

# SIN EXCUSAS NI RODEOS (NO EXCUSES OR SURROUNDINGS)

Music: Klaus Hallen

<https://www.amazon.de/-/en/Klaus-Tanzorchester-Hallen/dp/B006N2Q8HS>

Pro Media - Latin Pops 2012 Cd 2 Track # 10 Time 3:41

Available from choreographer

Rhythm: Rumba Phase: V+1 (Adv Sliding Door)

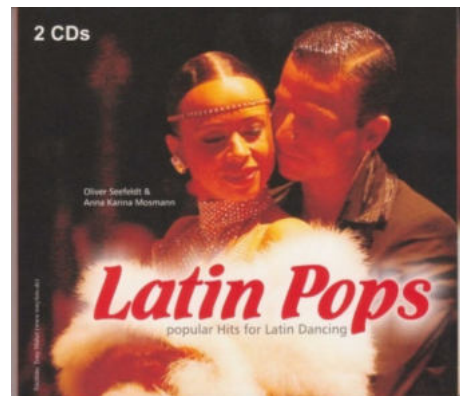
Footwork : Opposite except where (Noted)

Release Date : April 22

Choreo : Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence : INTRO AB INTRO(2-9) AB(1-16) END



## INTRO

### 01-05 CUDDLE POS WALL LEAD FOOT FREE WAIT ONE MEASURE ; CUDDLE TWICE ; ; CUDDLE/W SPIRAL Into a FAN ; ;

{Wait} Cuddle Pos WALL Id ft free wt 1 meas ; {Cuddle x 2} Sd L, rec R, cl L (W swiv RF on L rk bk R in M's rt arm to fc DLW, rec L to fc ptr, sd R to mom cuddle pos), -; Sd R, rec L, cl R (W swiv LF on R rk bk L in M's lft arm to fc DRW, rec R to fc ptr, sd L to mom cuddle pos), -; {Cuddle /W Spiral} Sd & slightly fwd L shapg twd ptr, rec R, cl L raisg jnd Id hnds (W trn RF ½ bk R, trn LF ¼ to LOD, fwd R, spiral 7/8 LF under jnd Id hnds), -; {Send W to a Fan} XRif, cl L, sd R (W fwd L, fwd R trng ½ LF fc RLOD, bk L), -;

### 06-09 START HOCKEY STICK to SHADOW WALL ; OPPOSITE CUCARACHA'S/ W PEEKS ; ; FINISH HOCKEY STICK ;

{Start Hockey Stick to SHADOW WALL} Fwd L, rec R raisg Id hnds, cl L (W cl R, fwd L trng LF under Id hnds to WALL, sd R) to Shadow Wall, -; {Opp Cucaracha's/W Peeks} [Id hnds still above W's head] Sd R w/ partial wgt, rec L, cl R (W sd L w/ partial wgt lookg ovr rt shldr, rec R, cl L), -; [Id-hnds still above W's head] Sd L w/ partial wgt, rec R, cl L (W sd R w/ partial wgt lookg ovr lft shldr, rec L, cl R), -; {Finish Hockey Stick} [Id-hnds still above W's head] Small fwd R, L, R (W fwd L, fwd R trng ½ LF under Id hnds, bk L) to BFLY WALL, -;

## PART A

### 01-04 ALEMANA & SPIRAL TO TANDEM WALL ; ; ADVANCED SLIDING DOOR ; ;

{Alemana & Spiral to Tandem Wall} Fwd L, rec R, sd L, -; Bk R, rec L, cl R (W fwd L trng ½ RF, rec R, fwd L spirig RF to M's rt sd) to Tandem Pos Wall, -; {Advanced Sliding Door} Fwd L w/ body trn to 1/8 RF, rec R to fc ptr, XLib trng 1/8 LF (W bk R w/ RF body trn, rec L w/ slight body trn LF, fwd XRif), -; Slide R foot to sd into a point w/ body upright no weight chng trng LF, rec L, fwd R (W sd L w/ body stretch to lft in lunge line, rec R, XLib) to Tandem WALL, -;

