MIT DIR FING MEIN LEBEN AN (My Life Began With You)

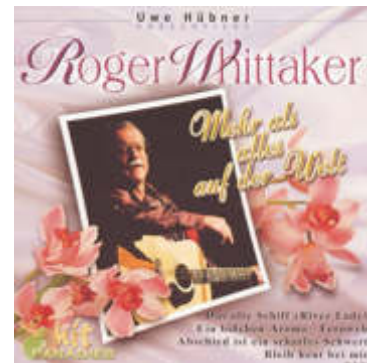|	
Music:	**Roger Whittaker**
	https://www.amazon.com/Mit-Dir-fing-mein-Leben/dp/B002G1RCRA
	Time 3:32 Shortened from 2.11,4 to 2.39,2 & Slow Down w/ -7%
	To Time 3:24 Available from choreographer
Rhythm:	**Rumba & Cha Cha Phase: V**
Footwork:	**Opposite except where (Noted)**
Release Date:	Feb 24
Choreo:	Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
E-mail:	jos.dierickx@telenet.be
Sequence:	**INTRO AA B A B B(9-13) END**

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INTRO

01 ½   BFLY WALL LEAD FOOT FREE START w/ RUMBA WAIT 1 ½ MEASURE ⌣; -;
{Wait} Bfly Wall ld ft free Start w/ RUMBA wt 1 ½ meas ⌣; -;

02-07   OP HIP TWIST to FAN ; ; START HOCKEY STICK to SHADOW WALL ; OPPOSITE CUCARACHA'S ; ; FINISH HOCKEY STICK ;
{OP Hip Twist to a Fan} Fwd L, rec R, cl L *(W bk R, rec L, fwd R w/ tention to ld arm to swiv ¼ RF)* end L-Shape M fc Wall W fc LOD, -; Bk R, rec L, sd R *(W fwd L, trng ½ LF sd R, bk L)* to Fan Pos, -; {Start Hockey Stick to SHADOW WALL} Fwd L, rec R raisg ld hnds, cl L *(W cl R, fwd L trng LF under ld hnds to Tandem Wall, sd R)*, -; {Opp Cucaracha's} [ld hnds still above W's head] Sd R w/ partial wgt, rec L, cl R *(W sd L w/ partial wgt, rec R, cl L)*, -; [ld hnds still above W's head] Sd L w/ partial wgt, rec R, cl L *(W sd R w/ partial wgt, rec L, cl R)*, -; {Finish Hockey Stick} [ld hnds still above W's head] Small fwd R, L, R *(W fwd L, fwd R trng ½ LF under ld hnds, bk L)* to BFLY WALL, -;

PART A RUMBA

01-04   ALEMANA INTO LARIAT/M SWIVEL to FC ; ; ; SIDE WALK ;
{Alemana Into a Lariat / M Swiv to Fc} Fwd L, rec R, cl L *(W bk R, rec L, fwd & sd R to lft sd of M)*, -; Bk R, rec L, sd R *(W fwd XLif trn RF, fwd R cont trn, sd L to rt sd M)*, -; Rk sd L, rec R, sd L trng ½ LF on last stp to fcg W and COH *(W circ CW arnd M passing rt shldrs stepping fwd R, L, w/ jnd ld hnds passing ovr M's hd to fc LOD then swvl ¼ RF on R to fc M)* to Low Bfly COH, -; {Sd Walk} Sd R, cl L, sd R to BFLY COH, -;

05-08   FENCE LINE w/ ARMSWEEP ; THRU SERPIENTE ; ; WHIP to WALL & rt Hndshk ;
{Fence Line w/ Armsweep} XLif *(W XRif)* w/ bent knee ld arm circle CW *(W CCW)* ifo body, rec R, sd L to BFLY COH, -; {Thru Serpiente} [QQQQ;QQQQ] Thru R, sd L, XRib, flare L CCW *(W thru L, sd R, XLib, flare R CW)* ; XLib, sd R, thru L, flare R CCW *(W XRib, sd L, thru R, flare L CW)* to BFLY COH ; {Whip to WALL & rt Hndshk} Bk R trng ¼ LF, rec L trng ¼ LF, sd R *(W fwd L long step ifo M, trng LF fwd & sd R, sd L to fc M)* to rt Hndshk WALL, -;

09-12   SHADOW NEW YORKER ; THREE PARALLEL BREAKS ; ; ;
{Shad New Yorker} Swvl on R cross L thru to LOP RLOD M bhd W *(W cross R thru)*, rec R to fc, sd L swiv ¼ LF to L-Pos [M fcg Lod/W Coh], -; { Parallel Breaks x 3} [w/ rt hndshk] Rk bk R leadg W across in front, rec L, fwd R to fc Line *(W fwd L trng ¼ Lf ifo M, fwd R trng ½ LF to fc Wall, sd L)* [simular to W whip action], -; Fwd L trng ¼ LF ifo W, fwd R trng ½ Lf, sd L *(W rk bk R allowg M to pass across in front, rec L, fwd R)* to fcg Line, -; Repeat meas 10 Part A to rt Hndshk COH, -;

