

# RIBBONS

Music: The Ballroom Network

Cd: The Big Ballroom & Latin Dance Album

<https://www.amazon.com/Ballroom-Latin-Competitive-Social-Dancing/dp/B0GTWPN82D>

Track # 9 Time 3:45 Available from choreographer

Rhythm: Hesitation & Canter waltz

Phase: Phase: III +3 U (Rom.Sways+Interrupted L Trng Box+Mod Slidg Door)

Footwork: Opposite except where (Noted)

Release date: June 26

Choreo: Jos.Dierickx Beverlosestwg. 14/B2 3583 Paal Belgium

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Sequence: INTRO AB A C B B(1-16) C END



## INTRO

### 01-04 BFLY POS WALL LEAD FOOT FREE WAIT TWO MEASURES ; ; TWIRL/VINE ; SLOW THRU FLARE POINT to FACE ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; {Twirl/Vine} [Raisg jnd ld hnds] Sd L,-, XRib,-, sd L (W sd R start trng RF on ball of R under ld hnds,-, cont RF trn bk L to fc COH,-, sd R) to SCP LOD ; {Slow Thru Flare Pnt to Fc} [14-&] Slow Thru R,-, flare L CW (W CCW) to fcg ptr,-, pnt L to R ;

### 05-08 TURN INTO ROMANTIC SWAY'S TWICE ; ; ;

{Trn Into Romantic Sway's} [Relsg ld hnds] Sd L & swiv LF (W RF) to bk-to-bk sweep ld hnds up & around to end stretched out to sd at shldr level,-, sd R,-, rec L ; Sd R and swiv RF (W LF) to fc bring ld hnds betwn ptrs to lead hip,-, sd L,-, rec R to BFLY WALL ; Rpt meas 5,6 Intro ; ;

## PART A

### 01-04 WALTZ AWAY & TOGETHER ; ; TWISTY BALANCE L & R ; ;

{Waltz Away & Together} [Relg ld hnds] Fwd L trn away from ptr,-, sd & fwd R to slight bk to bk,-, cl L ; Fwd R,-, fwd & sd L trng RF to fc ptr,-, cl R to BFLY ; {Twisty Balance L & R} Sd L,-, XRib (W XLif) to SCAR DRW,-, rec L to Wall ; Sd R,-, XLib (W XRif) to BJO DLW,-, rec R ;

### 05-08 TWISTY VINE SIX ; ; ROLL 3 to SCP ; THRU FACE CLOSE ;

{Twisty Vine 6} Sd L,-, XRib (W XLif) trng to SCAR DRW,-, sd L trn to fc ptr ; XRif (W XLib) trng to BJO DLW,-, sd L to fc ptr,-, cl R to BFLY WALL ; {Roll 3 to SCP} Start LF trn (W RF) sd & fwd L,-, small sd R cont LF trn,-, sd & fwd L cont LF trn to SCP LOD ; {Thru Fc Cl} Thru R,-, sd L trn to fc,-, cl R to CP WALL ;

### 09-12 INTERRUPTED LEFT TURNING BOX ; ; ;

{Interrupted Lft Trng Box} Fwd L trng LF ¼ to fc LOD, sd R, cl L ; [Raisg jnd ld hnds] Bk R trng LF ¼ to fc COH, sd L, cl R (W sm fwd L, R, L under ld arms [not passing thru & no trn]) ; Fwd L trng LF ¼ to fc Rlod, bringing arms down sd R, cl L (W passing thru under raised arms fwd R startg ½ RF circ, contg circ as arms come down fwd L, fwd R) to CP RLOD ; Bk R trng LF ¼ to CP WALL, sd L, cl R ;

### 13-16 WHISK ; PICK UP SIDE CLOSE ; TWO LEFT TURNS ; ;

{Whisk} Fwd L to CP, -, fwd & sd R comm rise, -, XLib (W XRib) cont to full rise end in tight SCP DLC ; {Pick Up Sd Cl} Sm fwd R to Lod,-, sd L,-, cl R (W trng LF fwd L xg ifo M,-, cont trn sd R,-, cl L) to CP LOD ; {2 Lft Trns} Fwd L stg LF trn,-, sd R contg LF trn,-, cl L ; Contg LF trn bk R,-, sd L contg LF trn,-, cl R to BFLY WALL ;

## PART B

### 01-04 TWIRL/VINE ; MANEUVER ; IMPETUS to SCP ; PICK UP to SCAR ;

{Twirl/Vine} [Raisg jnd ld hnds] Sd L,-, XRib,-, sd L (W sd R start trng RF on ball of R under ld hnds,-, cont RF trn bk L to fc COH,-, sd R) to SCP LOD ; {Maneuver} Trng RF fwd R ifo W,-, sd L cont trn,-, cl R (W fwd L,-, R,-, L) to CP RLOD ; {Impetus to SCP} Bk L w/ RF bdy trn,-, cl R [heel trn] contg RF trn,-, fwd L (W fwd R outsd ptr pvtg RF,-, sd & fwd L contg RF trn arnd M,-, brush R & fwd R) to SCP DLC ; {Pick Up to SCAR} Trng to fc Lod fwd R,-, sm fwd L,-, cl R (W trng LF fwd L,-, sd R xg ifo ptr,-, cl L) to SCAR DLW ;

