

NO ROMPAS MI CORAZON (Achy Breaky Heart)

Music: Ballroom Orch. & Singers
50 Bailes de Salon
www.amazon.com/Ballroom-Dance-Bailes-Orchestra-Singers/dp/B00I3PCK48
Track # 29 Time 3:23 Available from choreographer

Rhythm: Cha Cha **Phase:** IV+2U (Ronde Cha Cha Box + Cont Chase w/ Underarm Pass & Peeks)

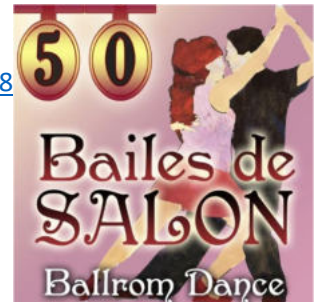
Footwork: Opposite except where (Noted)

Release Date : Sept 25

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Sequence: INTRO ABC ABC B C END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT FOUR MEASURES ; ; ; ;

{Wait} BFLY Pos WALL ld ft free wt 4 meas ; ; ; ;

PART A

01-04 SHOULDER to SHOULDER TWICE ; ; RONDE CHA CHA BOX & rt Hndshk ; ;

{Shoulder to shldr x 2} Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R to BFLY WALL ;
{Ronde Cha Cha Box} Ronde L ifo R, sd R, w/ lft sd leadg bk L/lk Rif, bk L ; Ronde R ibo L, sd L, w/ rt sd leadg fwd R/lk Lib, fwd R to rt Hndshk WALL ;

05-08 HALF MOON ; ; SPOT TURN TWICE ; ;

{Half Moon} [w/ rt Hndshk] Thru L (W thru R) trng ¼ RF to SD-BY-SD to RLOD w/ rt hnds jnd ifo bdies & lft hnds xtnd to sd at shld level, rec R, sd L/cl R, sd L ; Bk R trng LF & ldg W acrs, rec L contg LF trn (W fwd L trng LF & xg ifo M, fwd & sd R contg LF trn, sd L/cl R, sd L) sd R/cl L, sd R to BFLY COH ; {Spot Trn x 2} [Relsg both hnds] XLif (W XRif) trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L ; XRif (W XLif) trng ½ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R to BFLY COH ;

09-12 CHASE w/ UNDERARM PASS ; ; NEW YORKER TWICE ; ;

{Chase w/ Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R twd M's lft sd) ; Bk R raisg ld hnds, rec L, sd R/cl L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L) to BFLY WALL ; {New Yorker x 2} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to BFLY WALL ;

13-16 HAND to HAND w/ FACE to FACE & BACK to BACK TWICE ; ; ; ;

{Hand to Hand w/ Fc-to-Fc & Bk-to-Bk} Trn LF to OP LOD bk L relg ld hnds, rec R to fc ptr, keep trl hnds jnd thru sd L/cl R, sd L trn ½ LF (W RF) to Bk-to-Bk Pos ; [Q&Q] Sd R/cl L, sd R trn ½ RF (W LF) to fc ptr, [Q&Q] sd L/cl R, sd L to BFLY WALL ; Trn RF to LOP RLOD Bk R relg trl hnds, rec L to fc ptr keep ld hnds jnd, sd R/cl L, sd R trn ½ RF (W LF) to Bk-to-Bk Pos ; [Q&Q] Sd L/cl R, sd L trn ½ LF (W RF) to fc ptr jng trl hnds, [Q&Q] sd R/cl L, sd R to BFLY WALL ;

PART B

01-04 CONTINUOUS CHASE w/ UNDERARM PASS to TANDEM COH & PEEKS ; ; ; ;

{Continuous Chase w/ Underarm Pass to Tandem Coh} Fwd L trng ½ RF keepg ld hnds jnd behd M, rec R, fwd L/lk Rib, fwd L (W bk R, rec L, fwd R/lk Lib fwd R twds M's lft sd) ; Bk R raisg jnd ld hnds, rec L, sd R/cl L, sd R (W fwd L, fwd R trng ½ LF under jnd ld hnds, sd L/cl R contg to trn ½ LF, sd L) to TAND COH [w/ ld hnds still jnd above the head W] ; {Peek x 2} Sd L, rec R, sd L/cl R, sd L (W sd R trng ¼ LF & lookg ovr lft shldr, rec L to Tandem, sd R/cl L, sd R) ; Sd R, rec L, sd R/cl L, sd R (W sd L trng ¼ RF & lookg ovr rt shldr, rec R to Tandem, sd L/cl R, sd L) to TANDEM COH ;

