

NO MORE BOLEROS

Music: Semino Rossi
Cd: Ich Denk An Dich
www.amazon.com/Ich-Denk-Dich-SEMINO-ROSSI/dp/B000J3DVAO
Track # 3 Time 3:37 Accelerate from 0 to 0,24 w/ +12%
To Time 3:35 Available from choreographer

Rhythm: Bolero & Slow Two Step Phase: V+3U (The Square+Traveling Right Turn+ Continuous Traveling Right Turn)

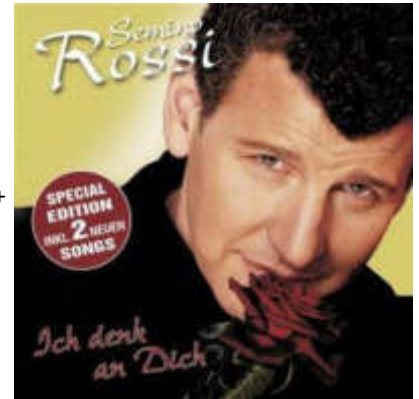
Footwork: Opposite except where (Noted)

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Sequence: INTRO AB(1-10) A(3-6) B C(1-10) B(1-10) C(1-8) BRIDGE C(9-14) END



INTRO BOLERO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; AIDA PREPARATION ; SLOW AIDA LINE & SWITCH ;

{**Wait**} Bfly Pos Wall Id ft free wt 2 meas ; ; {**Aida Prep**} [Relsg trl hnds] Sd L trng LF to slight V pos LOD, -, thru R, trng RF sd L to BFLY WALL ; {**Slow Aida Line & Switch**} [SS] Trng RF (*W LF*) Bk R to V BK-TO-BK RLOD free hnds up & out, -, swiv LF (*W RF*) on R sd L to fc ptr & BFLY WALL ;

05-08 TO RLOD AIDA PREPARATION ; SLOW AIDA LINE SWITCH ; FENCE LINE w/ ARMSWEEP TWICE ; ;

{**Aida Prep**} [Relsg trl hnds] Sd R trng to slight V pos RLOD, -, thru L to LOP RLOD, trng LF sd R to BFLY WALL ; {**Slow Aida Line & Switch**} [SS] Trng LF (*W RF*) Bk L to V BK-TO-BK LOD free hnds up & out, -, swiv RF (*W LF*) on L sd R to Low Bfly WALL ; {**Fence Line w/Armsweep x 2**} Sd L, -, [circg trl arm full CCW (*W CW*)] XRif (*W XLif*) on soft knee, rec L ; Sd R, -, [circg ld arm full CW (*W CCW*)] XLif (*W XRif*) on soft knee, rec R to BFLY WALL ;

PART A SLOW TWO STEP

01-04 LUNGE BASIC TWICE to Pickg Up Low Bfly ; ; START TRAVELING CROSS CHASSE 4 TIMES ; ;

{**Lunge Basic x 2 Pickg Up Low Bfly**} Lunge Sd L, -, rec R, XLif (*W XRif*) ; Lunge sd R, -, rec L, XRif to BFLY WALL & Pickup in Low Bfly ; {**Start Trav Cross Chasse x 4**} Trng sltly LF fwd L to DLC, -, w/ rt shldr ld sd & fwd R twd DLW, cl L ; Trng RF fwd R twd DLW, -, w/ lft shldr ld sd & fwd L twd DLC, cl R ;

05-07 FINISH TRAVELING CROSS CHASSE 4 TIMES to BFLY WALL ; ; RIFF TURN ;

{**Finish Trav Cross Chasse x 4 to Bfly Wall**} Repeat meas 3 Part A ; Trng RF fwd R twd DLW, -, contg to trn RF sd & fwd L twd WALL, cl R to BFLY WALL ; {**Riff Trn**} [QQQQ] Relg trl hnds & raisg jnd ld hnds sd L, cl R, sd L, cl R (*W sd & fwd R spin RF, cl L compg full trn undr ld hnds, sd & fwd R com RF spin, cl L compg 2nd full spin undr ld hnds*) to LOP-FCG WALL ;

