

THE BEACH (LA PLAYA)

Music: **Claude Ciari**

www.discogs.com/Claude Ciari - La Playa

Lp.A1 Time 2:45

Available from choreographer

Rhythm: **Rumba Phase: V + 1U (Continuous Chase w/ Underarm Pass & Peeks)**

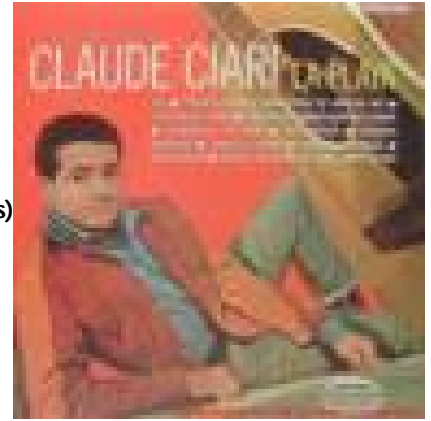
Footwork: **Opposite except where (Noted)**

Release Date: March 17

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: **INTRO A AB A END**



INTRO

01-02 LOW BFLY WALL LEAD FOOT FREE WAIT 2 MEASURES ; ;

{Wait} Low Bfly Wall ld ft free wt 2 meas ; ;

PART A

01-08 CONTINUOUS CHASE WITH UNDERARM PASS & PEEKS ; ; ; ; ; ; ; ; W TURN TO FACE :

{Chase With Underarm Pass Overtured to Tandem} Fwd L trng ½ RF keepg ld hnds jnd behind M, rec R, fwd L (W bk R, rec L, fwd R twds M's L sd), -; Bk R raisg jnd ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TAND COH w/ ld hnds still jnd above the head W, -; {Peek-a-Boo x 2} Sd L, rec R, cl L (W sd lookg ovr L shldr, rec L, cl R), -; Sd R, rec L, cl R (W sd L lookg ovr R shldr, rec R, cl L), -; {Both Turns & Underarm Pass Overtured to Tandem} Fwd L trng ½ RF keepg ld hnds jnd low behind M, rec R, fwd L (W fwd R under ld hnds ½ LF trn, rec L, fwd R), -; Bk R raisg jnd ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TAND WALL w/ ld hnds still above the head W, -; {Peek-a-Boo x 2/W Turn to Face} Sd L, rec R, cl L (W sd R lookg ovr L shldr, rec L, cl R), -; Sd R, rec L, cl R (W sd L lookg ovr R shldr, rec R trng 1/2 RF, cl L) to CP WALL, -;

09-12 OP HIP TWIST to a FAN ; ; STOP & GO to CROSS BODY ; ;

{OP Hip Twist to a Fan} Fwd L, rec R, cl L (W bk R, rec L, fwd R with tention to L arm to swivel ¼ RF) end L-Shape M fc Wall W fc LOD, -; Bk R, rec L, sd R (W fwd L, trng ½ LF sd R, bk L) to fan pos, -; {Stop & Go to Cross Body} Chk fwd L, rec R raising L arm to lead W to a LF underarm turn, sd L fcg wall bringing lead arm down sharply and placing R hand on W's bk to an "L" position (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hands to fc LOD), -; Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L) to CP COH, -;

13-16 CUDDLE TWICE ; ; CROSS BODY / W SPIRAL [3th TIME: r-hndshk] ; ;

{Cuddle x 2} Sd L, rec R, cl L placing L hnd on W's R shldr blade (W trng ½ RF bk R with free arm out to sd, rec L, fwd R plcg R hnd on M's L shldr trng ½ LF) to CP COH, -; Sd R, rec L, cl R placing R hnd on W's L shldr blade (W trng ½ LF bk L with free arm out to sd, rec R, fwd L plcg L hnd on M's R shldr trng ½ RF) to CP COH, -; {Cross Body/W Spiral} Fwd L, rec R, sd & bk L trng ¼ LF (W bk R, rec L, fwd R spiraling 7/8 LF under joined ld hands) to "L" CP M fcg RLOD W fcg WALL, -; Bk R contg LF trn, rec L comp LF trn to CP WALL, sd R (W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L) CP WALL [3th TIME: r-hndshk], -;

