RESTA CON ME A CAPRI (Stay With Me In Capri)

Music: **AI** – (2026) Vintage Riviera Lounge
https://www.youtube.com/watch?v=GJUC0M-guN4
Time 5:18 Shortened from 2.33,4 to 4.06,2 &
Accelerate +5% to Time 3:35 Available from choreographer
Rhythm: **Bolero Phase: V+1U** (Checked R Pass)
Footwork: **Opposite except where (Noted)**
Release Date: Oct 26
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
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Sequence : **INTRO A B C A(1-12) C C(1-9) END**



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INTRO

01 TANDEM POS WALL BOTH LEFT FOOT FREE WAIT ONE MEASURE ;
{Wait} Tandem Pos Wall Both Lft ft free wt 1 meas ;

02-05 SIDE & CROSS CHECK ; BOTH ROLL 3 to RLOD ; SIDE & CROSS CHECK ; ROLL to FACE/W SYNCOPATED ;
{Sd & X-Check} [SS] [Both same ft next 4 meas] Sd L,-, XRif bent knee trl arm circle CCW ifo body,-; **{Both Roll 3}** Rec L swiv to fc ptr,-, both roll sd R ½ CW *(W CCW)*, cont roll sd L ½ CW *(W CCW)* to Tandem WALL ; **{Sd & X-Check}** [SS] Sd R,-, XLif bent knee ld arm circle CW ifo body,-; **{Roll to Fc/W Sync}** Rec R swiv to fc ptr,-, both roll sd L ½ CCW *(W CW)*, cont roll sd R ½ CCW *(W CW)* to CP WALL ;

PART A

01-04 TURNING BASIC ; LUNGE BREAK ; PREPARATION to AIDA ; AIDA LINE SWITCH & RECOVER ;
{Trng Basic} Sd L w/ RF upper bdy trn, -, bk R trng ¼ LF, sd & fwd L trng ¼ LF *(W sd R w/ RF upper bdy trn, -, fwd L trng ¼ LF w/ slip action, sd & bk R trng ¼ LF)* to BFLY COH ; **{Lunge Break}** Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise *(W sd & bk L, -, bk R w/ sitting action, rec L)* to BFLY COH ; **{Aida Prep}** [Relsg trl hnds] Sd L trng LF to slight V pos RLOD, -, thru R, trng RF sd L to BFLY COH ; **{Aida Line Switch & Rec}** Trng RF *(W LF)* bk R to V BK-TO-BK LOD, -, swiv LF *(W RF)* on R sd L to fc ptr, rec R to BFLY COH ;

05-08 RIGHT PASS ; BREAK BACK to ½ OP LOD ; SWITCH & WALK 2 to ½ LOP RLOD & to ½ OP LOD ; ;
{Right Pass} Fwd & sd L begin RF trn raise ld hnds to create window, -, XRib cont RF trn, fwd *L (W fwd R, -, fwd L begin LF trn, bk R cont LF trn under raised ld hnds)* to BFLY WALL ; **{Break Bk to ½ OP LOD}** Sd R rise,-, trn LF to ½ OP LOD slip bk L flex knee, fwd R ; **{Switch & Walk 2 Twice to ½ OP LOD}** Sd & fwd L trng to ½ LOP RLOD, -, fwd R, L ; Sd & fwd R trng to ½ OP, -, fwd L, R to ½ OP LOD ;

09-12 OP IN & OUT RUNS ; ; OPENING OUT TWICE ; ;
{OP In & Out Runs} Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD w/ free arms out to sd *(W fwd R rise, -, L, R)* to ½ LOP LOD ; Fwd R rise, -, fwd L, R w/ free arms out to sd *(W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fc LOD)* to ½ OP LOD ; **{Opening Out x 2}** [Blend to Fc] Small sd & fwd L body rise & body rotate LF, -, lower on L & extend R ft to sd, rise on L body rotate in Bfly *(W sd & bk R body rise & body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly) ;* Cls R body rise & body rotate RF, -, lower on R & extend L ft to sd, rise on R body rotate in Bfly *(W sd & bk L body rise & body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly)* to rt Hndshk WALL ;

13-16 CIRCULAR WALK / LADY SPIRAL TWICE ; ; SYNCOPATED HIP ROCKS ; RIFF TURNS ;
{Circ Walk/Lady Spiral x 2 } Circ walk RF fwd L lead W to spiral under rt hnds, -, fwd R, fwd L *(W fwd R spiral LF under rt hnds, -, circle walk RF L, R)* ; Cont walk fwd R lead W to spiral under rt hnd , -, fwd L, fwd R (W cont circle walk fwd L spiral RF under rt hnds, -, fwd R, fwd L) ; [Complg 1 full circle] **{Sync Hip Rock's}** [SQ&Q] Sd L, -, rec R rollg rt-hip/ rec L rollg lft-hip, rec R rollg rt-hip ; ; **{Riff Trns}** [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R *(W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds)* to BFLY WALL ;

