

WALTZ FOR JANE

Music: Auteur/Composer: Geraint Joseph - The Ballroom Network
<https://music.amazon.ca/albums/B0GTWPN82D>
Track # 11 Time 4:11 Music shortened, ask choreographer

Rhythm: Hesitation Canter Waltz **Phase:** VI

Footwork: Opposite except where (Noted)

Release Date: 12 Mei 2026

Choreo: Van Acker Marcel (Aid to Fine Print: Jos Dierickx)

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Sequence: INTRO AA B1 B2 Bridge A B1 B2 End



INTRO

01 - BFLY WALL LEAD FOOT FREE WAIT ONE MEASURE :

{Wait} Bfly Wall ld ft free wt 1 Meas ;

PART A

01-04 WALTZ AWAY & TOGETHER/W INDSIDE UNDERARM TURN to PICK UP ; ; TWO VIENNESE TURNS ; ;

{Waltz Away} [Relg ld hnds] Trn to fc LOD in OP fwd L,-, fwd R cont LF body trn but look twd LOD with trl arm fwd LOD,-, cl L in slgt "V" back to back still lookg LOD ; {Waltz Tog/W Insd Underarm Trn to Pick Up} Fwd R start RF body trn,-, connect ld hnds to trn W under LF fwd L,-, small fwd R pickg W up to CP LOD (*W fwd L with LF body trn connect ld hnds,-, trn under ld hnds LF bk R,-, cont LF trn fwd L cont LF trn to CP*) ; {2 Viennese Trns} Fwd L trn LF,-, sd R cont LF trn,-, XLif (*W cl R*) fc DRC ; cont LF trn bk R trn LF,-, sd L cont LF trn,-, cl R (*W XLif*) fc DLW ;

05-08 DBL REVERSE SPLIT RONDE ; ; CONTRA CHECK & SWITCH ; START DBL RONDE TWIST TURN :

{Dbl Rev Split Ronde} [1-3---/(W1-3456) ; [---4-6/W---456] Cont LF trn fwd L with LF trn,-, sd R arnd W cont LF trn, spin LF on R to CP fc DW,-, (*W bk R,-, cl L to R heel trn, cont LF trn sd R, XLif end CP, small sd R*) ; Lower in R leg as ronde L fwd and arnd CCW,-, XLib trn LF,-, small sd R fc DRC (*W lower in R leg as ronde L fwd & arnd CCW,-, XLib, sd R, XLif*) ; {Contra Chk & Switch} Opening heads mom start to slide L ft fwd chg to closed head as chk fwd L,-, rec R,-, trng RF switch bk to L ft in CP fc DLW ; {Start Dbl Ronde Twist Trn} Strong fwd R trng RF to cause W to ronde M ronde L CW,-, sd L fc RLOD,-, XRib (*W sd & fwd L arnd M's R leg trng RF ronde R leg CW,-, XRib,-, sd L*) ;

09-12 FINISH DBL RONDE TWIST TURN to SCP ; THREE IN & OUT RUNS ; ; ;

{Finish Ronde Twist Trn to SCP} [----6/W & 1-34-6] Unwind RF shiftg all wgt to R,-,-,-, to SCP sd & fwd L (*W unwind M start on & ct fwd R/ fwd L,-, fwd R trng RF, fwd L cont trng to SCP,-, sd & fwd R*) to SCP ; {In & Out Runs x 3} Trng RF fwd R,-, sd & bk L to CP RLOD,-, bk R (*W fwd L,-, fwd R btwn M's ft,-, fwd L*) to BJO RLOD ; Trng RF bk L,-, cont trn fwd R btwn W's ft,-, sd & fwd L (*W trng RF fwd R,-, cont trn sd L ifo M,-, cont trn fwd & sd R*) to SCP DLC ; Repeat meas 10 Part A ;

13-16 BACK TWISTY CANTER VINE EIGHT ; ; OPEN IMPETUS ; THRU FACE CLOSE :

{Bk Twisty Canter Vine 8} [1346; 1346] Bk L comm RF trn,-, sd R, in SCAR fwd L,-, sd R BJO (*W fwd R comm RF trn,-, sd L, in SCAR bk R,-, sd L to BJO*) ; Repeat meas 13 Part A ; {Impetus to SCP} Bk L w/ RF bdy trn,-, cl R [heel trn] contg RF trn,-, fwd L (*W fwd R outsd ptr pvtg RF,-, sd & fwd L contg RF trn arnd M, -, brush R & fwd R*) to SCP DLC ; {Thru Fc Cl} Thru R,-, swiv to fc sd L,-, cl R to BFLY WALL ;

PART B1

01-04 THREE FALLAWAYS ; ; SLOW SLIP PIVOT TO :

{Rev Fallaway} Fwd L trn LF with rt sd stretch,-, sd R cont stretch,-, XLib (*W XRib*) to SCP cont stretch end SCP RLOD ; {Slip to Inverted Rev Fallaway} Bk R trn LF no sway to CP,-, sd & fwd L with lft sd stretch,-, XRib (*W XLib*) to RSCP cont stretch end RSCP RLOD ; {Inverted Slip to Rev Fallaway} Fwd L trn LF with rt sd stretch,-, sd R cont stretch,-, XLib (*W XRib*) to SCP cont stretch end SCP RLOD ; {Slow Slip Pivot to Bjo} [14] Bk R trn LF to CP WALL,-, sd & fwd L to BJO DLW,-, (*W fwd L trn LF to CP,-, sd & bk R,-, -*) ;

05-08 NATURAL HOVER CROSS ; ; CLOSED TELEMARQUE ; CURVED FEATHER :

