

# YOU DO SOMETHING QUICKSTEP

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 Music: "You Do Something To Me" Artist : Peter Douglas  
 Download at Casa Musica or CD : "Ballroom Magic" Casa Musica Track #17  
 TIME@MPM 2:10 @ 48 (96% of original)  
 Footwork: Opposite, directions for man (Lady as noted)  
 Rhythm & Phase: Quickstep Phase V + 2 (V-6, Throwaway Owersway)  
 Sequence: INTRO A B A B[MOD] C B[1-12] ENDING  
 Note: Timing indicates weight changes only.

## MEAS: INTRODUCTION

**1-4 WAIT 3 MEAS;;; DIP BK REC;**  
 1-3 {Wait 3 Meas} CP/DLW lead foot free wait 3 meas;;;  
 SS 4 {Dip Bk Rec} Bk L relaxing knee, -, rec R, - end CP/DLW;

## PART A

**1-8 QTR TRN & PROG CHASSE ~ FWD;;;;**  
**STEP HOP STEP HOP; FWD LK FWD; MANUV SD CL; PVT 2;**  
 SSQQS 1-4 {Qtr Trn & Prog Chasse} CP/DLW fwd L, -, fwd R trng RF 1/8, -; Sd L, cl R trng RF 1/8 to fc  
 SQQS DRW, sd & bk L, -; Bk R trng LF 1/8, -, sd L, cl R trng LF 1/8; Sd & fwd L to BJO/DLW, -,  
 S {Fwd} Fwd R, -;  
 Q-Q- 5 {Step Hop Step Hop} Fwd L, hop on L, fwd R, hop on R;  
 QQS 6 {Fwd Lk Fwd} Fwd L, lk RIB, fwd L, -;  
 SQQ 7 {Manuv Sd Cl} Fwd R outsd ptr comm trng RF, -, sd L cont trng, cl R end CP/RLD;  
 SS 8 {Pvt 2} Bk L pivoting RF 3/8, -, fwd R, - end CP/DLC;;

**8-16 OP REV TRN; HVR CORTE ~ TIPPLE CHASSE w/ CHKG;;;;**  
**RUNG FWD LKS;; SLOW TWISTY VINE 4;;**  
 SQQ 8 {Op Rev Trn} CP/DLC fwd L comm trng LF, -, cont trng LF sd & bk R, bk L ptr outsd (*W bk R comm trng LF, -, cont trng LF sd & fwd L, fwd R outsd ptr*) end BJO/DRW;  
 SSS 9-11 {Hvr Corte} Bk R comm trng LF, -, cont trng LF sd L hvring, - (*W fwd L comm trng LF, -, cont trng LF sd R hvring, -*); Cont trng LF rec R, - (*W cont trng LF rec L, -*) end BJO/DLW,  
 SQQS {Tipple Chasse w/ Chkg} XLIB twd RLOD trng RF to CP fcg WALL, -; Sd R, cl L, sd R chkg, -;  
 QQQQ 12-13 {Running Fwd Lks} Slightly trng body LF to BJO fwd L, lk RIB, fwd L, fwd R; Fwd L, lk RIB, fwd L, - end BJO/DLW;  
 SSSS 15-16 {Slow Twisty Vine 4} Fwd R assuming CP/WALL, -, sd L slightly trng body RF to SCAR, -; XRIB slightly trng body LF to CP, -, sd L, - end CP/WALL;

