

REDSLEEVES

Music: The Ballroom Network

Cd: The Bigger Ballroom & Latin Dance Album

<https://www.amazon.com/Bigger-Ballroom-Dancesport-Competitive-Dancers/dp/B0GYRXDCBQ>

Track # 30 Time 3:12 Available from choreographer

Rhythm : Foxtrot Phase: VI

Footwork: Opposite except where (Noted)

Release Date: Aug 26

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AB BRIDGE AB C B(1-15) END



INTRO

01 CP DLC LEAD FOOT FREE START IMMEDIATELY AFTER THE SMILE ~ ;

{Wait} CP DLC Ld Ft Free Start Immediately After the Smile ~;

PART A

01-04 OP REVERSE TURN ; HOVER CORTE ; BACK HOVER to SCP ; THRU VINE 4 ;

{OP Reverse Trn} Fwd L stg LF trn, -, sd R contg trn, bk L compg 3/8 LF trn (*W bk R stg LF trn, -, sd L cont trn, fwd R outsd ptr*) to BJO RLOD ; {Hover Corte} Bk R stg ½ LF trn, -, cont trn sd & fwd L rising & compg trn, rec R to BJO LOD ; {Bk Hover to SCP} Bk L, -, bk R risg sltly, rec L (*W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R*) to SCP DLC ; {Thru Vine 4} [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ;

05-08~ PROMENADE WEAVE ; ; HOVER TELE ; CHAIR & SLIP & RUN 2 ; ~ ;

{Promenade Weave} [SQQ; QQQQ] Fwd R, -, fwd L stg LF trn, contg trn sd & bk R (*W fwd L in pick up action, -, sd & bk R trng LF to CP, cont trng on R then fwd & sd L*) to BJO RLOD ; Bk L, bk R twd DLC trng LF to CP, sd & fwd L twd DLW, fwd R (*W fwd R outsd ptr, fwd L trng LF to CP, sd & bk R contg LF trn to fc COH, bk L*) to BJO DLW ; {Hover Tele} Fwd L, -, fwd & sd R w/ lft shldr lead, sd & fwd L to SCP DLW ; {Chair & Slip ~ & Run 2} Ck thru R, -, rec L, trng LF bk R (*W ck thru L, -, rec R, swvlg LF on R fwd L*) to CP DLC ; ~ [QQ] Fwd L, R ;

09-12 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Trn ½} Fwd L, -, trng ¼ LF sd R, bk L ; Bk R, -, trng ¼ LF sd L, fwd R to RDW ; {Qk Diamond 4} [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg ¼ LF trn to BJO DLW, bk R to CP DLC ; {Dip Bk & Rec} [SS] Bk L w/ flexed knee, -, rec R to CP DLC, -;

13-16 TRAVELING CONTRA CHECK ; MANEUVER ; SPIN TURN ; FEATHER FINISH ;

{Travelg Contra Check} Lowerg on R fwd L across body w/ lft shldr lead, -, small fwd R risg & trng W to SCP w/ lft shldr lead, fwd L in SCP DLW ; {Manuver} Trng RF fwd R ifo W, -, sd L cont trn, cl R (*W fwd L, -, R, L*) to CP RLOD ; {Spin Trn} Begin RF upper body trn bk L toeing in pivot ½ RF, -, cont trn fwd R betw W's ft, rec sd & bk L (*W begin RF upper body trn fwd R heel to toe betw M's ft pivot ½ RF, -, cont trn bk on L toe, fwd R*) to CP DLW ; {Feather Finish} Bk R, -, bk & sd L trng ¼ LF, fwd R to BJO DLC ;

PART B

01-04 OP TELEMAR ; THRU VINE 4 ; OP NATURAL ; BACK TWISTY VINE 4 ;

{Telemark to SCP} Fwd L comm LF trn, -, sd R contg LF trn, sd & fwd L (*W bk R comm LF trn bringing L ft beside R w/ no wgt, -, cont trng LF on R heel & chg wgt to L, sd & sltly fwd R*) to SCP DLW ; {Thru Vine 4} [QQQQ] XRif (*W XLif*), sd L fcg ptr, XRib (*W XLib*), sd L to SCP LOD ; {OP Natural} Thru R stg RF trn, -, contg RF trn sd L ifo W, bk R (*W fwd L, -, R, L*) to BJO RLOD ; {Bk Twisty Vine 4} [QQQQ] Bk L in BJO, sd R trng to SCAR, fwd L in SCAR, sd & bk R trng to BJO ;

05-08 HESITATION CHANGE ; REVERSE WAVE 3 to CHECK & WEAVE ; ; ;

{Hesitation Chng} [S,S,-] Trng upper bdy RF bk L, -, sd R contg RF trn, draw L to CP DLC ; {Reverse Wave 3 to Check & Weave} Fwd L comm LF trn, -, sd R trng LF (*W heel trn*), bk L twd DLW to CP DRC ; [SQQ; QQQQ] Check bk R, -, rec L, sd R trng 1/8 LF ; Bk L w/ R shldr ld to BJO trng 1/8 LF, bk R to CP contg to trn LF, sd & fwd L contg trn, fwd R to BJO DLW ;