PART B

01-04 LUNGE SIDE & RIFF TURN L & R ; ; UNDERARM TURN ; HAND to HAND to ½ OP LOD ;
{Lunge Sd & Riff Trn x 2} Sd lunge L, -, raisg ld hnds sd R lead W to spin LF, cl L *(W sd lunge R, -, rec L sping LF 1 full trn, cl R)* to Bfly ; Sd lunge R, -, raisg ld hnds sd L leadg W to spin RF, cl R *(W sd Lunge L, -, rec R spinng RF 1 full trn, cl L)* to BFLY WALL ; **{Underarm Trn }** [Raisg ld hnds] Sd L, -, XRib, rec L *(W sd R, -, XLif trng ½ RF, fwd R cont trng to fc ptr)* to BFLY WALL ; **{Hand to Hnd to ½ OP LOD}** Sd R, -, [relsg ld hnd] XLib *(W XRib)* to OP LOD, fwd R to ½ OP LOD ;

05-08 THE SQUARE ; ; ; ;
{The Square} Fwd L, -, xg ifo W sd R comm RF trn, fwd L cont RF trn to ½ OP COH (W fwd R, -, small fwd L, cl R swivg ¼ LF) to ½ OP COH ; Fwd R, -, small fwd L, cl R swivg ¼ LF to RLOD *(W fwd L, -, xg ifo M sd R comm RF trn, fwd L cont RF trn to ½ OP RLOD)* ; Rpt meas 5,6 Part B to ½ OP WALL & to ½ OP LOD ; ;

PART C

01-04 CROSS BODY/W OVERTURNED to TANDEM COH ; THREE SWEETHEART's ; ; ;

{Cross Body/ W Overtrnd to Tandem COH} [Blend to Fc w/ rt hndshk] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Coh *(W sd & fwd R body rise, -, fwd L xg ifo M trng LF, small stp sd R ½ LF spin fc Coh)* to Tandem COH ; **{Three Sweethearts}** [Still rt hnds jnd] Sd R, -, XLif, rec R *(W sd L, -, XRib, rec R)* ; [Chg lft hnds jnd] Sd L, -, XRif, rec L *(W sd R, -, XLib, rec L)* ; [Rejnd rt hnds] Sd R, -, XLif, rec R *(W sd L, -, XRib, rec R)* to TANDEM COH ;

05-08 LADY SWIVEL INTO CROSS BODY ; REVERSE UNDERARM TURN ; CHECKED RIGHT PASS , M SWIVEL to FACE & FWD BREAK ;

{Lady Swiv Into Cross Body} Sd L lead W RF swiv, -, XRib comm LF trn, cont LF trn rec L fc ptr *(W sd R swiv ½ RF, -, fwd L xg ifo M trng LF, small stp sd R ½ LF spin to fc)* to BFLY WALL ; **{Reverse Underarm Trn}** Sd R raisg ld hnds, -, XLif, bk R *(W sd L comm ½ LF trn undr jnd ld hnds, -, XRif contg trn, fwd L compg trn to fc ptr)* to BFLY WALL ; **(Checked Right Pass)** Fwd & sd L comm RF trn raisg ld hnds to create window, -, XRib cont RF trn, sd L *(W fwd R, -, XLif, sd & bk R)* mod wrap both fc COH ; **(M Swiv to Fc & Fwd Break)** Fwd R swiv RF on R body rise to fcg ptr, -, fwd L w/ contra ck like action, rec bk R to BFLY WALL ; ;

09-12 SPOT TURN & rt Hndshk ; CONTRA BREAK ; LEFT PASS ; START HORSESHOE TURN ;

{Spot Trn} [relsg both hnds] Sd L, -, XRif trng ½ LF, rec L to fc ptr & Wall & rt Hndshk ; **{Contra Break}** Sd & fwd R with rt sd stretch, -, slip fwd L small step with rt shldr lead to contra check action, rec bk R *(W sd & bk L with lft sd stretch,-, slip bk R with lft sd lead to contra check action, rec fwd L)* ; **{Left Pass}** Fwd L to SCAR, -, bk R, fwd L trng LF *(W fwd R trng ¼ RF w/ bk to ptr, -, sd & fwd L w/ strong LF trn, bk R)* to BFLY COH ; **{Start Horseshoe Trn}** Sd & fwd R trng RF *(W LF)* to V Pos LOD, -, thru L, lk Rib raise ld hnds ;

13-16 FINISH HORSESHOE TURN ; TURN & TIME ; TIME & TURN ; HIP ROCKS ;

{Finish Horseshoe Trn} [Raisg rt Hnds] Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr *(W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld hnds, fwd R compl circle to fc ptr)* to LOP WALL ; **{Trn & Time}** [Rel Both Hnds] Step sd R, -, XLif trng RF, rec R to fc W *(W sd L, -, XRib, rec L)* to LOP WALL ; **{Time & Trn}** Step sd L, -, XRib, rec L *(W step sd R, -, XLif trng RF, rec R to fc M)* ; **{Hip Rks}** [SS] [Blend low blfy] Sd R -, sd L hip roll LF, rec R hip roll RF ;

ENDING

01 LUNGE & SIT HOLD ;

{Lunge & Sit Hold} [Q] Sd & bk L to LOP FCG, -, slidg R ft sd & bk w/ no wgt lowr on L w/ slight LF bdy trn *(W sd & bk R, -, bk L w/ sitting action),* Hold ;