## PART B

**1-8 X CHK REC; CHASSE 3; CONTRA CHK REC; CHASSE 3 TO SCP;**  
**IN & OUT RUNS 1 & 1/2;;; QK HES CHG;**  
 SS 1 {X Chk Rec} CP/WALL slightly body trn LF to BJO fwd R chkg, -, rec L to CP, -;  
 QQS 2 {Chasse 3} Sd R, cl L, sd R, -;  
 SS 3 {Contra Chk Rec} Trng body LF slightly flexing knees w/ strong R-side lead fwd L chking twd DRW, -, rec R, - end CP/WALL;  
 QQS 4 {Chasse 3 to SCP} Sd L, cl R assuming SCP, fwd L, - end SCP/LOD;  
 SQQ 5-7 {In & Out Runs 1 & 1/2} Fwd R comm trng RF, -, sd L acrs IF of W cont trng, bk R (*W fwd L, -, fwd R btwn M's ft, fwd L to BJO*) end BJO/RLD; Bk L ptr outsd comm trng RF, -, sd R btwn W's ft cont trng assuming SCP, fwd L (*W fwd R outsd ptr comm trng RF, -, sd L arnd M cont trng assuming SCP, fwd R twd LOD*) end SCP/LOD; Repeat meas 5 of this part end BJO/RLD;  
 SQQ 8 {Qk Hes Chg} Bk L comm trng RF, -, cont trng RF to fc DLC sd R, draw L twd R end CP/DLC;

PART B (continued)

**9-16** TELEMARK TO BJO ~ FWD;; FWD LK FWD; MANUV SD CL;  
SPIN OVTRN ~ V-6 ~ FWD;;;:

- SSS 9-10 {Telemark to BJO} CP/DLC Fwd L comm trng LF, -, sd R twd DLC cont trng to fc DRW, - (*W bk R bringing L to R comm trng LF, -, cont trng LF on R heel and chg wgt to L, -*); Assuming BJO fwd L twd DLW, - (*W assuming BJO bk R, -*) end BJO/DLW,  
S {Fwd} Fwd R outsd ptr, -;  
QQS 11 {Fwd Lk Fwd} Fwd L, lk RIB, fwd L, -;  
SQQ 12 {Manuv Sd Cl} Fwd R outsd ptr comm trng RF, -, sd L cont trng, cl R end CP fcg RLOD;  
SSS 13-16 {Spin Ovtrn} Bk L pvtg RF, -, fwd R twd DLC btwn W's feet cont trng to fc DRW, - (*W fwd R btwn M's feet comm trng RF, -, sd & fwd L pvtg RF to fc DLC, -*); Bk L, - end CP/DRW,  
QQS {V-6} Trng body slightly RF to BJO bk R, lk LIF; Bk R, -, bk L comm trng LF, -; Bk & sd R trng  
SQQ LF, fwd L end BJO/DLW,  
S {Fwd} Fwd R outsd ptr, - end BJO/DLW;

PART B [MOD]

**1-16** X CHK REC; CHASSE 3; CONTRA CHK REC; CHASSE TO SCP;  
IN & OUT RUNS 1 & 1/2;;; QK HES CHG;  
TELEMARK TO BJO ~ FWD;; FWD LK FWD; MANUV SD CL;  
SPIN OVRTRN ~ BK LK BK ~ BK;;; RISING LK;

- 1-12 Repeat meas 1-12 of part B;,,,,,;  
SSS 13-16 {Spin Ovtrn} Bk L pvtg RF, -, fwd R twd DLC btwn W's feet cont trng to fc DRW, - (*W fwd R btwn M's feet comm trng RF, -, sd & fwd L pvtg RF to fc DLC, -*); Bk L, - end CP/DRW,  
QQS {Bk Lk Bk} Trng body slightly RF to BJO bk R, lk LIF; Bk R, -,  
S {Bk} Bk L, -;  
SQQ 16 {Rising Lk} Bk & slightly sd R comm trng LF, -, sd L cont trng, lk RIB (*W fwd L comm trng LF, -, sd R cont trng, lk LIF*) end CP/DLC;

