

SMILING THROUGH 4

Music: Casa Musica (Dancehouse) Standard Music 2
[Amazon.com: Standard Music 2: 21 Tracks for Competition and Practice: Music](https://www.amazon.com/Standard-Music-2-21-Tracks-for-Competition-and-Practice-Music)
Track # 2 Time 2:56 Available from choreographer

Rhythm : Waltz Phase : IV+ **OPTION (Insd Turns)**

Footwork : **Opposite except where (Noted)**

Release date : April 22

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Sequence: **INTRO AB AB AB* END**



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 2 MEAS ; ; SIDE SWAY LEFT & RIGHT ; ;

{Wait} Cp DLC ld ft free wt 2 meas ; ; {Sd Sway L & R} [1--] Sd L, sway L, -; [1--] Sd R, sway R to Cp DLC, -;

05-08 DIAMOND TURN /OPTION W INSIDE TURNS ; ; ; ;

{Diamond Trn/ **OPTION W Insd Trns**} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R *raisg ld hnds*, compg ¼ LF trn sd L, fwd R (**OPTION W fwd L comm LF trn under lead hands fc RDC, small sd R cont LF trn, small sd L compg LF trn**) to BJO DRW ; Repeat meas 5,6 Intro to BJO DLW & DLC ; ;

PART A

01-04 TELEMARK to SCP ; HOVER FALLAWAY ; SLIP PIVOT ; OP NATURAL ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {Hover Fallaway} Fwd R, fwd L rise to ball of ft checkg, rec bk R ; {Slip Pivot} Bk L, bk R, fwd L (*W bk R stg LF pvt on ball of ft w/ thighs locked L leg xtnd, fwd L cont trn plc L near M's R ft, bk R*) to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ rt sd ld (*W bk L trng RF, fwd R btwn M's ft, fwd L*) to BJO DRC ;

05-08 IMPETUS to SCP ; WEAVE 6 to BJO ; ; FWD FACE CLOSE ;

{Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ; {Weave 6 to BJO} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; {Fwd Fc Cl} Fwd R, sd & fwd L trng RF to fc ptr, cl R to CP DLW ;

09-13 WHISK ; IN & OUT RUNS ; ; THRU SYNCOPATED VINE ; CHAIR & SLIP ;

{Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise ; {In & Out Runs} Trng RF fwd R, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to SCP LOD ; {Thru Sync Vine} [1,2&3] Thru R, sd L/XRib (*W XLib*), sd L to SCP LOD ; {Chair & Slip} Ck fwd R w/ bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

PART B

01-04 OP REVERSE TURN ; BACK & CHASSE to BJO ; OP NATURAL ; BACK & CHASSE to SCAR ;

{OP Reverse Trn} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R stg LF trn, cont trn sd L, fwd R outsd ptr*) to BJO RLOD ; {Bk & Chasse to BJO} [1,2&3] Bk R, trng LF to fc ptr chasse sd L/cl R, sd & fwd L to BJO DLW ; {OP Natural} Repeat meas 4 Part A ; {Bk & Chasse to SCAR} [1,2&3] Bk L begin RF trn to fc ptr, sd R/cl L, sd & fwd R cont trng RF to SCAR DLW ;

05-08 CROSS HOVER to ½ OP LOD ; OP IN & OUT RUNS ; ; SLOW SIDE LOCK ;

{Cross Hover to ½ OP LOD} XLif, sd R & fwd hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to ½ OP LOD ; {OP In & Out Runs} Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R*) to ½ OP LOD w/ free arms out to sd ; {Slow Sd Lk} Thru R, fwd & sd L risg trng LF, cl R (*W thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

09-12 DIAMOND TURN /OPTION W INSIDE TURNS ; ; ; ;

{Diamond Trn/ **OPTION W Insd Trns**} Repeat meas 5,6,7 & 8 Intro ; ; ; ;

3th TIME: PART B*

01-07 REPEAT MEAS 1 to 7 PART B ; ; ; ; ; ; ;

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08 WHIPLASH to WALL ;

{Whiplash to WALL} [1,--] Thru R, trng bdy RF to ptr pt L LOD (*W thru L, pt R fwd, swiv slowly on L LF to fc ptr*) to WALL
Relsg both hnds, -;

ENDING

01-04 SIDE SWAY LEFT & RIGHT ; ; ROLL 3 to SCP ; CHAIR & HOLD ;

{Sd Sway L & R} Repeat meas 3,4 Intro to WALL ; ; {Roll 3 to SCP} Start LF trn (*W RF*) sd & fwd L, small sd R cont LF trn, sd & fwd L cont LF trn to SCP LOD ; {Chair} Strong fwd R in lunge action bendg knee & Hold ;