DRC ; XRib (W XLif), -, sd & bk L rise, bk R BJO DRW ; Repeat meas 6 Part A ;

05-08 BACK CROSS HOVER to SCAR ; FEATHER FINISH to DLW ; WHISK ; SLOW SIDE LOCK ;

{Bk Cross Hover to SCAR} Repeat meas 3 part B ; {Feather Finish to DLW} Bk R, -, bk & sd L trng ½ LF, fwd R to BJO DLW ; {Whisk} Fwd L, -, sd & fwd R, XLib (W XRib) to SCP DLC ; {Slow Sd Lock} Repeat meas 5 Part A ;

PART C

01-04 DIAMOND TURN/W INSIDE TURNS ; ; ;

{Diamond Trn / W Inside Trns} Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R raisg ld hnds, -, compg ¼ LF trn sd L, fwd R (W fwd L comm LF trn under jnd ld hnds fc RDC, -, small sd R cont LFtrn, small sd L compg LF trn) to BJO DRW ; Repeat meas 1,2 Part C to BJO DLW & DLC ;

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05-08 TURN LEFT & R CHASSE to BJO ; BACK BACK/LOCK BACK ; CLOSED IMPETUS ; FEATHER FINISH ;

{Trn Left & R Chasse to BJO} [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ; {Bk Bk/Lock Bk} [SQ&Q] Bk L, -, bk R/lk Lif, bk R ; {Closed Impetus} Bk L LOD comm RF trn, cl R to heel trn, bk & sd L (*W fwd R btwn M's ft comm RF trn, fwd & sd L cont RF trn, fwd R btwn M's ft*) to CP DLW ; {Feather Finish to DLC} Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLW ;

ENDING

01-03 THRU FRONT VINE 8 ; ; CHAIR & HOLD ;

{Thru Front Vine 8} [QQQQ;QQQQ] Fwd R trn to fc, sd L, XRib (*W XLif*), sd L to SCP LOD ; Repeat meas 1 Endg ; {Chair & Hold} [S,-,-] Thru R relax R knee both fwd poise, -, hold ;