PART B SLOW TWO STEP

01-02 UNDERARM TURN ; OP BASIC ENDING ;

{**Underarm Trn**} Sd L raise ld hnds palm to palm, -, XRib, rec L (*W sd R comm RF trn under ld hnds, -, XLif cont trn to fc RLOD, rec R to fc*) to BFLY WALL ; {**OP Basic Endg**} Sd R trng to ½ LF rlsng ld-hnds OP LOD, -, XLib (*XRib*) rec R to ½ OP LOD ;

03-06 THE SQUARE to Pickg Up ; ; ;

{**The Square**} In ½ OP LOD Fwd L trng RF movg ifo W, -, sd R twd COH, XLif (*W fwd R, -, sd L twd COH, XRif*) to end in left ½ OP fcg COH ; Fwd R, -, sd L twd RLOD, XRif (*W fwd L trng RF movg ifo M, -, sd R twd RLOD, XLif*) to end in ½ OP fcg RLOD ; Fwd L trng RF movg ifo W, -, sd R twd WALL, XLif (*W fwd R, -, sd L twd WALL, XRif*) to end in left ½ OP fcg WALL ; Fwd R, -, sd L twd LOD, XRif (*W fwd L trng RF movg ifo M, -, sd R twd LOD, XLif*) to ½ OP WALL & Pickg Up ;

07-10 LEFT TURN ; REVERSE UNDERARM TURN Manvrg ; RIGHT TURN w/ OUTSIDE ROLL ;

BASIC ENDING [1 & 3th TIME to Pick Up Low Bfly – 2^{de} TIME: Manvrg] ;

{**Left Trn**} Fwd L comm LF trn, -, sd R compg ¼ LF trn, XLif (*W fwd R comm LF trn, -, sd L trng LF, contg LF trn sd R*) to BFLY COH ; {**Reverse Underarm Trn Manvrg**} [Relg trl hnds] Sd to Lod jnd ld hnds palm-to palm, -, XLif, rec R (*W sd L com LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn*) to BFLY COH Manvrg ; {**Right Trn w/ Outsd Roll**} Sd & bk L Xg ifo W, -, raisg jnd ld hnds to ld W's RF trn sd & bk R trng ¼ RF, XLif (*W fwd R com RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr*) to Bfly WALL ; {**Basic Ending [1 & 3th Time to Pick Up in Low Bfly – 2^{de} Time Manvrg]**} Sd R, -, XLib, rec R (*W sd L, -, XRib, fwd L trng LF to fold ifo M*) to **1 & 3th Time** Pickg Up in Low Bfly – **2^{de} Time** Manvrg ;

11-13 TRAVELING RIGHT TURN w/ ZIG ZAG ; ; BACK to FACE & SLOW HIP ROCK ;

{Travelg Right Trn w/ Zig Zag} Trng RF Xg ifo W sd & bk L to fc RLOD -, XRib, twist trn RF 5/8 on both ft to fc DLW & shift wgt to L (*W fwd R btw M's ft com RF trn, -, contg RF trn fwd L twd WALL, contg trn fwd R twd RLOD*) to BJO DLW ; Fwd R outsd ptr trng RF, -, contg RF trn sd L, bk R to SCAR DRW ; **{Bk to Fc & Slow Hip Rock}** [SS] Bk L swiv to Wall, -, rk sd R, -;

PART C SLOW TWO STEP

01-04 START TRIPLE TRAVELER ; ; BOTH ROLL IN TO FACE ; START HORSESHOE TURN ;