05-08 CONTINUE to TANDEM WALL ; ; PEEK TWICE/W SWIVEL to FACE ; ;

{Continue to Tandem Wall} Fwd L trng ½ RF keepg ld hnds jnd behd M, rec R, fwd L/lk Rib, fwd L (W fwd R trng ½ LF, fwd L, fwd R/lk Lib fwd R twds M's lft sd) ; Repeat meas 2 Part B to TANDEM WALL ; ; {Peek x 2/W Swiv to Fc} Repeat meas 3 Part B ; Sd R, rec L, sd R/cl L, sd R (W sd L trng ¼ RF & lookg ovr rt shldr, rec R trng ½ RF, sd L/cl R, sd L) to BFLY WALL ;

PART C

01-04 FENCE LINE w/ ARMSWEEP ; DBL HAND UNDERARM TURN to STACKED HANDS ;

OP BREAK & CHANGE SIDES/W UNDERARM ; FENCE LINE w/ ARMSWEEP ;

{Fence Line w/ Armsweep} XLif (*W XRif*) w/ bent knee ld arms circle CW (*W CCW*) ifo body, rec R, sd L/cl R, sd L ; **{DBL Hnd Underarm Trn to Stacked Hnds}** [Keep both hnds] XRib lead ptr under dbl hnd hold, rec fwd L stacked lft-over-rt-hnds, ipl R, L, R (*W fwd L RF trn under dbl hnd hold, fwd R stacked hnds, ipl L, R, L*) to Stacked Hnds WALL ; **{OP Break & Change Sides /W Underarm }** [w/ stacked hnds] Apt L, rec R raisg stacked hnds fwd to rt sd W, fwd L comm RF trn/sd R cont RF trn to fc ptr, cl L (*W apt R, rec L, fwd R Wall LF trn under stacked hnds chg sds/sd L cont LF trn, sd R*) to BLFY COH ; **{Fence Line w/ Armsweep}** XRif (*W XLif*) w/ bent knee trl arms circle CCW (*W CW*) ifo body, rec L, sd R/cl L, sd R to rt Hndshk COH ;

05-08 TRADE PLACES TWICE ; ; TRADE PLACES/W INSIDE UNDERARM ; W OUT to WALL ;

{Trade Places x 2} [In rt hndshk] Rk apt L, rec R relg hnds & trng $\frac{1}{4}$ RF to fc LOD (*W trn LF*), slide bhd W sd L/cl R reachg lft hnd to W's lft forearm & slidg hnd dwn her arm, sd L trng $\frac{1}{4}$ RF (*W $\frac{1}{4}$ LF*) to lft hndshk ; Apt R, rec L relg hnds trng $\frac{1}{4}$ LF to fc LOD (*W trn RF*), slidg bhd W sd R/cl L reachg rt hnd to W's rt forearm & slidg hnd dwn her arm, sd R trn $\frac{1}{4}$ LF (*W $\frac{1}{4}$ RF*) to fc COH in rt hndshk ; **{Trade Places/W Insd Underarm}** Apt L, rec R comm to pass rt shldr while trng $\frac{1}{2}$ RF to fc Wall, bk L/lk Rib, ipl L (*W apt R, rec L, fwd R spiralg $\frac{7}{8}$ LF undr jnd rt hnds/cl L, ipl R fcg Coh*) relsg hnds ; **{W Out to WALL}** Rk apt R, rec L, fwd R/lk Lib, ipl R (*W fwd L twd Wall, fwd R comm LF trn, sd L cont LF trn to fc Coh/cl R, ipl L*) to BFLY WALL ;

ENDING

01 STEP APART & EXTEND FREE ARMS ;

{Step Apt & Hold} Apt L relsg ld hnds, pt R to ptr, extend ld arms Up & out ;