

MI AMANTE

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v1.1

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Music: "Amante Del Amor" Artist: Luis Miguel Download available Amazon.com
on CD "22 Anos"

Time/Speed: 3:22 at download speed Modifications: increase speed 1%(45.5rpm) or to suit

Degree of Difficulty: AVG

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Rhythm/Phase: Bolero Phase V+1 [Full Moon]

Sequence: **INTRO A B INTLD1 Amod B INTLD2 Bmod END**

INTRODUCTION

1-4 TANDEM FCG WALL WAIT; [MOD] SWEETHEART BREAKS TWICE;; SWIVEL W TO FACE SYNCOPATED HIP ROCKS;

[1] [Wait] Tandem pos fcg Wall W in front of M no hnds jnd M's L & W's R ft free

Wait 1 ms;

[2-3] [Sweetheart Breaks 2X] Sd L jn L hnds, -, shaping body to R to W fwd R extending R arm to sd, rec L slight LF trn comm to fc Wall Idg W fwd to trn RF rel hnds; Sd R jng R hnds, -, shaping body to L to W fwd L extending L arm to sd, rec R slight RF trn fc Wall Idg W fwd (Sd R trng LF to shape to M & LOD jn L hnds, -, bk L to a sit-line extending R arm straight up, rec fwd R comm RF trn to fc WALL rel hnds; Sd L trng RF to shape to M & RLOD jng R hnds, -, bk R to a sit-line extending L arm straight up, rec fwd L comm slight LF trn DRW) R hnds still jnd;

SQ&Q [4] [Swivel W to Syncopated Hip Rocks] With jnd R hnds sm sd L Idg W to swvl to fc jn ld hnds, -, rec R/rec L, rec R (Sm fwd R swvlg RF to fc M, -, sd L/rec R, rec L) comm blend to CP;

PART A

1-5 ½ BASIC; FORWARD BREAK; LEFT PASS; HORSESHOE TURN;;

[1] [1/2 Basic] CP sd L, -, bk R, fwd L (Sd R, -, fwd L, bk R);;

[2] [Forward Break] Sd R releasing CP Idg W to step bk, -, fwd L, bk R (Sd & bk L, -, bk R, fwd L);

[3] [Left Pass] Cl L Idg W fwd to trn RF to a partial wrap, -, slp bk R trng LF Idg W fwd to trn LF, fwd L compl trn to fc (Fwd R trng ½ RF with back to M, -, trng LF fwd L in front of M, bk R to fc) LOP fcg COH;

[4-5] [Horseshoe Turn] Sd & fwd R trng RF, -, slp thru L chkg, rec R no trn raising ld hnds; Fwd L comm LF trn, -, fwd R comm circ wk, fwd L comp circ wk to fc (Sd & fwd L trng LF, -, slp thru R chkg, rec L no trn raising ld hnds; Fwd R comm LF trn und jnd hnds, -, fwd L comm circ wk, fwd R to fc) LOP fcg WALL;

6-8 AIDA ~ WITH SWITCH LUNGE;; SYNCOPATED HIP ROCKS;

[6-7] [Aida ~ w Switch Lunge] Sd R comm RF trn, -, thru L, trng LF sd R; Cont trn sd & bk L in Aida Line, -, taking jnd trail hnds between ptrs twd RLOD trng RF Idg W to trn LF sd lunge R fcg ptr tch ld hnds, - (Sd L comm LF trn, -, thru R, trng RF sd L; Cont trn sd & bk R in Aida Line, -, trng LF sd lunge L fcg ptr tch ld hnds, -);

S&QQ [8] [Syncopated Hip Rocks] Jn ld hnds sd L, -/rec R, rec L, rec R (Sd R, -/rec L, rec R, rec L);

PART A (Contd)

9-13 UNDERARM TURN; LUNGE BREAK; RIGHT PASS [TO RIGHT HANDS]; HALF MOON;;

[9] [Underarm Turn] Sd L raising jnd ld hnds, -, XRIB, fwd L (Sd R comm RF trn und jnd ld hnds, -, XLIF cont RF trn, fwd R compl trn to fc);

[10] [Lunge Break] Sd & fwd R, -, comm slight RF body trn lowering on R extend L sd & bk, slight rise on R (Sd & bk L, -, bk R, fwd L);

[11] [Right Pass to R Hands] Fwd & sd L comm RF trn raise ld hnds shape to ptr, -, XRIB cont RF trn ldg W fwd, fwd L jn R hnds (Fwd R, -, fwd L comm LF trn und jnd ld hnds, bk R cont LF trn to fc ptr jn R hnds);

[12-13] [Half Moon] Sd R comm RF trn, -, fwd L, rec bk R trng LF to fc; Trng LF sd & fwd L, -, slp bk R, fwd L cont trn to fc Wall (Sd L comm LF trn, -, fwd R, rec bk L trng RF to fc; Trng slightly RF sd & fwd R, -, slp fwd L trng LF ½, bk R cont LF trn to fc);

14-16 SHADOW NEW YORKER; [RIGHT HAND] UNDERARM TURN; CONTRA BREAK;

[14] [Shadow New Yorker] With R hnds jnd sd R comm RF trn extend L hnd beh W's back, -, fwd L, rec bk R trng LF to fc (Sd L comm LF trn extend L hnd to sd, -, fwd R, rec bk L trng RF to fc);

[15] [Underarm Turn] Sd L raising jnd R hnds, -, XRIF ldg W to trn und jnd hnds, rec L to fc (Sd R comm RF trn, -, fwd L cont RF trn, rec R trng RF to fc);