{Start Triple Traveler} Trng LF sd & fwd L twd LOD, -, cont LF trn, fwd & sd R raise jnd ld hnds & rel ptr from trng arm, fwd & acrs L (*W trng LF sd & bk R, -, cont LF trn, fwd & sd L, fwd R cont trng LF undr jnd ld hnds to fc M*) ; Fwd & sd R, spiral 7/8 LF under jnd ld hnds, fwd L comm to bring ld hnds down, fwd R cont to sweep ld hnds down & bk (*W fwd & sd L shapg RF to M, -, fwd & acrs R, fwd & sd L*) ; **{Both Roll In to Fc}** Fwd L bringing jnd hnds down & bk, rel hnds comm LF trn, fwd & sd R trng LF, cont LF trn sd & fwd L trng to fc COH (*W fwd R, rel hnds comm RF trn, fwd & sd L, cont RF trn sd & fwd L trng to fc WALL*) ; **{Start Horseshoe Trn}** [Rel trl hnds & extend to sd] Sd R trng RF to fc LOD, -, fwd L w/ checkg action, XRib (*W [Rel trl hnds & extg to sd] sd L trng LF to fc LOD, -, fwd R w/ checkg action, XLib*) end LOP LOD ;

05-08 FINISH HORSESHOE TURN ; OP BASIC ENDING ; TWO SWITCHES ; ;

{Finish Horseshoe Trn} Fwd L comm circular walk CCW, -, raisg jnd ld-hnds fwd R cont circ walk, fwd L complg circ walk (*W fwd R comm RF circ walk CW, -, fwd L cont RF circ walk under jnd ld hnds, fwd R compl circ walk*) to BFLY WALL ; **{OP Basic Endg}** Sd R trng to ½ LF rlsng ld hnds OP LOD, -, XLib (*XRib*) rec R to ½ OP LOD ; **{Switches}** Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (*W fwd R, -, fwd L, fwd R*) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (*W sd L Xg ifo M, fwd R to ½ OP, fwd L*) to ½ OP LOD ;

09-12 TWISTY VINE 3 : MANUEVER PIVOT to WALL Manvrg ; START CONTINUOUS TRAVELING RIGHT TURN ; ;

{Twisty Vine 3} Trng RF sd L to CP, -, XRib, trng LF sd & fwd L LOD to BJO DLW ; **{Manuever Pivot to Wall Manvrg}** Fwd R trng RF to CP DRW, -, cont RF trn bk L LOD pivot 3/8 RF, cont RF trn fwd R LOD pivot ¼ RF to CP WALL Manvrg ; **{Start Cont Travlg Right Trns}** Foldg RF ifo W sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (*W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg*) to BJO DLW ; Fwd R outsd ptr foldg RF square to ptr & CP RLOD, -, bk L pivot ½ RF, fwd R cont RF pivot (*Wbk L trng RF to square w/ ptr, -, fwd R pivot ½ RF, bk L cont RF pivot*) to approx CP DRW ;

13-16 FINISH CONTINUOUS TRAVELING RIGHT TURN ; FORWARD FACE CLOSE ; TWISTY VINE 3 : MANUEVER PIVOT to WALL ;

{Finish Continuous Traveling Right Trns} Repeat meas 9 Part A to DLW ; **{Fwd Fc Cl to BFLY}** Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (*W bk L LOD, -, trng RF sd R, cl L*) to BFLY WALL ; **{Twisty Vine 3}** Repeat meas 9 Part C ; **{Manuever Pivot to Wall}** Repeat meas 10 Part C ;

BRIDGE

01-02 SPOT TURN TWICE ; ;

{Spot Trn x 2} Sd L to fcg Ptr, -, XRif trng ½ LF, rec L to fc ptr ; Sd R, -, XLif trng ½ RF, rec R to CP WALL ;

ENDING

01-02 HINGE & EXTEND ; ;

{Hinge & Extend} [S] Sd L relaxg L knee trng R hip into W R leg extd (*W [SS-] sd R, XLib & ext R leg lookg L*),-; [S] Place W's rt hnd on his lft shldr & rel trlg hnds extend the line, - , - , - (*W extend lft arm out & bk lookg L*) ;