

ONE WAY WIND

Music: Dana Winner

www.amazon.com/One-Way-Wind-Dana-Winner/dp/B0002N5KRI

Time : 3:51 Slowed Down w/ -3% Available from choreographer

Rhythm: Rumba Phase:V+1(Three Threes Ending) + Several U

Footwork : Opposite except where (Noted)

Release Date : Mars 22

Choreo : Jos Dierickx Beverloestwg14b2 3583 Paal Belgium

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Sequence : INTRO AB INTRO AB BRIDGE B(1-8) END



INTRO

BFLY WALL LEAD FOOT FREE START AFTER THE FIRST GITAR TUNE

01-04 CONTINUOUS CHASE w/ UNDERARM PASS & W PEEKS ; ; ; ;

{Continuous Chase w/ Underarm Pass & W Peeks} Fwd L trng ½ RF keepg ld hnds jnd behind M, rec R, fwd L (W bk R, rec L, fwd R twds M's lft sd), -; Bk R raisg jnd ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TAND COH w/ ld hnds still jnd above the head W, -; {W Peeks x 2} Sd L, rec R, cl L (W sd R lookg ovr lft shldr & trng upper body LF, rec L, cl R), -; Sd R, rec L, cl R (W sd L lookg ovr rt shldr & trng upper body RF, rec R, cl L), -;

05-09 CONTINUE ; ; INTO THREE THREES ENDING ; ; RIFF TURN & rt Hndshk ;

{Continue} Fwd L trng ½ RF keepg ld hnds jnd behind M, rec R, fwd L (W fwd R trng ½ LF, fwd L, fwd R twds M's lft sd), -; Repeat meas 2 Intro ; {Into Three Threes Ending} Fwd L to press line, rec R, cl L (W bk R to press line, rec L, fwd R swiv ½ RF), -; Bk R, rec L, fwd R (W fwd L swivl ½ RF, fwd R swiv ½ RF, fwd L) to Low Bfly WALL, -; {Riff Trn} [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds) to rt Hndshk WALL ;

PART A

01-04 FLIRT ; ; SWEETHEART /W SWIVEL to FACE & rt Hndshk ; STACKED HANDS UNDERARM TURN w/ BOTH HEAD LOOPS ;

{Flirt to Shadow} [w/ rt Hndshk] Fwd L, rec R, sd L (W bk R, rec L, fwd R trng ½ LF) to VARS WALL, -; Bk R, rec L, sd R (W bk L, rec R, sd L slidg ifo M) & rel hnds to Shadow WALL, -; {Sweetheart/W Swiv to Fc & rt hndshk} Fwd L, rec R, jng rt hnds sd L lead W to trn ½ RF (W bk R, rec L, sd & fwd R swivg RF ½ to fc ptr) to rt Hndshk WALL, -; {Stacked Hands Underarm Trn w/ Both Head Loops} Raisg jnd rt hnds XRib & join lft hnds low, rec L bring rt hnds down & lft hnds up, bringing lft hnds over M's head sd R trng ¼ LF and raisg jnd rt hnds over W's head (W fwd L trng RF under jnd rt hnds, fwd R cont RF trn, fwd L cont RF trn under jnd rt hnds) to V pos LOD, -;

05-08 BACK BREAK to 1/2 OP ; OP IN & OUT RUNS ; ; SPOT TURN ;

{Bk Break to ½ OP} Relsg ld hands but leavg M's rt & W's lft arm on ptr's shdr cont LF (RF) trn to fc LOD bk L, lowerg arms to ptr's bk rec R, fwd L to ½ OP LOD, -; {OP In & Out Runs} Fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R (W fwd L, R, L) to ½ LOP LOD, -; Fwd L, R, L (W fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R) to ½ OP LOD, -; {Spot Trn} Relg hnds XRif (W XLif) trng ½ LF, rec L cont trn to fc ptr, sd R to BFLY WALL, -;

09-12 OP HIP TWIST INTO A FAN ; ; START STOP & GO INTO CROSS BODY ; ;

{OP Hip Twist Into a FAN} Fwd L, rec R, cl L (W bk R, rec L, fwd R w/ tention to rt arm to swiv ¼ RF) end lft-Shape M fc Wall W fc LOD, -; Bk R, rec L, sd R (W fwd L, trng LF sd R, cont LF trn bk L to fan pos), -; {Start Stop & Go Into Cross Body} Chk fwd L, rec R raisg ld arm to lead W to a LF underarm trn, sd L fcg wall bringing ld arm down sharply and placg rt hnd on W's bk to an "L" pos (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd hnds to fc LOD), -; Bk R comm LF trn to CP, rec L comp LF trn to CP COH, sd R (W fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L) to BFLY COH, -;

13-16 BASIC 1/2 to LOW BFLY ; DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ;

CHANGE SIDES/W UNDERARM ;