09-12 CHECKED REVERSE & SLIP ; FWD TWISTY VINE 4 ; CHECKED NATURAL & SLIP ; DBL REVERSE SPIN DLW ;

{Checked Reverse Slip} Fwd L, -, fwd R on toe trn LF ck fwd motion w/ rt sd stretch, trn RF rec bk L cont trn to CP DLW (*W bk R, -, cl L rise to toes trn LF ck bk motion, trn RF slp R fwd to CP cont RF trn*) to CP DLW ; {Fwd Twisty Vine 4} [SQ&Q] Fwd L comm LF trn, sd R cont LF trng to Coh/XLib (*W XRif*) trng RF to DLC, sd R cont trng RF to BJO DLW ; {Checked Natural & Slip} Fwd R comm RF trn risg strongly, -, fwd & around L checkg (*W Cl*), trng LF slip R bk sml stp to end CP DLC ; {Dbl Reverse Spin to DLW} [SS/QQQQ] Fwd L com to trn LF, -, sd R DLC, spin LF on ball of R bring L undr bdy beside R no wgt flexed knees (*W bk R stg to trn LF, -, cl L to R [heel trn]/sd & sltly bk R cont LF trn, XLif*) to CP DLW ;

13-16 HOVER TELE ; CROSS HESITATION ; IMPETUS to SCP ; SLOW SIDE LOCK ;

{Hover Tele} Fwd L, -, fwd & sd R w/ lft shldr lead, sd & fwd L to SCP DLW ; {Cross Hesitation} [S,-/SQQ] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, -, cont trng LF on ball of R ft ckg, - (*W fwd L stg LF trn, -, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ; {Impetus to SCP} Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R btw M's ft heel to toe pvt ½ RF, -, sd & fwd L cont trn arnd M brush R to L, fwd R*) to SCP LOD ; {Slow Sd Lk} Thru R, -, fwd & sd L risg trng LF, cl R (*W thru L trng LF, -, sd R trng LF, XLif*) to CP DLC ;

BRIDGE

17-18 SIDE SWAY LEFT & RIGHT ; DIP BACK & RECOVER :

{Sd Sway L & R} [Q&Q&] Sd L incline body to L, tch R to L, sd R, incline body to R, tch L to R ; **{Dip Bk & Rec}** [SS] Bk L w/ flexed knee trng upper body sl LF with R leg extended, -, rec R to CP DLC, -;

PART C

01-04 CLOSED TELEMARQUE ; NATURAL HOVER CROSS ; ; TURN LEFT & R CHASSE to BJO :

{Closed Telemarque} Fwd L comm LF trn, -, fwd & sd R arnd W close to W's ft trng LF, fwd & sd L (*W bk R comm LF heel trn on R heel bringing L beside R w/ no wgt, -, cont LF trn on R heel & chg wgt to L, bk & sd R*) to BJO DLW ; **{Nat Hov Cross}** [SQQ; QQQQ] Fwd R comm RF trn, -, sd L cont RF trn, sd R cont RF trn to fc DLC in SCAR (*W fwd L comm RF trn, -, fwd R cont RF trn, cont RF trn sd L*) ; Fwd L small step on toes, rec R, trng LF & blendg briefly to CP sd L, XRif to BJO DLC ; **{Trn Left & Chasse to BJO}** [SQ&Q] Fwd L trng LF, -, twd LOD & risg progly sd R/cl L, bk R BJO DRC ;

05-09 BACK BACK/LOCK BACK ; OP IMPETUS ; THRU CHASSE to SCP ; THRU to PROMENADE SWAY ; CHANGE to OVERSWAY ;

{Bk Bk/lk Bk} [SQ&Q] Bk L, -, bk R/lk Lif, bk R ; **{Impetus to SCP}** Rpt meas 15 Part B ; **{Thru & Chasse to SCP}** [SQ&Q] Thru R, -, sd to fc ptr L/cl R, fwd L to SCP DLW ; **{Thru to Promenade Sway}** [SS] Thru R, -, sd & fwd L & stretch bdy upward to look ovr ld hnds, relax L knee leavg R leg extended (*W sd & fwd R & stretch bdy upward to look ovr ld hnds relax R knee leave L leg extended & lookg well to L*), -; **{Chng to Oversway}** Cont sway & look W (*W look L*), -, -;

10-11 RECOVER to HOVER SCP ; CHAIR & SLIP ;

{Rec to Hover SCP} Rec R body trn RF, -, brush L to R with hoverg action, sd & fwd L to SCP DLW (*W rec R trn RF, -, sd L with hoverg action, sd & fwd L to SCP DLW*) ; **{Chair & Slip}** Lun thru R, -, rec L, slip R bhd L (*W lun thru L, -, rec R, swvlg LF on R slip fwd L outsd M's R ft*) to CP DLC ;

ENDING

01-02 THRU & CHASSE to SCP ; QUICK THRU CHAIR & FREEZE ;

{Thru & Chasse to SCP} [SQ&Q] Thru R, -, trng LF chasse sd L/cl R, sd & fwd L to SCP LOD ; **{Qk Thru Chair & Hold}** [Q] Thru R relax R knee both fwd poise, Freeze ;