{Start Natural Hover Cross} [146] Fwd R outsd ptr comm RF trn,-, sd & fwd L strong RF trn to CP COH,-, sd & fwd R to SCAR DLC (*W bk L,-, sd & fwd R strong RF trn,-, sd & bk L*) ; {Hover Cross Ending} [1346] Cross ck fwd L outsd ptr in SCAR almost LOD,-, rec R, sd & bk L trn LF,-, fwd R outsd ptr in BJO DLC (*W cross ck bk R, -, Rec L, sd & fwd R trn LF, -, bk L*) ; {Closed Telemarque} Fwd L comm trn LF,-, fwd & sd R around W cont trn,-, sd & fwd L (*W bk R,-, cl L heel trn,-, cont trn sd & bk R*) end Bjo DLW ; {Curved Feather} Fwd R,-, fwd L trn RF,-, fwd L ck outsd lady (*W bk L stg to trn RF,-, bk R bhd L contg to trn RF w/ strong R sd ld,-, bk L*) ckg to BJO RLOD ;

09-12 BACK TIPPLE CHASSE PIVOT to OPEN IMPETUS ; ; SLOW SIDE LOCK ; START DBL TELESPIIN ;

{Bk Tipple Chasse Pivot} [1346] Bk L comm RF trn,-, cont RF trn sd R, cl L,-, cont slight RF trn fwd R btwn W's ft and pvt ½ RF to CP almost RLOD ; **{Impetus to SCP}** Bk L w/ RF bdy trn,-,-, cl R [heel trn] contg RF trn,-, fwd L (*W fwd R outsd ptr pvtg RF,-,-, sd & fwd L contg RF trn arnd M, -,brush R & fwd R*) to SCP DLC ; **{Slow Sd Lock}** Thru R,-,-, fwd & sd L risg trng LF,-, cl R (*W thru L trng LF,-,-, sd R trng LF,-, lk Lif*) to CP DLC ; **{Start Double Telespin}** [146] trng LF fwd L,-,-, fwd & sd R arnd W,-, pt L sd & bk with partial wgt still fcg W & DRW (*W bk R,-,-, cl L to R heel trn,-, fwd R twd LOD*);

13-16 CONTINUE DOUBLE TELESPIIN TO ; TURN LEFT CHASSE BJO ; SLOW OUTSIDE SPIN ; PIVOT & FWD TO PU ;

{Continue Double Telespin} [146/W &146] Lead the W to run by as rotate LF on R ft fc LOD/fwd L,-,-, fwd & sd R arnd W,-, pt L sd & bk with partial wgt still fcg W & DRW (*W run by M starting on & ct fwd L/ fwd R,-,-, cl L to R toe spin,-, fwd R twd LOD*); **{to Turn L Chasse to BJO}** [1346/W &1-34-6] rotate LF on R ft / fwd L, -, turn LF sd R, cl L,-,sd R (*W fwd L trng LF/ cont trn bk R,-, sd L, cl R,-, sd L*) to Bjo DRC; **{Slow Outsd Spin}** [14] Comm strong RF trn bk L in Bjo small step,-,-, cont RF trn fwd R cont RF trn,-, - (*W fwd R outsd ptr heel lead comm strong RF trn,-,-, closg L to R spin RF on balls of ft,-,-*) to fcg RLOD; **{Pivot & Fwd to Pick Up}** [14] Bk L with RF trn,-,-, fwd R to Pick Up,-,-;

PART B-2

01-10 REPEAT MEAS 01-10 PART B-1

BRIDGE

01-04 THRU QUICK VINE CHECK ; REVERSE CANTER TWIRL ; SOLO ROLL SIX ; ;

{Thru Quick Vine Check} [1-345-] or ct like [SQQS] Thru R (*W thru L,-, sd L, XRib, sd L Checkg,-*) ; **{Reverse Canter Twirl}** [134] sd R,-, cl L, sd R checkg,-,- (*W Rev Twirl L,-,R,L,-,-*) ; **{Solo Trn 6}** [Relsg both hnds] Trng CCW fwd L (*W trng CW,-,-, cont trn sd R,-, cl L to LOP RLOD*) ; Bk R trng LF,-,-, cont trn sd L,-, cl R to Bfly Wall ;

ENDING

01-05 OP NATURAL ; BACK PREP to SAME FOOT LUNGE ; ; CHANGE SWAY ; RECOVER to THROWAWAY OVERSWAY ;

{OP Natural} Thru R stg RF trn,-,-, contg RF trn sd L ifo W,-, bk R (*W fwd L,-,-, fwd R btwn M's ft,-, fwd L*) to BJO RLOD ; **{Bk Preparation to }** [1/W 14] Bk L cont RF trn w/ lft sd stretch,-,-, cont RF tch R fc COH,-,- (*W [14] fwd R com RF trn w/ rt sd stretch,-,-, cont trn sd L,-,-*) ; **{Same Foot Lunge}** [1] Sd & slightly fwd R with right sd stretch looking R,-,-, extend (*W bk R well under body trng body to L and lookg well to L,-, extend,-*); **{Chg Sway}** chg sway to L sd stretch ; **{Rec to Throwaway Oversway}** [1/W14] Cont trng LF on L thru the hips relax the L knee leading W to swvl LF keep R sd twds W stretch L sd of body head rolls to the L (*W swvl LF on L to CP,-,-, on R extnd the L ft bk undr the body twds LOD while keeping the L sd twds M head rolls well to L*) ;

About the Music

"Waltz for Jane" is a Viennese Waltz released by The Ballroom Network, composer Geraint Joseph.

Background: The song was written as a tribute to Jane Phillips Bullock, a dance coach recovering from a stroke, by her husband Warren Bullock and the dance community. The song was released in March 2026. It is an emotional piece composed specifically for the dance world. This beautiful piece of music is perfectly suited for Hesitation Canter Waltz, hope you enjoy this dance...