

SING UND LACH MIT MIR [Sing And Laugh With Me]

Music:

Jantje Smit

www.amazon.de/Sing-Lach-mit-Jantje-Smit/dp/B00005NIB8

Track # 1 Time 2:43 Shortened from 45,2 to 45,45 & 229,6 to 229,7 &
From 2:49,2 to 3:11,6 Two Step delayed w/ -5% Available from choreographer

Rhythm:

Bolero & Two Step

Phase: IV+1(Riff Turns)+1U(Turn Into Rom Sway's)

Footwork :

Opposite except where (Noted)

Release Date :

June 22

Choreo :

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SEQUENCE : INTRO AB(1-14) B C BRIDGE AB(1-14) B(1-14) END



INTRO BOLERO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES START w/ BOLERO ; ; TURN INTO ROMANTIC SWAY'S ; ;

(Wait) Bfly Pos Wall Id ft free wt 2 meas start w/ Bolero ; ; {Trn Into Romantic Sway's} Relg Id hnds Sd L & swiv LF (W RF) to bk-to-bk sweep Id hnds up & around to end streched out to sd at shldr level, -, sd R, rec L ; Sd R and swiv RF (W LF) to fc bring Id hnds betwn ptrs to lead hip, -, sd L, rec R ;

PART A BOLERO

01-04 LUNGE BREAK ; SIDE LUNGE & ONE RIFF TURN ; TURNING BASIC ; FORWARD BREAK ;

{Lunge Break} Sd & bk L to LOP FCG, -, slidg R ft sd & bk w/ no wgt lowr on L w/ slight LF bdy trn, rise on L (W sd & bk R, -, bk L w/ sitting action, rec R) ; {Sd Lunge & One Riff Trn} Sd lunge R, -, raisg Id hnds sd L leadg W to spin RF, cl R (W sd lunge L, -, rec R spinng RF 1 full trn, cl L) ; {Trng Basic} Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF (W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF) to BFLY COH ; {Fwd Break} Sd R w/ body rise, -, fwd L in contra check like action lowerg, bk R (W sd L w/ body rise, -, bk R in contra check like action lowerg, fwd R) to BFLY COH ;

05-08 UNDERARM TURN ; NEW YORKER TWICE ; ; REVERSE UNDERARM TURN ;

{Underarm Trn} Sd L, -, XRib, fwd L (W sd R com RF trn undr jnd Id hnds, -, XLif contg ½ RF trn, fwd R compg trn to fc ptr) to BFLY COH ; {New Yorker x 2} Sd R, -, trng to LOP LOD fwd L, bk R to LOP-FCG WALL ; Sd L, -, trng to OP RLOD fwd R, bk L to LOP-FCG COH ; {Rev Underarm Trn} Sd R, -, XLif, bk R (W sd L com LF trn undr jnd Id hnds, -, XRif contg ½ LF trn, fwd L compg trn to) to BFLY COH ;

09-13 WHIP to WALL ; BACK BREAK to ½ OP LOD ; M ROLL ACROSS ; W ROLL ACROSS ; RIFF TURN ;

{Whip to Wall} Trn LF sd & fwd L to "L" shpe DLC rise, -, trn LF bk R toe in sft knee, cont LF trn fwd L (W sd & fwd R to DRW, -, fwd L strt LF trn, sd & fwd R) to BFLY WALL ; {Bk Break to ½ OP LOD} Sd R, -, bk L trng LF to ½ OP LOD, fwd R ; {M Roll Across} Fwd L rise, -, fwd R twd DLW across W comm trn LF, bk L cont trn to fc LOD w/ free arms out to sd (W fwd R rise, -, L, R w/ free arms out to sd) to ½ LOP LOD ; {W Roll Across} Fwd R rise, -, fwd L, R w/ free arms out to sd (W fwd L rise, -, fwd R twd DLW across M comm trn LF, bk L cont trn to fc LOD w/ free arms out to sd) to ½ OP LOD ; {Riff Trns} [QQQQ] Blend to fc ptr Sd L raisg Id hnds, cl R, sd L, cl R (W sd & fwd R com RF spin undr jnd Id-hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd Id-hnds) to BFLY WALL ;

PART B TWO STEP

01-04 FACE to FACE ; BACK to BACK on AROUND ; BACK HITCH ; SCISSOR THRU ;