13-16   HALF MOON ; ; TO RLOD AIDA ; SWITCH ROCK ;
{Half Moon} [rt hndshk] Swiv on R cross L thru to LOD *(W cross R thru)*, rec R to fc, sd L, -; Bk R leadg W across body, rec L trng LF to fc Wall, sd R *(W fwd R comm LF trn, fwd L cont LF trn to fc ptr, sd R)* to BFLY WALL, -; {Aida to RLOD} [Xg ld hnds ovr trl hnds to RLOD] Thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk Pos, -; {Switch Rock} Sd & bk R trng RF to fc ptr hnds Low, hip rk L, hip rk R to BLY WALL, -;

PART B CHA CHA

01-04   CROSS BODY/W SPIRAL ; ; NEW YORKER TWICE ; ;
{Cross Body/W Spiral } Fwd L, rec R, sd & bk L trng ¼ LF raisg ld hnds sip R, L *(W bk R, rec L, fwd R/lk Lib, fwd spiralg 7/8 LF under jnd ld hnds)* to "L" CP M fcg LOD W fcg COH ; Bk R contg LF trn, rec L comp LF trn to COH, sd R/cl L, sd R *(W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L/cl R, sd L)* to BFLY COH ; {New Yorker x 2} Thru L to LOP LOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP RLOD, rec L to fc, sd R/cl L, sd R to BFLY COH ;

05-07   **CHASE / W UNDERARM PASS ; ; TO RLOD FRONT VINE 4 & rt Hndshk ;**
         {Chase w/ Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L *(W bk R, rec L, fwd R/cl L, fwd R twd M's lft sd)* ; Bk R raisg ld hnds, rec L, sd R/cl L, sd R *(W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L)* to BFLY WALL ; **{To RLOD Front Vine 4 & rt Hndshk}** [QQQQ] To RLOD XLif *(W XRif)*, sd R, XLib *(W XRib)*, sd R to rt Hndshk WALL ;

08-11   **TRADE PLACES TWICE ; ; TRADE PLACES/W INSIDE UNDERARM TURN ; W OUT to COH ;**
         {Trade Places x 2} [In rt hndshk] Rk apt L, rec R relg hnds & trng ¼ RF to fc RLOD *(W trn LF)*, slide bhd W sd L/cl R reachg lft hnd to W's lft forearm & slidg hnd dwn her arm, sd L trng ¼ RF *(W ¼ LF)* to lft hndshk ; Apt R, rec L relg hnds trng ¼ LF to fc RLOD *(W trn RF)*, slidg bhd W sd R/cl L reachg rt hnd to W's rt forearm & slidg hnd dwn her arm, sd R trn ¼ LF *(W ¼ RF)* to fc Wall in rt hndshk ; **{Trade Places/W Insd Undrm Trn}** Apt L, rec R comm to pass rt shldrs while trng ½ RF to fc COH, bk L/cl R, ipl L *(W apt R, rec L, fwd R* trng 7/8 LF undr jnd rt hnds/cl L, ipl R fcg COH*)* relsg hnds ; **(W Out to COH)** [No hnds] Rk apt R, rec L, fwd R/lk Lib, ipl R *(W fwd L twd COH, fwd R comm LF trn, sd L cont LF trn to fc WALL/cl R, ipl L)* to BFLY COH ;

12-15   **OP BREAK ; WHIP & TWIRL ; SPOT TURN TWICE [2de TIME: rt Hndshk] ; ;**
         {OP Break} Rk apt L raisg ld hnds up & out, rec R, sd L/cl R, sd L to BFLY COH ; **{Whip & Twirl}** Rk bk R trn ¼ LF raisg ld hnds, rec L trng LF to fc COH, sd R/cl L, sd R *(W fwd L, fwd R trn ½ LF, under jnd ld hnds twirl LF sd & fwd L/R, sd L)* to BFLY WALL ; **{Spot Trn x 2}** [Relsg both hnds] XLif *(W XRif)* trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L ; XRif *(W XLif)* trng ½ LF, rec L contg to trn to fc ptr, sd R/cl L, sd R to BFLY WALL [2de Time: rt Hndshk] ;

ENDING CHA CHA

01   **TO RLOD AIDA & EXTEND ARMS ;**
         {Aida to RLOD} Thru L RLOD, sd R to fc rel ld hnds & jn trl hnds, trng LF bk L/lk Rif, bk L LOD to V BK-TO-BK raisg ld hnds up & out ;