PART C

**1-8** LEFT PVT TO THRWY OVRSWAY;; PIVOT 3 HOLD;;  
FWD LK FWD; QK OP REV ~ BK & CHASSE TO SCP;;;:

- SSS-- 1-2 {L Pvt to Slow ThrwY OvrsWay} CP/DC fwd L comm LF pvt, -, sd R cont RF pvt, - (*W bk R comm trng LF bringing L to R w/o wgt chg, -, cl L cont trng, -*); Bk L twd LOD, trng RF on L to fc WALL slightly relax L-knee leaving R twd RLOD, stretching L-side, - (*W fwd R, trng RF on R slightly relax R-knee L ft bk under body past R, -*);  
SSS-- 3-4 {Pvt 3 & Hold} Straighten body rec R comm RF pvt, -, sd L twd DRW cont RF pvt, -; Sd R twd DRW, -, -, hold end CP/DLW;  
QQS 5 {Fwd Lk Fwd } Slightly trng body LF to BJO fwd L twd DLC, lk RIB, fwd L, -;  
SSQQ 6-8 {Qk Op Rev} Fwd R slightly XIF comm trng LF, -, fwd L cont trng, - (*W fwd L comm trng LF, -, sd & bk R acrs M, -*); Sd & bk R, bk L (W sd & fwd L, fwd R) end BJO/RLOD,  
SQQS {Bk & Chasse to SCP} Trng LF sd & bk R to CP fcg WALL, -; Sd L, cl R assuming SCP fcg LOD, fwd L, - end SCP/LOD;

**9-16** THRU TO PROM SWAY; CHG TO OVERSWAY; FALLWAY RONDE BHD;  
CHASSE 3; CHK THRU REC; TWIRL TO BJO; SLOW TWISTY VINE 4;;:

- SS 9 {Thru to Prom Sway} SCP/LOD thru R, -, fwd L stretching body upward looking over jnd lead hnds, relaxing left knee;  
---- 10 {Chg to Oversway} Comm sliding hips to L, cont slide hips w/ stretching L side and leaving R twd RLOD, -, -;  
SS 11 {Fallway Ronde Bhd} Rec R to SCP fcg LOD ronde L CCW, -, XLIB to CP fcg WALL, -;  
QQS 12 {Chasse 3} Sd R, cl L, sd R assuming BFLY/WALL, -;  
SS 13 {Chk Thru Rec} Trng RF 1/4 to LOP fcg RLOD fwd L chkg, -, rec R trng LF 1/4 to BFLY, -;  
QQS 14 {Twirl to BJO} Sd L raising jnd lead hnds, cl R slightly trng LF, sd & fwd L to BJO, - (*W sd & fwd R comm trng RF under jnd lead hnds, sd & bk L cont trng, sd & bk R*) end BJO/DLW;  
SSSS 15-16 {Slow Twisty Vine 4} Fwd R assuming CP/WALL, -, sd L slightly trng body RF to SCAR, -; XRIB slightly trng body LF to CP, -, sd L, - end CP/WALL;

## ENDING

**1-5+ SPIN OVRTRN ~ BK LK BK ~ OUTSIDE CHG TO BJO ~ FWD TO FC;;;**  
**CHASSE 4; PROMENADE SWAY TO QK OVERSWAY,,**

- SSS 1-4 {**Spin Ovtrn**} Bk L pvtg RF, -, fwd R twd DLC btwn W's feet cont trng to fc DRW, - (**W fwd R btwn M's feet comm trng RF, -, sd & fwd L pvtg RF to fc DLC, -**); Bk L, - end CP/DRW,
- QQS {**Bk Lk Bk**} Trng body slightly RF to BJO bk R, lk LIF; Bk R, -,
- SQQ {**Outside Chg to BJO**} Bk L comm trng LF ptr outsd, - (**W fwd R outsd ptr, -**); Bk & sd R cont trng to BJO fcg LOD, fwd L outsd ptr (**W fwd L trng LF, bk R ptr outsd**) end BJO/LOD,
- S {**Fwd to FC**} Fwd R to CP/WALL, -;
- QQQQ 5 {**Chasse 4**} Sd L, cl R, sd L, cl R;
- Q- + {**Promenade Sway to QK Oversway**} Assuming SCP/LOD fwd L stretching R-side looking over joined lead hands, Relax L-knee stretcing L-side looking at W (**W looking L**);