

TO LOVE

Music: Agnetha Fältskog (ABBA) 1983
www.amazon.com/wrap_your_arms_around_me
Track 8 Time 3:48
Shortened from 3:13 to the End – Fade Out From 3:05
Slow down w/-10% to Time 3:13
Available from choreographer

Rhythm: **Slow Two Step** Phase:IV+2 (Triple Traveler+Horseshoe Turn)
+2 U (Trav. Right Turn+ The Square)

Footwork: **Opposite except where (Noted)**

Release Date: Dec 17
Choreo: Jos Dierickx Beverloestwlg 14b2 3583 Paal Belgium
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Sequence: **INTRO AB(1-20) INTRO (3-10) AB INTRO (3-10) END**



INTRO

01-02 BFLY POS WALL LEAD FOOT FREE WAIT 3 ½ MEASURES ; ; ; ~
{Wait} BFLY pos WALL ld ft free wt 3 ½ meas ; ; ; ~

03-06 SIDE BASIC ; WRAP the LADY ; FORWARD & RUN 2 TWICE to FCG PARTNER & to Picking Up in Low BFLY ; ;
{Sd Basic} Sd L, -, XRib (W XLib), rec L ; {Wrap the Lady} Sd R, -, XLib leading W to trn LF, rec R trng to fc LOD (W sd L, -, XRif trng LF, rec L to fc LOD In Wrap Pos'n) ; {Fwd & Run Two x 2 to fcg ptr} Fwd L, -, fwd R, fwd L ; Fwd R, -, fwd L, fwd R to fc ptr & to picking Up in Low Bfly ;

07-10 4 TRAVELING CROSS CHASSE to BFLY WALL ; ; ; ;
{Traveling Cross-Chasse x 4 end to BFLY WALL} Joining both hands low Fwd L trng LF, -, with rt side leading sd R, XLif (W bk R trng lf, -, with lf side leading sd L, XRif) to DRW ; Fwd R trng RF, -, with lf side leading sd L, XRif (W bk L trng rt, -, with rt side leading sd R, XLif) to DRC ; Repeat meas 3,4 Intro end to BFLY WALL ; ;

PART A

01-04 FULL BASIC ; ; LUNGE BASIC TWICE to DBL HANDHOLD ; ;
{Full Basic} Sd L, -, XRib (W XLib), rec L ; Sd R, -, XLib (W XRib), rec R ; {Lunge Basic x 2} Sd L extg ld arm to sd, -, rec R, XLif (W XRif) ; Sd R extg trl arm to sd, -, rec L, trng LF sm fwd R (W sd L, rec R, XLif trng LF to fold lf of M) to DBL Hndhld WALL ;

05-08 DBL HND UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHNGE SIDES/W UNDERARM ;
BASIC ENDING to Manvr ;
{Dbl Handhold Undrm Trn to Stacked Hnds} [With both hands joined above lady's head] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L Stacked Lft over Rt hands (W fwd R, -, fwd L rf trn under dbl hd hold, fwd R stacked hands L over R) fcg ptr & WALL ; {Open Break to Fc} With stacked hnds sd R, -, rk apt L, rec R to r-sd of W ; {Change Sides / W Underarm} Fwd L to WALL chg sds CW lead W trn under stacked hds, -, sd R, XLif (W fwd R to COH LF trn under stacked hds chg sds, -, sd L, XRif) to BFLY COH ; {Basic Ending to Manvr} Sd R, -, XLib, rec R to manuver ;

09-12 RIGHT TURN w/ OUTSIDE ROLL ; FENCE LINE w/ Armsweep ; OP BASIC TWICE ; ;
{Right Trn w/ Outsd Roll} Sd & bk L Xg in frt of W, -, raisg jnd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLif (W fwd R com RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to BFLY WALL ;
{Fence Line w/ Armsweep} Sd R body rise, -, XLif bent knee left arm circle CW in front of body, rec bk R ; {OP Basic x 2} Sd L trng to ½ LOP RLOD, -, XRib (W XLib), rec L trng to fc ; Sd R trng to ½ OP LOD, -, XLib (XRib), rec R to ½ OP LOD ;