PART B

01-04 BASIC ½ INTO 3 ALTERNATING UNDERARM TURNS W – M & W ; ; ; ;

{Basic ½ Into 3 Alternating Underarm Turns W-M & W} Fwd L, rec R, sd L, -; Raisg jnd ld hnds XRib, rec L, sd R (W trng RF undr jnd ld hnds fwd L, fwd R cont RF trn to fc ptr, sd L), -; [join tl hnds] trng RF undr jnd tl hnds fwd L, fwd R cont RF trn to fc ptr sd L (W XRib, rec L, sd R), -; [join lead hnds] Repeat meas 2 Part B to BFLY WALL ;

05-08 To RLOD AIDA ; SWITCH ROCK ; REVERSE UNDERARM TURN ; WHIP to COH ;

{Aida to RLOD} Xg ld hnds ovr trl hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos, -; {Switch Rock} Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -; {Reverse Underarm Turn} Raisg jnd ld hnds XLif, rec R, sd L (W XRif undr jnd ld hnds trng LF ½ rec L contg LF trn to fc ptr, sd R) to BFLY WALL, -; {Whip to COH} Bk R trng ¼ LF, rec L cont LF trn to COH, sd R (W fwd L outsd M on his l-sd, fwd R trng ½ LF, sd L) to BFLY COH, -;

09-12 NEW YORKER TWICE ; ; SPOT TURN TWICE & r-hndshk ; ;

{New Yorker x 2} XLif (WXRif) to LOP LOD, rec R to BFLY COH, sd L, -; XRif (W XLif) to OP RLOD, rec L to BFLY COH, sd R, -; {Spot Turn x 2} Relg hnds XLif (W XRif) trng RF, rec R compg full trn, sd L to BFLY, -; Relg hnds XRif (W XLif) trng LF, rec L compg full trn, sd R to r-hndshk COH, -;

13-16 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to FACE ;

{Trade Places x 2} With R hnds jnd rk apt L, rec R trng $\frac{1}{4}$ RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & WALL stepping sd & bk L twd COH (W rk apt R, rec L trng $\frac{1}{4}$ LF to fc LOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & COH stepping sd & bk R twd WALL) joining L hnds, -; With L hnds jnd rk apt R, rec L trng $\frac{1}{4}$ LF to fc LOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & COH stepping sd & bk R twd WALL (W rk apt L, rec R trng $\frac{1}{4}$ RF to fc LOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L twd COH) to Hndshk WALL, -; **(Trade Places / W Spiral)** Rk apt L, rec R comm to pass R shldr while trng $\frac{1}{4}$ RF and keeping R Hnds jnd, cont to trn RF stepping sd L twd COH (W rk apt R, rec L, fwd R fwd WALL spiralling $\frac{7}{8}$ LF undr jnd R hnds to end almost fcg WALL), -; **(W Out to Fc & WALL)** Trng bdy RF to fc WALL stp fwd twd WALL R,L,R (W fwd WALL L, fwd R trng $\frac{1}{2}$ LF to fc COH, sd & bk L) to BFLY WALL, -;

ENDING

01-04 TRADE PLACES/W SPIRAL ; W OUT to FACE ; OPEN BREAK ; WHIP to WALL ;

(Trade Places / W Spiral) Repeat meas 15 Part B ; **(W Out to Fc)** Repeat meas 16 Part B to BFLY COH, -; **{OP Break}** Apt L raisg trl arm straight up, rec R, sd L to BFLY COH, -; **{Whip to WALL }** Bk R trng $\frac{1}{4}$ LF, rec L trng $\frac{1}{4}$ LF, sd R (W fwd L long step in frt of M, trng LF fwd & sd R, sd L to fc M) to BFLY WALL, -;

05-06 TO RLOD AIDA ; SWITCH LUNGE & EXTEND ARMS ;

{Aida to RLOD} Repeat meas 5 Part A ; **{Switch Lunge & Extend Arms}** [S] Bk & sd R bringing joined hnds thru slight body trn RF look at ptr, relax R knee to lunge line & extend both arms to side ;