

SNOW FLOWER BOLERO

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Music : “雪の華” Download: Hayley Westenra at Amazon.com

Rhythm : Bolero ph V+2(Throwaway Overstay, Double Ronde)

Speed : Adjust(+10%) Date: Decembar 2017 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)

Sequence: Intro - A - B - INT - A - B- C - B - Bmod - Ending



Meas

INTRO

1~ 4 Low Bfly/Wall lead foot free for both Wait 1 Meas; Opning Out Twice;; Riff Trn(CP/Wall);

- 1 Low Bfly fc Wall lead foot free for both Wait 1 meas;
2- 3 (Opning Out) Small stp sd L body rise and body rotate LF, -, lower on L and extend R foot to sd, rise on L body rotate in Bfly(W sd & bk R body rise and body rotate LF match partner, -, XLIB of R lowering, fwd R in Bfly);
Cl R body rise and body rotate RF, -, lower on R and extend L foot to sd, rise on R body rotate in Bfly(W sd & bk L body rise and body rotate RF match partner, -, XRIB of L lowering, fwd L in Bfly);
QQQQ 4 (Riff Trn) Sd L lead W RF spin under lead hands, cl R, sd L lead W RF spin under lead hands, cl R(W sd & fwd R RF spin on R, cl L, sd & fwd R RF spin on R, cl L) blend CP fc Wall;

Meas

PART A

1~ 8+ Trning Basic;; R Pass(CP/Wall); R Lunge w/Rks; L Pass(W Sync Spin) fc DC; (Handshake) Contra Break; Cross Body fc Wall; Shadow New Yorker; Single Riff Trn,,

- 1- 2 (Trning Basic) Sd L body rise strong body RF trn, -, bk R slip action LF trn, cont LF trn rec fwd L fc COH;
Sd R body rise, -, fwd L slip action, rec bk R;
3 (R Pass) Fwd & sd L commence RF trn raise lead hands to create window, -, XRIB of L cont RF trn, sd L(W fwd R, -, fwd L commence LF trn, cont LF trn sd R under raised lead hands to fc partner) to CP/Wall;
4 (R Lunge w/Rks) Sd & fwd R keeping left sd leaving L extended, -, rec L, sd & fwd R;
SQQ (SQQ&Q&) 5 (L Pass W Sync Spin) Cl L to contra Scar commence to trn partner RF, -, bk R with slip action, fwd L trning LF fc DC(W fwd R turning 1/4 RF, -, sd & fwd L strong LF trn/cont LF spin R, L/R fc RDW) right hands joined;
6 (Contra Break) Sd & fwd R with right sd stretch, -, slip fwd L small step with right shoulder lead to contra check action, rec bk R(W sd & bk L with left sd stretch, -, slip bk R with left sd lead to contra check action, rec fwd L);
7 (Cross Body) Still right hands joined sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Wall(W sd & fwd R body rise, -, fwd L crossing in front of man trning LF, small stp sd R);
8 (Shadow New Yorker) Sd R commence RF trn with right sd stretch slight “V” shape twd partner, -, cont turning RF slip fwd L shaping to partner, rec bk R trning to fc partner;
QQ + (Single Riff Trn) Still right hands joined sd L lead W RF spin under lead hands, cl R(W sd & fwd R RF spin on R, cl L),

9~16 (handshake)Cross Body; Horseshoe Trn;; Bk Break to 1/2 OP; Sync Bolero Walk; Fwd & Chair Rec; Spot Trn; Sd to Overstay;

- 9 (Cross Body) Still right hands joined sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc COH(W sd & fwd R body rise, -, fwd L crossing in front of man trning LF, small stp sd R);
10-11 (Horseshoe Trn) Sd & fwd R with right sd stretch to a “V” position, -, slip thru L with a checking action cont to shape to partner, rec R raising right hands (W Sd & fwd L with left sd stretch to “V” position, -, slip thru R with checking action cont to shape to partner, rec L raising lead hands);
Fwd L commence LF trn, -, fwd R commence circle walk, fwd L complete circle walk to fc partner (W fwd R commence RF trn, -, fwd L cont RF circle walk under joined right hands, fwd R complete circle walk to fc partner);

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- 12 (Bk Break to 1/2 OP) Left hands joined under right hands sd R raise joined hands right hands over W's head left hands over M's head blend 1/2 OP fc LOD,-, small stp bk L, rec fwd R;
- SQ&Q 13 (Sync Bolero Walks) Fwd L body rise,-, fwd R/L,R;
- 14 (Fwd Chair & Rec) Fwd L body rise,-, ck fwd R flex knee, rec L to fc blend CP;
- 15 (Spot Trn) Sd R twd RLOD,-, XLIF of R cont RF trn, rec R cont RF trn fc partner & Wall;
- S-- 16 (Sd to Oversway) Sd & fwd L stretch left sd look over joined lead hand,-, relax L knee keeping R leg extended, slight LF trn stretch L sd of body, cont sway & look W(W look L);

Meas

PART B

1~5 DBL Ronde w/Insd Trn fc Wall; Lunge Break; W Spiral to Nat Top; Slow Sd & Contra Ck; Rec Sync Hip Rks;