[16] [Contra Break] Sd & fwd R, -, w R sd ld slp fwd L with contra check like action, bk R (Sd & bk L, -, w L sd ld slp bk R with contra check like action, fwd L);

PART B

1-4 FULL MOON;;;;

[Full Moon] [1] Comm LF trn sd & bk L, -, cont LF trn slp R bk, cont LF trn fwd L bringing R hands up behind W ldg W to spiral (Sd & fwd R, -, fwd L, fwd R twd COH spiral 7/8 LF);

[2] Fwd R COH jng L hands to VARS COH, -, fwd L ckg, bk R rel L hands (Cont LF trn fwd L to VARS COH, -, fwd R ckg, bk L comm RF trn);

[3] Comm LF trn bk L, -, trng LF slp R bk, cont LF trn fwd L bringing R hands up behind W ldg W to spiral (trng RF sd & fwd R, -, fwd L, fwd R twd Wall spiral 7/8 LF);

[4] Fwd R jng L hands to VARS WALL, -, fwd L ckg, bk R rel L hands (Cont LF trn fwd L to VARS WALL, -, fwd R ckg, bk L comm RF trn);

5-8 HIP TWIST TO FAN; HOCKEY STICK;; FORWARD BREAK;

[5] [Hip Twist to Fan] Bk L ldg W to trn RF, -, bk R ldg W to LOD, rec L chg to ld hnds (Trng RF fwd R swvl RF fc LOD, -, fwd L, fwd R trn LF ½ to fc RLOD);

[6-7] [Hockey Stick to Face] Sd R, -, fwd L, rec R; Cl L, slight RF trn sm bk R, fwd L ldg W's trn slight LF trn fcg DRW (Sd & bk L to Fan pos, -, cl R, fwd L; Fwd R, -, fwd L, fwd R trn ½ LF und jnd hnds to fc ptr);

[8] [Forward Break] Sd & fwd R, -, fwd L, bk R (Sd & bk L, bk R, fwd L) comm jn dbl hnds;

INTERLUDE 1

1-4 OPENING OUTS 2X;; RIFF TURN; HIP ROCK 2 SLOW;

[1-2] [Opening Outs 2X] Jn hnds BFLY cl L, -, lower into L knee extend R leg to side, - (Sd R with slight LF body trn, -, XLIB, rec fwd R); Rise cl R, -, lower into R knee extend L leg to side, - (Sd L with slight RF body trn, -, XRIB, rec fwd L) BFLY Wall;
[3] [Riff Turn] Raising jnd ld hnds ldg W to trn sd L, cl R, keeping hnds up ld W to trn RF sd L, cl R (Sd & fwd R spin RF full trn, cl L, sd & fwd R spin RF full trn, cl L);
[4] [Hip Rock 2 Slow] Sd L, -, rec R, - (Sd R, -, rec L, -) comm blend to CP WALL;

PART A MOD

1-5 ½ BASIC; FORWARD BREAK; LEFT PASS; HORSESHOE TURN;;

[1-5] Repeat 1-5 Part A end WALL LOP fcg ptr;;;;;

6-8 AIDA ~ AIDA LINE SWITCH ROCK TO R HANDS;; CONTRA BREAK;

SQQ [6-7] [Aida ~ Aida Line Switch Rock to R Hands] Sd R, -, thru L, trng LF sd R; Cont trn sd & bk L in Aida Line, -, taking jnd trail hnds between ptrs twd RLOD trng RF ldg W to trn LF rk sd R fcg ptr, rec L jn R hnds (Sd L, -, thru R, trng RF sd L; Cont trn sd & bk R in Aida Line, -, trng LF rk sd L fcg ptr, rec R jn R hnds);
SQQ [8] [Contra Break] Repeat ms 16 Part A;

INTERLUDE 2

1-5 OPENING OUTS 2X;; RIFF TURN; UNDERARM TURN TO R HANDS; CONTRA BREAK;

[1-3] Repeat ms 1-3 Interlude1;;;;
[4] [Underarm Turn to R Hands] With ld hnds jnd Repeat ms 15 Part A to jn R hnds;
[5] [Contra Break] Sd & fwd R, -, w R sd ld slp fwd L with contra check like action, bk R (Sd & bk L, -, w L sd ld slp bk R with contra check like action, fwd L); [Note: tempo slows slightly]

PART B MOD

1-7 FULL MOON;;; HIP TWIST TO FAN; HOCKEY STICK;;

1-7 Repeat ms 1-7 Part B;;;;;;;

8-8.5 FORWARD BREAK; POINT [SIDE],,

[8] [Forward Break] Repeat ms 8 Part B;
[.5] [Point Side] Pt L to sd, - (Pt R to sd, -), [Note: appx 1S]

ENDING

1-4 OPENING OUTS 2X;; RIFF TURN; HIP ROCK 2 SLOW TO CP;

[1-4] Repeat ms 1-4 Interlude 1 to CP WALL;;;;;

5-6 PROMENADE SWAY ~ SLOW ROLL TO RIGHT LUNGE;;

[5-6] [Promenade Sway] Sd & fwd L to SCP stretching R sd of body upward looking over jnd ld hnds, -, relax L knee,- (Sd & fwd R to SCP stretching L sd of body upward looking over jnd ld hnds, -, relax R knee, -);
[Slow Roll to R Lunge] Rolling upper body sd & fwd R lunging soften R knee looking toward W (Rolling upper body sd & bk L lunging soften L knee looking well to L)-;
[Note: Ms 5-6 are approximate as the music slows considerably]