

SEHNSUCHT NACH SONNE [Longing For Sun]

Music: Jan Smit
Cd: Für Alle
<https://music.apple.com/sk/album/für-alle/1686894009>
<https://www.amazon.com/Fur-Alle-Jantje-Smit/dp/B0000C436K>
Track # 3 Time 3:32 Available from choreographer
Rhythm: Rumba & Cha Cha **Phase:** V+1(Turkish Towel) + Several U
Footwork: Opposite except where (Noted)
Release Date: June 25
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal belgium
Email: jos.dierickx@telenet.be
Sequence: INTRO A BB A BB(1-15) END



INTRO

01-04 LOW BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES START w/ RUMBA ; ; ROMANTIC SWAY'S & rt Hndshk ; ;

{Wait} Low Bfly Pos Wall ld ft free wt 2 meas Start w/ RUMBA ; ; **{Romantic Sway's & rt Hndshk}** Sd L hip roll LF, rec R hip roll RF, [Rels ld hnds] sd & fwd L swiv LF (*W RF*) to bk to bk & Low Bfly COH, -; Sd R hip roll LF, rec L hip roll RF, sd R & swiv RF (*W LF*) to fc to fc sweep ld hnds up & around to end stretched out to sd at shoulder level to rt Hndshk WALL, -;

PART A RUMBA

01-04 TRADE PLACES TWICE ; ; OP BREAK to NATURAL TOP ; ;

{Trade Places x Twice} [rt-Hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd rt hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (*W rk apt R, rec L trng ¼ LF to fc RLOD ifo M then rel jnd rt hnds, cont LF trn to fc ptr & WALL stepping sd & bk R*) jng lft hnds, -; With lft hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd lft hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (*W rk apt L, rec R trng ¼ RF to fc RLOD ifo M then rel jnd lft hnds, cont RF trn to fc ptr & COH stepping sd & bk L*) to BFLY WALL, -; **{OP Break to Nat Trn}** Rk apt L xtndg R arm up w/ palm out, rec R lowerg R arm trng ¼ RF, sd L (*W rk apt R xtndg L arm up w/ palm out, rec L lowerg L arm, trng ¼ RF fwd R*) to RLOD, -; XRib, sd L, XRib (*W sd L, XRif, sd L*) to CP WALL, -;

05-08 CUDDLE TWICE ; ; SCALLOP ; ;

{Cuddle x 2} Sd L, rec R, cl L plcg L hnd on W's R shldr blade (*W trng ½ RF bk R w/ rt arm out to sd, rec L, fwd R trng ½ LF plcg rt hnd on M's lft shldr*), -; Sd R, rec L, cl R plcg rt hnd on W's lft shldr blade (*W trng ½ LF bk L w/ lft arm out to sd, rec R, fwd L trng ½ RF plcg lft hnd on M's rt shldr*), -; **{Scallop}** Trng sharply to SCP LOD XLib (*W XRib*), rec R trng sharply to CP, sd L, -; Thru R trng sharply to SCP LOD, sd L trng sharply to CP, cl R to CP WALL, -;

09-12 CLOSED HIP TWIST TO FAN ; ; EXIT to TANDEM WALL ; OPPOSITE CUCARACHA/W PEEKS ;

{Closed Hip Twist to Fan} [With slight RF bdy trn] Ck sd & slightly fwd L, rec R, cl L (*W trng RF ½ bk R, rec L trng LF ½, sd R small step, swiv ¼ RF tch L*), -; bk R, rec L, cl R (*W [QQQQ] fwd L, sd & fwd R trng ½ LF, bk L leavg R xtnd fwd*) to Fan Pos, -; **{Exit Fan to Tandem Wall}** Fwd L, rec R, cl L raisg ld hnds (*W cl R, fwd L trng ¼ LF to Wall, small fwd R*) to Tandem WALL [ld hnds still over W's head], -; **{Opp Cucaracha/W Peeks}** [ld hnds still above W's head] Sd R w/ partial wgt, rec L, cl R (*W sd L lookg ovr rt shldr, rec R, cl L*), -;

13-16 OPPOSITE CUCARACHA/W PEEKS ; W ROLL OUT to WALL ; NEW YORKER TWICE & rt Hndshk ; ;

{Opp Cucaracha/W Peeks} [ld hnds still above W's head] Sd L w/ partial wgt, rec R, cl L (*W sd R lookg ovr lft shldr, rec L, cl R*), -; **{W Roll Out to WALL}** Bk R, rec L, fwd R (*W fwd L, fwd R trng ½ LF, cl L*) to BFLY WALL, -; **{New Yorker x 2}** XLif (*WXRif*) to LOP RLOD, rec R to BFLY WALL, sd L, -; XRif (*W XLif*) to OP LOD, rec L to rt Hndshk WALL, sd R, -;

