

MIENTEME (LIE TO ME)

Music: Tamara
www.amazon.com/-/es/dp/B07CMPG7FT
Time 4:03 Accelerate w/ +3% to Time 3:54
Available from choreographer

Rhythm: Bolero **Phase:** V

Footwork: Opposite except where (Noted)

Release Date: July 22

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: INTRO AB AB* INTRO(1-7) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT FOR INTRO BEATS ~ ; RIGHT PASS ; FORWARD BREAK ;

SYNCOPATED TURNING BASIC to WALL ; RIFF TURN ;

{Wait} Bfly Pos Wall ld ft free wt for Intro Beats ~; {Right Pass} Fwd & sd L rise comm trn RF raise ld hnds to create window, -, XRib cont trn, fwd L (W fwd R rise, -, fwd L comm trn LF under jnd ld hnds, cont trn bk R) to BFLY COH ; {Fwd Break} Sd R w/ body rise, -, fwd L in contra check like action lowerg, bk R (W sd L w/ body rise, -, bk R in contra check like action lowerg, fwd R) to CP COH ; {Sync Trng Basic} [S&QQ]Sd & bk L to cp slght body trn RF rise, -/ trn LF slip pvt action bk R, sd & fwd L trn LF, sd & fwd R pvt LF fc low Bfly WALL ; {Riff Trns} [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds) to BFLY WALL ;

05-08 FENCE LINE w/ ARMSWEEP ; SIDE THRU SERPIENTE ; ; FENCE LINE w/ ARMSWEEP ;

{Fence Line w/ Armsweep} Sd L body rise, -, XRif bent knee trl arm circle CCW (W CW) ifo body, rec bk L ; {Sd Thru Serpiente} Sd R, -, thru L, sd R ; XLib/ flare w/ R, XRib, sd L ; {Fence Line w/ Armsweep} Sd R body rise, -, Xlif bent knee ld arm circle CW (W CCW) ifo body, rec bk R to BFLY WALL ;

PART A

01-04 LUNGE SIDE & TWIRL to RLOD ; LUNGE BREAK & rt hndshk ; PARALLEL BREAKS ; ;

{Lunge Sd & Twrl to RLOD} Lunge sd L ckg Lady w/ rt hnd on her rt hip, -, raisg ld hnds rec R leadg W to twrl LF, XLif (W lunge sd R ckg, -, twrl LF L, R) to BFLY WALL ; {Lunge Break & rt hndshk} Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (W sd & bk L, -, bk R w/ sittg action, rec L) to rt hndshk WALL ; {Parallel Breaks} w/ rt hndshk Sd L, -, bk R trng ¼ LF allowg W Xg if, fwd L cont LF trn to fc Coh (W sd R, -, fwd R com trng LF Xg ifo M, compg LF trn sd & bk R to fc Wall) [similar to W whip action] w/ rt hndshk ; Sd R, -, fwd L com trng LF Xg ifo W, sd & bk R compg LF trn (W sd L, -, bk R trng ¼ LF allowg M Xg if, fwd L cont LF trn) to WALL & keep rt hndshk ;

05-08 SHADOW NEW YORKER ; HALF MOON ; ; SHADOW BREAK ;

{Shadow New Yorker} Sd L w/ body rise trng to OP "V" LOD, -, thru R to OP LOD M bhd W, rec L to fc ptr (W sd R w/ body rise, -, thru L w/ strong bdy trn almost w/ bk to ptr rec R to fc ptr) to rt hndshk WALL ; {Half Moon} Sd R comm RF trn w/ rt sd stretch twd ptr, -, cont trng RF slip fwd L shapg to ptr, rec bk R trng (W sd L comm LF trn w/ lft sd stretch twd ptr, -, cont trng LF slip fwd R shapg to ptr, rec bk L trng) to fc ptr ; Trng ¼ LF sd & fwd L w/ lft sd stretch, -, slip bk R, fwd L cont trng ¼ LF (W trng ¼ RF sd & fwd R raisg lft arm trng slightly away from ptr, -, slip fwd L ifo M trng ½ LF, bk R cont trng ¼ LF) to rt hndshk COH ; {Shadow Break } w/ rt hndshk Sd R w/ bdy rise, -, XLib (W XRib w/ lft hnd xtnd bhnd M's bk) trng to SHAD RLOD, fwd R to fc ptr to BFLY COH ;

09-12 LEFT PASS ; AIDA PREPARATION ; AIDA LINE SWITCH & RECOVER ; REVERSE UNDERARM TURN ;

{Left Pass} Fwd L w/ rise to SCAR DLC lead W trn RF to shape body LOD, -, slip bk R flex knee, fwd L trn LF (W fwd R trn ¼ RF back to M, -, sd & fwd L flex knee strong trn LF, bk R cont trn to fc ptr) to BFLY WALL ; {Aida Prep} Relg trl hnds Sd R trng to slight V pos RLOD, -, thru L to LOP RLOD, trng LF sd R to BFLY WALL ; {Aida Line Switch & Rec} Trng LF (W RF) bk L to V BK-TO-BK RLOD free hnds up & out, -, swiv RF (W LF) on L sd R to fc ptr, rec R ; {Reverse Underarm Trn} Sd R raisg ld hnds, -, Xlif, bk R (W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr) to BFLY WALL ;

13-16 CHECKED RIGHT PASS INTO M RONDE TO FORWARD BREAK ; ; RIFF TURN ; VINE 4 to LOD ;