### 05-08 CROSS HOVER to BJO & SCAR ; ; CROSS HOVER to SCP ; THRU SIDE CLOSE to LOP WALL & LEFT HANDSHAKE ;

{Cross Hover to BJO & SCAR} XLif,-, sd R & fwd hvrg,-, rec L to BJO ; XRif,-, sd & fwd L sd hvrg,-, rec R to SCAR ; {Cross Hover to SCP} XLif,-, sd R & fwd hvrg,-, rec L (W XRib,-, sd & bk L w/ strong RF trn,-, fwd R) to SCP LOD ; {Thru Sd Cl to LOP WALL & Lft Hndshk} Thru R chng to lft Hndshk,-, sd L to LOP WALL,-, cl R w/ lft Hndshk ;

### 09-12 MODIFIED LEFT HAND SLIDING DOOR FOUR TIMES/M UNDERARM PASS ; /W OUTSIDE ROLL ; /M UNDERARM PASS ; /W TURN to FACE ;

{Mod Lft Hnd Slidg Door x 4/M's Undrm Pass} [Lft Hndshk for the next 4 meas] Rk sd L,-, rec R lft hnds raisg to M undrm pass [No Trn], -, XLif jnd lft hnds down (W rk sd R,-, rec L raisg lft hnds,-, XRif) to Tandem M in Front ; { /W Outsd Roll} Rk sd R,-, rec L jnd lft hnds to lead W roll RF trn fc COH,-, cont leadg W roll full trn XRif (W rk sd L,-, rec R trn ½ RF,-, sd L trn ½ RF) to Tandem/W ifo M ; { /M's Undrm Pass} Repeat Meas 9 of Part B ; { W Trn to CP} Sd R,-, rec L jnd lft hnds lead to W roll ½ RF to fc COH, cl R (W rk sd L,-, rec R swiv ½ RF under jnd lft hnd to fcg M,-, cl L) to CP WALL ; ;

## Page 2: Ribbons

### **13-16 HOVER ; THRU TWINKLE TWICE ; ; CHAIR RECOVER CLOSE to BFLY ;**

**{Hover}** Fwd L,-,-, fwd & sd R rise to ball of ft,-, rec fwd L (*W rec fwd R*) to SCP LOD ; **{Thru Twinkle x 2}** Thru R twd LOD,-,-, sd L trng RF,-,cl R to RSCP Rlod ; Thru L twd RLOD,-,-, sd R trng LF,-, cl L to SCP LOD ; **{Chair Rec Cl}** Fwd lun R w/ bent knee,-,-, rec L to fc ptr,-, sd R to CP WALL ;

### **17-18 SLOW DIP BACK ; SLOW RECOVER ;**

**{Slow Dip Bk}** [1] Bk L w/ flexed knee trng upper body sl LF with R leg extended,-,-,-,-,-; **{Slow Rec}** [1] Rec R swiv RF to BFLY WALL,-,-,-,-,-;

## PART C

### **01-04 STEP SWING ; SPIN MANEUVER ; TWO RIGHT TURNS ; ;**

**{Step OP Pos & Point Thru}** [1&] Sd L trn LF OP, pnt R twd LOD (*W sd R trn RF OP, pnt L twd LOD*),,-,-,-,-; **{Spin Manuver}** Fwd R comm trn RF,-,-, fwd & sd L cont trn,-, cl R (*W spin LF sd L,-,-, R,-, L*) CP RLOD ; **{2 Right Trns}** Startg RF trn bk L,-,-, sd R cont trn,-, cl L ; Cont RF trn fwd R,-,-, sd L,-, cl R to CP WALL ;

### **05-08 HOVER ; FORWARD HOVER to BJO ; BACK HOVER to SCP ; SLOW THRU FLARE POINT to FACE ;**

**{Hover}** Rpt meas 13 Part B ; **{Fwd Hover to BJO}** Fwd R,-,-, fwd L w/ rise (*W trns LF*),,-, rec R to BJO DLW ; **{Bk Hover to SCP}** Bk L,-,-, bk & sd R w/ rise & slight LF trn,-, rec fwd L (*W fwd R,-,-, fwd & sd L trng RF to CP,-, fwd R*) to SCP LOD ; **{Slow Thru Flare Pnt to Fc}** Rpt meas 4 Intro ;

## ENDING

### **01 SLOW DIP BACK & HOLD ;**

**{Slow Dip Bk & Hold}** Rpt meas 17 Part B to SOH & Hold ;