### 05-08 START ADVANCED SLIDING DOOR WITH HOCKEY STICK ENDING to BFLY ; ; CHASE/W UNDERARM PASS & rt Hndshk ; ;

{Start Advanced Sliding Door w/ Hockey Stick Ending to Wall} Fwd L w/ 1/8 RF body trn, rec R, cl L (W bk R w/ RF body trn, rec L w/ slight body trn LF, fwd R), -; Bk R, rec L, fwd R (W fwd L, fwd R trng ½ LF to fc ptr, bk L) to BFLY WALL, -; {Chase / W Underarm Pass & rt Hndshk} [relnsg trl hnds] Fwd L trng RF ½ keepg Id hnds jnd w/ palm upwards, rec R, small fwd L (W bk R, rec L, fwd R twd M's lft sd), -; Bk R raisg Id hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd Id hnds to fc ptr, sd L) to rt Hndshk COH, -;

### 09-12 FLIRT to VARSOUVIENNE ; ; SWEETHEART TWICE ; ;

{Flirt to Vars} [rt Hndshk] Fwd L, rec R, sd L leadng W to trn LF (W bk R, fwd L, fwd R trng ½ LF) to Vars COH, -; Bk R, rec L, sd R leadng W to slide ifo M (W bk L, rec R, sd L) end in L-Vars COH, -; {Sweetheart x 2} Chk Fwd L w/ LF bdy trn & look at ptr [xtndg M's lft arm out to sd & rt arm fwd], rec R, sd L (W bk R w/ LF bdy trn & look at ptr [xtndg W's lft arm fwd & rt arm out to sd], rec L, sd R), -; Chk Fwd R w/ RF bdy trn & look at ptr [xtndg M's rt arm out to sd & lft arm fwd], rec L, sd R (W bk L w/ RF bdy trn & look at ptr [xtndg W's lft arm out to sd & rt arm fwd], rec R, sd L) to L-Vars COH, -;

### 13-16 SWEETHEART /W SWIVEL to FACE ; WHIP to WALL ; FENCE LINE w/ ARMSWEEP TWICE [2<sup>nd</sup> TIME: Close Up] ;

{Sweetheart/W Swivel to Fc} Repeat meas 11 Part B (W XRif shapg twd ptr, rec L, sd & fwd R swivg ½ RF to fc ptr) to rt hndshk COH, -; {Whip to WALL} Bk R trng ¼ LF, rec L cont LF trn to COH, sd R (W fwd L, fwd R trng ½ LF, sd L) to BFLY WALL, -; {Fence Line w/ Armsweep} XLif (W XRif) w/ bend knee Id arm circle CW (W CCW) ifo body, rec R, sd L to BFLY WALL, -; XRif (W XLif) w/ bend knee trl arm circle CCW (W CW) ifo body, rec L, sd R end rt Hndshk WALL [2<sup>nd</sup> Time:Close Up], -;

**17-20 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to COH ;**

**{Trade Places x 2}** [rt hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd rt hnds, cont to trn RF to fc ptr & COH stepg sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD ifo M then rel jnd rt hnds, cont LF trn to fc ptr & WALL stepg sd & bk R) jng lft hnds, -; [With lft hnds jnd] Rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd lft hnds, cont to trn LF to fc ptr & WALL stepg sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD ifo M then rel jnd lft hnds, cont RF trn to fc ptr & COH stepg sd & bk L) jng rt hnds, -; **{Trade Places/W Spiral}** Rk apt L, rec R comm to pass rt shldrs while trng ¼ LF and keepg rt hnds jnd, cont to trn LF but slightly less than in meas 17 stepg sd L twd COH (W apt R, rec L, fwd R, spiralg 7/8 LF undr rt hnds), -; **{W Out to Fc}** [relg hnds] Trng bdy RF to fc COH stp fwd twd COH R, L, R (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) to BFLY COH, -;

