

Rockin' good way

Choreographer

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Record

Shakin Stevens & Bonnie Tyler Rockin Good way 2:53 available by Itunes (<https://itunes.apple.com/gb/album/the-collection/250590354>) or Amazon (https://www.amazon.com/Shakin-Stevens-Collection/dp/B00080COTC/ref=sr_1_2?s=music&ie=UTF8&qid=1512582094&sr=1-2&keywords=shakin+stevens+the+collection).

CD Shakin' Stevens The Collection

On youtube: <https://youtu.be/vBwfCB5OYvU>

Rhythm

Jive Phase III + 1 (american spin) + 1 unphased (Mooch with chasse rolls)

Footwork

opposite for women, except notes in brackets

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Sequence

Intro A Bridge A B A B A Ending

Intro:

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- 1 - 4** **Wait;; progressive rk 8;;**
1-2 in BFLY/Wall wait 2 meas;;
3-4 Rk apt L, XRIF, rk apt L, XRIF; rk apt L, XRIF, rk apt L, XRIF;(Bfly/WALL)

Part A:

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- 1 – 4** **Chasse L & R; change R to L ~ Shoulder shove;;;**
1 sdL/clR,sdL,sdR/clL,sdR;
2 - 4 (change R to L) rk bk L trng lt fc1/4,rec R, sd L/cl R to L, sd L trng 1/4 LF, sd R/cl L to R, sd R (rk bk R, rec L, fwd R/cl L to R, fwd R begin 3/4 RF trn under raised lead hnds; sd L/cl R to L, sd L complete LF trn to end fcg ptr), (shoulder shove) rk apt L, rec R trng RF (W LF), sd L/cl R to L, sd L twd ptr bring M's L and W's R shoulders tog trng to fc ptr; sd & bk R/cl L to R, bk R trng LF (W RF);
- 5 - 7** **change hands behind bk ~ shoulder shove-;;;**
5 - 7 (change his bed bk) Rk apt L, rec R ; fwd L/cl R, fwd L trn 1/4 LF (rk aptR, rec L, fwd R/cl L, fwd R trn 1/4 RF), chg W's R hnd to M's R hnd, sd & bk R/cl L, sd R cont trn 1/4 LF (W sd L/cl R, sd & bk L trn 1/4 RF); chg W's R hnd to M's L hnd to LOP-FCG RLOD, (shoulder shove) rk apt L, rec R trng RF (W LF), sd L/cl R to L, sd L twd ptr bring M's L and W's R shoulders tog trng to fc ptr; sd & bk R/cl L to R, bk R trng LF (W RF);
- 8-11** **change L to R ~ (Bfly / COH) American spin;;;**
8-11 (change L to R) Rk apt L, rec R, sd L/cl R to L, sd L trng 1/4 RF; sd R/cl L to R, sd R (rk apt R, rec L, fwd R/cl L to R, fwd R begin 3/4 LF trn under jnd ld hnds; sd L,/cl R to L, sd R to Bfly/COH), (american spin) Rk apt L, rec R; sd L/cl R to L, sd L bring Ms L arm to Ws R arm, sd R/cl L to R, sd R (rk apt R, rec L; sd R/cl L to R, sd R pushing off M's L hnd to spin RF full trn), sd R/cl L to R, sd R to LOP-FCG COH;
- 12-13 ½** **link rk to fc Wall;~**
12-13 ½ Rk apt L, rec R; trng 3/4 RF sm fwd L/R, L (W trng 3/4 RF sm fwd R/L, R); sd R/cl L to L, sd R to CP/wall;

Bridge

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- ½ **Rk, rec;**
½ rk bk L rec R

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Intro-: (4 meas) Wait;; progr rk 8;;
Bfly / wall

Part A: (13 ½ meas) Chasse L & R;
Bfly/wall change R to L ~ Shoulder shove;;;
change hands behind bk ~ shoulder shove;;;
change L to R ~ (Bfly / COH) American spin;;;
link rk to fc wall ~;

Bridge (2 beats) rk, rec-;
Bfly/wall

Part A: (13 ½ meas) Chasse L & R;
Bfly/wall change R to L ~ Shoulder shove;;;
change hands behind bk ~ shoulder shove;;;
change L to R ~ (Bfly / COH) American spin;;;
link rk to fc wall ~;

Part-B: (9 ½ meas) Double rk into the Mooch with chasse rolls;;;;;;
CP/wall rk, rec, swivel 2;

Part A: (13 ½ meas) Chasse L & R;
Bfly/wall change R to L ~ Shoulder shove;;;
change hands behind bk ~ shoulder shove;;;
change L to R ~ (Bfly / COH) American spin;;;
link rk to fc wall ~;

Part-B: (9 ½ meas) Double rk into the Mooch with chasse rolls;;;;;;
CP/wall rk, rec, swivel 2;

Part A: (13 ½ meas) Chasse L & R;
Bfly/wall change R to L ~ Shoulder shove;;;
change hands behind bk ~ shoulder shove;;;
change L to R ~ (Bfly / COH) American spin;;;
link rk to fc wall ~;

Ending: (23 meas) Windmill 2x;;;
Bfly/wall fallaway rk ~ fallaway throwaway;;;
link rk ~; R-turning fallaway 2x;;;;;
change R to L ~ American spin;;;
change L to R ~ (SCP) jive wks ;;;
swivel 4; rk the boat 2x;
2 triples; swivel 4; rk the boat 2x;
apt & pt;