{Checked R Pass Into M Ronde to Fwd Break} Fwd & sd L raisg lft hnd start RF rotation arnd Lady plcg rt hnd on W's R hip ckg her fwd motion, -, XRib cont rotation arnd W, fwd & sd L to W's lft sd [fcg COH] (W fwd R raisg rt arm as if com undrm trn then lower to mom wrap pos, -, Xlif, bk R [fcg COH]) ; Fwd R ronde CW L ft cont RF trn to fc ptr & WALL, -, ck fwd L, rec R (W sd & bk L, -, bk R, rec L) ; {Riff Trns} Repeat meas 4 Intro ; {Vine 4 to LOD} [QQQQ] Sd L, XRib, sd L, XRif ;

PART B

01-04 NEW YORKER ; CONTRA BREAK ; X HAND UNDERARM TURN ; SHAD BREAK w/ BOTH HEADLOOP to ½ OP :

{**New Yorker**} Sd L, -, trng to OP LOD fwd R, rec L to BFLY WALL ; {**Contra Break**} Sd & fwd R, -, fwd L across body w/ rt shldr lead, bk R jng lft hnds under rt (*W sd & bk L, -, bk R under body lookg well left, fwd L*) end fcg ptr & WALL hnds stacked rt over lft ; {**Cross-Hnd Underarm Trn**} Sd L raisg rt hnds high, -, trng slightly RF XRib leadg W to trn RF under rt hnds then lower rt hnds and raise lft hnds, lower lft hnds fwd L trng slightly LF (*W sd R, -, XLif trng RF under rt hnds to fc RLOD, fwd R cont trng RF under lft hnds to fc M*) end fcg ptr & WALL hnds stacked lft over rt ; {**Shad Break w/ Both Head Loop to ½ OP LOD**} Sd R ¼ LF trn fc LOD rt hnd over W' s head lft hnds over M' s head, -, small bk L, rec fwd R to ½ OP LOD ;

05-08 BOLERO WALK 3 ; SYNC BOLERO WALK to FACE ; X-CHECK to SCAR/W DEVELOPE ;

BACK to FACE & HIP ROCK TWO ;

{**Bolero Walk**} [circle w/ ld arm Up & Down] Fwd L, -, fwd R, fwd L ; {**Sync Walk Maneuvg**} [SQ&Q] Fwd R, -, fwd L/ R, fwd L trng RF to fc ptr (*W fwd L, -, fwd R/L, fwd R trng LF to fc ptr*) to BFLY WALL ; {**Cross Checkg to SCAR/W Develope**} [S,S] In BFLY Sd R, -, XLif to SCAR DRW outsd W checkg, - (*W sd L, -, bk R to SCAR, bring L ft up R leg to insd of R knee, xtnd L ft fwd*) ; {**Bk to Fc & Hip Rock 2**} Bk R swiv to fc ptr, -, rec L rollg L hip, rec R rollg R hip to CP WALL ;

09-12 TWO SYNCOPATED TELEMARCS ; ; RISE & SWAY w/ HIP ROCKS ; NEW YORKER ;

{**Sync Telemark x 2**} [SQ&Q;SQ&Q] Sd & fwd L, -, slip bk R to pick-up W/do a qk telemark fwd L start LF trn, sd R cont LF trn (*W sd & fwd R, -, pick-up fwd L trn LF to CP/bk R, cl L to R trn LF*) ; Sd & fwd L but leave arms bk twd W so that she does not step fwd with you, -, slip bk R to pick-up W/fwd L start LF trn, sd R cont LF trn (*W settle in R ft with hip bk, -, fwd L pick-up to CP/bk R, cl L trn LF*) to CP WALL ; {**Rise & Sway w/ Hip Rocks**} Rise & Sway on L, -, sd R trn to fc & hip roll RF, rec L hip roll LF ; {**New Yorker**} Sd R, -, trng to LOP RLOD fwd L, bk R to BFLY WALL ;

13-15 DBL HAND OPENING OUT TWICE ; ; SYNCOPATED SPOT TURN ;

{**DBL Hnd Opening Out x 2**} w/ both hnds Cl L body rise and body rotate LF, -, lower on L and xtnd R ft to sd, rise on L body rotate in Bfly (*W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly*) ; Cl R body rise and body rotate RF, -, lower on R and xtnd L ft to sd, rise on R body rotate (*W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L*) to BFLY WALL ; {**Sync Spot Trn**} [SQ&Q] Sd & fwd L to slight V pos LOD, -, relg hnds & trng LF XRif (*W XLif*)/ rec L to fc ptr, cl R to BFLY WALL ;

*2^{de} TIME

13-16 DBL HAND OPENING OUT TWICE ; ; SPOT TURN TWICE ; ;

{**DBL Hnd Opening Out x 2**} Repeat meas 13,14 part B ; ; {**Spot Trn x 2**} Sd & fwd L to slight V pos LOD, -, relg hnds & trng LF XRif (*W trng RF XLif*), rec L to fc WALL ; Sd R, -, XLif trng RF, fwd & sd R contg trn BFLY WALL ;

ENDING

01-02 AIDA PREPARATION ; AIDA LINE & EXTEND ARMS ;

{**Aida Prep**} Releasg trl hnds Sd R trng RF to slight V pos RLOD, -, thru R to OP RLOD, trng RF fwd & sd L to BFLY WALL ; {**Aida Line & Extend Arms**} Trng LF Bk L to bk to bk V pos to LOD xtndg free arm up & out ;