**21-24 BASIC HALF to Low Bfly ; DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ;**

**CHANGE SIDES/W UNDERARM & Close Up ;**

**{Basic ½ to Low BFLY}** Fwd L, rec R, cl L (W bk R, rec L, sd R) to Low Bfly, -; **{DBL Handhold Underarm Trn to Stacked Hnds}** [Raisg ld arm high & bringing trl arm up to rt shldr level] XRib & tagk ld arm first over W's head, rec L tagk rt arm over W's head, sd R (W XLif trng RF under ld arm, rec R contg to trn under trl arm to fc M, sd L) to stacked hnds lft-over rt-hnds, -; **{OP Break to Fc}** With stacked hnds Apt L, rec R, fwd L to fcg W's rt sd, -; **{Change Sides /W Underarm}** Fwd R to COH passing W's rt sd trng RF lead W trn under stacked hnds, small fwd L cont RF trn to fc, sd R (W fwd L to WALL twd M's rt sd trng LF under stacked hnds chg sds, cl R cont LF trn to fc, sd L) & close up to Cuddle Pos WALL, -;

**PART B**

**01-04 SCALLOP ; ; CLOSED HIP TWIST Into AIDA ; ;**

**{Scallop}** [QQQQ] Trng sharply to SCP LOD XLib (W XRib), rec R trng sharply to CP, sd L, trng sharply to SCP LOD ; Thru R, sd L trng sharply to CP, cl R to Cuddle Pos WALL, -; **{Closed Hip Twist Into Aida}** W/ slight RF bdy trn givg W a slight lft sd ld to open her out ck sd & fwd L, rec R w/ slight rt sd ld to ld W to close, cl L w/ slight L sd ld to trn W (W swvlg RF up to ½ bk R, rec L swvlg LF up to ½, sd R & swvl ¼ RF), -; Swiv LF on L thru R, sd L trng RF, bk R (W fwd L, fwd R trng LF, bk L cont LF trn) cont RF trn to V-bk-to-bk Pos RLOD, -;

**05-08 ROCK 3 & SWIVEL to FACE ; NEW YORKER & rt Hndshk ; SHADOW BACK BREAK/W SPIRAL ;**

**W OUT to FAN/M SPOT TURN [Chng Hnds Beh Bk] ;**

**{Rock 3 & Swiv to Fc}** [QQQQ] Rk fwd L, rk bk R, rk fwd L & swiv LF to fcg ptr & Wall, point R to Rlod ; **{New Yorker & rt Hndshk}** XRif (W XLif) to OP LOD, rec L to fc ptr, sd R to rt Hndshk WALL, -; **{Shadow Bk Break/W Spiral}** Swiv LF on R bk L fc LOD, rec R, fwd L lead W LF spiral (W swiv RF on L bk R fc LOD, rec L, fwd R, spiral LF on R) ; **{W Out to Fan M Spot Trn [Chg Hands Behind Bk]}** Fwd R comm LF trn [chg rt hnd to lft hnd behind his bk], rec L cont LF trn fc Wall, sd R (W fwd L twd LOD, fwd R ½ LF trn, bk L) to Fan Pos, -;

**09-12 ALEMANA FROM A FAN INTO LARIAT ; ; ; ;**

**{Alemana from a Fan Into Lariat}** Fwd L, rec R, cl L (W cl R, fwd L, fwd R swivg to lft sd of M), -; Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R (W trng RF undr jnd hnds fwd L, fwd R cont RF trn, fwd L to M's rt sd), -; Push sd L, rec R, cl L (W fwd L, R, L arnd beh M to his lft sd), -; Push sd R, rec L, cl R (W fwd L, R, L arnd M) to BFLY WALL, -;

**13-16 BACK BREAK to ½ OP LOD ; OP IN & OUT RUNS ; ; CUDDLE PIVOT to CP WALL ;**

**{Bk Break to ½ OP LOD}** XLib trng to ½ OP LOD, rec R, fwd L twd ½ OP LOD, -; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD w/ trl arms out to sd (W fwd L, R, L), -; Fwd L, R, L (W fwd R begin RF trn, sd & fwd L Xg ifo cont trn, fwd & sd R) to ½ OP w/ ld arms xtnd to sd, -; **{Cuddle Pivot to CP WALL}** Fwd R ifo W cuddle pos comm RF trn, sd & bk L RF pivot, cont pivot fwd R (W fwd L, fwd R btwn M's ft RF pivot cont pivot sd & bk L) to CP WALL, -;

**ENDING**

**01 OVERSWAY ;**

**{Oversway}** Sd L relaxg L knee leavg R leg xtnd & stretchg lft sd of body (W sd R relaxg R knee leavg L leg xtnd & stretchg rt sd lookg well to lft), -, -, -;