

UND DIE ERDE STEHT STILL (And The Earth Stands Still)

Music: Kristina Bach
Cd: Erfolge
www.amazon.de/Meine-gro%C3%9Fen-Erfolge-Kristina-Bach/dp/B0000089FX
Track # 15 Time 3:40 Available from choreographer

Rhythm: Slow Two Step **Phase:** IV+1(Triple Traveler) + Several U

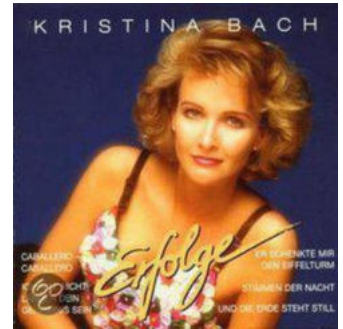
Footwork: Opposite except where (Noted)

Release Date: July 25

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Sequence: INTRO AB AB(1-16) C B(1-16) B(13-16) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT FOR INTRO NOTES & TWO MEASURES ~; ;

UNDERARM TURN & rt Hndshk ; OP BREAK ;

{Wait} Bfly Pos Wall ld ft free wt for Intro Notes & 2 meas ~; ; {Underarm Trn to rt Hndshk} Sd L, -, XRib, rec L (W sd R, -, XLif trng ½ RF, fwd R cont trng to fc ptr) to rt Hndshk WALL ; {OP Break} [w/ rt hnds] Sd R, -, apart L [xtndg ld arm out to sd], XRif to rt Hndshk WALL ;

05-08 TRADE PLACES TWICE ; ; FULL BASIC ; ;

{Trade Places x 2} [w/ rt Hndshk] Fwd to Wall passg rt shldrs trng ½ RF (W LF), -, [join lft hnds] apart R extndg ld arm out to sd, rec L ; [w/ lft hnds jnd] fwd R to Coh passg lft shldrs trng ½ LF (W RF), -, rejoin rt hnds apart L entndg trl arm out to sd, rec R ; {Full Basic} Sd L, -, XRib (W XLib), rec L ; Sd R, -, XLib (W XRib), rec R to CP WALL ;

PART A

01-04 RIGHT SPOT TURN w/ RONDES ; ; ;

{Right Spot Trn w/ Rondes} [Similar to a natural top w/ M and W altg action in CP] Comm a ½ RF trn M sd L & ronde R CW, -, XRib cont RF trn, sd L cont RF trn (W comm ½ RF trn XRif betwn prt's ft, -, sd L cont RF trn, XRif cont RF trn) ; Commg another ½ RF trn XRif betwn prt's ft, -, sd L cont RF trn, XRif cont RF trn (W sd L ronde R CW cont RF trn, -, XRib cont RF trn, sd L cont RF trn) ; Repeat meas 1,2 Part A end fcg WALL ;

05-08 RIGHT TURN w/ OUTSIDE ROLL ; REVERSE UNDERARM TURN ; LEFT TURN w/ INSIDE ROLL ; rt Hnd PATTY CAKE ;

{Right Trn w/ Outsd Roll} Sd & bk L Xg ifo W, -, raisg jnd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLif (W fwd R comm RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to BFLY COH ; {Reverse Underarm Trn} [Relg trl hnds] Sd R raisg jnd ld hnds palm-to palm, -, XLif, rec R (W sd L com LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn) to BFLY COH & Pickg Up ; {Left Trn w/ Insd Roll} Fwd L com ¼ LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R, XLif to fc ptr (W bk R com LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R to fc ptr) to rt hndshk WALL ; {rt hnd Patty Cake} [w/ jnd rt hnds] Sd R, -, trng ¼ LF rk bk L to OP LOD extend ld arm out to sd, rec R trng ¼ RF to fc ptr (W [jng rt hnds] sd L, -, trng ¼ LF rk fwd R extend trl arm out to sd, rec L trng ¼ RF to fc ptr) ;

09-12 LEFT & RIGHT HAND PATTY CAKE ; ; SPOT TURN TWICE ; ;

{L & R Hnd Patty Cake x 2 to manvrg} [jng lft hnds] Sd L, -, trng ¼ RF rk bk R xtnd trl arm out to sd, rec L trng ¼ LF to fcg ptr (W [jng lf hnds] sd R, -, trng RF rk fwd L xtnd ld arm out to sd, rec R trng ¼ LF) to BFLY WALL ; [jng rt hnds] Repeat meas 8 Part A to BFLY WALL ; {Spot Trn x 2} [Relsg both hnds] Sd L, -, XRif trng ½ LF, rec L to fc ptr ; Sd R, -, XLif trng ½ RF, rec R to fc ptr ;

13-16 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; VINE 4 ; RIFF TURN ;