13-16 2 SWITCHES ; ; SIDE BASIC ; SIDE to SCAR & FORWARD CHECKG/W DEVELOPE ~ & BACK ; [Long Meas]
{Switches x 2} Sd L Xg in frt of W to ½-OP RLOD, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R com to fold in frt of M) ; Fwd R, -, fwd L, fwd R (W sd L Xg in frt of M to ½-LOP RLOD, fwd R, sm fwd L) trng to BFLY WALL ; {Sd Basic} Sd L, -, XRib (W XLib), rec L ; {Sd to SCAR & Fwd Checking/W Developpe & ~ Bk} [SS&] Sd R swivel to SCAR DRW, -, fwd L checking, -, bk R to BFLY WALL ;

PART B

01-04 3 ALTERNATING UNDERARM TURNS W-M & W ; ; ; INTO A LARIAT 3 to LOD :

{3 Alternating Underarm Turns W – M – W} Sd L raisg jnd ld hnds palm-to-palm, -, XRib, rec L (*W sd R com RF trn undr jnd ld hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr*) ; [join trailing hnds] Sd R comm RF trn undr jnd trail hnds, -, XLif cont RF trn ½, rec R compg full trn to fc ptr (*W sd L raisg jnd trail hnds palm-to-palm, -, XRib, recl L*) ; [join lead hnds] Repeat meas 3 Part B to BFLY WALL ; **{Into a Lariat 3 to LOD}** sip R, -, L trng ¼ LF to LOD, cl R (*W fwd L, -, R, L arnd M to LOD*) to LOP LOD ;

05-08 OUTSIDE ROLL ; HORSE SHOE TURN ; ; BASIC ENDING to Picking Up :

{Outsd Roll} Fwd L comm LF trn to fc ptr, -, sd R cont trn to fc COH, XLif (*W fwd R com RF trn undr jnd hnds, -, cont RF trn L, R*) to BFLY COH ; **{Horse Shoe Trn}** Relg trl hnds Sd & fwd R to LOP LOD, -, cont trn thru L to V pos LOD, rec R to V pos & raise ld hnds ; LF ½ circ fwd L, -, R, L (*W RF ½ circ undr jnd hnds fwd R, -, L, R*) to BFLY WALL ; **{Basic Ending to PU}** Sd R, -, XLib, rec R to Picking Up ;

09-12 TRIPPLE TRAVELER ; ; ; BASIC ENDING to Manuver :

{Triple Traveler} [To LOD] Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R*) to LOD ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (*W fwd L, -, fwd R, fwd L*) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (*W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr*) ; **{Basic Ending to Manuver}** Repeat meas 8 Part A to BFLY WALL ;

13-16 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; FENCE LINE w/ Armsweep TWICE to Picking Up ; ;

{Traveling Right Turn w/ Outsd Roll} Trng RF Xg in frt ot W sd & bk L to fc RLOD, -, XRib, twist trn RF 5/8 on both ft to fc DLW, fwd L to LOD (*W fwd R btw M's ft com RF trn, -, contg RF trn fwd L twd WALL, contg trn fwd R twd RLOD*) to BJO DLW ; **{Fence Line w/ Armsweep x 2 to PU}** Sd L body rise, -, XRif bent knee right arm circle CCW in front of body, rec bk L ; Sd R body rise, -, XLif bent knee left arm circle CW in front of body, rec bk R to Picking Up ;

17-20 LEFT TURN w/ INSIDE ROLL ; LUNGE BREAK ; OP BASIC TWICE ; ;

{Left Trn w/ Insd Roll} P/U Fwd L comm LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R*) BFLY WALL ; **{Lunge Break}** Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (*W sd & bk L, -, bk R w/ sitting action, rec L*) to BFLY WALL ; **{OP Basic x 2}** Repeat meas 11,12 Part A ; ;

21-24 THE SQUARE ; ; ; ;

{The Square} [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLif (*W fwd R, -, sd L twd COH, XRif starting to Xif of M*) ; Fwd R, -, sd L twd RLOD, XRif starting to Xif of W (*W [like a switch] Xif of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLif*) ; [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLif (*W fwd R, -, sd L twd WALL, XRif starting to Xif of M*) ; Fwd R, -, sd L twd LOD, XRif (*W [like a switch] Xif of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLif*) to ½ OP LOD ;

ENDING

01 LUNGE SIDE & CARESS ;

{Lunge Sd & Caress} [S] Sd L extg ld arm to sd, caressing cheek ptr w/ trail hnd, - ;