- SQ&Q 1 (Double Ronde w/Insd Trn) Sd & fwd R commence RF trn ronde L CW,-, cont RF trn sd L/XRIB of L, cont trn sd L(W sd & bk L RF trn ronde R CW,-, XRIB of L commence LF trn under lead hands/ cont LF trn L, R)LOP-FC/Wall;
- 2 (Lunge Break) Sd & fwd R body rise,-, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise,-, small stp bk R sit line, rec fwd L);
- 3 (W Spiral to Nat Top) Fwd L RF trn lead W LF spiral fc RDC,-, cont RF trn XRIB of L, sd L(W fwd R LF spiral on R under right hand fc DW,-, sd L RF trn, XRIF of L) CP/Wall;
- SS 4 (Slow Sd & Contra Ck) Sd R body rise,-, flexing knees with strong R side lead ck fwd L,-;
- SQ&Q 5 (Rec Sync Hip Rks) Rec R,-, sd L hip roll LF/rec R hip roll RF, sd L hip roll LF;

6~10 Prep Aida; Aida Line w/Rks; Swivel Fc & Serpiente; w/Oping Up; Swivel Fence Line w/Arm;

- 6 (Prep Aida) Sd & fwd R twd RLOD slightly RF trn LOP V position body rise,-, thru L, sd R commence LF trn fc LOD chg trail hands joined;
- 7 (Aida Line w/Rk) Bk L,-, rk fwd R, rec L;
- 8- 9 (Swivel Fc & Serpiente w/Oping Up) Fwd R swivel RF on R blend Bfly,-, XLIF of R, sd R; XLIB of R, swivel RF on L release trail hands LOP/RLOD fan CW R, XRIB of L, sd L Bfly;
- 10 (Swivel Fence Line w/Arms) Thru R, swivel RF on R fan CW R, XLIF of R bent knee left arm circle CW(W right arm circle CCW) in front of body, rec bk R;

Meas

INTERLUDE

1~3 Oping Out Twice;; Riff Trn;

- 1- 3 Repeat meas 2-4 of Introduction;;;

Meas

PART C

1~9 Sync Trning Basic Overtrn to; Throwaway Oversway; Rise & Hip Rks; Break Bk SCP; L Trn w/Insd Roll; OP Flare XIB Sd; Thru Spiral & Roll; Lunge Break; R Pass fc Wall;

- SQ&Q 1 (Sync Trning Basic Overtrn) Sd L body rise strong body RF trn,-, bk R slip action LF trn/cont LF trn fwd L, fwd & sd R cont LF trn fc Wall(W sd R body rise strong body RF trn,-, fwd L slip action LF trn/bk R cont LF trn, cont LF trn cl L fc LOD);
- 2 (to Throwaway Oversway) Sd L swivel LF on L,-, relax knee and body trn left fc DW keeping right sd and point R bk,-(W Sd & fwd R swivel LF on R to bring L leg under Body,-, extend bk L leg twd DW,-);
- QQ 3 (Rise & Hip Rks) Rise on L,-, sd R hip roll RF, rec L hip roll LF;
- 4 (Break Bk SCP) Sd R,-, blend SCP small stp bk L, rec fwd R SCP/LOD;
- 5 (L trn w/Insd roll) Fwd L lead W pickup commence 1/4 LF trn,-, sd R, XLIF of R to blend Bfly fc COH(W sd & fwd R commence LF trn like spiral action,-, sd L trning LF under lead hands, sd & bk R cont trning LF to fc Wall) Bfly/COH;
- 6 (OP Flare XIB Sd) Sd R ronde L CCW(W CW) OP/RLOD,-, XLIB of R, sd R blend Bfly;
- 7 (Thru Spiral & Roll) XLIF of R spiral RF on L,-, cont RF roll R,L fc partner & COH;

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- 8 (Lunge Break) Sd & fwd R body rise, -, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise, -, small stp bk R sit line, rec fwd L);
- 9 (R Pass) Fwd & sd L commence RF trn raise lead hands to create window, -, XRIB of L cont RF trn, sd L(W fwd R, -, fwd L commence LF trn, cont LF trn sd R under raised lead hands to fc partner) to Bfly/Wall;

Meas

PART Bmod

1~ 7 Prep Aida; Aida Line w/Rks; Swivel Fc & Serpiente; w/Oping Up; Swivel Fence Line w/Arm; Slow Hip Rks & Hold(Embrace);;

- 1 (Prep Aida) Sd & fwd L twd LOD slightly LF trn OP V position body rise, -, thru R, sd L commence RF trn fc RLOD chg lead hands joined;
- 2 (Aida Line w/Rk) Bk R, -, rk fwd L, rec R;
- 3- 4 (Swivel Fc & Serpiente w/Oping Up) Fwd L swivel LF on L blend Bfly, -, XRIF of L, sd L; XRIB of L, swivel LF on R release lead hands OP/LOD fan CCW L, XLIB of R, sd R Bfly;
- 5 (Swivel Fence Line w/Arms) Thru L, swivel LF on L fan CCW R, XRIF of L bent knee right arm circle CCW(W left arm circle CW) in front of body, rec bk L;
- 6 (Hip Rks) Blend Cuddle position sd hip roll RF, -, rec L hip roll LF, sd R hip roll RF;
- 7 (Hold) Embrace;

Meas

ENDING

1~5 Trning Basic;; R Pass(CP/Wall); R Lunge w/Rks; Sd to Throwaway Oversway;

- 1- 4 Repeat meas 1-4 of Part A;::;
- 5 Repeat meas 2 of Part C;