

SYMPHONY

Music: **Werner Tauber**
www.amazon.com/Strictly-Dancing-Slowfox-Various-artists/dp/B076DX453B
Track #6 Time 2:55 Available from choreographer

Rhythm: **Foxtrot** **Phase: IV+2** (Curved Feather+Natural Weave) **Option (Inside Turns)**

Footwork : **Opposite except where (Noted)**

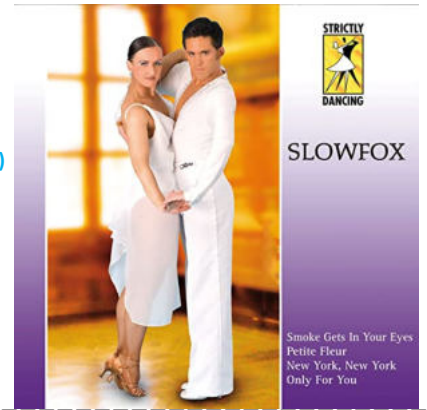
Release Date : June 22

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Sequence : **ABC ABC(1-8) END**



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 2 MEASURES ; ; SIDE SWAY LEFT & RIGHT ; DIP BACK & RECOVER ;

{Wait} CP DLC ld ft free wt 2 meas ; ; {Sd Sway L & R} [QQQQ] Sd L incline body to L, tch R to L, sd R incline body to R, tch L to R, - ; {Dip Bk & Rec} [SS] Bk L w/ flexed knee, -, rec R to CP DLC, - ;

PART A

01-04 THREE STEP ; CURVED FEATHER ; DOUBLE OUTSIDE SWIVEL ; BACK TWISTY VINE 4 ;

{Three Step} Fwd L, -, sd & fwd R btwn W's ft, fwd L ; {Curved Feather} Fwd R stg RF trn, -, cont RF trn sd & fwd L, cont upper bdy RF trn fwd R outsd W (W bk R comm RF trn, bk L cont RF trn, bk R) to BJO DRW ; {DBL Outsd Swivel} [QQQQ] Bk L Xg Rif w/ no wgt, -, fwd R, point L (W fwd R & swvl ½ RF to SCP DRC, -, fwd L & swvl LF ½) to BJO DRW ; {Bk Twisty Vine 4} [QQQQ] Bk L in bjo, sd R trng to fc ptr, fwd L in scar, sd & bk R trng to BJO DRW ;

05-08 WEAVE ENDING ; HOVER TELE ; PROMENADE WEAVE ; ;

{Weave Ending} [QQQQ] Bk L, trng LF & blendg to CP bk R, sd & fwd L, fwd R to BJO DLW ; {Hover Tele} Fwd L, fwd R w/ lft sway & swiv to LOD, fwd L to SCP LOD ; {Promenade Weave} [SQQ;QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (W fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L) to BJO DLW ;

09-12 THREE STEP ; CURVED FEATHER ; BACK CROSS HOVERS SCAR & BJO ; ;

{Three Step} Repeat meas 1 Part A ; {Curved Feather} Repeat meas 2 Part A ; {Bk Cross Hovers SCAR & BJO} XLib (W XRif), sd & bk R rise, bk L to SCAR DRC ; XRib (W XLif), sd & bk L rise, bk R to BJO DRW ;

13-16 BACK CROSS HOVER to SCAR ; FEATHER FINISH to DLW ; WHISK ; WHIPLASH to CP DLW ;

{Bk Cross Hover to SCAR} Repeat meas 11 Part A ; {Feather Finish to DLW} Bk R, -, bk & sd L trng ½ LF, fwd R to BJO DLW ; {Whisk} Fwd L, -, sd & fwd R, XLib (W XRib) to SCP LOD ; {Whiplash to CP DLW} [SS] Thru R, -, trng bdy RF to ptr pnt L LOD (W thru L, -, pnt R fwd swiv slowly on L LF to fc ptr) to CP DLW, - ;

PART B

01-04 HOVER TELE ; THRU TWISTY VINE 4 ; THRU to LEFT WHISK ; UNWIND/W in 4 to BJO ;

