

You Can't Stop the Beat

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RECORD: Song Name: You Can't Stop the Beat Artist: DJ Rico Latino
CD: You Can't Stop The Beat Single Track: 1
Download Casa Musica (Casa-Musica-Store.de) Time: 3:04 (Slow Down 15%)
FOOTWORK: Woman Opposite unless noted (Women's footwork in Parentheses)
RHYTHM: Two Step Roundalab PHASE: 2 + 1 (Fishtail) DIFFICULTY: Average
SEQUENCE: Intro, A, B, Inter, A, B, C, B (1-12), End RELEASED: September 25, 2018

Intro

1-4 OP FCG – Wait 2 Measures ; ; Apart Point ; Together Touch to CP WALL ;

(1-2) OP-FCG WALL – Wait 2 Measures ; ;
(3-4) apt L, pt R twd ptr , - , - ; tog R, tch L to CP WALL , - , - ;

5-8 Left Turning Box to SCP LOD ; ; ; ;

(5-6) sd L, cl R, fwd L trn LF 1/4 , - ; sd R, cl L, bk R trn LF 1/4 , - ;
(7-8) sd L, cl R, fwd L trn LF 1/4 , - ; sd R, cl L, bk R trn LF 1/4 to SCP LOD , - ;

Part A

1-4 Two Forward Two Steps ; ; Hitch 6 ; ;

(1-2) fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R, - ;
(3-4) fwd L, cl R, bk L, - ; bk R, cl L, fwd R, - ;

5-8 Circle Away 2 Two Steps ; ; Strut Together 4 to CP WALL ; ;

(5-6) trn away from ptr twd COH (WALL) fwd L, cl R, fwd L, - ; fwd R, cl L, fwd R to fc ptr , - ;
(7-8) fwd L, - , fwd R, - ; fwd L, - , fwd R to CP WALL , - ;

9-12 Broken Box ; ; ; ;

(9-10) sd L, cl R, fwd L, - ; rk fwd R, - , rcv L, - ;
(11-12) sd R, cl L, bk R, - ; rk bk L, - , rcv R to CP WALL , - ;

13-16 Scissors to SCAR ; Scissors to BJO ; Fishtail ; Forward Lock Forward ;

(13-14) sd L, cl R, XLif, - to SCAR ; sd R, cl L, XRif, - to BJO ;
(15-16) XLib loosely, as bdy comm to trn RF take a small stp to sd R completing 1/4 RF bdy trn, fwd L with L shoulder lead, XRib loosely ; fwd L, XRib, fwd L, - ; fwd R, XLib, fwd R to BFLY WALL, - ;

17-20 Forward Lock Forward to BFLY WALL ; Two Quick Side Closes ; Vine 8 to No Hands FCG WALL ; ;

(17-18) fwd R, XLib, fwd R to BFLY WALL, - ; sd L, cl R, sd L, cl R ;
(19-20) sd L, XRib, sd L, XRif ; sd L, XRib, sd L, XRif NO HANDS FCG WALL ;

Part B

1-4 Skate Left and Right ; Side Two Step ; Skate Right and Left ; Side Two Step ;

(1-2) swivel LF on R and fwd L/draw R to L , - , swivel RF on L and fwd R/draw L to R , - ; sd L , cl R , sd L , - ;

(3-4) swivel RF on L and fwd R/draw L to R , - , swivel LF on R and fwd L/draw R to L , - ; sd R , cl L , sd R , - ;

5-8 Back Away 3 and Clap ; Back Away 3 More and Clap ; Strut Together 4 to NO HNDS FCG WALL ; ;

(5-6) bk away frm ptr bk L , bk R , bk L , - ; bk R , bk L , bk R , - ;

(7-8) fwd L , - , fwd R , - ; fwd L , - , fwd R to NO HANDS FCG WALL , - ;

9-12 Skate Left and Right ; Side Two Step ; Skate Right and Left ; Side Two Step to CP Wall [3rd time to BFLY WALL];

(9-10) swivel LF on R and fwd L/draw R to L , - , swivel RF on L and fwd R/draw L to R , - ; sd L , cl R , sd L , - ;

(11-12) swivel RF on L and fwd R/draw L to R , - , swivel LF on R and fwd L/draw R to L , - ; sd R , cl L , sd R to CP WALL [3rd time to BFLY WALL] , - ;

13-16 Scissors to SCAR ; Scissors to BJO ; Forward Lock Forward Twice to CP WALL ; ;

(13-14) sd L , cl R , XLif , - to SCAR ; sd R , cl L , XRif , - to BJO ;

(15-16) fwd L , XRib , fwd L , - ; fwd R , XLib , fwd R to CP WALL , - ;

17-20 Travelling Box to SCP LOD [2nd time to CP WALL] ; ; ; ;

(1-2) sd L , cl R , fwd L , - ; trn to rev SCP fwd R , - , fwd L , - ;

(3-4) blending to CP WALL sd R , cl L , bk R , - ; trn to SCP fwd L , - , fwd R to SCP LOD [2nd time to CP WALL] , - ;

Inter

1-4 Hitch 4 ; Walk 2 ; Two Turning Two Steps to SCP LOD ; ;

(1-2) fwd L , cl R , bk L , cl R ; fwd L , - , fwd R , - ;

(3-4) sd L , cl R comm RF trn , sd and bk L across ln of prog comp 1/2 RF trn , - ; sd R , cl L comm RF trn , fwd R comp 1/2 RF trn to SCP LOD , - ;

