

WITH ONE LOOK

Music: Richard Keeling
www.maestrorecords.com/ or www.aads.be
Track # 6 Time 2:57 Slow Down w/ -7%
Available from choreographer

Rhythm: Waltz Phase: IV+1 (Tipple Chasse) **Option (Insd Turns)**

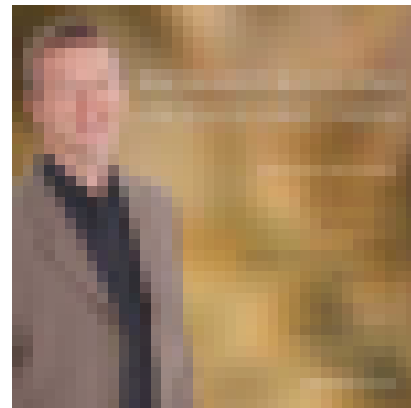
Footwork: Opposite except where (Noted)

Release Date: April 19

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

Email: jos.dierickx@telenet.be

Sequence: INTRO AA B AA(1-15) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; ROLL 3 to SCP ; SLOW SIDE LOCK ;

{Wait} BFLY POS WALL Id ft free wt 2 meas ; {Roll 3 to SCP} Start LF trn (W RF) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; {Slow Sd Lk} Thru R, fwd & sd L rising trng LF, cl R (W Thru L trng LF, sd R trng LF, lk Lif) to CP DLC ;

PART A

01-04 DIAMOND TURN / OPTION [W INSIDE TURNS] ; ; ; ;

{Diamond Turn /Option [W Insd Turns]} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R, compg ¼ LF trn sd L, fwd R (W fwd L comm LF trn under lead hands fc RDC, small sd R cont LF trn, small sd L compg LF trn) to BJO DRW ; Repeat meas 1,2 Part A to BJO DLW & DLC ;

05-08 TELEMAR to SCP ; OP NATURAL ; SPIN TURN ; OUTSIDE CHECK ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R) to SCP DLW ; {OP Natural} Thru R stg RF trn, contg RF trn sd L ifo W, bk R (W fwd L, fwd R btwn man's feet, fwd L) to BJO RLOD ; {Spin Turn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft) to CP DLW ; {Outsd Ck} Bk R trng LF, sd & fwd L, fwd R checkg to BJO DLC ;

09-12 3 BACK CROSS HOVERS SCAR BJO & SCAR ; ; ; OP FINISH ;

{Bk Cross Hover to SCAR} XLib (W XRif), sd & bk R rise, bk L to SCAR DLW ; {Bk Cross Hover to BJO} XRib (W XLif), sd & bk L rise, bk R BJO DLC ; {Bk Cross Hover to SCAR} Repeat meas 9 Part A ; {OP Finish} Bk R, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

13-16 TURN LEFT & R CHASSE to BJO ; BACK BACK/LOCK BACK ; IMPETUS to SCP ; CHAIR & SLIP ;

{Trn Left & R Chasse to BJO} [12&3] Fwd L stg to trn LF, contg LF trn sd R/cl L, sd & bk R to BJO RLOD ; {Bk Bk/Lk Bk} (12&3) Bk L, bk R/lk Lif, bk R to BJO ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R) to SCP DLC ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (W ck fwd L, rec R swvlg 5/8 LF, fwd L) to CP DLC ;

PART B

01-04 4 VIENNESE TURNS ; ; ; ;

{4 Viennese Turns} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (W bk R stg LF trn, sd L cont trn, cl R) ; Bk R cont LF trn, sd L cont trn, cl R (W fwd L cont LF trn, sd R cont trn, XLif) to CP DLW ; Repeat meas 1,2 Part B ; ;

05-08 HOVER TELE to ½ OP ; OP IN & OUT RUNS ; ; CROSS HESITATION ;

{Hover Tele to ½ OP} Fwd L, fwd R rising & trng 1/8 RF, sd & fwd L to ½ OP LOD ; {OP In & Out Runs} Fwd R begin RF trn, sd & fwd L XIF of W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (W fwd R, L, R) ; Fwd L, R, L (W fwd R begin RF trn, sd & fwd L XIF of M cont trn, fwd & sd R) to ½ OP LOD w/ free arms out to sd ; {Cross Hesitation} [1,-,-/123] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L) to BJO DRC ;

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09-12 BACK & TIPPLE CHASSE PIVOT ; BACK PASSING CHANGE ; HOVER CORTE ; SLOW OUTSIDE SWIVEL ;

{Bk R Tipple Chasse Pivot} [12&3] Bk L comm RF trn, cont RF trn sd R toe pointing DLC/cl L cont slight RF trn, fwd R LOD Btwn W's feet and pivot 3/8 RF to CP DRW (*W Fwd R outsd partner comm RF trn, cont RF trn sd L/cl R to L, bk L and pivot 3/8 RF to CP fc DLC*); **{Bk Passing Chng}** Bk L, bk R w/ R sd stretch, bk L (*W fwd R outsd ptr, fwd L w/ L sd stretch opg hd, fwd R*) to BJO DRW; **{Hover Corte}** Bk R, trng LF sd & fwd L LOD leavg R leg in pl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW; **{Slow Outsd Swivel}** [1--] Bk L trng body RF, allow R to draw bk slightly in front of L (*W fwd R, swivel RF*) to SCP LOD, -;

13-16 WEAVE 6 to SCP ; ; THRU SYNCOPATED VINE ; SLOW SIDE LOCK ;

{Weave 6 to SCP} Thru R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W thru L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*); Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L, fwd R*) to SCP DLW; **{Thru Syncop Vine}** [12&3] Thru R, sd L/XRib (*W XLib*), sd L to SCP LOD; **{Slow Sd Lk}** Repeat meas 4 Intro;

ENDING

01-02 THRU SYNCOPATED VINE ; CHAIR & HOLD ;

{Thru Syncop Vine} Repeat meas 15 Part B; **{Chair & Hold}** [1--] Strong fwd R in lunge action bending knee, - , -;