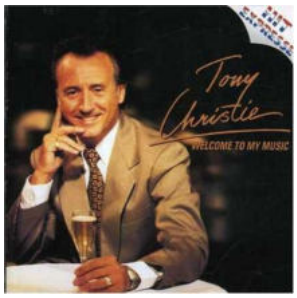
TOMORROW MANANA MANANA

Music: **Tony Christie**
Cd: Welcome To My Music 1
https://www.amazon.com.be/-/en/Tony-Christie/dp/B0002N5DZC
Track # 12 Time 3:20 Slow Down w/ -5% to Time 3:31 Available from choreographer
Rhythm: **Hesitation & Canter Waltz** **Phase: V+1**(Telespin)
Footwork: **Opposite except where (Noted)**
Release Date: April 26
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
Email: jos.dierickx@telenet.be
Sequence: **INTRO AB AB A(Mod) A(13-15) END**



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INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 2 MEASURES ; ; SIDE SWAY L & R ; DIP BACK & RECOVER ;
{Wait} CP DLC ld ft free wt 2 meas ; ; **{Sd Sway L & R}** [14] Sd L incline body to L, tch R to L,-, sd R, incline body to R, tch L to R ; **{Dip Bk & Rec}** [14] Bk L w/ flexed knee,-,-, rec R swiv RF to CP DLC,-,-;

PART A

01-04 CANTER DOUBLE REV SPIN to DLW ; CHANGE of DIRECTION ; REVERSE FALLAWAY RONDE ; PIVOT 3 to SCP ;
{Canter Dbl Rev Spin to DLW} [13/1346] Fwd L start LF trn,-, sd R,-, cont trn LF,-,- *(W bk R,-, heel trn LF cl L, fwd R,-, cont trn LF XLif)* to CP ; **{Chng of Direction}** [14] Fwd L,-,-, fwd R trng ¼ LF,-, draw L to CP DLC ; **{Rev Fallaway Ronde}** [14] Fwd L comm LF trn, sd R cont LF trn, ronde CCW w/ L *(W ronde w/ R CW)* ; **{Pivot 3 to SCP}** [146] Bk L pivot ½ RF,-,-, fwd R heel lead btwn W's ft cont RF trn rise & stretch rt sd,-, sd & fwd L to SCP LOD ;

05-08 CHAIR & SLIP ; TELESPIN to SCP ; ; CROSS HESITATION ;
{Chair & Slip} Ck fwd R w/ bent knee,-,-, rec L w/ slight LF trn,-, sm bk R *(W ck fwd L,-,-, rec R swvlg 5/8 LF,-, fwd L)* to CP DLC ; **{Telespin to SCP}** [13/1346;146] Fwd L DLC comm LF trn, fwd & sd R cont trng LF, sd & slightly bk L LOD with partial weight keepg lft sd fwd towd W ; Trng LF transfer weight to L spin LF, sd R cont trn, fwd L to SCP DLW (W bk R comm LF trn, heel trn cl L/fwd R, keepg rt sd in towd M fwd L; fwd R comm LF toe spin, cont spin close L, sd and fwd R to SCP) ; **{Cross Hesitation}** [1,-,-/146] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg *(W fwd L stg LF trn,-,-, sd R arnd M trng LF,-, contg LF trn cl L)* to BJO DRC ;

09-12 BACK CANTER TWISTY VINE ; OUTSIDE SPIN ; BACK & CHASSE to SCP ; SLOW SIDE LOCK ;
Bk Canter Twisty Vine} [1346] Bk L comm RF trn,-, sd R, in SCAR fwd L,-, sd R BJO *(W fwd R comm RF trn,-, sd L,in SCAR bk R,-, sd L to BJO)* ; **{Outsd Spin}** Bk L toe in comm trng RF outsd ptr,-,-, fwd R outsd ptr cont trng RF,-, cont trng RF sd & bk L *(W fwd R outsd ptr comm trng RF,-,-, cl L cont trng RF on toes,-, cont trng RF fwd R btwn M's ft)* to CP DRW ; **{Bk & Chasse to SCP}** [1346] Bk R swiv to Wall,-, sd L, cl R,-, fwd R w/ LF trn to SCP DLW ; **{Slow Sd Lock}** Thru R,-,-, fwd & sd L risg trng LF,-, XRib *(W thru L,-,-, sd R trng LF ifo M,-, XLif)* to CP DLC ;