{Fc to Fc} Sd L, cl R, sd & fwd L trng LF 3/8 to V-BK-TO-BK, -; {Bk to Bk on Around} Sd R, cl L, sd R trng LF to L-OP RLOD, -; {Bk Hitch} Bk L, cl R, fwd L (W bk R, cl L, fwd R), -; {Scissor Thru} Sd R twd RLOD, cl L, thru R & blend to BFLY WALL, -;

05-08 CIRCLE BOX ; ; TWO TURNING TWO'S ; ;

{Circle Box} Raisg Id hnds Sd L, cl R, fwd L (W circle CW trn under jnd Id hnds fwd R, L, R), -; Sd R, cl L, bk R (W RF cont circle CW trn under jnd Id hnds fwd L, R, L) to CP WALL, -; {2 Trng Two's} Sd L stg RF trn, cl R, bk L compg ½ RF trn, -; Sd R contg RF trn, cl L, fwd R contg RF trn to BFLY WALL, -;

09-12 TRAVELING DOORS ; ; ;

{Traveling Doors} [SS] Rk sd L, -, rec R, -; XLif (W XRif), sd R, XLif (W XRif), -; [SS] Rk sd R, -, rec L, -; XRif (W XLif), sd L, XRif (W XLif) to BFLY WALL, -;

13-16 SLOW OP VINE 4 ; ; TWIRL/VINE 2 ; WALK & FACE to BFLY [2^{de} TIME : to CP] ;

{Slow OP Vine 4} [SS;SS] Relg trl hnds] Sd L, -, XRib (W XLif) to LOP RLOD, -; Trng to fc Sd & fwd L, -, XRif (W XLif) to BFLY WALL, -; {Twirl/Vine 2} [SS] Raisg jnd Id hnds Sd L, -, XRib (W twrl RF under jnd Id hnds R, -, L), -; {Walk & Fc} [SS] Fwd L, -, fwd R trng ¼ RF to BFLY WALL [2^{de} TIME : to CP], -;

PART C TWO STEP

01-04 STROLLING VINE ; ; ;

{**Strolling Vine**} [SS] Sd L, -, XRib (*W XLif*), -; Sd L, cl R, sd L trng $\frac{1}{2}$ LF to COH, -; [SS] Sd R, -, XLib (*W XRif*), -; Sd R, -, cl L, sd R trng $\frac{1}{2}$ RF to CP WALL, -;

05-08 TRAVELING BOX/W ONE TWIRL ; ; & PICKING UP ;

{**Traveling Box w/ W 1 Twirl**} Sd L, cl R, fwd L, -; [SS] Sd R, -, thru L to loose RSCP RLOD (*W twrl LF undr jnd ld hnds L, -, R*), -; Trng to fc sd R, cl L, bk R, -; {**Sd & Pick Up**} [SS] Sd L, -, thru R trng LF ldg W in frt (*W sd R, -, thru L trng LF ifo M & pvt on L ball of ft*) to CP LOD, -;

09-12 SCISSORS SCAR & BJO CHECKING ; ; FISHTAIL ; WALK & FACE ;

{**Scissors SCAR & BJO Chkg**} Sd L, cl R, XRif to SCAR, -; Sd R, cl L, XLif to BJO Chkg, -; {**Fishtail**} [QQQQ] XLib, sd R, sd & fwd L, lk Rib ; {**Walk & Fc**} [SS] Fwd L, -, fwd R trng $\frac{1}{4}$ RF to BFLY WALL, -;

13-16 TWO TURNING TWO'S ; ; TWIRL/VINE 2 ; WALK & FACE ;

{**2 Trng Two's**} Repeat meas 7,8 Part B ; ; {**Twirl/Vine 2**} Repeat meas 15 Part B ; {**Walk & Fc**} Repeat meas 12 Part B ;

BRIDGE BOLERO

01-02 TURN INTO ROMANTIC SWAY'S ; ;

{**Trn Into Romantic Sway's**} Repeat meas 3,4 Intro ; ;

ENDING TWO STEP

01-04 VINE 4 to BFLY ; TWIRL/VINE 2 ; SIDE & THRU ; STEP PART POINT to PARTNER ;

{**Vine 4 to Bfly**} [QQQQ] Sd L, XRib (*W XLib*), sd L, XRif ifo W (*W XLif*) to BFLY WALL ; {**Twirl/Vine 2**} Repeat meas 15 Part B ; {**Sd & Thru**} [SS] Sd L, -, XRif, -; {**Step Apt & Point to Ptr**} [SS] Relg ld hnds Apart L, -, ptg R twd ptr, -;