PART B CHA CHA

01-04 BASIC ½ to TURKISH TOWEL ; ; ONE BREAK ; W OUT to FACE ;

{Basic ½ Into Turkish Towel} [w/ rt Hndshk] Rk fwd L, rec R, sd raise jnd rt hnds palm to palm/cl R, sd L (*W bk R, rec L, sd R/cl L, sd R*); Bk R, rec L, small sd R/cl L, sd R (*W XLif trn RF under jnd rt hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his lft sd/fwd R, fwd L*); **{One Break}** Chk bk L bringing rt arms up & over head, rec R, sd L/cl R, sd L (*W chk fwd R, rec L, sd R/cl L, sd R slidg bhd M to his rt sd*); **{W Out to Fc}** Rk bk R, rec L, small sd R/cl L, sd R (*W fwd L twd Wall, fwd R trn LF, small sd L/cl R, sd L*) to keep rt Hndshk WALL ;

05-08 SHADOW BACK BREAK to OP ; PARALLEL BREAKS to BFLY ; ; FENCE LINE ;

{Shad Bk Break to OP } [w/ rt Hndshk] XLib (*W XRib*) trng ¼ LF to SD-BY-SD LOD w/ rt hnds jnd ifo bdies & lft hnds xtnd to sd at shldr level, fwd R, fwd L/lk Rib (*W lk Lib*), fwd L to OP LOD ; **{Parallel Breaks}** [w/ rt hndshk] Rk bk R leadg W across in front, rec L, fwd R/lk L, fwd R to fc Line (*W fwd L trng ¼ Lf ifo M, fwd R trng ½ LF to fcg LOD, fwd L/lk R, fwd L*) to LOP LOD [similar to W whip action] ; Fwd L trng ¼ Lf ifo W, fwd R trng ½ Lf to fcg LOD, fwd L/lk R, fwd L (*W rk bk R allowing M to pass across in front, rec L to fc, fwd R/lk L, fwd R*) to BFLY WALL [similar to M whip action] ; **{Fence Line}** XRif (*W XLif*) w/ bent knee, rec L, sd R/cl L, sd R ;

09-12 SPRING BREAK ; M ACROSS/W INSIDE TURN ; SLINGSHOT CROSS BODY ; W OUT to FACE ;

{Spring Break} Rk fwd twd Wall L, rec R, XLib/rec R, push off R to lunge sd LOD L (*W rk bk R, rec L, fwd twd M R/cl L while swvlg ¼ RF to fc LOD, push off L to sit bk on R*) to end M fcg Wall and W fcg LOD w/ ld hnds jnd low while lookg at ptr ; **{M Across/W Insd Trn to "L" Pos}** Fwd R twd Wall Xg ifo W while trng ¼ RF to fc RLOD, sd L trng ¼ RF to fc COH while raisg jnd ld hnds, chasse sd LOD R/L, R checkg sd wrd mvt and catchg W in rt arm (*W fwd LOD L, fwd R trng ½ LF undr jnd ld hnds, bk LOD L/lk Rif, bk L*) to "L" pos w/ M fcg COH and W fcg RLOD ; **{Slingshot Cross Body}** Lunge sd L to RLOD lookg at ptr, rec R, chasse sd LOD L/R, L (*W bk & sd R LOD trng hips slightly RF, rec L to fc RLOD, fwd RLOD R/lk Lib, fwd R*) ; **{W Out to FC}** Sm bk R comm to trn LF like a Slip Pvt, sm fwd L cont trn to fc Wall, chasse sd RLOD R/L, R (*W fwd L comm LF trn, fwd & sd R cont trn to fc COH, chasse sd & bk L/cl R, sd & bk L*) to BFLY WALL ;

13-16 REVERSE UNDERARM TURN ; AIDA ; SWITCH CROSS ; CUCARACHA RIGHT & rt Hndshk ;

{Reverse Underarm Trn} [Raisg jnd ld hnds] XLif w/ slight RF bdy trn, rec R, sd L/cl R, sd L (*W full LF trn undr jnd hnds XRif, rec L, fwd & sd R/cl L, sd R*) to BFLY ; **{Aida}** Thru R to fc LOD [xg rt hnd ovr lft], sd L trng ½ RF to LOP RLOD, bk R/lk Lif, bk R to V bk-to-bk ; **{Switch Cross}** Trng LF to fc ptr bk & sd L, rec R to BFLY, XLif (*W XRif*)/sd R, XLif (*W XRif*) ; **{Cucaracha Right}** Sd R w/ partial wgt & trl arms out to sd, rec L, ip R/L, R to rt Hndshk WALL ;

ENDING

01 RLOD SIDE to AIDA LINE in TWO & EXTEND ARMS ;

{Aida to RLOD} Sd R rel ld hnds & jn trl hnds, trng LF bk L LOD to V BK-TO-BK, extend Ld arms up & out ;