13-16 DIAMOND TURN/LADY INSIDE TURNS ; ; ; ;
{Diamond Trn/Lady Insd Trns} Fwd L trng LF,-,-, compg ¼ LF trn sd R,-, bk L to BJO DRC ; [Raisg ld hnds] Staying in BJO & trng LF bk R & raisg ld arm,-,-, compg ¼ LF trn sd L,-, fwd R *(W fwd L comm LF trn* under ld hnds fc RDC*,-,-, small sd R cont LF trn,-, small sd L compg LF trn)* to BJO DRW ; Repeat meas 13,14 Part A to BJO DLW & DLC ; ;

PART B

01-04 OP REVERSE TURN ; OUTSIDE CHECK ; OUTSIDE CHANGE to SCP ; THRU CHASSE to SCP ;
{OP Reverse Trn} Fwd L comm strong LF trn,-,-, cont trn stp bk & sd R *(W bk R, sd L)* to fc RLOD,-, bk L under body blend to BJO *(W R)* w/ rt shldr ld ; **{Outsd Check}** Bk R trng LF,-,-, sd & fwd L,-, ck fwd R to BJO DLC ; **{Outsd Change to SCP}** Bk L to DRW,-,-, bk R trng /8 LF,-, sd & fwd L to SCP DLW ; **{Thru Chasse to SCP}** Thru R,-, sd L,cl R,-, sd & fwd L to SCP DLW ;

05-08~ IN & OUT RUNS ; ; THRU RIPPLE CHASSE ; CHAIR & SLIP ; ~ QUICK FWD & CLOSE ;
{In & Out Runs} Trng RF fwd R ifo W,-,-, sd & bk L to CP RLOD,-, bk R *(W fwd L,-,-, fwd R btwn M's ft,-, fwd L)* to BJO RLOD ; Trng RF bk L,-,-, cont trn fwd R btwn W's ft,-, sd & fwd L *(W trng RF fwd R,-,-, cont trn sd L ifo M,-, cont trn fwd & sd R)* to SCP DLW ; **{Thru Ripple Chasse}** [1346] Thru R trn head to R, change to rt sway sd L/cl R holdg sway, lose sway sd L to SCP DLW ; **{Chair & Slip}** Thru R relax R knee,-,-, rec,-, slip LF bk R *(W slip fwd L swiv ½ LF)* to CP DLC ; **~ {Qk Fwd & Cl}** [13] Fwd L to DLC,-, cl R ;

09-12 VIENNESE TURNS ; ; ; ;
{4 Viennese Trns} Fwd L trn LF,-,-, sd R cont LF trn,-, XLif *(W cl R)* fc DRC ; Cont LF trn bk R trn LF,-,-, sd L cont LF trn,-, cl R *(W XLif)* fcg DLW ; Repeat meas 9,10 Part A ; ;

PART A(Mod)

01-05 CONTINUOUS CANTER DOUBLE REVERSE SPIN ; ; CHANGE of DIRECTION ; REVERSE FALLAWAY RONDE ; PIVOT 3 to SCP ;
Cont Canter Dbl Reverse Spin} [13/1346] Fwd L, trng LF sd R arnd W/cont LF trn bring L to R (no weight), cont spin LF on R *(W bk R, cl L for a heel trn, cont trn LF sd & bk R arnd M/cont trn XLiF)* end CP DLC ; Repeat meas 1 Part A ; **{Chng of Direction}** Repeat meas 2 Part A ; **{Rev Fallaway Ronde}** [SS-] Fwd L comm LF trn, sd R cont LF trn, ronde CCW w/ L *(W ronde w/ R CW)* ; **{Pivot 3 to SCP}** Bk L pivot ½ RF, fwd R heel lead btwn W's ft cont RF trn rise & stretch rt sd, sd & fwd L to SCP LOD

06-17 REPEAT MEAS 5-16 PART A ; ; ; ; ; ; ; ; ; ; ; ;

ENDING

01 BACK to OVERSWAY & HOLD ;

{Bk to Oversway & Hold} [14] Bk R trng LF,-,-, bk & sd L relax L knee keepg R leg extended, slight LF trn stretch L sd of body, cont sway & look W *(W look L)* ;