{Basic ½ to Low BFLY} Fwd L, rec R, cl L (W bk R, rec L, sd R) to Low Bfly, -; {Dbl Handhold Underarm Trn to Stacked Hnds} [Raisg ld arm high & bringing trl arm up to rt shldr level] XRib & takg lft arm first over W's head, rec L takg rt arm over W's head, sd R (W XLif trng RF under ld arm, rec R contg to trn under trl arm to fc M, sd L) to stacked hnds lft over rt hnds, -; {OP Break to Fc} [w/ stacked hnds] Apt L, rec R, fwd L to fcg W's rt sd, -; {Change Sides /W Underarm} Fwd R to COH twd W's rt sd trng RF lead W trn under stacked hnds, small fwd L cont RF trn to fc, sd R (W fwd L to WALL twd M's rt sd trng LF under stacked hnds chg sds, cl R cont LF trn to fc, sd R) to BFLY WALL, -;

17-19 BACK BREAK to OP LOD ; FORWARD to AIDA ; SWITCH & RECOVER & rt Hndshk ;

{Bk Break to OP LOD} XLib trng to OP LOD, rec R, fwd L twd OP LOD, -; {Fwd to Aida} Fwd R, sd L trng RF, bk R cont RF trn to V-bk-to-bk Pos RLOD, -; {Switch & Rec} [SS] Sd & bk L trng LF to fc ptr, -, rec R to rt Hndshk WALL, -;

PART B

01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W SPIRAL ; W OUT to FACE :

{Trade Places x 2} [rt hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd rt hnds, cont to trn RF to fc ptr & COH stepg sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD ifo M then rel jnd rt hnds, cont LF trn to fc ptr & WALL stepg sd & bk R) jng lft hnds, -; [w/ lft hnds jnd] Rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd lft hnds, cont to trn LF to fc ptr & WALL stepg sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD ifo M then rel jnd lft hnds, cont RF trn to fc ptr & COH stepg sd & bk L) jng rt hnds, -; {Trade Places/W Spiral} Rk apt L, rec R comm to pass rt shldrs while trng ¼ LF and keepg rt hnds jnd, cont to trn LF but slightly less than in meas 1 stepg sd L twd COH (W apt R, rec L, fwd R, spiralg 7/8 LF undr jnd rt hnds), -; {W Out to Fc} [relng hnds] Trng bdy RF to fc COH stp fwd twd COH R, L, R (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) to BFLY COH, -;

05-08 START CROSS BODY to TUMMY CHECK & BACK ; ; ; FINISH CROSS BODY [3th TIME: KEEP rt Hndshk] ;

{Start Cross Body to Tummy Check & Bk} Fwd L, rec R trng ¼ LF to RLOD, sd L (W bk R, rec L, fwd R), -; [Stop the W w/ ld hand] Lunge sd R, rec L, cl R (W [both arms fwd] fwd L, rec R, cl L), -; Lunge sd L w/ rt hndshk, rec R, cl L (W bk R, rec L, cl R), -; {Finish Cross Body} Bk R, rec L trng ¼ LF to fc ptr, sd R (W fwd L comm LF trn, fwd & sd R cont LF trn to COH, sd & bk L) to BFLY WALL [3th Time: Keep rt Hndshk], -;

09-13 CHASE/W UNDERARM PASS ; ; REVERSE UNDERARM TURN ; WHIP to WALL ; OP VINE 4 ;

{Chase / W Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L (W bk R, rec L, fwd R twd M's lft sd), -; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY COH, -; {Reverse Undarm Trn} Raisg jnd ld hnds XLif, rec R, sd L (W XRif undr jnd ld hnds trng LF ½, rec L contg LF trn to fc ptr, sd R) to BFLY COH, -; {Whip to WALL} Bk R trng ¼ LF, rec L trng ¼ LF, sd R (W fwd L long step ifo M, trng LF fwd & sd R, sd L to fc M) to BFLY WALL, -; {OP Vine 4} [QQQQ] Sd L, bk R trng to LOP RLOD, sd L, XRif (W XLif) to BFLY WALL ;

BRIDGE

01-02 ROMANTIC SWAY'S & rt Hndshk ; ;

{Romantic Sway's & rt Hndshk} Sd L hip roll LF, rec R hip roll RF, [Rel ld hnds] fwd & sd L and swiv LF (W RF) to bk to bk sweep ld hnds up & around to end stretched out to sd at shldr level, -; Sd R hip roll RF, rec L hip roll LF, sd R & swiv RF (W LF) to fc ptr sweep ld hnds up & around to end stretched out to sd at shldr level to rt Hndshk WALL, -;

ENDING

01-04 TRADE PLACES TWICE ; ; To RLOD THRU FRONT VINE 4 ; To RLOD AIDA & EXTEND FREE ARMS ;

{Trade Places x 2} Repeat meas 1,2 Part B ; ; {To RLOD Thru Front Vine 4} [QQQQ] Thru L (W thru R), sd R, XLib (W XRib), sd R ; {Aida to RLOD & Xtndg Arms} [Xg ld hnds ovr trl hnds to RLOD] Thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos, xtndg free arms up & out ;