{Hover Tele} Fwd L, -, fwd R w/ lft sway & swiv to LOD, fwd L (W bk R, -, bk L w/ rt sway brush R to L, fwd R) to SCP LOD ; {Thru Twisty Vine 4} [QQQQ] Thru R, sd L to Fc ptr, XRib (W XLib) to scar, sd L to scp Lod ; {Thru to Left Whisk} Thru R, -, sd & fwd L to CP, XRib trn upper bdy to L (W thru L, -, sd & slightly bk R to CP, XLib) to rev SCP DRW ; {Unwind/W in 4 to BJO} Unwind RF w/ wgt on both ft, -, -, - (W [QQQQ] CW arnd M fwd R, fwd L/lk Rib, fwd L) to BJO LOD ;

05-08 SLOW OUTSIDE SWIVEL ; NATURAL WEAVE ; ; DRAG HESITATION ;

{Slow Outsd Swiv} [S] Bk L trng body RF, -, allow R to draw bk slightly ifo L (W fwd R, -, swiv RF to SCP), - ; {Natural Weave} [SQQ;QQQQ] Fwd R trng RF, -, sd L, bk R (W fwd L, fwd R btwn M's ft, fwd L) to BJO DRW ; Bk L, bk R in CP trng LF, cont LF trn sd L, fwd R to BJO DLW ; {Drag Hesitation} [S,S,-] Fwd L, -, stg LF trn sd R, contg LF trn draw L to BJO DRC ;

09-12 IMPETUS to SCP ; THRU VINE 4 ; OP NATURAL ; HESITATION CHANGE ;

{Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ; {Thru Vine 4} [QQQQ] XRif (W XLif), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ; {OP Natural} Thru R comm RF trn, -, fwd & sd L cont RF trn to CP, bk R w/ rt sd lead (W thru L, -, fwd R, fwd L) to BJO ; {Hesitation Chng} [SS,-] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ;

PART C

01-04 DIAMOND TURN/OPTION W INSIDE TURNS ;;;:

{Diamond Trn /Option W Inside Trns} Fwd L trng LF, -, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R raisg ld hnds, -, compg ¼ LF trn sd L, fwd R (*W OPTION fwd L comm LF trn under ld hnds fc RDC, -, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 1,2 Part C to BJO DLW & DLC ; ;

05-08 TELEMARK to SCP ; THREE IN & OUT RUNS ; ; ;

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; {In & Out Runs x 3} Trng RF fwd R, -, sd & bk L, bk R (*W fwd L, -, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP DLC ; Repeat meas 6 Part C ;

09-10 PIVOT 3 to SCP LOD ; SLOW SIDE LOCK ;

{Pivot 3 to SCP LOD} Bk L pivot ½ RF, -, fwd R heel lead btwn W's ft cont RF trn rise & stretch R sd, sd & fwd L to SCP LOD ; {Slow Sd Lock} Thru R, -, fwd & sd L risg trng LF, cl R (*W thru L trng LF, -, sd R trng LF, XLif*) to CP DLC ;

ENDING

01-04 SPIN TURN ; FEATHER FINISH DLC ; REVERSE WAVE ; ;

{Spin Trn} Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betw W's ft, rec sd & bk L (*W begin RF upper body trn fwd R heel to toe betw M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R*) to CP DLW ; {Feather Finish} Bk R trn LF, -, sd & fwd L compg ¼ LF trn, fwd R outsd W to BJO DLC ; {Reverse Wave} Fwd L comm LF trn, -, sd R twd LOD trng LF (*W heel trn*), bk L to BJO DRC ; Bk R, -, bk L, bk R in CP fcg RLOD ;

05-07 IMPETUS to SCP ; THRU VINE 4 ; THRU & HIGH to CHAIR & HOLD ;

{Impetus to SCP} Repeat meas 9 Part B ; {Thru Vine 4} Repeat meas 10 Part B ; {Thru & High to Chair & Hold} [S&S] Thru R, -, fwd L & Rise, strong fwd R in lunge action bendng knee ;