{Travlg Right Trn w/ Outsd Roll} Cont trn RF Xg ifo W Sd & bk L to fc RLOD, -, XRib, twist trn RF 5/8 to fc DLW & shift weight to L (W fwd R btwn M's ft, -, fwd L, R around M) end CP DLW ; Fwd R to fc Wall raisg ld hnds to lead W to trn RF, -, sd L, XRif (W sd & bk L comm RF trn, -, cont RF trn under jnd ld hnds R, L) BFLY WALL ; {Vine 4} [QQQQ] Sd L, XRib (W XLib), sd L, XRif (W XLif) to Low Bfly WALL ; {Riff Trn} [QQQQ] Relg trl hnds & raisg jnd ld hnds sd L, cl R, sd L, cl R (W sd & fwd R spin RF, cl L compg full trn undr ld hnds, sd & fwd R com RF spin, cl L compg 2nd full spin undr ld hnds) to LOP-FCG WALL ;

PART B

01-04 TRIPLE TRAVELER ; ; ; HIP LIFT ;

{Triple Traveler} Fwd L stg LF upper bdy trn to ld W to M's lft sd raise ld hnds to start W into L trn, -, fwd R, fwd L (*W bk R ¼ LF trn, -, cont trn sd & fwd L ½ LF trn under ld hnds, sd & fwd R cont LF trn to fc LOD*) ; Fwd R spiral LF under ld hnds, -, fwd L, fwd R (*W fwd L, -, fwd R, fwd L*) ; Fwd L bring ld hnds down & bk in cont circular motion to ld W into RF trn, -, fwd & sd R to fc W, XLif (*W fwd R stg RF trn, -, sd L cont RF trn under ld hnds, fwd R to fc M*) to BFLY COH ; **{Hip Lift}** Sd R bring L ft along sd R ft, -, w/ pressure on L toe lift L hip, lwr hip ;

05-08 LUNGE BASICS w/ ARMS ; ; FENCE LINE w/ ARMSWEEP TWICE ; ;

{Lunge Basics w/ Arms} [Relsg ld hnds & raisg out to sd] Sd L w/ lun action raisg, -, rec R, XLif (*W XRif*) ; [Relsg trl hnds & rais them out to sd] Sd R w/ lun action, -, rec L, XRif (*W XLif*) to BFLY COH ; **{Fence Line w/ Armsweep x 2}** Sd L, -, [circg trl arm full CCW (*W circ trl arm full CW*)] XRif (*W XLif*) on soft knee, rec L ; Sd R, -, [circg trl arm full CW (*W circ ld arm full CCW*)] XLif (*W XRif*) on soft knee, rec R to BFLY COH ;

09-12 TO RLOD TRIPLE TRAVELER ; ; ;

{To Rlod Triple Traveler} Repeat meas 1,2 & 3 Part B to BFLY WALL ; ; ; **{OP Basic Ending}** Sd R trng to ½ LF rlsng ld hnds OP LOD, -, XLif (*XRif*), rec R startg to fold ifo W ;

13-16 M SWITCH ; SPIRAL IN ; WALK 3 ; W SWITCH to FACE ;

{M Switch} Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (*W fwd R, -, fwd L, fwd R*) ; **{Spiral In}** [Relsg both hnds] Fwd R spiral 1 Full trn LF, -, fwd L, R to LOP LOD ; **{Walk 3}** Blend to ½ OP LOD Fwd L, R, L ; **{W Switch to Fc}** Fwd R, -, fwd L, R trn RF to fc ptr (*W xg ifo M sd L to ½ OP, -, fwd R, L trn LF to fc ptr*) to CP WALL ;

17-18 TURN INTO ROMANTIC SWAYS ; ;

{Trn Into Romantic Sways} [Rel ld hnds] Sd L & swiv LF (*W RF*) to bk-to-bk sweep ld hnds up & around to end streched out to sd at shldr level, -, sd R, rec L ; Sd R and swiv RF (*W LF*) to fc bring ld hnds btwn ptrs to lead hip, -, sd L, rec R ;

PART C

01-04 UNDERARM TURN ; PREPARATION to AIDA ; AIDA LINE SWITCH & RECOVER ; BASIC ENDING & Pickg Up ;

{Underarm Trn} Repeat meas 3 Intro to BBFLY WALL ; **{Aida Prep}** Sd R trng RF to RLOD, -, thru L, trng LF sd R to fc ptr ; **{Aida Line & Switch & Rec}** Trng LF bk L to V-BK-TO-BK DLW (*W DLC*), -, sd R swiv to fc, rec L ; **{Basic Ending & Pickg up}** Repeat meas 8 Intro & Pickg Up to Low Bfly ;

05-08 TRAVELING CROSS CHASSE FOUR TIMES & END to WALL & Pickg Up ; ; ;

{Trav Cross Chasse x 4 to CP WALL} Trng sltly LF fwd L to DLC, -, w/ rt shldr ld sd & fwd R twd DLW, cl L ; Trng RF fwd R twd DLW, -, w/ lft shldr ld sd & fwd L twd DLC, cl R ; Repeat meas 5 Part C ; Trng RF fwd R twd DLW, -, contg to trn RF sd & fwd L twd WALL, cl R to CP WALL & Pickg Up ;

ENDING

01-03 TURN INTO ROMANTIC SWAYS ; ; SLOW SIDE LUNGE & HOLD ;

{Trn Into Romantic Sways} Repeat meas 17-18 Part B ; ; **{Slow Sd Lunge}** Sd L twd RLOD w/ bent knee, -, hold, -;