Part C

1-4 Left Turning Box ; ; ; ;

- (1-2) sd L, cl R, fwd L trn LF 1/4, -; sd R, cl L, bk R trn LF 1/4, -;
(3-4) sd L, cl R, fwd L trn LF 1/4, -; sd R, cl L, bk R trn LF 1/4 to CP WALL, -;

5-8 Scissors to SCAR ; Scissors Hitch to SCP LOD ; Vine Apart ; Vine Together to BFLY ;

- (5-6) sd L, cl R, XLif, - to SCAR ; sd R, cl L, XRif, - (bk L, cl R, fwd L) to SCP LOD ;
(7-8) rls handhold and moving away frm ptr sd L, XRib, sd L, tch R to L ; moving toward ptr sd R, XLib, sd R, - to BFLY WALL ;

9-12 Twirl Vine 2 ; Walk and Pickup to CP LOD ; Progressive Box ; ;

- (9-10) sd L, -, XRib, - (sd and fwd R turning 1/2 RF under jnd hnds, -, sd and bk L turning 1/2 RF, -) to SCP LOD ; fwd L, -, fwd R leading ptr to CP LOD, - (fwd R, - fwd L trn LF in front of ptr to CP LOD, -) ;
(11-12) sd L, cl R, fwd L, -; sd R, cl L, fwd R, -;

13-16 Scissors to SCAR ; Scissors to BJO ; Forward Hitch ; Hitch and Scissors to SCP LOD ;

- (13-14) sd L, cl R, xLif, - to SCAR ; sd R, cl L, xRif, - to BJO ;
(15-16) fwd L, cl R, bk L, -; bk R, cl L, fwd R, - (comm 1/4 R trn fwd L, cl R, XLif) to SCP LOD ;

17-20 Circle Chase to No Hands Wall ; ; ; ;

- (17-18) begin travel individually in a LF circular pattern fwd L, cl R, fwd L to TANDEM COH, - (in a LF circular pattern fwd R, cl L, fwd R, -) ; cont to curve individually fwd R, cl L, fwd R to SD BY SD RLOD, - (cont to curve fwd L, cl R, fwd L, -) ;
(19-20) cont to curve individually fwd L, cl R, fwd L to TANDEM WALL, - (cont to curve fwd R, cl L, fwd R, -) ; cont to curve fwd R, cl L, fwd R, - (cont to curve fwd L, cl R, fwd L, -) to NO HANDS JOINED WALL ;

Ending

1-4 Vine 8 ; ; Two Quick Side Closes to OP LOD ; Walk 2 ;

- (1-2) sd L, XRib, sd L, XRif ; sd L, XRib, sd L, XRif ;
(3-4) sd L, cl R, sd L, cl R to OP LOD ; fwd L, -, fwd R, -;

5 Hip Bump ;

- (5) On the word "Beat" Bump Man's R Hip to Lady's L Hip, -, -, -;

You Can't Stop the Beat (Head Cues)

Two Step Phase 2 + 1 (Fishtail)

Intro (8) OP-FCG – Wait 2 Measures;; Apart Point; Together Touch to Closed; Left Turning Box;;;

A (20) 2 Forward Two Steps;; Hitch 6;; Circle Away 2 Two Steps;; Strut Together 4;; Broken Box;;;
Scissors to Sidecar; Scissors to Banjo; Fishtail; Forward Lock Forward Twice to Butterfly;;
2 Quick Side Closes; Vine 8 to no Hands;;

B (20) Skate Left and Right; Side Two Step; Skate Right and Left; Side Two Step; Back Away 3 and Clap;
Back Away 3 More and Clap; Strut Together 4;; Skate Left and Right; Side Two Step;
Skate Right and Left; Side Two Step to Closed; Scissors to Sidecar; Scissors to Banjo;
Forward Lock Forward Twice to Face;; Travelling Box;;;

I (4) Hitch 4; Walk 2; 2 Turning Two Steps;;

A (20) 2 Forward Two Steps;; Hitch 6;; Circle Away 2 Two Steps;; Strut Together 4;; Broken Box;;;
Scissors to Sidecar; Scissors to Banjo; Fishtail; Forward Lock Forward Twice to Butterfly;;
2 Quick Side Closes; Vine 8 to no Hands;;

B (20) Skate Left and Right; Side Two Step; Skate Right and Left; Side Two Step; Back Away 3 and Clap;
Back Away 3 More and Clap; Strut Together 4;; Skate Left and Right; Side Two Step;
Skate Right and Left; Side Two Step to Closed; Scissors to Sidecar; Scissors to Banjo;
Forward Lock Forward Twice to Face;; Travelling Box;;;

C (20) Left Turning Box;;;; Scissors to Sidecar; Scissors Hitch to Semi;
Vine Apart and Together to Butterfly;; Twirl Vine 2; Walk and Pickup; Progressive Box;;
Scissors to Sidecar; Scissors to Banjo; Forward Hitch; Hitch and Scissors to Semi;
Circle Chase to No Hands;;;

B (20) Skate Left and Right; Side Two Step; Skate Right and Left; Side Two Step; Back Away 3 and Clap;
Back Away 3 More and Clap; Strut Together 4;; Skate Left and Right; Side Two Step;
Skate Right and Left; Side Two Step to Butterfly;

End (4) Vine 8;; 2 Quick Side Closes to Open; Walk 2; and Hip Bump,